



The Ninth Sunday After Trinity
Sunday, August 9, 2020

Sung Eucharist at 11 o'clock



Jesus supports St Peter on the water
Lluís Borrassa, 15c

Celebrant: Fr Brinton
Homilist: Fr Brinton
Gospeller and Intercessor: The Rev'd James Shire
Cantors: Emily Burnett & Rigzin Tute
Reader: Maureen Somerville

MUSIC OF THE MASS – *Missa de Angelis*

PRELUDE: *Arioso & Allegro (Sonata in B-flat)*, C.P.E. Bach

INTROIT: Psalm 54

- 1 SAVE me, O God, for thy Name's sake, /
and avenge me in thy strength.
- 2 Hear my prayer, O God, /
and hearken unto the words of my mouth.
- 3 For strangers are risen up against me; /
and tyrants, who have not God before their eyes, seek after my soul.
- 4 4 BEHOLD, God is my helper: /
the Lord is he that upholdeth my soul.
- 5 He shall reward evil unto mine enemies: /
destroy thou them in thy truth.
- 6 A FREE-WILL offering will I give to thee, /
and praise thy Name, O LORD, because it is so comfortable.
- 7 For he hath delivered me out of all my trouble; /
and mine eye hath seen its desire upon mine enemies.

GLORY be to the Father, and to the Son, and to the Holy Ghost; / As it was in the beginning, is now, and ever shall be, world without end. Amen.

SAVE me, O God, for thy Name's sake, / and avenge me in thy strength.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

KYRIE ELEISON

The cantor sings

*Kyrie Eleison : Lord, have mercy upon us.
Christe Eleison : Christ, have mercy upon us.
Kyrie Eleison : Lord, have mercy upon us.*

GLORIA IN EXCELSIS DEO

Celebrant: Glory be to God on high,

Cantors: and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. *Amen.*

V / The Lord be with you;

R / *And with thy spirit.*

THE COLLECT OF THE DAY

Let us pray.

GRANT to us, Lord, we beseech thee, the spirit to think and do always such things as be rightful; that we, who cannot do any thing that is good without thee, may by thee be enabled to live according to thy will; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, on God, world without end. *Amen.*

FIRST READING: Genesis 37.1-4, 12-28

Jacob lived in the land where his father had stayed, the land of Canaan. This is the account of Jacob's family line. Joseph, a young man of seventeen, was tending the flocks with his brothers, the sons of Bilhah and the sons of Zilpah, his father's wives, and he brought their father a bad report about them. Now Israel loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made an ornate^[a] robe for him. When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him. Now his brothers had gone to graze their father's flocks near Shechem, and Israel said to Joseph, "As you know, your brothers are grazing the flocks near Shechem. Come, I am going to send you to them." "Very well," he replied. So he said to him, "Go and see if all is well with your brothers and with the flocks, and bring word back to me." Then he sent him off from the Valley of Hebron. When Joseph arrived at Shechem, a man found him wandering around in the fields and asked him, "What are you looking for?" He replied, "I'm looking for my brothers. Can you tell me where they are grazing their flocks?" "They have moved on from here," the man answered. "I heard them say, 'Let's go to Dothan.'" So Joseph went after his brothers and found them near Dothan. But they saw him in the distance, and before he reached them, they plotted to kill him. "Here comes that dreamer!" they said to each other. Come now, let's kill him and throw him into one of these cisterns and say that a ferocious animal devoured him. Then we'll see what comes of his dreams." When Reuben heard this, he tried to rescue him from their hands. "Let's not take his life," he said. "Don't shed any blood. Throw him into this cistern here in the wilderness, but don't lay a hand on him." Reuben said this to rescue him from them and take him back to his father. So when Joseph came to his brothers, they stripped him of his robe—the ornate robe he was wearing—and they took him and threw him into the cistern. The cistern was empty; there was no water in it. As they sat down to eat their meal, they looked up and saw a caravan of Ishmaelites coming from Gilead. Their camels were loaded with spices, balm and myrrh, and they were on their way to take them down to Egypt. Judah said to his brothers, "What will we gain if we kill our brother and cover up his blood? Come, let's sell him to the Ishmaelites and not lay our hands on him; after all, he is our brother, our own flesh and blood." His brothers agreed. So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt.

