Saint Thomas's Church

The Thirteenth Sunday After Trinity Sunday, August 29, 2021

Sung Eucharist at 11 o'clock



The Works of Charity' Peter Breugel the Elder

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323 www.stthomas.on.ca office@stthomas.on.ca The Altar flowers are given to the honour and glory of almighty God:

They were given in loving memory of Arnold Heldt Jr., Marie Heldt, and Arnold Heldt Sr;

and

In loving memory of Enid and Jim Houston, parents of Anna Kennedy and Allen and Alice Kennedy, parents of Rob Kennedy.

Celebrant & Homilist: Fr. Humphrey Gospeller and Intercessor: Fr. Shire Cantor: Jennifer McCallum

Reader: Phil Spencer Organist: Elizabeth Anderson

Please note that congregational singing is still not permitted by Covid regulations. The Cantor alone will make sung responses. All are encouraged to make the said responses.

MUSIC OF THE MASS – Mass of St Angela, Rene Becker

PRELUDE: Hymn-Prelude on Song 13

Percy Whitlock

The Cantor alone sings:

INTROIT: Psalm 90.1-13

- 1 Lord, thou hast been our refuge, / from one generation to another.
- 2 Before the mountains were brought forth, or ever the earth and the world were made, / thou art God from everlasting, and world without end.
- 3 Thou turnest man back to the dust, / and thou sayest, "Return, ye children of men."
- 4 For a thousand years in thy sight are but as yesterday when it is past, / and as a watch in the night.
- 5 Thou carriest them away as with a flood, and they are even as a sleep; / in the morning they are like grass that groweth up.
- 6 In the morning it is green and groweth up, / but in the evening it is cut down and withered.
- 7 For we consume away in thy displeasure, / and are afraid at thy wrathful indignation.
- 8 Thou hast set our misdeeds before thee, / and our secret sins in the light of thy countenance.
- 9 For when thou art angry all our days are gone: / we bring our years to an end, as it were a tale that is told.
- 10 The days of our age are threescore years and ten, / or, if men be so strong, they may come to fourscore years;
- 11 Yet is their pride but labour and sorrow: / so soon passeth it away, and we are gone.
- 12 But who regardeth the power of thy wrath, / or feareth aright thine indignation?
- 13 So teach us to number our days, / that we may apply our hearts unto wisdom.

GLORY be to the Father, and to the Son, and to the Holy Ghost; / As it was in the beginning, is now, and ever shall be, world without end. Amen.

Lord, thou hast been our refuge, / from one generation to another.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The cantor sings

KYRIE ELEISON

Kyrie Eleison: Lord, have mercy upon us. Christe Eleison: Christ, have mercy upon us. Kyrie Eleison: Lord, have mercy upon us.

Please stand

GLORIA IN EXCELSIS DEO

Celebrant: Glory be to God on high,

People: and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Lord be with you. *R* / **And with thy spirit.**

Please remain standing for the Collect

THE COLLECT OF THE DAY

Let us pray.

Almighty and merciful God, of whose only gift it cometh that thy faithful people do unto thee true and laudable service: Grant, we beseech thee, that we may so faithfully serve thee in this life, that we fail not finally to attain thy heavenly promises; through the merits of Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen**.

FIRST LESSON: Deuteronomy 4.1-2, 6-9

The First Lesson is written in the fourth chapter of the book Deuteronomy, beginning at the first verse.

"And now, O Israel, give heed to the statutes and the ordinances which I teach you, and do them; that you may live, and go in and take possession of the land which the LORD, the God of your fathers, gives you. You shall not add to the word which I command you, nor take from it; that you may keep the commandments of the LORD your God which I command you. Keep them and do them; for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and understanding people.' For what great nation is there that has a god so near to it as the LORD our God is to us, whenever we call upon him? And what great nation is there, that has statutes and ordinances so righteous as all this law which I set before you this day? "Only take heed, and keep your soul diligently, lest you forget the things which your eyes have seen, and lest they depart from your heart all the days of your life; make them known to your children and your children's children.

The word of the Lord. *R* / **Thanks be to God.**

The Cantor alone sings:

PSALM: 15

- 1 Lord, who shall dwell in thy tabernacle? / or who shall rest upon thy holy hill?
- 2 Even he that leadeth an uncorrupt life, and doeth the thing which is right, / and speaketh the truth from his heart.
- 3 He that hath used no deceit in his tongue, nor done evil to his neighbour, / and hath not slandered his neighbour.
- 4 He in whose eyes an ungodly man is despised, / but he maketh much of them that fear the Lord.
- 5 He that sweareth unto his neighbour, and disappointeth him not, / though it were to his own hindrance.
- 6 He that hath not given his money upon usury, / nor taken a bribe against the innocent.
- 7 Whoso doeth these things / shall never fall.

THE EPISTLE: James 1.17-27

The Epistle is written in the first chapter of the epistle of Saint James, beginning at the seventeenth verse.

Every good endowment and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change. Of his own will he brought us forth by the word of truth that we should be a kind of first fruits of his creatures. Know this, my beloved brethren. Let every man be quick to hear, slow to speak, slow to anger, for the anger of man does not work the righteousness of God. Therefore put away all filthiness and rank growth of wickedness and receive with meekness the implanted word, which is able to save your souls.

