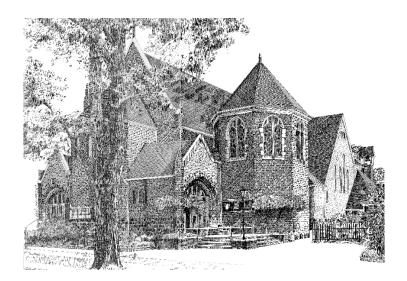


Advent IV Sunday, December 19, 2021

Sung Mass at 9:30 am



Saint Thomas's Anglican Church 383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323 www.stthomas.on.ca office@stthomas.on.ca Please note that congregational singing is now permitted on the condition that protocols around mask wearing and distancing are strictly followed. Please sing along with the choir.

MUSIC OF THE MASS – Missa Emmanuel, *Richard Proulx*

Please stand at the sound of the bell.

GREETING

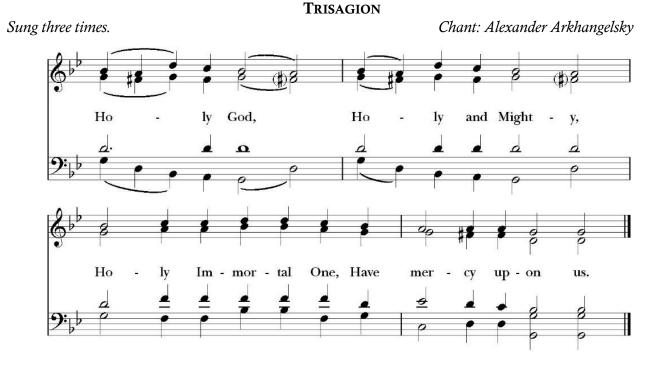
Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: And also with you.

COLLECT FOR PURITY

Celebrant: Almighty God,

People: To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



THE COLLECT OF THE DAY

Let us pray.

Heavenly Father, who chose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with your grace, that we in all things may embrace your will and with her rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

FIRST READING: Micah 5.2-5a

A reading from the book of the prophet Micah:

But you, O Bethlehem Ephrathah, who are little to be among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in travail has brought forth; then the rest of his brethren shall return to the people of Israel. And he shall stand and feed his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall dwell secure, for now he shall be great to the ends of the earth. And this shall be peace.

The word of the Lord. **Thanks be to God.**



Hear, O Shepherd of Israel, leading Joseph like a flock; shine forth, you that are enthroned upon the cherubim. In the presence of Ephraim, Benjamin, and Manasseh, stir up your strength and come to help us. R/.

Restore us, O God of hosts; show the light of your countenance, and we shall be saved. O Lord God of hosts, how long will you be angered despite the prayers of your people? R/.

You have fed them with the bread of tears; you have given them bowls of tears to drink. You have made us the derision of our neighbours, and our enemies laugh us to scorn. Restore us, O God of hosts; show the light of your countenance, and we shall be saved. R/.

SECOND READING: Hebrews 10.5-10

A reading from the Epistle to the Hebrews:

Consequently, when Christ came into the world, he said, "Sacrifices and offerings thou hast not desired, but a body hast thou prepared for me; in burnt offerings and sin offerings thou hast taken no pleasure. Then I said, 'Lo, I have come to do thy will, O God,' as it is written of me in the roll of the book." When he said above, "Thou hast neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "Lo, I have come to do thy will." He abolishes the first in order to establish the second. And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.

The word of the Lord. Thanks be to God. Please stand.

GOSPEL ACCLAMATION

Alleluia. Alleluia. I am the servant of the Lord; let it be to me according to his word. Alleluia.

THE HOLY GOSPEL: Luke 1.39-55 The Lord be with you. And also with you. The Holy Gospel of our Lord Jesus Christ according to Saint Luke. Glory to you, Lord Jesus Christ.

In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be fulfilment of what was spoken to her from the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. He has shown strength with his arm, he has scattered the proud in the imagination of their hearts, he has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever."

The Gospel of Christ. Praise to you, Lord Jesus Christ.

Please be seated.

SERMON

After the Sermon, please remain seated for a period of silent reflection. Please stand when the Celebrant stands.

THE NICENE CREED

Celebrant: Let us confess our faith, as we say,

People: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: (Bow.) by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (Rise.)

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

silence

Lord, in your mercy,

Hear our prayer.

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, and for all who serve and minister to God's people.

silence

Lord, in your mercy, Hear our prayer.

Intercessor: I ask your prayers for the Queen and for all in authority in our nation, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

silence

Lord, in your mercy, Hear our prayer.

Intercessor: I ask your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud_____. May God's abiding presence be with us always, and may we be a blessing to all people.

silence

Lord, in your mercy, Hear our prayer.

Intercessor: I ask your prayers for all those in need, for the sick_____, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked_____, that they will be comforted by the ever-present love of our Lord.

silence

Lord, in your mercy,

Hear our prayer.

