



**The Eighth Sunday After Trinity**  
**Sunday, August 2, 2020**

**Sung Eucharist at 11 o'clock**



*Vision after the Sermon (Jacob Wrestling with the Angel)*  
Paul Gauguin 1888; Scottish National Gallery, Edinburgh

**Celebrant:** Fr Brinton  
**Homilist:** Fr Brinton  
**Gospeller and Intercessor:** The Rev'd James Shire  
**Cantors:** Jennifer McCallum & David Campbell  
**Reader:** Michael Rowland

**MUSIC OF THE MASS** – *Missa de Angelis*

**PRELUDE:** *Adagio & Allegro* (Sonata in G Minor), C.P.E. Bach

**INTROIT:** Psalm 48.1-12

- 1 Great is the LORD, and highly to be praised /in the city of our God.
- 2 His holy hill is a fair place, / and the joy of the whole earth:
- 3 Mount Zion of the uttermost parts of the north, /  
the city of the great King.
- 4 He hath made himself known in her citadels / as a sure refuge.
- 5 FOR lo, the kings of the earth were gathered, / and gone by together.
- 6 They marvelled to see such things; /  
they were astonished, and suddenly cast down.
- 7 Fear came there upon them, /  
and anguish, as upon a woman in her travail;
- 8 As when with the east wind / thou breakest the ships of the sea.
- 9 LIKE as we have heard, so have we seen in the  
city of the LORD of hosts, in the city of our God: /  
God upholdeth the same for ever.
- 10 We have thought on thy loving-kindness, God, /  
in the midst of thy temple.
- 11 O God, according to thy Name, so is thy praise unto the world's end; /  
thy right hand is full of righteousness.
- 12 Let the mount Sion rejoice, and the daughters of Judah be glad, / because  
of thy judgements.

**GLORY be to the Father, and to the Son, and to the Holy Ghost; / As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Great is the LORD, and highly to be praised /in the city of our God.

## COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

## KYRIE ELEISON

*The cantor sings*

*Kyrie Eleison : Lord, have mercy upon us.  
Christe Eleison : Christ, have mercy upon us.  
Kyrie Eleison : Lord, have mercy upon us.*

## GLORIA IN EXCELSIS DEO

Celebrant: Glory be to God on high,

Cantors: and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. *Amen.*

V / The Lord be with you;

R / *And with thy spirit.*

## THE COLLECT OF THE DAY

Let us pray.

O GOD, whose never-failing providence ordereth all things both in heaven and earth: We humbly beseech thee to put away from us all hurtful things, and to give us those things which be profitable for us; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. *Amen.*

**FIRST READING: Genesis 32.22-31**

The same night he arose and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. And Jacob was left alone; and a man wrestled with him until the breaking of the day. When the man saw that he did not prevail against Jacob, he touched the hollow of his thigh; and Jacob's thigh was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." And he said to him, "What is your name?" And he said, "Jacob." Then he said, "Your name shall no more be called Jacob, but Israel, for you have striven with God and with men, and have prevailed." Then Jacob asked him, "Tell me, I pray, your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the name of the place Peni'el, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penu'el, limping because of his thigh.

The word of the Lord  
R / *Thanks be to God*

**PSALM 17.1-7, 16; Tone II, 1**



- 1 I HEAR THE right, O Lord, consider my com-**plaint** :  
and hearken unto my prayer, that goeth not out **of** feign-ed lips.
- 2 Let my sentence come forth from thy **pre**-sence :  
and let thine eyes look upon the thing **that** is right.
- 3 Thou hast proved and visited mine heart in the night-sea-s4n;  
thou hast tried me, and shalt find no wickedness **in** me :  
for I am utterly purposed that my mouth **shall** not of-fend.
- 4 As for the works of men, by the word of thy **lips** :  
I have kept me from the ways of the **des**-troy-er.
- 5 My steps have held fast to thy **paths** : and my feet have **not** slip-ped.
- 6 I have called upon thee, O God, for thou shalt **hear** me :  
incline thine ear to me, and hearken un-**to** my words.
- 7 Show thy marvellous loving-kindness, thou that art the Saviour of them that put  
their trust in **thee** : from such as resist **thy** right hand.
- 16 But as for me, I shall behold thy presence in **righ**-teous-ness :  
and when I awake, I shall be satisfied with **thy** like-ness.

**SECOND READING: Romans 9.1-5**

I am speaking the truth in Christ, I am not lying; my conscience bears me witness in the Holy Spirit, that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brethren, my kinsmen by race. They are Israelites, and to them belong the sonship, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and of their race, according to the flesh, is the Christ. God who is over all be blessed for ever. Amen.

The word of the Lord  
R / *Thanks be to God*

**GOSPEL ACCLAMATION: Matthew 4.4, Tone VI**

Alleluia. Alleluia. We do not live by bread alone, but by every word that comes from the mouth of God. Alleluia.

