

Saint Thomas's Church
The Sunday after Easter Day
Sunday, April 16, 2023
Sung Mass at 9:30 am



Christ appearing to his Disciples after the Resurrection, William Blake, c. 1795
The National Gallery of Art, Washington, D.C.

Saint Thomas's Anglican Church
383 Huron Street,
Toronto, Ontario M5S 2G5
416-979-2323
www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokytops. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant: Fr. Humphrey
Homilist: Fr. Ipema
Reader: Carroll Guen Hart
Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS Communion Service, William Mathias (1934-1992)

VOLUNTARY Erstanden ist der heil'ge Christ, BWV 628, J.S. Bach (1685-1750)

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

Alleluia! Christ has risen.

The Lord is risen indeed! Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

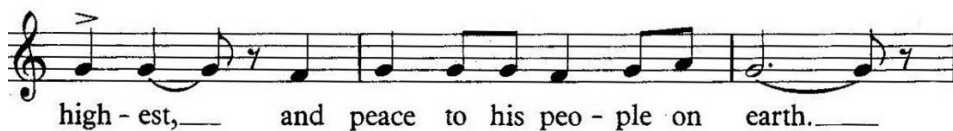
The Choir and People sing:

GLORIA IN EXCELSIS DEO

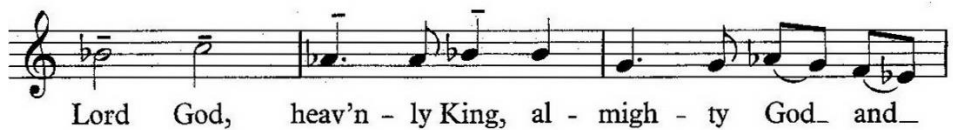
Quick and lively (♩ = c. 120)



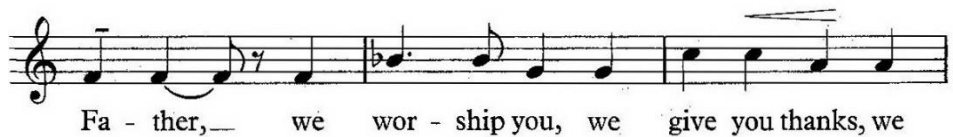
Organ *f* > > Glo - ry to God in the



high - est, and peace to his peo - ple on earth.



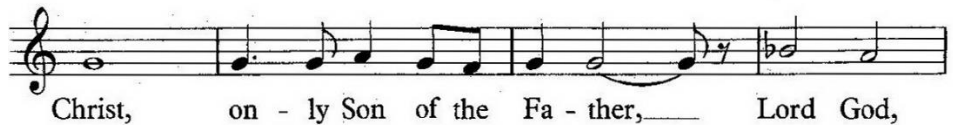
Lord God, heav'n - ly King, al - migh - ty God and



Fa - ther, we wor - ship you, we give you thanks, we



ff > > praise you for your glo - ry. *mp* Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God,




Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are



seat - ed at the right hand of the Fa - ther: re -



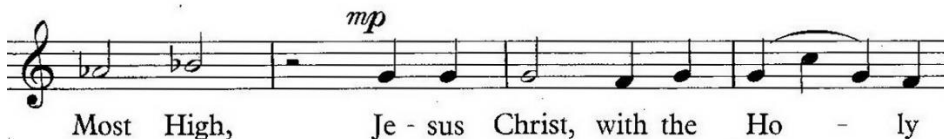
- ceive our prayer. Organ



For you a - lone are the Ho - ly One,



you a - lone are the Lord, you a - lone are the



Most High, Je - sus Christ, with the Ho - ly



Spi - rit, in the glo - ry of



God the Fa - ther. A - - men.

THE COLLECT OF THE DAY

Let us pray.

Almighty and eternal God, the strength of those who believe and the hope of those who doubt, may we, who have not seen, have faith and receive the fullness of Christ's blessing, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People sit.

FIRST READING Acts 2.14a, 22-32

A reading from the Acts of the Apostles.

But Peter, standing with the eleven, raised his voice and addressed them: 'You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know - this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power. For David says concerning him, "I saw the Lord always before me, for he is at my right hand so that I will not be shaken; therefore my heart was glad, and my tongue rejoiced; moreover, my flesh will live in hope. For you will not abandon my soul to Hades, or let your Holy One experience corruption. You have made known to me the ways of life; you will make me full of gladness with your presence.' 'Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day. Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne. Foreseeing this, David spoke of the resurrection of the Messiah, saying, "He was not abandoned to Hades, nor did his flesh experience corruption." This Jesus God raised up, and of that all of us are witnesses.

The word of the Lord.

Thanks be to God.

