Saint Thomas's Church

Trinity X Sunday, August 21, 2022

High Mass at 11 o'clock



Christ Healing the People, Domenikos Theotokopoulos, c. 1570 The Metropolitan Museum of Art, New York City

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. Please inform the greeters prior to the start of the service if you require one. When you approach for communion indicate to the priest that you require a low gluten host.



The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar in loving memory of Enid and Jim Houston, parents of Anna Kennedy, and Allen and Alice Kennedy, parents of Rob Kennedy;

and

Those on the Lady Altar in loving memory of Arnold Heldt Jr., Marie Heldt, and Arnold Heldt Sr.

Celebrant: Fr. Bartley

Homilist & Deacon: Fr. Humphrey

Reader: David Kent

Organist & Director of Music: Matthew Whitfield

GREEN STAGE PROVISOS FOR IN-PERSON ATTENDANCE

The Diocese of Toronto has now entered the Green Stage, leaving all policies to the parishes. Masks, preferably N95 or KN95, are recommended, but optional. Please join in heartily in our congregational singing.

Though distancing is no longer a requirement, please inquire of your nearest neighbours to ensure that all are comfortable and accommodated.

MUSIC OF THE MASS – Missa Secunda, Hans Leo Hassler

Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.

PRELUDE: Adagio (BWV 564ii), J.S. Bach

The People stand as the choir enters the church during the prelude, sitting when the Choir sits.

At the sound of the bell, all stand for the entrance of the Sacred Ministers.

INTROIT: Psalm 86.1-7, Ant. v.1; Tone IV,8

IV. 8.



- 1 Bow down thine ear, O Lord, and hear me; / for I am poor and needy.
- 2 Preserve thou my soul, for I am godly: / save thy servant that putteth his trust in thee.
- 3 Thou art my God; be merciful unto me, O Lord; / for all the day long do I call upon thee.
- 4 Comfort the soul of thy servant; / for unto thee, O Lord, do I lift up my soul.
- 5 For thou, Lord, art good and gracious, / and of great mercy unto all them that call upon thee.
- 6 Give ear, Lord, unto my prayer, / and ponder the voice of my humble desires.
- 7 In the time of my trouble I will call upon thee; / for thou hearest me.

Glory be to the Father, and to the Son, / and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, / world without end. Amen.

Bow down thine ear, O Lord, and hear me; / for I am poor and needy.

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir alone sings the Kyrie.

KYRIE ELEISON

Kyrie Eleison.Christe Eleison.Kyrie Eleison.Lord, have mercy upon us.Lord, have mercy upon us.

The People stand. The People and Choir sing the Gloria.

earth_ peace,

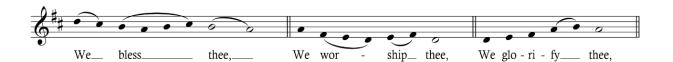
GLORIA IN EXCELSIS DEO

Missa de Angelis Harmonized by Walter MacNutt

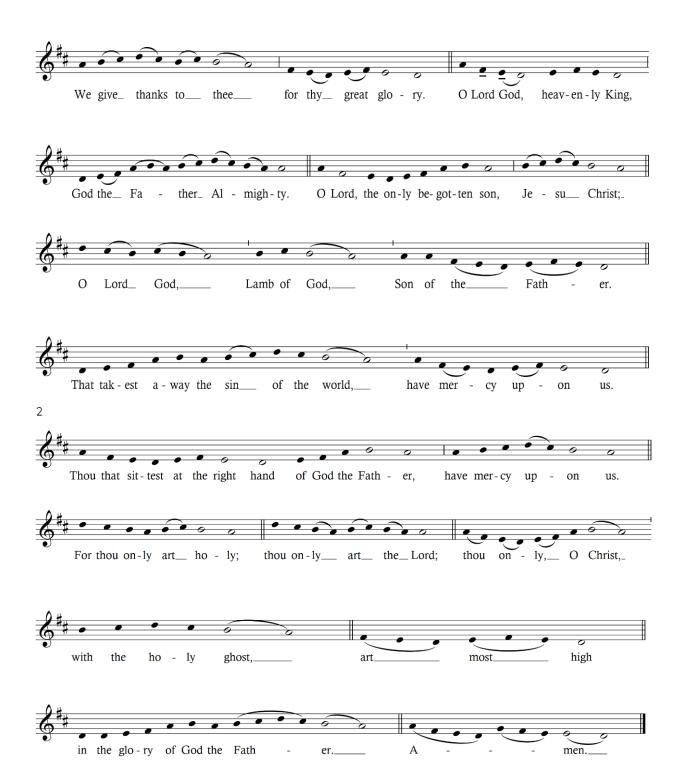
thee,_

praise_





good will to - wards_ men.



The People remain standing for the Collect.

