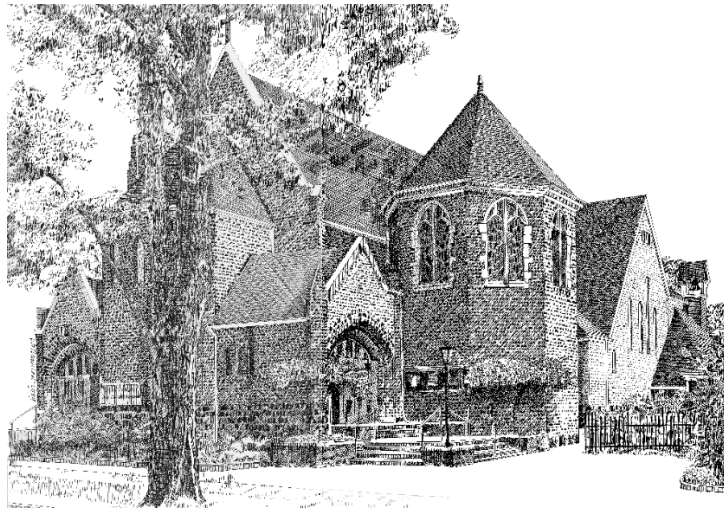




The Ninth Sunday After Trinity
Sunday, August 1, 2021

Sung Eucharist at 9:30 am



The Altar flowers are given to the honour and glory of almighty God:

In memory of Marjorie Linton;

*In loving memory of William Imrie Kennedy and Constance Stewart Kennedy,
by their daughter, Patricia;*

*In fond memory of my parents
the Reverend Klaas and Mrs. Wilhelmina Hart, by Willem;*

In loving memory of Symon Francis Beckwith by his brother, Larry;

and

*In grateful remembrance of longtime Altar Guild member and Acolyte, J.P. Napier,
who died on Thursday, July 29, 2021.*

Celebrant & Homilist: Fr. D'Angelo
Cantor: Rigzin Tute
Reader: Bruce McEachern
Organist & Director of Music: Matthew Whitfield

MUSIC OF THE MASS – New Plainsong Mass, *David Hurd*

PRELUDE: Metamorphosis I, *Philip Glass*

GREETING

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: *And also with you.*

COLLECT FOR PURITY

Celebrant: Almighty God,

People: *To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

GLORIA IN EXCELSIS DEO

Celebrant: Glory to God in the highest,
and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: Have mercy on us; You are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Let us pray.

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

FIRST READING: Exodus 16.2-4, 9-15

And the whole congregation of the people of Israel murmured against Moses and Aaron in the wilderness, and said to them, "Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they will walk in my law or not." And Moses said to Aaron, "Say to the whole congregation of the people of Israel, 'Come near before the LORD, for he has heard your murmurings.'" And as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. And the LORD said to Moses, "I have heard the murmurings of the people of Israel; say to them, 'At twilight you shall eat flesh, and in the morning you shall be filled with bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning dew lay round about the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as hoarfrost on the ground. When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread which the LORD has given you to eat."

The word of the Lord
R / *Thanks be to God*

PSALM: 78.23-29

23 So he commanded the clouds above * and opened the doors of heaven.
24 He rained down manna upon them to eat * and gave them grain from heaven.
25 So mortals ate the bread of angels; * he provided for them food enough.
26 He caused the east wind to blow in the heavens * and led out the south wind by his might.
27 He rained down flesh upon them like dust * and winged birds like the sand of the sea.
28 He let it fall in the midst of their camp * and round about their dwellings.
29 So they ate and were well filled, * for he gave them what they craved.

SECOND READING: Ephesians 4.1-16

I therefore, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (In saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ; so that we may no longer be children, tossed to and fro and carried about with every wind of doctrine, by the cunning of men, by their craftiness in deceitful wiles. Rather,

speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every joint with which it is supplied, when each part is working properly, makes bodily growth and upbuilds itself in love.

The word of the Lord
R / *Thanks be to God*

GOSPEL ACCLAMATION

Alleluia. Alleluia. We do not live by bread alone, but by every word that comes from the mouth of God.
Alleluia.

THE HOLY GOSPEL: John 6.24-35

V / The Lord be with you.

R / *And also with you.*

V / The Holy Gospel of our Lord Jesus Christ according to John.

R / *Glory to you, Lord Jesus Christ.*

So when the people saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Truly, truly, I say to you, you seek me, not because you saw signs, but because you ate your fill of the loaves. Do not labour for the food which perishes, but for the food which endures to eternal life, which the Son of man will give to you; for on him has God the Father set his seal." Then they said to him, "What must we do, to be doing the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "Then what sign do you do, that we may see, and believe you? What work do you perform? Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven, and gives life to the world." They said to him, "Lord, give us this bread always." Jesus said to them, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst."

