

Saint Thomas's Church

The Fourth Sunday in Advent

Sunday, December 19, 2021

High Mass at 11 o'clock



The Visitation, Juan Correa de Vivar, c. 1510
The Louvre, Paris

Saint Thomas's Anglican Church
383 Huron Street,
Toronto, Ontario M5S 2G5
416-979-2323
www.stthomas.on.ca office@stthomas.on.ca

Celebrant: Fr. Humphrey
Homilist: Fr. D'Angelo
Deacon: Fr. Shire
Reader: James Meade
Organist & Director of Music: Matthew Whitfield

Please note that congregational singing is now permitted on the condition that protocols related to mask wearing and distancing are strictly followed. Please sing along with the choir where indicated.

MUSIC OF THE MASS – Missa XIV: Jesu redemptor

PRELUDE: Nun komm, der Heiden Heiland, BWV 660, *J.S. Bach*

Please stand as the choir enters the church during the prelude, sitting again when the choir sits.

At the sound of the bell, all stand for the entrance of the Sacred Ministers.

INTROIT: Advent Prose; Rorate (*to be sung by the Cantors only*) *Mode i*

Refrain: Drop down ye heavens from above, and let the skies pour down righteousness.

Cantor 1: Be not wroth very sore, O Lord, neither remember iniquity for ever: thy holy cities are a wilderness, Sion is a wilderness. Jerusalem a desolation: our holy and our beautiful house, where our fathers praised thee. *Refrain*

Cantor 2: We have sinnéd and are as an unclean thing, and we all do fade as a leaf: and our iniquities, like the wind, have taken us away; thou hast hid thy face from us: and hast consuméd us, because of our iniquities. *Refrain*

Cantor 1: Ye are my witnesses, saith the Lord, and my servant whom I have chosen: that ye may know me and believe me; I, even I, am the Lord, and beside me there is no Saviour: and there is none that can deliver out of my hand. *Refrain*

Cantor 2: Comfort ye, comfort ye my people, my salvation shall not tarry: I have blottéd out as a thick cloud thy transgressions: Fear not, for I will save thee: for I am the Lord thy God, the Holy One of Israel, thy Redeemer. *Refrain*

Please kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir sings

KYRIE ELEISON

Kyrie Eleison : Lord, have mercy upon us.
Christe Eleison : Christ, have mercy upon us.
Kyrie Eleison : Lord, have mercy upon us.

Please stand for the Collects.

The Lord be with you.
And with thy spirit.
Let us pray.

COLLECT OF THE DAY

Raise up, we beseech thee, O Lord, thy power, and come among us, and with great might succour us; that whereas, through our sins and wickedness, we are sore let and hindered in running the race that is set before us, thy bountiful grace and mercy may speedily help and deliver us; who with the Father and the Holy Spirit livest and reignest, one God, world without end. **Amen.**

COLLECT OF ADVENT

Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious Majesty, to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Spirit, now and ever. **Amen.**

Please be seated

THE FIRST LESSON: Micah 5.2-5a

The First Lesson is written in the fifth chapter of the book of the prophet Micah, beginning at the second verse.

But you, O Bethlehem Ephrathah, who are little to be among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in travail has brought forth; then the rest of his brethren shall return to the people of Israel. And he shall stand and feed his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall dwell secure, for now he shall be great to the ends of the earth. And this shall be peace.

The word of the Lord.
Thanks be to God.

The people remain seated.

PSALM: 80.1-7 - *Qui regis Israel, Tone IV,4*

- 1 Hear thou Shepherd of Israel, thou that leadest Joseph like a flock; /
show thyself also, thou that sittest upon the cherubim.
- 2 Before Ephraim, Benjamin, and Manasseh, / stir up thy strength, and come and help us.
- 3 Turn us again, O God; / show the light of thy countenance, and we shall be whole.
- 4 O Lord God of hosts, / how long wilt thou be angry with thy people that prayeth?
- 5 Thou hast fed them with the bread of tears, /
and hast given them plenteousness of tears to drink.
- 6 Thou makest us a very strife unto our neighbours, / and our enemies laugh us to scorn.
- 7 Turn us again, O God of hosts; / show the light of thy countenance, and we shall be whole.

