

The Three Sundays Before Lent



Sung Eucharist at 9:30 am

Contemporary Rite

Introduction

Welcome to Saint Thomas's in this brief season of pre-Lent. Following the celebration of the birth of our Saviour at Christmas comes the Epiphany Season in which we celebrate the manifestation of the eternal glory of God in Jesus. We have been looking backward to the mystery of the Word made flesh. Now we change direction and begin looking forward to Christ's Resurrection. The three Sundays before Ash Wednesday are traditionally known as Septuagesima, Sexagesima, Quinquagesima, being roughly Seventy, Sixty, and Fifty days before Easter. It is a season of preparation for Lent, a time to consider what spiritual discipline will equip you and our community to grow in knowledge, love, and service to our Lord, and in greater fellowship with one another.

Service Notes:

The Music of the Mass, *Communion Service in F by Peter Aston*, is printed in this booklet. The hymns are listed in the service bulletin, and are found in the blue hymn books on the shelf in front of your pew. The readings, including congregational parts, are printed on a separate insert.

All baptized Christians are welcome to receive the Holy Eucharist. You are welcome to kneel or stand as you prefer. If you would like to receive a blessing instead of the Eucharist, please come forward and cross your arms over your chest.

Children are very welcome at the service. Please ask the Greeters about the Children's Activity Box. If you wish, please inquire about other child care arrangements during the service.

There is no collection taken at this service, but if you would like to make a financial donation to the parish we would be very grateful. Donations are placed in the basin on the table in the aisle, next to the bread and wine. To receive an income tax receipt please fill out the envelope on the pew shelf.

If you have particular prayer requests please speak with the greeter who will show you the Intercessions Book on the table in the centre aisle.

After the Eucharist we would be delighted to have you join us for refreshments in the Parish Hall, adjacent to the church.

The Liturgy of the Word

Please stand

The Celebrant greets the community:

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

People: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Gloria In Excelsis

Lively
Organ

f All
Glo-ry to God in the high-est, and peace to his
peo-ple on earth. Lord God, heav'n-ly King,
al - migh - ty God and Fa- ther, we wor - ship
you, we give you thanks, we praise you for your glo - ry..

The musical score is written in G major and 4/4 time. It begins with a 'Lively' tempo marking and an 'Organ' instruction. The first staff is an instrumental introduction. The second staff starts with a vocal line marked 'f' and 'All', with the lyrics 'Glo-ry to God in the high-est, and peace to his'. The third staff continues the vocal line with 'peo-ple on earth. Lord God, heav'n-ly King,'. The fourth staff continues with 'al - migh - ty God and Fa- ther, we wor - ship'. The fifth staff concludes with 'you, we give you thanks, we praise you for your glo - ry..'. The score includes various musical notations such as notes, rests, and dynamic markings.

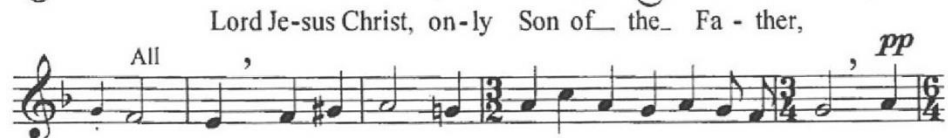
Organ



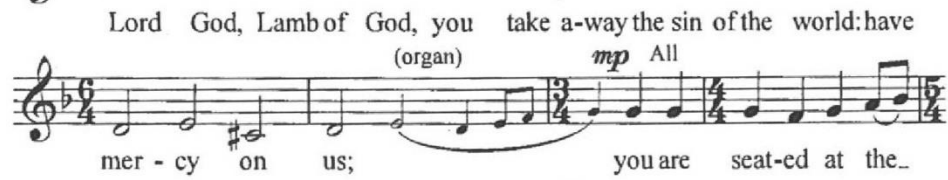
mp All (organ)



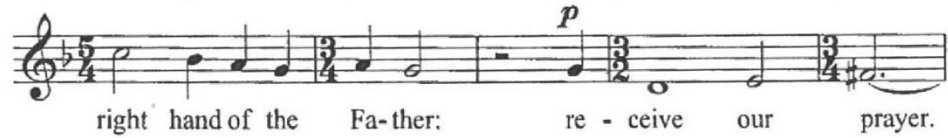
All *pp*



(organ) *mp* All



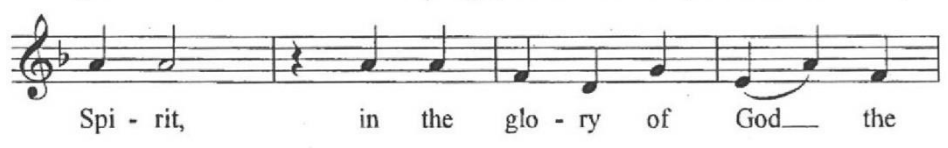
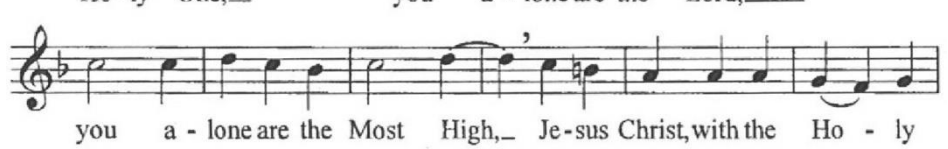
p