The word of the Lord
R / *Thanks be to God*

PSALM 105.1-6, 16-22 – Confitemini Domino; Tone VII,7



- 1 O GIVE thanks unto the Lord, and **call** up-on_his Name :
tell the peoples what **things** he hath done.
- 2 O let your songs be of **him** and praise him :
and let your talking be of **all** his won-drous works.
- 3 Re-**joice** in his ho-ly Name :
let the heart of them re-**joice** that seek_the Lord.
- 4 Seek the **Lord** and his strength : seek his **face** ev-er-more.
- 5 Remember the marvellous **works** that_he hath done :
his wonders, and the **judge**-ments of_his mouth;
- 6 O ye seed of Abra-**ham** his ser-vant : ye children of Ja-**cob**, his cho-sen.
- 16 Moreover, he called for a **dearth** up-on_the land :
and destroyed all the pro-**vi**-sion of bread.
- 17 But he had sent a **man** be-fore them :
even Joseph, who was sold to be a **bönd**-ser-vant;
- 18 Whose feet they **hurt** with fet-ters : the iron entered **in**-to his soul;
- 19 Until the time that his **word** came to pass :
when the promise of the **Lörd** tri-ed him.
- 20 The king sent and de-**liv**-er-ed him :
the prince of the people **let** him go free.
- 21 He made him Lord **al**-so of_his house : and ruler of **all** his sub-stance;
- 22 That he might instruct his princes **af**-ter his will :
and teach his **sen**-a-tors wis-dom.

SECOND READING: Romans 10.5-15

Moses writes this about the righteousness that is by the law: “The person who does these things will live by them.” But the righteousness that is by faith says: “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down), “or ‘Who will descend into the deep?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you; it is in your mouth and in your heart,” that is, the message concerning faith that we proclaim: If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. As Scripture says, “Anyone who believes in

him will never be put to shame.” For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, for, “Everyone who calls on the name of the Lord will be saved.” How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? And how can anyone preach unless they are sent? As it is written: “How beautiful are the feet of those who bring good news!”

The word of the Lord
R / *Thanks be to God*

GOSPEL ACCLAMATION: Psalm 130.4, Tone VI

Alleluia. Alleluia. I wait for the Lord; in his word is my hope. Alleluia.

GOSPEL: Matthew 14.22-33
R / *Glory be to thee, O Lord*

Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it. Shortly before dawn Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear. But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.” “Lord, if it’s you,” Peter replied, “tell me to come to you on the water.” “Come,” he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!” Immediately Jesus reached out his hand and caught him. “You of little faith,” he said, “why did you doubt?” And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, “Truly you are the Son of God.”

The Gospel of Christ
R / *Praise be to thee, O Christ*

THE NICENE CREED

Celebrant: I believe in one God

Cantor: **the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

SERMON

OFFERTORY HYMN 499 – How firm a foundation, ye saints of the Lord

ST DENIO 11 11 11 11

Adapted from a Welsh song set to a hymn in
John Roberts *Caniadau y Cyssegre* 1839



- 1 How firm a foundation, ye saints of the Lord,
Is laid for your faith in his excellent Word!
What more can he say than to you he hath said,
You who unto Jesus for refuge have fled?
- 2 Fear not, he is with thee; O be not dismayed!
For he is thy God, and will still give thee aid;
He'll strengthen thee, help thee, and cause thee to stand,
Upheld by his righteous, omnipotent hand.
- 3 When through the deep waters he calls thee to go,
The rivers of woe shall not thee overflow;
For he will be with thee, thy troubles to bless,
And sanctify to thee thy deepest distress.
- 4 When through fiery trials thy pathway shall lie,
His grace, all-sufficient, shall be thy supply;
The flame shall not hurt thee; his only design
Thy dross to consume, and thy gold to refine.
- 5 The soul that on Jesus hath leaned for repose,
He will not, he will not desert to his foes;
That soul, though all hell shall endeavour to shake,
He never will leave and will never forsake.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