THE EPISTLE: Hebrews 10.5-10

The Epistle is written in the tenth chapter of the epistle to the Hebrews, beginning at the fifth verse. Consequently, when Christ came into the world, he said, "Sacrifices and offerings thou hast not desired, but a body hast thou prepared for me; in burnt offerings and sin offerings thou hast taken no pleasure. Then I said, 'Lo, I have come to do thy will, O God,' as it is written of me in the roll of the book." When he said above, "Thou hast neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "Lo, I have come to do thy will." He abolishes the first in order to establish the second. And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.

The word of the Lord.

Thanks be to God.

Please stand.

SEQUENCE HYMN 192 - The God whom earth, and sea, and sky

- 1 The God whom earth, and sea, and sky
Adore, and laud, and magnify,
Whose might they own, whose praise they swell,
In Mary's womb vouchsafed to dwell.
- 2 The Lord whom sun and moon obey,
Whom all things serve from day to day,
Was by the Holy Ghost conceived
Of her who through his grace believed.
- 3 How blest that Mother, in whose shrine
The world's Creator, Lord Divine,
Whose hand contains the earth and sky,
Once deigned, as in his ark, to lie;
- 4 Blest in the message Gabriel brought,
Blest by the work the Spirit wrought;
From whom the great Desire of earth
Took human flesh and human birth.
- 5 O Lord, the Virgin-born, to thee
Eternal praise and glory be,
Whom with the Father we adore
And Holy Ghost for evermore. Alleluia.

EISENACH

Tr from the 9th c. Latin by Rev. J.M. Neale

J.H. Schein, 1628

HOLY GOSPEL: Luke 1.39-55

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the first chapter of the Gospel according to Saint Luke, beginning at the thirty-ninth verse.

Glory be to thee O Lord.

In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. He has shown strength with his arm, he has scattered the proud in the imagination of their hearts, he has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever."

The Gospel of Christ.

Praise be to thee, O Christ.

Please be seated.

SERMON

Please stand. All who are able, please kneel at 'And was incarnate.'

THE NICENE CREED

Merbecke

Mode I

I be-lieve in one God: The Fa-ther Al-migh-ty, Ma-ker of hea-ven and earth,
and of all things vi - si - ble and in - vi - si - ble:
And in one Lord Je - sus Christ, the on - ly be - got - ten Son of God,
Be - got - ten of the Fa - ther be - fore all worlds;
God of God, Light of Light, Ve - ry God of ve - ry God;
Be - got - ten, not made; Be - ing of one sub - stance with the Fa - ther;
Through whom all things were made. Who for us men and for our sal - va - tion
came down from Heaven,
And was in - car - nate by the Ho - ly Ghost of the Vir - gin Ma - ry, And was made man.
And was cru - ci - fi - ed al - so for us un - der Pon - tius Pi - late.
He suf - fer - red and was bu - ri - ed, And the third day he rose a - gain

ac - cord - ing to the Scrip - tures, And as - cend - ed in - to heaven,

And sit - teth on the right hand of the Fa - ther,

And he shall come a - gain with glo - ry to judge both the quick and the dead:

Whose king - dom shall have no end. And I be - lieve in the Ho - ly Ghost, the Lord,

the Giv - er of life, Who pro - ceed - eth from the Fa - ther and the Son,

Who with the Fa - ther and the Son to - geth - er is wor - ship - ped and glo - ri - fied,

Who spake by the Pro - phets. And I be - lieve One, Ho - ly, Ca - tho - lic, and A - pos - to - lic Church.

I ac - know - ledge one Bap - tism for the re - mis - sion of sins.

And I look for the Re - sur - rec - tion of the dead, And the Life of the world to come.

A - men.

OFFERTORY

As we have the opportunity, let us do good unto all men; and especially unto them that are of the household of faith.

Please remain standing for the hymn during the Offertory.

OFFERTORY HYMN 62 - O Come, O come, Emmanuel

1 O Come, O come, Emmanuel,
And ransom captive Israel,
That mourns in lonely exile here,
Until the Son of God appear.

Refrain:

*Rejoice! Rejoice! Emmanuel
Shall come to thee, O Israel.*

2 O come, thou Rod of Jesse, free
Thine own from Satan's tyranny;
From depths of hell thy people save,
And give them victory o'er the grave.