COLLECT OF THE DAY

The Lord be with you. **And with thy spirit.** Let us pray.

Let thy merciful ears, O Lord, be open to the prayers of thy humble servants; and that they may obtain their petitions make them to ask such things as shall please thee; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

The People sit.

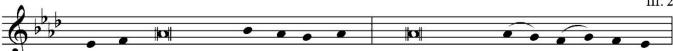
FIRST LESSON: Isaiah 58.9b-14

The First Lesson is written in the fifty eighth chapter of the book of the prophet Isaiah, beginning at the ninth verse.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the Lord honourable; if you honour it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the Lord, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the Lord has spoken.

The word of the Lord.

Thanks be to God.



- 1 In thee O Lord have I put my trust; / let me never be put to confusion.
- 2 Deliver me and rescue me in thy righteous- ness: / incline thine ear unto me and save me.
- 3 Be thou my stronghold, whereunto I may alway resort; / thou hast promised to help me, for thou art my rock and my castle.
- 4 Deliver me, O my God, out of the hand of the ungodly, / out of the hand of the unrighteous and cruel man.
- 5 For thou, O Lord, art the thing that I long for: / thou, Lord, art my trust, even from my youth.
- 6 Through thee have I been holden up ever since I was born: / thou art he that took me out of my mother's womb; my praise shall be always of thee.

THE EPISTLE: Hebrews 12.18-29

The Epistle is written in the twelfth chapter of the Epistle to the Hebrews, beginning at the eighteenth verse.

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, 'If even an animal touches the mountain, it shall be stoned to death.' Indeed, so terrifying was the sight that Moses said, 'I tremble with fear.') But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, 'Yet once more I will shake not only the earth but also the heaven.' This phrase 'Yet once more' indicates the removal of what is shaken—that is, created things—so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

The word of the Lord.

Thanks be to God.

The People stand. The Choir sings the Gospel Acclamation.

GOSPEL ACCLAMATION

Alleluia. Alleluia. I am the way, the truth, and the life, says the Lord; no one comes to the Father, but by me. Alleluia.

GOSPEL: Luke 13.10-17

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the thirteenth chapter of the Gospel according to Saint Luke, beginning at the tenth <u>verse</u>.

Glory be to thee, O Lord.

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, 'Woman, you are set free from your ailment.' When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.' But the Lord answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?' When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of Christ.

Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

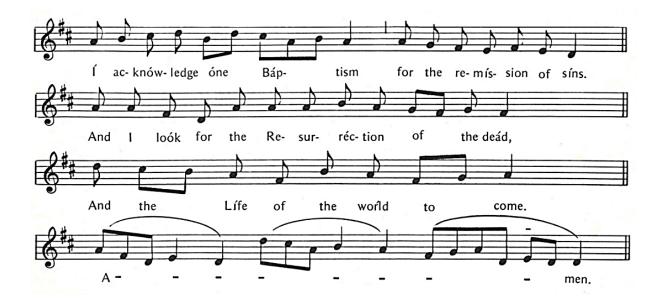
SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED







OFFERTORY SENTENCE

Remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

The People remain standing for the hymn.

OFFERTORY HYMN 427 – He who would valiant be

- 1 He who would valiant be 'Gainst all disaster,
 Let him in constancy
 Follow the Master.
 There's no discouragement
 Shall make him once relent
 His first avowed intent
 To be a pilgrim.
- Who so beset him round
 With dismal stories,
 Do but themselves confound –
 His strength the more is.
 No foes shall stay his might,
 Though he with giants fight:
 He will make good his right
 To be a pilgrim.

3 Since, Lord, thou dost defend Us with thy Spirit,
We know we at the end Shall life inherit.
Then fancies flee away!
I'll fear not what men say,
I'll labour night and day
To be a pilgrim.

Monks Gate Adapted from an English Traditional Melody J. Bunyan (1684), and others

The People remain standing as the thurifer approaches for the censing.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

Intercessions

Celebrant Dear friends in Christ, let us pray for the church and for the world.

Intercessor I bid your prayers for the church universal throughout the world; for Andrew our bishop, for_____ according to the Anglican cycle of prayer, for____ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

I bid your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good. (Silence.)

Lord, in thy mercy

We beseech thee, hear our prayer.

I bid your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud [We give thanks especially for] May God's abiding presence be with us always, that we may be a blessing to all people. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
I bid your prayers for all those in need, for the sick, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked May God grant that they will be comforted by the ever-present love of our Lord. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
I bid your prayers for the souls of the departed, especially who have died in recent days, and on their year's mind for, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
Celebrant: Loving God, open our ears to hear thy word and draw us closer to thee, that

Celebrant: Loving God, open our ears to hear thy word and draw us closer to thee, that the whole world may be one with thee as thou art one with us in Christ Jesus our Lord. Amen.