1 Chronicles 29. 10, 11, 14

INTERCESSIONS

Celebrant: Seek the Lord and his strength, seek his face evermore and Remember the marvelous works that he hath done. Let us pray

silence

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Deacon: I bid your prayers for the world and for the Church; for Andrew our bishop, Jenny our area bishop, and for all the clergy and laity who serve God's people. We pray especially for our Parish Selection Committee: Alice, Anna, Andrew, Bob, Jessica, Lorne, Michael and Pat. Guide those who seek a new rector for this church, and those who seek a new church for their ministry, that together we may discern thy will and see thy kingdom grow.

silence

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Deacon: I bid your prayers for this city, province, nation, and for all in authority. We pray for all those working to make a more just and peaceful society in North America and throughout the world.

silence

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Deacon: I bid your prayers for the poor, the sick, the hungry, the oppressed, those in prison, and in any kind of distress. We pray for those in need, including _____, and those suffering from the coronavirus, especially _____.

silence

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Deacon: I bid your prayers for the departed, especially_____ who have died in recent days, and on their year's mind for_____; that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

Lord, in thy mercy

R / *We beseech thee, hear our prayer.*

Celebrant: Almighty God, who hast promised to hear the petitions of them that ask in thy Son's Name: We beseech thee mercifully to incline thine ears to us that have made now our prayers and supplications unto thee; and grant that those things, which we have faithfully asked according to thy will, may effectually be obtained, to the relief of our necessity, and to the setting forth of thy glory; through Jesus Christ our Lord. *Amen.*

INVITATION, CONFESSION, ABSOLUTION

Deacon: Let us humbly confess our sins to Almighty God.

All: Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen.*

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

SURSUM CORDA

V / The Lord be with you;

R / *And with thy spirit.*

V / Lift up your hearts;

R / *We lift them up unto the Lord.*

V / Let us give thanks unto our Lord God;

R / *It is meet and right so to do.*

The Celebrant sings the preface

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The cantor sings:

Holy, Holy, Holy, Lord God of hosts,

Heaven and earth are full of thy glory.

Glory be to thee, O Lord most High.

Blessèd is he that cometh in the Name of the Lord:

Hosanna in the highest.

THE EUCHARISTIC PRAYER

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body

which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

THE LORD'S PRAYER

Celebrant: As our saviour Christ hast commanded and taught us we are bold to say:

Cantor: **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

The consecrated Bread is broken.

The peace of the Lord be always with you:

R / *And with thy spirit.*

Celebrant: We do not presume

All: to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The cantor sings:

O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

Silence before Act of Spiritual Communion

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

**Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.**

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

Heavenly Father, may this Holy Communion save us and confirm us in the light of thy truth. Through Christ our Lord. *Amen*

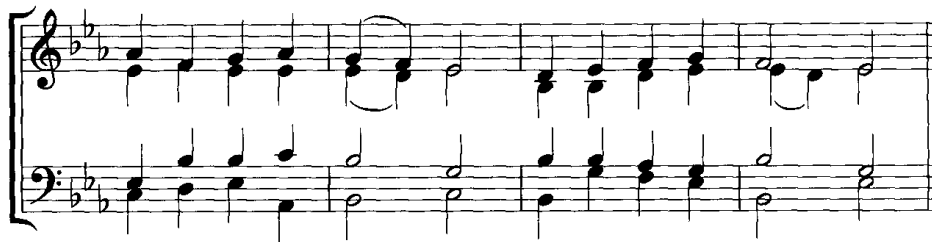
BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

CONCLUDING HYMN 498 – Lord, thy Word abideth

RAVENSHAW 66 66

Mediæval German melody adapted and
harmonised by W. H. Monk 1823–1889



- 1 Lord, thy Word abideth,
And our footsteps guideth;
Who its truth believeth
Light and joy receiveth.
- 2 When our foes are near us,
Then thy Word doth cheer us,
Word of consolation,
Message of salvation.

- 3 When the storms are o'er us,
And dark clouds before us,
Then its light directeth,
And our way protecteth.
- 4 Who can tell the pleasure,
Who recount the treasure
By thy Word imparted
To the simple-hearted?
- 5 Word of mercy, giving
Succour to the living;
Word of life, supplying
Comfort to the dying!
- 6 O that we discerning
Its most holy learning,
Lord, may love and fear thee,
Evermore be near thee.

RAVENSHAW
Melody abridged by W.H. Monk

Rev. Sir. H.W. Baker, 1861

POSTLUDE: *Allegro (Sonata in B-flat), C.P.E. Bach*