Refrain

3 O come, thou Day-spring, come and cheer
Our spirits by thine Advent here;
Disperse the gloomy clouds of night,
And death's dark shadows put to flight.

Refrain

4 O come, thou Key of David, come,
And open wide our heavenly home;
Make safe the way that leads on high,
And close the path to misery.

Refrain

5 O come, O come, thou Lord of might,
Who to thy tribes, from Sinai's height,
In ancient time didst give the law
In cloud, and majesty, and awe.

Refrain

*VENI EMMANUEL
Melody adapted from a French Missal
by Thomas Helmore 1811-90*

*From the 12th cent. Latin
Tr. J.M. Neale 1818-66*

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

Please kneel.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the Church and for the world.

silence

Lord, in thy mercy

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, _____ according to the Anglican Cycle of Prayer, _____ according to the Diocesan Prayer Cycle, and for all who serve and minister to God's people.

silence

Lord, in thy mercy

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

silence

Lord, in thy mercy

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud_____. May God's abiding presence be with us always, and may we be a blessing to all people.

silence

Lord, in thy mercy

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all those in need, for the sick_____, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked_____, that they will be comforted by the ever-present love of our Lord.

silence

Lord, in thy mercy

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

Lord, in thy mercy

We beseech thee, hear our prayer..

Celebrant: O Lord who hast promised mercy from generation to generation, thou hast given unto us a sign of thy love through the gift of thy Son, Jesus Christ, our Saviour. We offer before thee our prayers and supplications for thy world; show to us the light of thy countenance, that we may be whole. We ask this through Christ, our Lord. **Amen.**

INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

A silence is kept.

Almighty God, **Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

EUCCHARISTIC PRAYER

The Lord be with you; **And with thy spirit.**

Lift up your hearts; **We lift them up unto the Lord.**

Let us give thanks unto our Lord God; **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord, who in the fullness of time came among us in our flesh and opened to us the way of salvation. Now we watch for the day when he will come again in power and great triumph to judge this world; that we, without shame or fear, may rejoice to behold his appearing.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir sings:

Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory.

Glory be to thee, O Lord most High. Blessed is he that cometh in the Name of the Lord:

Hosanna in the highest.

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.


Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,


... O Fa - ther Al - migh - ty, world with - out end. A - men.

THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant:



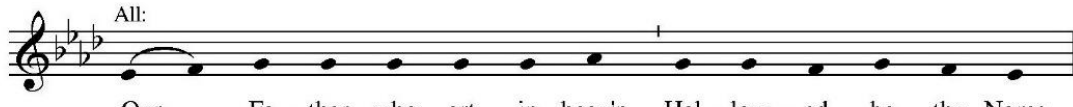
And now, as our Sa - viour Christ hath com - mand - ed and taught us:



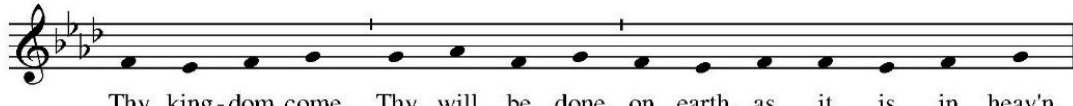
we__ are bold__ to say:

John Merbecke

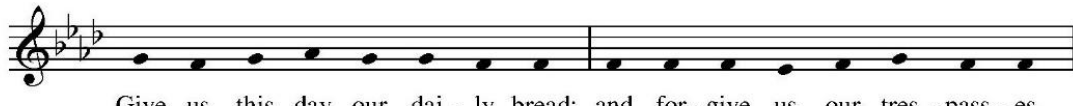
All:



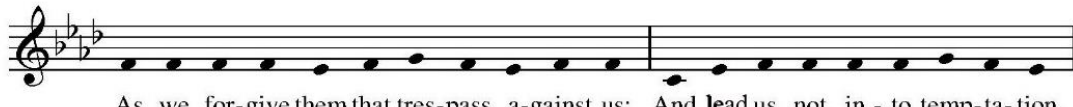
Our__ Fa - ther, who art in heav'n, Hal - low - ed be thy Name,




Thy king - dom come, Thy will be done, on earth, as it is in heav'n.