**GOSPEL: Matthew 14.13-21**  
R / *Glory be to thee, O Lord*

Now when Jesus heard this, he withdrew from there in a boat to a lonely place apart. But when the crowds heard it, they followed him on foot from the towns. As he went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

The Gospel of Christ  
R / *Praise be to thee, O Christ*

## THE NICENE CREED

Celebrant: I believe in one God

Cantor: **the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

## SERMON

## OFFERTORY HYMN 246 – Thou, who at thy first Eucharist didst pray

Song I Orlando Gibbons



- 1 Thou, who at thy first Eucharist didst pray  
That all thy Church might be for ever one,  
Grant us at every Eucharist to say  
With longing heart and soul, 'Thy will be done.'  
O may we all one Bread, one Body be,  
Through this blest Sacrament of Unity.
- 2 For all thy Church, O Lord, we intercede;  
Make thou our sad divisions soon to cease;  
Draw us the nearer each to each, we plead,  
By drawing all to thee, O Prince of Peace;  
Thus may we all one Bread, one Body be,  
Through this blest Sacrament of Unity.
- 3 We pray thee too for wanderers from thy fold;  
O bring them back, Good Shepherd of the sheep,  
Back to the faith which saints believed of old,  
Back to the Church which still that faith doth keep;  
Soon may we all one Bread, one Body be,  
Through this blest Sacrament of Unity.
- 4 So, Lord, at length when sacraments shall cease,  
May we be one with all thy Church above,  
One with thy saints in one unbounded love:  
More blessed still, in peace and love to be  
One with the Trinity in Unity. Amen

## PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

*1 Chronicles 29. 10, 11, 14*

## INTERCESSIONS

Celebrant: I have called upon thee, O God, for thou shalt hear me.  
Incline thine ear to me, and hearken unto my words Let us pray

*silence*

Lord, in thy mercy

R / ***We beseech thee, hear our prayer.***

Deacon: I bid your prayers for the Church; for Andrew our bishop, Jenny our area bishop, and for all the clergy and laity who serve God's people. We pray especially for our Parish Selection Committee: Alice, Anna, Andrew, Bob, Jessica, Lorne, Michael and Pat. Guide those who seek a new rector for this church, and those who seek a new church for their ministry, that together we may discern thy will and see thy kingdom grow.

*silence*

Lord, in thy mercy

R / ***We beseech thee, hear our prayer.***

Deacon: I bid your prayers for this city, province, and nation, and for all in authority. We pray for all those working to make a more just and peaceful society in North America and throughout the world.

*silence*

Lord, in thy mercy

R / ***We beseech thee, hear our prayer.***



Deacon: I bid your prayers for the poor, the sick, the hungry, the oppressed, those in prison, and in any kind of distress. We pray for those in need, including \_\_\_\_\_, and those suffering from the coronavirus, especially \_\_\_\_\_.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Deacon: I bid your prayers for the departed, especially \_\_\_\_\_ who have died in recent days, and on their year's mind for \_\_\_\_\_; that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. *Amen.*

#### INVITATION, CONFESSION, ABSOLUTION

Deacon: Let us humbly confess our sins to Almighty God.

**All: Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen.***

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

#### SURSUM CORDA

V / The Lord be with you;

R / *And with thy spirit.*

V / Lift up your hearts;

R / *We lift them up unto the Lord.*

V / Let us give thanks unto our Lord God;

R / *It is meet and right so to do.*

*The Celebrant sings the preface*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The cantor sings:*

*Holy, Holy, Holy, Lord God of hosts,*

*Heaven and earth are full of thy glory.*

*Glory be to thee, O Lord most High.*

*Blessèd is he that cometh in the Name of the Lord:*

*Hosanna in the highest.*

## THE EUCHARISTIC PRAYER

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

## THE LORD'S PRAYER

Celebrant: As our saviour Christ has commanded and taught us we are bold to say:

**Cantor: Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

*The consecrated Bread is broken.*

The peace of the Lord be always with you:

R / *And with thy spirit.*

Celebrant: We do not presume

**All: to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The cantor sings:*

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, grant us thy peace.

*Silence before Act of Spiritual Communion*

**AN ACT OF SPIRITUAL COMMUNION**

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

**ANIMA CHRISTI**

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

**PRAYER AFTER COMMUNION**

Celebrant: Let us pray.

Accompany with thy constant protection, O Lord, those whom thou hast renewed with these heavenly gifts and, in thy never-failing care for them, make them worthy of eternal redemption. Through Christ our Lord. *Amen*

**BLESSING**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

## CONCLUDING HYMN 470 – Love Divine, all loves excelling

Hyfrydol

Rowland Hugh Prichard



- 1 Love Divine, all loves excelling,  
Joy of heaven, to earth come down,  
Fix in us thy humble dwelling,  
All thy faithful mercies crown.
- 2 Jesu, thou art all compassion,  
Pure unbounded love thou art;  
Visit us with thy salvation,  
Enter every trembling heart.
- 3 Come, almighty to deliver,  
Let us all thy grace receive;  
Suddenly return, and never,  
Never more thy temples leave.
- 4 Thee we would be always blessing,  
Serve thee as thy hosts above;  
Pray, and praise thee, without ceasing,  
Glory in thy perfect love.
- 5 Finish then thy new creation,  
Pure and spotless let us be;  
Let us see thy great salvation,  
Perfectly restored in thee;
- 6 Changed from glory into glory,  
Till in heaven we take our place,  
Till we cast our crowns before thee,  
Lost in wonder, love, and praise.

**POSTLUDE:** *Allegro moderato* (Sonata in G Minor), C.P.E. Bach