The Gospel of Christ
R / *Praise to you, Lord Jesus Christ*

SERMON

THE NICENE CREED

Celebrant: Let us confess our faith, as we say,

All: *We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

silence

Lord, in your mercy,
R / *Hear our prayer.*

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, and for all who serve and minister to God's people.

silence

Lord, in your mercy,
R / *Hear our prayer.*

Intercessor: I ask your prayers for the Queen and for all in authority in our nation, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

silence

Lord, in your mercy,
R / *Hear our prayer.*

Intercessor: I ask your prayers for all those in need, for the sick_____, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all for whom our prayers are asked_____, that they will be comforted by the ever-present love of our Lord.

silence

Lord, in your mercy,
R / *Hear our prayer.*

Intercessor: I ask your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

Lord, in your mercy,
R / *Hear our prayer.*

Celebrant: O Almighty God, receive these our supplications and prayers. Let your fatherly hand ever be over us; let your Holy Spirit ever be with us; and so lead us to knowledge of your Word, that in the end we may obtain everlasting life; through Jesus Christ our Lord. *Amen.*

INVITATION, CONFESSION, ABSOLUTION

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

A Silence is kept.

Celebrant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. *Amen.*

THE PEACE

V / The peace of the Lord be always with you.
R / *And also with you.*

Please stand for the hymn during the Offertory, sung by the Cantor alone

OFFERTORY HYMN 573 – Thee will I love, my strength, my tower

- 1 Thee will I love, my strength, my tower,
Thee will I love, my joy, my crown,
Thee will I love with all my power,
In all my works, and thee alone,
Thee will I love till sacred fire
Fills my whole soul with pure desire.
- 2 I thank thee, uncreated Sun,
That thy bright beams on me have shined;
I thank thee, who hast overthrown
My foes, and healed my wounded mind;
I thank thee, whose enlivening voice
Bids my freed heart in thee rejoice.

- 3 Uphold me, in the doubtful race,
Nor suffer me again to stray;
Strengthen my feet with steady pace
Still to press forward in thy way:
That all my powers, with all their might,
In thy sole glory may unite.
- 4 Thee will I love, my joy, my crown;
Thee will I love, my Lord, my God,
Thee I will love, beneath thy frown
Or smile – thy sceptre or thy rod;
What though my flesh and heart decay,
Thee shall I love in endless day.

SURREY

Tr (1739) from the German of Rev. Johann Scheffler (1657) by Rev. John Wesley

Henry Carey, 1723

PRAYER OVER THE GIFTS

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. *Amen.*

THE GREAT THANKSGIVING

V / The Lord be with you.

R / And also with you.

V / Lift up your hearts.

R / We lift them to the Lord.

V / Let us give thanks to the Lord our God.

R / It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; by water and the Holy Spirit you have made us a holy people in Jesus Christ our Lord; you renew that mystery in bread and wine and nourish us, to show forth your glory in all the world. Therefore with angels and archangels, and with all the holy people who have served you in every age, we raise our voices to proclaim the glory of your Name.

SANCTUS & BENEDICTUS

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant: Therefore, Father, according to his command:

People: ***We remember his death,
we proclaim his resurrection,
we await his coming in glory.***

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. *Amen.*

THE LORD'S PRAYER

Celebrant: As our Saviour taught us, let us pray:

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD

Celebrant: "I am the bread of life," says the Lord.
"Whoever comes to me will never be hungry;
whoever believes in me will never thirst."

*All: Taste and see that the Lord is good;
Happy are they who trust in him!*

HOLY COMMUNION

Celebrant: The gifts of God for the people of God.

All: Thanks be to God.

The Cantor sings:

AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; grant us peace.

**AN ACT OF SPIRITUAL COMMUNION
WHICH MAY BE SAID BY THOSE NOT RECEIVING**

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

**Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.**

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord.
Amen.

BLESSING AND DISMISSAL

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. *Amen.*

Celebrant: Go in peace to love and serve the Lord.

People: *Thanks be to God.*

Please stand for the hymn, sung by the Cantor alone

CONCLUDING HYMN 487 – Come down, O Love divine

- 1 Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.
- 2 O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.
- 3 Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.
- 4 And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till he become the place
Wherein the HOLY SPIRIT makes his dwelling.

DOWN AMPNEY
Ralph Vaughan Williams, (1872-1958), 1906

Bianco da Siena, d. 1434
tr. Richard Frederick Littledale, Jr., (1833-1890), 1867