

Saint Thomas's Church
The Tenth Sunday After Trinity

Sunday, August 13, 2023

Sung Mass at 10:30 am



Christ walking on water, Julius Sergius von Klever, 1880
This painting is in a private collection

Saint Thomas's Anglican Church
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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokythoms. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant & Homilist: Fr. Nathan Humphrey
Reader: Alex Adams
Intercessor: Wei Wang
Director of Music: Elizabeth Anderson
Assistant Director of Music: Manuel Piazza

MUSIC OF THE MASS Mass of the Good Shepherd, Matthew Larkin (b. 1963)

VOLUNTARY Sicilienne, from Suite Op. 5, Maurice Duruflé (1902-1986)

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Choir and People sing:

GLORIA IN EXCELSIS DEO



Glo - ry to God in the high - est, and peace to his peo - ple on



earth. Lord God, hea - ven - ly king, al - migh - ty God and



fa - ther, we wor - ship you, we give you thanks, we



praise you for your glo - ry. Lord Je - sus Christ, on - ly



Son of the Fa - ther, Lord God, Lamb of God, you



take a - way the sin of the world: have mer - cy on



us; you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. For you a-lone are the Ho-ly One,
 you a-lone are the Lord, you a-lone are the
 Most High, Je-sus Christ, with the Ho-ly Spi-rit, in the
 glo-ry of God the Fa-ther. A-men. A-men.
Choir only
 A - - - - - men.

THE COLLECT OF THE DAY

Let us pray.

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People sit.

FIRST LESSON 1 Kings 19.9-18

A reading from the first book of the Kings.

At that place Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abelmeholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.'

The word of the Lord.

Thanks be to God.

PSALM 105.1-6, 16-22, 45c



Response: **He sent a man before them, Joseph, who was sold as a slave.**

Give thanks to the Lord and call upon his name; make known his deeds among the peoples. Sing to him, sing praises to him, and speak of all his marvellous works. **R/.**

Glory in his holy name; let the hearts of those who seek the Lord rejoice. Search for the Lord and his strength; continually seek his face. **R/.**

Remember the marvels he has done, his wonders and the judgements of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen. Then he called for a famine in the land and destroyed the supply of bread. **R/.**

They bruised his feet in fetters; his neck they put in an iron collar. Until his prediction came to pass, the word of the Lord tested him. **R/.**

The king sent and released him; the ruler of the peoples set him free. He set him as master over his household, as a ruler over all his possessions. To instruct his princes according to his will and to teach his elders wisdom. Hallelujah! **R/.**

SECOND READING Romans 10.5-15

A reading from Saint Paul's Epistle to the Romans.

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is

justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.' But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

The word of the Lord.

Thanks be to God.

The People stand.

GOSPEL ACCLAMATION

Alleluia. Alleluia. Alleluia. I wait for the Lord; in his word is my hope. Alleluia. Alleluia. Alleluia.

THE HOLY GOSPEL Matthew 14.22-33

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

Glory to you, Lord Jesus Christ.

Immediately Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.' Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning

to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: O God, our hiding place and saving rock, in whom our lives are preserved, deliver us from all calamities and evil, for you reign over all things with mercy! Wipe our tears and hear our prayer: Lord, let our cry come to you.

Intercessor: For the universal Church; in the Anglican Cycle of Prayer for _____; in the Diocesan Prayer Cycle for _____; for Andrew, Ryscilla, and Kevin our bishops, for all brothers and sisters in the body of our Lord Jesus Christ. Trace our journeys, watch over our resting places, and catch the tears of weakness and persecution.

Lord, **let our cry come to you.**

For the people who are suffering from natural disasters, especially for the people of Maui and Hawai'i who are affected by the wildfires, and for the people in China who are affected by floods, that the Lord God shall grant them refuge and strength.

Lord, **let our cry come to you.**

For the thanksgivings given here ____, especially for the baptismal anniversary of _____, May we find that the yoke of the Lord is easy, that the burdens he applies are light.