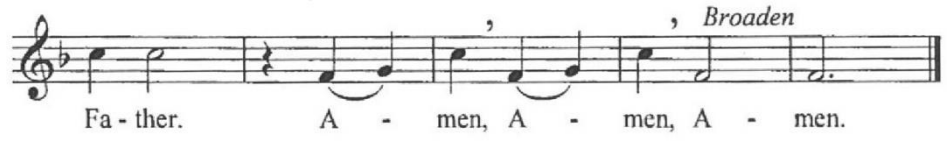
Organ *f* All



(organ) (organ)



Broaden



The Collect of the Day

Celebrant: Let us pray.

After a brief silence, the Celebrant prays the collect, after which the people respond, Amen.

The Proclamation of the Word

Please be seated. The readings for the day are found on a separate insert inside the Sunday leaflet. At the end of the first two readings, the reader says "The Word of the Lord", and the People respond

Thanks be to God

Please stand for the Gospel

Gospeller: The Lord be with you.

People: **And also with you.**

Gospeller: The Holy Gospel of our Lord Jesus Christ
according to . . .

People: **Glory to you, Lord Jesus Christ.**

At the conclusion of the Gospel

Gospeller: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

Sermon

A silence for reflection may follow.

The Nicene Creed

Celebrant: Let us confess our faith, as we say,

People: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no
end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshipped and glorified. He has spoken through the
prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of
the dead, and the life of the world to come. Amen.**

The Prayers of the People

A member of the congregation leads the Prayers of the People, announcing the people's response. Please feel free to stand, sit, or kneel.

Confession and Absolution

Celebrant: By the mercies of God, let us confess our sins and present our bodies as a living sacrifice, holy and acceptable to him, which is our spiritual worship

Please kneel. A Silence is kept.

Celebrant: Most merciful God,

People: **we confess that we have sinned against you**

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us,

that we may delight in your will,

and walk in your ways,

to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: Amen.

The Peace

Please stand

Celebrant: The peace of the Lord be always with you.

People: And also with you.

The members of the community may greet one another in the name of the Lord.

The Celebration of the Eucharist

The Preparation of the Gifts

A hymn is sung while the Gifts of the People, (the bread, wine, and monetary offering), are brought to the altar.

The Prayer over the Gifts

The Presider offers the prayer for the day and the people respond, Amen.

The Great Thanksgiving



Celebrant The Lord be with you *People* And al - so with you.



Celebrant Lift up your hearts. *People* We lift them to the Lord.



Celebrant Let us give thanks to the Lord our God. *People* It is right to give our thanks and praise.

Celebrant: Blessed are you, gracious God,
 creator of heaven and earth,
 you have revealed your eternal plan of salvation, and have shown your Son Jesus Christ to be
 the light of all peoples.
 Therefore with angels and archangels
 we raise our voices in joyful praise
 to proclaim the glory of your name.

The musical score is written in G major and 4/4 time. It consists of six staves of music. The first staff is for the Organ, marked *mf*. The second and third staves are for Sopranos and Altos, with the second staff marked *f*. The fourth and fifth staves are for Tenors and Basses, with the fourth staff marked *p*. The sixth staff is for the Organ, marked *f*. The lyrics are: "Ho - ly, ho - ly, ho - ly, Lord, God of pow'r and might, Heav'n and earth are full of your glo-ry, Ho-san-na, ho-san-na, ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord. Ho-san-na, ho-san-na, ho-san-na in the high-est." The score includes various musical notations such as slurs, accents, and a triplet in the fourth staff.

Organ *mf* Sopranos and Altos All

Ho - ly, ho - ly, ho - ly, Lord, God of

Sopranos and Altos

pow'r and might, Heav'n and earth are full of your

f All

glo-ry, Ho-san-na, ho-san-na, ho-san-na in the high-est.

p Tenors and Basses 3

Bless-ed is he who comes in the name of the

f All

Lord. Ho-san-na, ho-

san-na, ho-san-na in the high-est.