PSALM 16



Protect me, O God, for I take refuge in you; I have said to the Lord, “You are my Lord, my good above all other.” All my delight is upon the godly that are in the land, upon those who are noble among the people. *R/.*

But those who run after other gods shall have their troubles multiplied. Their libations of blood I will not offer, nor take the names of their gods upon my lips. *R/.*

O Lord, you are my portion and my cup; it is you who uphold my lot. My boundaries enclose a pleasant land; indeed, I have a goodly heritage. *R/.*

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because he is at my right hand I shall not fall. *R/.*

My heart, therefore, is glad, and my spirit rejoices; my body also shall rest in hope. For you will not abandon me to the grave, nor let your holy one see the Pit. You will show me the path of life; in your presence there is fullness of joy, and in your right hand are pleasures for evermore. *R/.*

SECOND READING 1 Peter 1.3-9

A reading from the Epistle of St Peter:

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith - being more precious than gold that, though perishable, is tested by fire - may be found to result in praise and glory and honour when Jesus Christ is revealed. Although you have not seen him, you love him;

and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.

The word of the Lord.

Thanks be to God.

The People stand.

GOSPEL ACCLAMATION

Alleluia. Alleluia. Alleluia. Have you believed, Thomas, because you have seen me? Blessed are those who have not seen and yet believe. Alleluia. Alleluia. Alleluia.

THE HOLY GOSPEL John 20.19-31

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint John.

Glory to you, Lord Jesus Christ.

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.' But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.' A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!'

Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.' Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for _____ according to the Anglican cycle of prayer, for _____ according to the Diocesan cycle of prayer, and for _____ according to the Parish cycle of prayer, and for all who serve and minister to God's people. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Intercessor: I ask your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Intercessor: I ask your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently

or aloud _____ [We give thanks especially for _____.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Intercessor: I ask your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Intercessor: I ask your prayers for all those in need, for the sick _____, and all those suffering in mind, body, or estate; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked _____. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Intercessor: I ask your prayers for the souls of the departed, especially _____ who have died in recent days, and those whose year's mind is at this time _____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. *(Silence.)*

Lord, in your mercy,
Hear our prayer.

Celebrant: Guide us in the path of discipleship O God, so that, as you have blessed us, so too may we be a blessing for others, bringing the promise of the kingdom near by our words and deeds, through Jesus Christ our Lord. **Amen.**

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 164 – The day of resurrection

- 1 The day of resurrection!
Earth, tell it out abroad;
The Passover of gladness,
The Passover of God!
From death to life eternal,
From earth unto the sky,
Our Christ hath brought us over
With hymns of victory.

2 Our hearts be pure from evil,
 That we may see aright
 The Lord in rays eternal
 Of resurrection light;
 And, listening to his accents,
 May hear so calm and plain
 His own 'All hail', and, hearing,
 May raise the victor strain.

3 Now let the heavens be joyful,
 Let earth her song begin,
 The round world keep high triumph,
 And all that is therein;
 Let all things seen and unseen
 Their notes of gladness blend,
 For Christ the Lord is risen,
 Our Joy that hath no end.

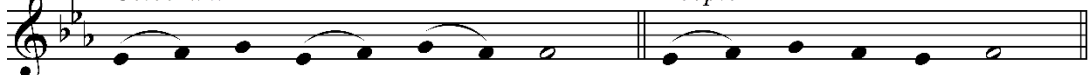
ELLACOMBE
Xav. Lud. Hartig's
Vollständige Sammlung c. 1829

St. John of Damascus, 750
Tr. from Greek by Rev. J.M. Neale

PRAYER OVER THE GIFTS

God of grace, you have freed us from our sins and made us a kingdom in your Son Jesus Christ our Lord. Accept all we offer you this day, and strengthen us in the new life you have given us, through Jesus Christ our Lord. **Amen.**

THE GREAT THANKSGIVING

<i>Celebrant</i>	<i>People</i>
	
<p>The Lord be with you. And also with you.</p>	

<i>Celebrant</i>	<i>People</i>
	
<p>Lift up your hearts. We lift them to the Lord.</p>	

Celebrant

Let us give thanks_____ to the Lord___ our God.

People

It is right_____ to give our thanks and praise.____

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise for the glorious resurrection of your Son Jesus Christ our Lord, for he is the true paschal lamb who has taken away the sin of the world. By his death he destroyed death, and by his rising to life again he has won for us eternal life.

Therefore, joining our voices with the whole company of heaven, we sing our joyful hymn of praise to proclaim the glory of your name.

The Choir and People sing:

SANCTUS & BENEDICTUS

Flowing (♩ = c. 80)

mp
Organ Ho - ly, ho - ly, ho - ly Lord.

mf
God of power_ and might,_____ Heav'n and earth are

rit. f
full_ of your glo - ry. Ho-san-na in the high-est.