Lord, **let our cry come to you.**

For the sick _____ that pressed `round, crowded by the Spirit, they feel the hand of God held over them in protection.

Lord, **let our cry come to you.**

For the others for whom we are asked to pray ____ that anywhere, anytime, any state of mind, the Lord will lead them and hold them fast in his care.

Lord, **let our cry come to you.**

For those in this parish, particularly ____ that all said and done is created in awareness of their status as family, as heirs of God's kingdom.

Lord, **let our cry come to you.**

For those who have passed from this life in faith and obedience, especially for____ who have died in recent days, and those whose year's mind is at this time including____, that they may rest in peace and rise in glory.

Lord, **let our cry come to you.**

Celebrant: Most merciful Lord, who rebukes the wind and clam the sea. Grant that all may find their refuge in your grace. Where they may have their rest, safe from all calamities and evil. We ask this through your only Son our Lord, Jesus Christ. **Amen.**

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 357 – At the Name of Jesus

All 1 At the Name of Jesus
Every knee shall bow,
Every tongue confess him
King of glory now;
'Tis the Father's pleasure
We should call him Lord,
Who from the beginning
Was the mighty Word.

All 2 At his voice creation
Sprang at once to sight,
All the angel faces,
All the hosts of light,
Thrones and dominations,
Stars upon their way,
All the heavenly orders,
In their great array.

Lower 3 Humbled for a season
Voices To receive a Name
From the lips of sinners
Unto whom he came,
Faithfully he bore it,
Spotless to the last,
Brought it back victorious,
When from death he passed:

All 4 Bore it up triumphant
With its human light,
Through all ranks of creatures
To the central height;
To the throne of Godhead,
To the Father's breast,
Filled it with the glory
Of that perfect rest.

All 5 Name him, brothers, name him,
With love as strong as death,
But with awe and wonder,
And with bated breath;
He is God the Saviour,
He is Christ the Lord,
Ever to be worshipped,
Trusted, and adored.

Upper 6 In your hearts enthrone him;
Voices There let him subdue
All that is not holy,
All that is not true:
Crown him as your Captain
In temptation's hour;
Let his will enfold you
In its light and power.

All 7 Brothers, this Lord Jesus
Shall return again,
With his Father's glory,
With his angel train;
For all wreaths of empire
Meet upon his brow,
And our hearts confess him
King of glory now.

KING'S WESTON
Ralph Vaughan Williams, 1925

Caroline M. Noel, 1870

PRAYER OVER THE GIFTS

Father, receive all we offer you this day, and grant that in this eucharist we may be enriched by the gifts of the Spirit. We ask this in the name of Jesus Christ our Lord. **Amen.**

THE GREAT THANKSGIVING

Celebrant *People*




The_ Lord be_ with_ you. And_ al - so with you.

Celebrant *People*



Lift__ up your hearts. We lift__ them to_ the Lord._

Celebrant



Let us give thanks_____ to the Lord_ our God.

People



It is right_____ to give our thanks and praise._

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

In our unending joy we echo on earth the song of the angels in heaven as we raise our voices to proclaim the glory of your name.

The Choir and People sing:

SANCTUS & BENEDICTUS

The musical score is written on a single treble clef staff in 3/2 time, with a key signature of two flats (B-flat and E-flat). It begins with a mezzo-forte (*mf*) dynamic marking. The melody is characterized by long, sweeping lines with many ties, creating a sense of continuous, flowing music. The lyrics are printed below the staff, with hyphens indicating syllables that span across multiple notes. The text is: "Ho - - ly, ho - - ly, ho-ly Lord God of_ pow-er and might. Heav-en and earth are full of your glo-ry. Ho-san - - na in the high - est. Bless-ed is he that com-eth in the name of the Lord. Ho-san-na in the high - est."

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

Music by McNeil Robinson

Celebrant *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,
hal - lowed be your name, your king - dom come, your will be done,
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins



as we for - give those who sin a - gainst us. Save us from the time of trial,
 and de - liv - er us from e - vil. For the king - dom, the pow - er,
 and the glo - ry are__ yours, now and for ev - er. A - men.