Please kneel

Celebrant: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

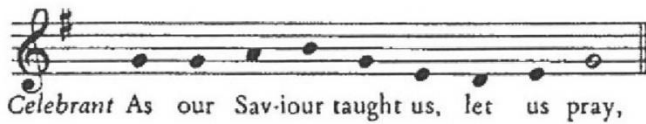
People: **we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

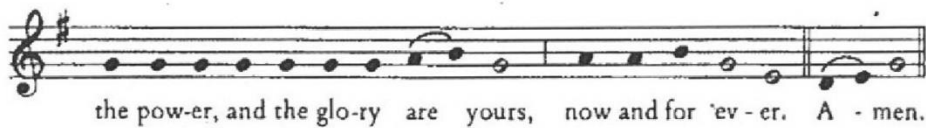
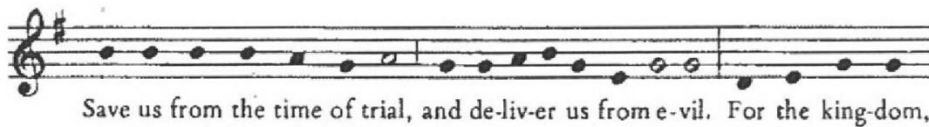
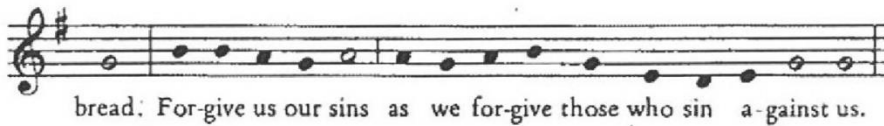
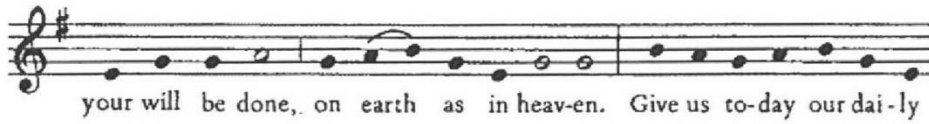
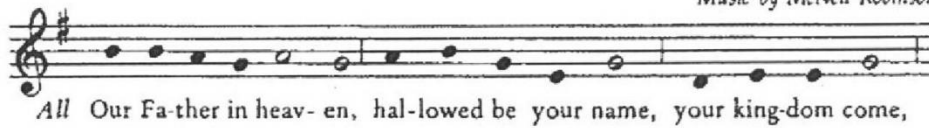
In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People: **Amen.**

The Lord's Prayer



Music by McNeil Robinson



The Breaking of the Bread and Communion

The Celebrant breaks the consecrated bread for distribution, and says,

Celebrant: Every time we eat this bread and drink this cup

People: We proclaim the Lord's death until he comes.

The Celebrant invites the people to share in communion and says,

Celebrant: The gifts of God for the People of God.

People: Thanks be to God.

Agnus Dei

organ *p* All

Je - sus, Lamb of God: have mer - cy on

us. Je - sus, bear-er of our sins: have mer-cy on us.

mp *pp* slower

Je - sus, re-deem-er of the world: give us your peace. —

The image shows a musical score for an organ part of the Agnus Dei. It consists of three staves of music in G major. The first staff begins with a treble clef, a key signature of one flat (F major), and a 3/4 time signature. The music is marked 'organ', 'p' (piano), and 'All'. The lyrics 'Je - sus, Lamb of God: have mer - cy on' are written below the notes. The second staff continues the melody with lyrics 'us. Je - sus, bear-er of our sins: have mer-cy on us.' The third staff starts with a mezzo-forte (*mp*) dynamic and a hairpin crescendo leading to a pianissimo (*pp*) dynamic, with the instruction 'slower'. The lyrics 'Je - sus, re-deem-er of the world: give us your peace. —' are written below. The piece concludes with a double bar line.

All baptized Christians are welcome to come forward to receive Communion. The sacrament is given with the following words:

*“The body of Christ (given for you)”... “The blood of Christ (shed for you)” ; or “The body of Christ, the bread of heaven”... “The blood of Christ, the cup of salvation”. The communicant responds each time, **Amen.***

During the communion, the choir may sing a motet and a hymn is sung. Please remain standing after the hymn.

Prayer after Communion

Celebrant: Let us pray.

*The Celebrant offers the Prayer after Communion, after which the people respond **Amen.***

Dismissal & Blessing

The Presider blesses the people and then says,

Celebrant: May the Creator of heaven and earth make you a new creation. May the Restorer of health make you sound in body and spirit. May the Sanctifier of the faithful fill you with His grace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you now and always.

People: **Amen.**

Celebrant: Go in peace to love and serve the Lord.

People: **Thanks be to God.**