Invitation, Confession, & Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past;

And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.







It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

Sanctus, Sanctus, Sanctus, Holy, Holy, Holy, Dominus Deus Sabaoth: Lord God of Hosts:

Pleni sunt caeli et terra gloria tua. Heaven and earth are full of thy glory. Hosanna in excelsis. Glory be to thee, O Lord Most High.

♣ Benedictus qui venitṁ Blessed is he that cometh in nomine Domini.in the Name of the Lord.Hosanna in excelsis.Hosanna in the highest.

The Celebrant continues,

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

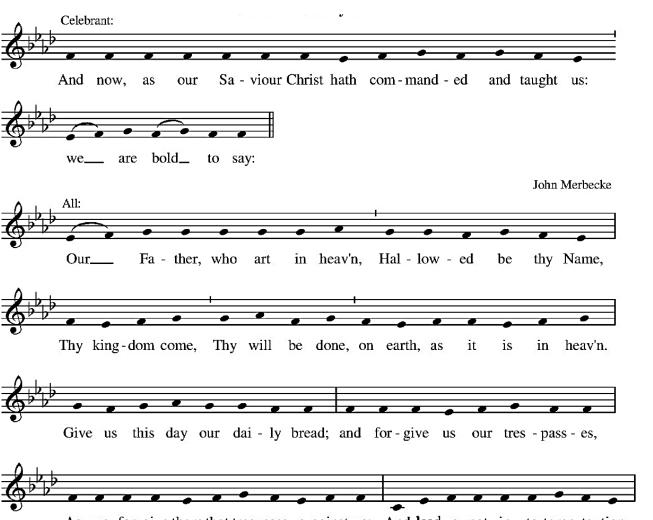
Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other

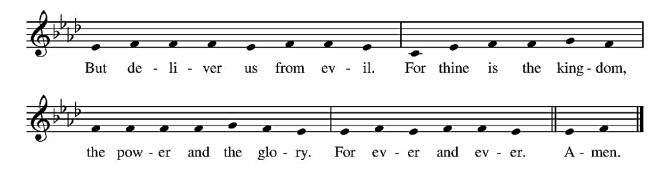
benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,



THE LORD'S PRAYER

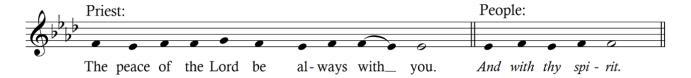


As we for-give them that tres-pass a-gainst us; And lead us not in - to temp-ta-tion,



FRACTION & PEACE

The consecrated Bread is broken.



HOLY COMMUNION

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, that takest away the sins of the world, have mercy upon us.

Lamb of God, that takest away the sins of the world, have mercy upon us.

Lamb of God, that takest away the sins of the world, grant us thy peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you! **COMMUNION DEVOTIONS**

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death call me.

And bid me come to thee,

That with thy saints I may praise thee,

For ever and ever. Amen.

Мотет

Rise up, my love, my fair one, and come away; for lo, the winter is past, the rain is over and gone; the flowers appear upon the earth; the time of the singing of birds is come. (Song of Solomon 2.10b-12a)

The People may sit or kneel for the hymn.

COMMUNION HYMN 224 – My God, and is thy table spread

- 1 My God, and is thy table spread, And doth thy cup with love o'erflow? Thither be all thy children led, And let them all thy sweetness know.
- 2 Hail, sacred feast, which Jesus makes, Rich banquet of his Flesh and Blood! Thrice happy he who here partakes That sacred Stream, that heavenly Food.
- 3 Why are its bounties all in vain Before unwilling hearts displayed? Was not for them the Victim slain? Are they forbid the children's bread?
- 4 O let thy table honoured be, And furnished well with joyful guests; And may each soul salvation see That here its sacred pledges tastes.

ROCKINGHAM Adapted by Edward Miller, 1790 Rev. P. Doddridge, 1755

PRAYER AFTER COMMUNION

Let us pray. Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

The People stand.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 655 – And did those feet in ancient time

- 1 And did those feet in ancient time
 Walk upon England's mountains green?
 And was the holy Lamb of God
 On England's pleasant pastures seen?
 And did the countenance divine
 Shine forth upon our clouded hills?
 And was Jerusalem builded here
 Among these dark satanic mills?
- 2 Bring me my bow of burning gold!
 Bring me my arrows of desire!
 Bring me my spear! O clouds, unfold!
 Bring me my chariot of fire!
 I will not cease from mental fight,
 Nor shall my sword sleep in my hand,
 Till we have built Jerusalem
 In England's green and pleasant land.

JERUSALEM Sir Hubert H. Parry, 1916 William Blake, 1804

POSTLUDE: Nun danket alle Gott, Sigfrid Karg-Elert

The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.