

# Saint Thomas's Church

**The Tenth Sunday After Trinity  
Sunday, August 8, 2021**

**Sung Eucharist at 11 o'clock**



*The Institution of the Eucharist* is one of two scenes painted by Ercole de' Roberti along the base of an altarpiece of San Domenico in Ferrara, The National Gallery, London

**Saint Thomas's Anglican Church**  
383 Huron Street,  
Toronto, Ontario M5S 2G5  
416-979-2323  
[www.stthomas.on.ca](http://www.stthomas.on.ca) [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

**Celebrant:** Fr. D'Angelo  
**Homilist:** Fr. Humphrey  
**Gospeller and Intercessor:** Fr. Humphrey  
**Cantor:** David Yung  
**Reader:** Sean Forsyth  
**Organist:** Elizabeth Anderson

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*Please note that congregational singing is still not permitted by Covid regulations. The Cantor alone will make sung responses. All are encouraged to make the said responses.*

**MUSIC OF THE MASS** – Missa IX, *cum Jubilo*

**PRELUDE:** Allein Gott in der Höh' sei Ehr', BWV 675, *J.S. Bach*

*The Cantor alone sings:*

**INTROIT:** Psalm 55.1-8, 22

- 1 Hear my prayer, O God, / and hide not thyself from my petition.
- 2 Take heed unto me, and hear me, / how I mourn in my prayer, and am vexed.
- 3 The enemy crieth so, and the ungodly cometh on so fast; /  
for they are minded to do me some mischief; so maliciously are they set against me.
- 4 My heart is disquieted within me, / and the terrors of death are fallen upon me.
- 5 Fearfulness and trembling are come upon me, /  
and an horrible dread hath overwhelmed me.
- 6 And I said, 'O that I had wings like a dove! /  
for then would I fly away, and be at rest.
- 7 Lo, then would I get me away far off, / and abide in the wilderness.
- 8 I would make haste to find me a shelter / from the stormy wind and tempest.'
- 22 O cast thy burden upon the Lord, and he shall uphold thee, /  
and shall not suffer the righteous to be moved for ever.

**GLORY be to the Father, and to the Son, and to the Holy Ghost; / As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Hear my prayer, O God, / and hide not thyself from my petition.

*Please kneel*

**COLLECT FOR PURITY**

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

*The cantor sings*

**KYRIE ELEISON**

*Kyrie Eleison : Lord, have mercy upon us.*  
*Christe Eleison : Christ, have mercy upon us.*  
*Kyrie Eleison : Lord, have mercy upon us.*

*Please stand*

**GLORIA IN EXCELSIS DEO**

Celebrant: Glory be to God on high,

All: **and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.**

**For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

The Lord be with you.

R / *And with thy spirit.*

*Please remain standing for the Collect*

**THE COLLECT OF THE DAY**

Let us pray.

Let thy merciful ears, O Lord, be open to the prayers of thy humble servants; and that they may obtain their petitions make them to ask such things as shall please thee; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. *Amen.*

*Please be seated*

**FIRST LESSON: 1 Kings 19.4-8**

But Elijah himself went a day's journey into the wilderness, and came and sat down under a broom tree; and he asked that he might die, saying, "It is enough; now, O LORD, take away my life; for I am no better than my fathers." And he lay down and slept under a broom tree; and behold, an angel touched him, and said to him, "Arise and eat." And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank, and lay down again. And the angel of the LORD came again a second time, and touched him, and said, "Arise and eat, else the journey will be too great for you." And he arose, and ate and drank, and went in the strength of that food forty days and forty nights to Horeb the mount of God.

The word of the Lord

R / *Thanks be to God*

*The Cantor alone sings:*

**PSALM: 34.1-8**

- 1 I will alway give thanks unto the Lord; / his praise shall ever be in my mouth.
- 2 My soul shall make her boast in the Lord; / the humble shall hear thereof and be glad.
- 3 O praise the Lord with me, / and let us magnify his Name together.
- 4 I sought the Lord, and he heard me; / yea, he delivered me out of all my fears.
- 5 O look unto him and be lightened; / and your faces shall not be ashamed.
- 6 This poor man cried, and the Lord heard him; / yea, and saved him out of all his troubles.
- 7 The angel of the Lord tarrieth round about them that fear him, / and delivereth them.
- 8 O taste and see how gracious the Lord is: / blessed is the man that trusteth in him

**THE EPISTLE: Ephesians 4.25 – 5.2**

Therefore, putting away falsehood, let every one speak the truth with his neighbour, for we are members one of another. Be angry but do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labour, doing honest work with his hands, so that he may be able to give to those in need. Let no evil talk come out of your mouths, but only such as is good for edifying, as fits the occasion, that it may impart grace to those who hear. And do not grieve the Holy Spirit of God, in whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamour and slander be put away from you, with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The word of the Lord  
R/ *Thanks be to God*

*The Cantor alone sings:*

**GOSPEL ACCLAMATION**

Alleluia. Alleluia. I am the living bread which came down from heaven, says the Lord; anyone who eats this bread will live for ever. Alleluia.