But be doers of the word, and not hearers only, deceiving yourselves. For if any one is a hearer of the word and not a doer, he is like a man who observes his natural face in a mirror; for he observes himself and goes away and at once forgets what he was like. But he who looks into the perfect law, the law of liberty, and perseveres, being no hearer that forgets but a doer that acts, he shall be blessed in his doing. If any one thinks

he is religious, and does not bridle his tongue but deceives his heart, this man's religion is vain. Religion that is pure and undefiled before God and the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

The word of the Lord. *R* / **Thanks be to God.**

The Cantor alone sings:

GOSPEL ACCLAMATION

Alleluia. Alleluia. The Father brought us forth by the word of truth that we should be a kind of first fruits of his creatures. Alleluia.

HOLY GOSPEL: Mark 7.1-8, 14-15, 21-23

The Holy Gospel is written in the seventh chapter of the Gospel according to St Mark, beginning at the first verse.

R / Glory be to thee O Lord.

Now when the Pharisees gathered together to him, with some of the scribes, who had come from Jerusalem, they saw that some of his disciples ate with hands defiled, that is, unwashed. (For the Pharisees, and all the Jews, do not eat unless they wash their hands, observing the tradition of the elders; and when they come from the market place, they do not eat unless they purify themselves; and there are many other traditions which they observe, the washing of cups and pots and vessels of bronze.) And the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with hands defiled?" And he said to them, "Well did Isaiah prophesy of you hypocrites, as it is written, 'This people honours me with their lips, but their heart is far from me; in vain do they worship me, teaching as doctrines the precepts of men.' You leave the commandment of God, and hold fast the tradition of men." And he called the people to him again, and said to them, "Hear me, all of you, and understand: there is nothing outside a man which by going into him can defile him; but the things which come out of a man are what defile him." For from within, out of the heart of man, come evil thoughts, fornication, theft, murder, adultery, coveting, wickedness, deceit, licentiousness, envy, slander, pride, foolishness. All these evil things come from within, and they defile a man."

The Gospel of Christ. *R* / **Praise be to thee, O Christ.**

THE NICENE CREED

Celebrant: I believe in one God

People: the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

SERMON

OFFERTORY

Please stand for the hymn during the Offertory, sung by the Cantor alone

OFFERTORY HYMN 328 – Behold! the mountain of the Lord

- 1 Behold! the mountain of the Lord In latter days shall rise
 On mountain tops above the hills, And draw the wondering eyes.
- 2 To this the joyful nations round, All tribes and tongues, shall flow; Up to the hills of God, they'll say, And to his house we'll go.
- 3 The beam that shines from Zion hill Shall lighten every land;
- The King who reigns in Salem's towers Shall all the world command.
- 4 Among the nations he shall judge; His judgements truth shall guide; The sceptre shall protect the just, And quell the sinner's pride.
- No strife shall rage, nor hostile feuds
 Disturb those peaceful years;

 To ploughshares men shall beat their swords,
 To pruning-hooks their spears.
- 6 Come then, O house Jacob! come To worship at his shrine; And, walking in the light of God, With holy beauties shine.

BISHOPTHORPE Scottish Paraphases, 1781 Jeremiah Clarke, 1670-1707 Arr. by Edward Miller, 1790

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen**.

Please kneel

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the Church and for the world.

silence

Lord, in thy mercy

R / We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, and for all who serve and minister to God's people.

silence

Lord, in thy mercy R / We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

silence

Lord, in thy mercy R / We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all those in need, for the sick______, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all for whom our prayers are asked______, that they will be comforted by the ever-present love of our Lord.

silence

Lord, in thy mercy

R / We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

Lord, in thy mercy

R / We beseech thee, hear our prayer.

Celebrant: Hear our prayers, O God of power, and through the ministry of thy Son free us from the grip of sin and death, that we may desire thee as the fullness of life and proclaim thy saving deeds to all the world. All this we ask through Jesus Christ, our Lord. **Amen.**

INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

EUCHARISTIC PRAYER

V / The Lord be with you; R / And with thy spirit. V / Lift up your hearts; R / We lift them up unto the Lord. V / Let us give thanks unto our Lord God; R / It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Cantor sings:

Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most High. Blessèd is he that cometh in the Name of the Lord: Hosanna in the highest.

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant: As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The consecrated Bread is broken.

V / The peace of the Lord be always with you; R / **And with thy spirit.**

HOLY COMMUNION

All who intend to receive Holy Communion pray together:

Celebrant: We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

AGNUS DEI

The Cantor sings:

- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, grant us thy peace.

Мотет

Mine eyes for beauty pine, Herbert Howells

My eyes for beauty pine, My soul for Goddës grace; No other care nor hope is mine, To heaven I turn my face. One splendour thence is shed from all the stars above: 'Tis named when God's name is said, 'Tis Love, 'tis heavenly Love. And every gentle heart that burns with true desire, Is lit from eyes that mirror part of that celestial fire.

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**The Cantor alone sings:

CONCLUDING HYMN 420 – Lord of the worlds above

- Lord of the worlds above,
 How pleasant and how fair
 The dwelling of thy love,
 Thy early temples are!
 To thine abode
 My heart aspires,
 With warm desires
 To see my God.
- O happy souls, that pray
 Where God appoints to hear!
 O happy men, that pay
 Their constant service there!
 They praise thee still:
 And happy they
 That love the way
 To Zion's hill.

- 3 They go from strength to strength Through this dark vale of tears, Till each arrives at length, O glorious seat; When God our King Shall thither bring Our willing feet.
- 4 God is our sun and shield,
 Our light and our defence;
 With gifts his hands are filled,
 We draw our blessings thence.
 Thrice happy he,
 O God of hosts,
 Whose spirit trusts
 Alone in thee.

DARWALL Rev. Isaac Watts, 1719 Rev. John Darwall, 1770

POSTLUDE: A Voluntary for Elizabeth

Derek Holman