(♩ = c. 72) *mp*

Organ Bless-ed is he who comes in the name of the

Lord. Ho-san-na in the high-est.

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

Music by McNeil Robinson

The musical score is written on a single treble clef staff with a key signature of one sharp (F#). It is divided into two parts: 'Celebrant' and 'People'. The lyrics are written below the notes. The score consists of six lines of music. The first line is for the Celebrant, and the second line is for the People. The lyrics are: 'As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en, hal - lowed be your name, your king - dom come, your will be done, on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins as we for - give those who sin a - gainst us. Save us from the time of trial, and de - liv - er us from e - vil. For the king - dom, the pow - er, and the glo - ry are__ yours, now and for ev - er. A - men.'

THE BREAKING OF THE BREAD

Lord, we died with you on the Cross
Now we are raised to new life.

We were buried in your tomb.
Now we share in your resurrection.

Live in us, that we may live in you.

HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

The Choir and People sing:

AGNUS DEI

Slow and expressive (♩ = c. 60)

The musical score is written in 4/4 time and consists of four staves. The first staff is for the organ, with a treble clef and a key signature of one flat (B-flat). It begins with a series of chords. The second staff is for the vocal part, starting with a treble clef and a key signature of one flat. The lyrics are: "Je - sus, Lamb of God: have". The third staff continues the vocal line with lyrics: "mer - cy on us. Je - sus, bear-er of our". The fourth staff continues with lyrics: "sins: have mer - cy on us." The fifth staff concludes the piece with lyrics: "Je - sus, re-deem-er of the world: give us your peace." Dynamic markings include *p* (piano), *mp* (mezzo-piano), *rit.* (ritardando), and *pp* (pianissimo).

Organ

Je - sus, Lamb of God: have

mer - cy on us. Je - sus, bear-er of our

sins: have mer - cy on us.

Je - sus, re-deem-er of the world: give us your peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

‘Maria Magdalene,’ Andrea Gabrieli (1520-1586)

Maria Magdalene et altera Maria ibant diluculo ad monumentum. Jesus quem queritis non est hic: surrexit sicut locutus est; praecedet vos in Galilaeam, ibi eum videbitis. Alleluia.

Mary Magdalene and the other Mary went early to the tomb and met an angel: “Jesus Christ, whom ye seek is not here, for He is risen, just as it was foretold. He goes before you into Galilee; you must go there to visit Him.” Alleluia.

(from Matthew 28)

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

The People stand.

PRAYER AFTER COMMUNION

Let us pray.

Father, we have seen with our eyes and touched with our hands the bread of life.
Strengthen our faith that we may grow in love for you and for each other; through
Jesus Christ the risen Lord. **Amen.**

DOXOLOGY

Glory to God,
**whose power, working in us, can do infinitely more than we can ask or
imagine. Glory to God from generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord. Alleluia, Alleluia.
Thanks be to God. Alleluia, Alleluia.

CONCLUDING HYMN 187 – How oft, O Lord, thy face hath shone

- 1 How oft, O Lord, thy face hath shone
On doubting souls, whose wills were true!
Thou Christ of Cephas and of John,
Thou art the Christ of Thomas too.
- 2 He loved thee well, and calmly said,
'Come, let us go, and die with him' :
Yet, when thine Easter-news was spread,
'Mid all its light his eyes were dim.
- 3 His brethren's word he would not take,
But craved to touch those hands of thine:
The bruised reed thou didst not break;
He saw, and hailed his Lord Divine.
- 4 He saw thee risen: at once he rose
To full belief's unclouded height :
And still through his confession flows
To Christian souls thy life and light.
- 5 O Saviour, make thy presence known
To all who doubt thy Word and thee;
And teach them in that Word alone
To find the truth that sets them free.

6 And we who know how true thou art,
And thee as God and Lord adore,
Give us, we pray, a loyal heart,
To trust and love thee more and more.

EISENACH
J.H. Schein, 1628

Canon William Bright, 1874

VOLUNTARY

An Easter Alleluya, Gordon Slater (1896-1979)

The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar are in loving memory of Graham Wright.

and

*Those at the Lady Altar are in loving memory of Jack Allen Fader,
by his wife Marlene.*

Special Choral Recital at Evensong this Afternoon at 5:00 pm

Director of Music Elizabeth Anderson and the choir will present *Five Mystical Songs* by British composer **Ralph Vaughan Williams** (1872–1958) as a recital during the service. Our own **David Yung**, section lead, will be the baritone soloist, and the award-winning organist **Jonathan Oldengarm** will accompany. Jonathan recently moved from Montreal to Toronto to take up the post of minister of music at Metropolitan United Church.

A reception will follow.

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