Give us this day our dai - ly bread; and for - give us our tres - pass - es,



As we for - give them that tres - pass a - gainst us; And lead us not in - to temp - ta - tion,



But de - li - ver us from ev - il. For thine is the king - dom,



the pow - er and the glo - ry. For ev - er and ev - er. A - men.

The consecrated Bread is broken. After a moment of silence, the Celebrant bids the Peace.

The peace of the Lord be always with you.

And with thy spirit.

The Celebrant greets the Deacon, Subdeacon, and People with bows, then kneels to begin the Prayer of Humble Access.

HOLY COMMUNION

All who intend to receive Holy Communion pray together:

Celebrant: We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir sings:

AGNUS DEI

O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

All baptized Christians are invited to come forward to receive Holy Communion as directed by the Sidespeople.

MOTET

Übers Gebirg Maria geht, Johann Eccard

Mary walked across the mountains to her cousin Elizabeth. She greeted the friend who, joyfully moved by the Spirit, praised her and called her Mother of the Lord; Mary was full of joy and sang: My soul magnifies the Lord, my spirit rejoices in God; He is my Savior, to be feared, He shall always be merciful.

Please kneel or sit.

COMMUNION HYMN 229 – Let all mortal flesh keep silence

- 1 Let all mortal flesh keep silence, and with fear and trembling stand;
Ponder nothing earthly-minded, for with blessing in his hand,
Christ our God to us approacheth, our full homage to demand.
- 2 King of kings, yet born of Mary, as of old on earth he stood,
Lord of lords, in human vesture, in the Body and the Blood,
He will give to all the faithful his own Self for heavenly Food.
- 3 Rank on rank the host of heaven spreads its vanguard on the way,
As the Light of light descendeth from the realms of endless day,
That the powers of hell may vanish as the darkness clears away.
- 4 At his feet the six-winged Seraph; Cherubim with sleepless eye,
Veil their faces to the Presence, as with ceaseless voice they cry,
Alleluia, Alleluia, Alleluia, Lord most high.

*PICARDY
French Traditional Carol*

*from the Liturgy of St James (c. 5th century)
tr Gerard Moultrie, 1829-1885*

Please kneel.

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Please stand.

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

CONCLUDING HYMN 807 – Sing of Mary, pure and lowly

- 1 Sing of Mary, pure and lowly
Virgin-Mother undefiled.
Sing of God's own Son most holy,
Who became her little child.
Fairest child of fairest Mother,
God the Lord who came to earth,
Word made Flesh, our very Brother,
Takes our nature by his birth.
- 2 Sing of Jesus, Son of Mary,
In the home at Nazareth.
Toil and labour cannot weary
Love enduring unto death.
Constant was the love he gave her,
Though it drove him from her side,
Forth to preach, and heal, and suffer,
Till on Calvary he died.

- 3 Sing of Mary, sing of Jesus,
Holy Mother's holier Son.
From his throne in heaven he sees us,
Thither calls us every one,
Where he welcomes home his Mother
To a place at his right hand,
There his faithful servants gather,
There the crownèd victors stand.
- 4 Joyful Mother, full of gladness,
In thine arms thy Lord was borne.
Mournful Mother, full of sadness,
All thy heart with pain was torn.
Glorious Mother, now rewarded
With a crown at Jesus' hand,
Age to age thy name recorded
Shall be blest in every land.
- 5 Glory be to God the Father;
Glory be to God the Son;
Glory be to God the Spirit;
Glory to the Three in One.
From the heart of blessèd Mary,
From all saints the song ascends,
And the Church the strain re-echoes
Unto earth's remotest ends.

HERMON
Bp C. Venn Pilcher, 1935

Anon. c. 1914

The people may be seated. Please maintain an atmosphere of reverent silence during and after the Postlude.

POSTLUDE: Fuga sopra il Magnificat, BWV 733, *J.S. Bach*