THE BREAKING OF THE BREAD

“I am the bread of life,” says the Lord.
 “Whoever comes to me will never be hungry;
 whoever believes in me will never thirst.”

**Taste and see that the Lord is good;
 happy are they who trust in him!**

HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

The Choir and People sing:

AGNUS DEI

mp
Lamb of God, you take a - way the sin_ of the world, have
mer - cy up - on___ us. Lamb of God, you take a - way the
sin_ of the world, grant_____ us___ your peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET 'O for a closer walk with God,' Charles Villiers Stanford (1852-1924)

O for a closer walk with God, A calm and heav'nly frame; A light to shine upon
the road That leads me to the Lamb! Return, O holy Dove, return! Sweet
messenger of rest; I hate the sins that made thee mourn, And drove thee from my
breast. So shall my walk be close with God, Calm and serene my frame; So purer
light shall mark the road That leads me to the Lamb.

William Cowper (1731-1800)

COMMUNION HYMN 426 – I feel the winds of God to-day

- 1 I feel the winds of God to-day;
To-day my sail I lift,
Though heavy oft with drenching spray,
And torn with many a rift;
If hope but light the water's crest,
And Christ my bark will use,
I'll seek the seas at his behest,
And brave another cruise.
- 2 It is the wind of God that dries
My vain regretful tears,
Until with braver thoughts shall rise
The purer, brighter years;
If cast on shores of selfish ease
Or pleasure I should be,
Lord, let me feel thy freshening breeze,
And I'll put back to sea.
- 3 If ever I forget thy love
And how that love was shown,
Lift high the blood-red flag above:
It bears thy Name alone.
Great Pilot of my onward way,
Thou wilt not let me drift;
I feel the winds of God to-day,
To-day my sail I lift.

KINGSFOLD
from an English traditional melody

Jessie Adams, 1908

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

The People stand.

PRAYER AFTER COMMUNION

Let us pray.

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord. **Amen.**

DOXOLOGY

Glory to God,
**whose power, working in us, can do infinitely more than we can ask or
imagine. Glory to God from generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in
the knowledge and love of God, and of his Son Jesus Christ our Lord; and the
blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you
and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

CONCLUDING HYMN 372 – O Praise ye the Lord

- 1 O praise ye the Lord!
Praise him in the height;
Rejoice in his Word,
Ye angels of light;
Ye heavens, adore him
By whom ye were made,
And worship before him,
In brightness arrayed.
- 2 O praise ye the Lord!
Praise him upon earth,
In tuneful accord,
Ye sons of new birth;
Praise him who hath brought you
His grace from above,
Praise him who hath taught you
To sing of his love.

- 3 O praise ye the Lord,
All things that give sound;
Each jubilant chord,
Re-echo around;
Loud organs, his glory
Forth tell in deep tone,
And sweet harp, the story
Of what he hath done.
- 4 O praise ye the Lord!
Thanksgiving and song
To him be outpoured
All ages along:
For love in creation,
For heaven restored,
For grace of salvation
O praise ye the Lord! Amen.

LAUDATE DOMINUM
C.H.H. Parry

Rev. Sir H. W. Baker 1875

VOLUNTARY

Finale Jubilante, Healey Willan (1888-1968)

*The Altar flowers are given to the honour and glory of Almighty God:
Those at the High Altar in loving memory of Enid and Jim Houston,
parents of Anna Kennedy and Allen and Alice Kennedy, parents of Rob Kennedy.;*

and

*Those on the Lady Altar in loving memory of Arnold Heldt Jr.,
Marie Heldt, and Arnold Heldt Sr.*

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DAILY OFFICE SCHEDULE

*Morning Prayer and Evening Prayer services generally last 15-25 minutes
and are a great way to begin and/or end the day!*

MORNING PRAYER

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

EVENING PRAYER

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

SUNDAY

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

WEEKDAY LOW MASS

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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