**HOLY GOSPEL: John 6.35, 41-51**

R / *Glory be to thee O Lord*

Jesus said to them, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst. The Jews then murmured at him, because he said, "I am the bread which came down from heaven." They said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, 'I have come down from heaven'?" Jesus answered them, "Do not murmur among yourselves. No one can come to me unless the Father who sent me draws him; and I will raise him up at the last day. It is written in the prophets, 'And they shall all be taught by God.' Every one who has heard and learned from the Father comes to me. Not that any one has seen the Father except him who is from God; he has seen the Father. Truly, truly, I say to you, he who believes has eternal life. I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread which comes down from heaven, that a man may eat of it and not die. I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh."

The Gospel of Christ.  
R / *Praise be to thee, O Christ.*

## THE NICENE CREED

Celebrant: I believe in one God

All: **the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

## SERMON

## OFFERTORY

*Please stand for the hymn during the Offertory, sung by the Cantor alone*

**OFFERTORY HYMN – All my hope on God is founded**

- 1 All my hope on God is founded;  
He doth still my trust renew.  
Me through change and chance he guideth,  
Only good and only true.  
God unknown,  
He alone  
Calls my heart to be his own.
- 2 Human pride and earthly glory,  
Sword and crown betray his trust;  
What with care and toil he buildeth,  
Tower and temple, fall to dust.  
But God's power,  
Hour by hour,  
Is my temple and my tower.
- 3 God's great goodness aye endureth,  
Deep his wisdom, passing thought:  
Splendour, light, and life attend him,  
Beauty springeth out of naught.  
Evermore  
From his store  
New-born worlds rise and adore.

- 4 Daily doth th' Almighty giver  
 Bounteous gifts on us bestow;  
 His desire our soul delighteth,  
 Pleasure leads us where we go.  
 Love doth stand  
 At his hand;  
 Joy doth wait on his command.
- 5 Still from earth to God eternal  
 Sacrifice of praise be done,  
 High above all praises praising  
 For the gift of Christ his Son.  
 Christ doth call  
 One and all:  
 Ye who follow shall not fall.

*MICHAEL*  
 Robert Bridges, 1844-1930, based on the German of J. Neander, 1650-80

*Herbert Howells, 1892-1983*

### PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. *Amen.*

*Please kneel*

### INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the Church and for the world.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, and for all who serve and minister to God's people.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for all those in need, for the sick\_\_\_\_\_, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all for whom our prayers are asked\_\_\_\_\_, that they will be comforted by the ever-present love of our Lord.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the souls of the departed, especially\_\_\_\_\_ who have died in recent days, and on their year's mind for\_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Celebrant: Unto him who is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, unto him be glory in the Church and in Christ Jesus, throughout all ages, world without end. *Amen.*

### INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen.***

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

### EUCCHARISTIC PRAYER

V / The Lord be with you; R / *And with thy spirit.*

V / Lift up your hearts; R / *We lift them up unto the Lord.*

V / Let us give thanks unto our Lord God; R / *It is meet and right so to do.*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Cantor sings:*

*Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory.*

*Glory be to thee, O Lord most High. Blessed is he that cometh in the Name of the Lord:*

*Hosanna in the highest.*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

#### THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant: As our Saviour Christ hath commanded and taught us we are bold to say:

**Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. *Amen.***

*The consecrated Bread is broken.*

V / The peace of the Lord be always with you;

R / *And with thy spirit.*



## HOLY COMMUNION

*All who intend to receive Holy Communion pray together:*

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Cantor sings:*

*O Lamb of God, that takest away the sin of the world, have mercy upon us.*

*O Lamb of God, that takest away the sin of the world, have mercy upon us.*

*O Lamb of God, that takest away the sin of the world, grant us thy peace.*

**A HYMN:** 'Author of Life Divine,' *Elizabeth Anderson*

Author of life divine,  
Who hast a table spread,  
Furnished with mystic wine  
And everlasting bread,  
Preserve the life thyself hast given,  
And feed and train us up for heaven.

Our needy souls sustain  
With fresh supplies of love,  
Till all thy life we gain,  
And all thy fulness prove,  
And strengthened by thy perfect grace,  
Behold without a veil thy face.

*Words by Rev. John Wesley, 1745*

## PRAYER AFTER COMMUNION

Celebrant: Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.  
**Amen.**

## BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and

love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

*The Cantor alone sings:*

**CONCLUDING HYMN 235** – Lord, enthroned in heavenly splendour

- 1 Lord, enthroned in heavenly splendour  
First-begotten from the dead,  
Thou alone, our strong defender,  
Liftest up thy people's head.  
Alleluia, alleluia,  
Jesu, true and living bread.
- 2 Here our humblest homage pay we,  
Here in loving reverence bow;  
Here for faith's discernment pray we,  
Lest we fail to know thee now.  
Alleluia,  
Thou art here, we ask not how.
- 3 Though the lowliest form doth veil thee  
As of old in Bethlehem,  
Here as there thine angels hail thee,  
Branch and flower of Jesse's stem.  
Alleluia,  
We in worship join with them.
- 4 Paschal Lamb, thine offering, finished  
Once for all when thou wast slain,  
In its fullness undiminished  
Shall for evermore remain,  
Alleluia,  
Cleansing souls from every stain.
- 5 Life-imparting heavenly manna,  
Stricken rock with streaming side,  
Heaven and earth with loud Hosanna  
Worship thee, the Lamb who died,  
Alleluia,  
Risen, ascended, glorified!

*S<sup>r</sup> OSMUND*  
*Canon G.H. Bourne, 1874*

*Healey Willan, 1927-*

**POSTLUDE:** Toccata Giocosa, *William Mathias*