Intercessor: I ask your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

Lord, in your mercy,

Hear our prayer.

Celebrant: O Lord who has promised mercy from generation to generation, you have given to us a sign of your love through the gift of your Son, Jesus Christ, our Saviour. We offer before you our prayers and supplications for your world; show to us the light of your face, that we may be whole. We ask this through Christ, our Lord. **Amen.**

INVITATION, CONFESSION, ABSOLUTION

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The people may bow or kneel. Silence is kept.

Celebrant: Most merciful God,

People: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

All standing, the Celebrant bids the Peace.

THE PEACE The peace of the Lord be always with you. And also with you.

Please remain standing for the hymn during the Offertory.

OFFERTORY HYMN 62 - O Come, O come, Emmanuel

1 O Come, O come, Emmanuel, And ransom captive Israel, That mourns in lonely exile here, Until the Son of God appear.

Refrain:

Rejoice! Rejoice! Emmanuel Shall come to thee, O Israel.

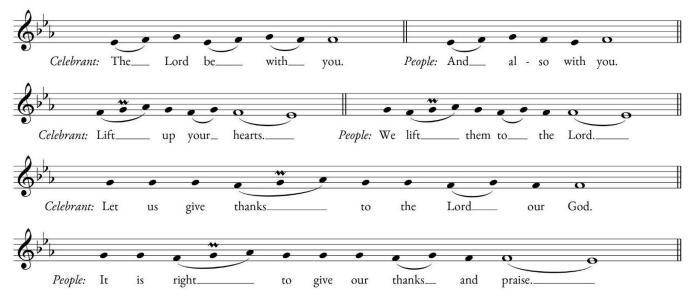
- 2 O come, thou Rod of Jesse, free Thine own from Satan's tyranny; From depths of hell thy people save, And give them victory o'er the grave. *Refrain*
- O come, thou Day-spring, come and cheer Our spirits by thine Advent here; Disperse the gloomy clouds of night, And death's dark shadows put to flight. *Refrain*
- 4 O come, thou Key of David, come, And open wide our heavenly home; Make safe the way that leads on high, And close the path to misery. *Refrain*
- 5 O come, O come, thou Lord of might, Who to thy tribes, from Sinai's height, In ancient time didst give the law In cloud, and majesty, and awe. *Refrain*

VENI EMMANUEL Melody adapted from a French Missal by Thomas Helmore 1811-90 From the 12th cent. Latin Tr. J.M. Neale 1818-66

PRAYER OVER THE GIFTS

Gracious God, by the power of the Spirit who sanctified the mother of your Son, make holy all we offer you this day. We ask this in the name of Jesus Christ the Lord. **Amen.**

THE GREAT THANKSGIVING



Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who in the fullness of time came among us in our flesh, and opened to us the way of salvation. Now we watch for the day when he will come again in power and great triumph to judge this world, that we, without shame or fear, may rejoice to behold his appearing.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name.

The Choir sings:

SANCTUS & BENEDICTUS

Holy, holy Lord, God of power and might, heaven and earth are full of your glory.Hosanna in the highest.Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Please remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant:Therefore, Father, according to his command:People:We remember his death,
we proclaim his resurrection,
we await his coming in glory.

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**



THE BREAKING OF THE BREAD

Celebrant:God of promise, you prepare a banquet for us in your kingdom.People:Happy are those who are called to the supper of the Lamb.

HOLY COMMUNION

Celebrant:The gifts of God for the people of God.People:Thanks be to God.

The Choir sings:

AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us. Lamb of God, you take away the sins of the world; have mercy on us. Lamb of God, you take away the sins of the world; grant us peace.

All baptized Christians are invited to come forward to receive Holy Communion as directed by the Sidespeople.

Μοτετ

The Angel Gabriel, Traditional Basque carol

The angel Gabriel from heaven came with wings as drifted snow, his eyes as flame. "All hail," said he, "thou lowly maiden, Mary, most highly favoured lady." Gloria! "For known a blessed mother thou shalt be, all generations laud and honour thee. Thy son shall be Emmanuel, by seers foretold. Most highly favoured lady." Gloria! Then gentle Mary meekly bowed her head, "To me be as it pleaseth God," she said, "My soul shall laud and magnify His Holy Name. "Most highly favoured lady. Gloria! Of her, Emmanuel, the Christ, was born in Bethlehem all on a Christmas morn. And Christian folk throughout the world will ever say, "Most highly favoured lady." Gloria!

AN ACT OF SPIRITUAL COMMUNION WHICH MAY BE SAID BY THOSE NOT RECEIVING

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesu, hear me. Within thy wounds hide me. Suffer me not to be separated from thee. From the malicious enemy defend me. In the hour of my death call me. And bid me come to thee, That with thy saints I may praise thee, For ever and ever. Amen.

Please stand.

PRAYER AFTER COMMUNION

Celebrant: Let us pray.

Faithful God, in this sacrament we receive the promise of salvation. May we, like the Virgin Mary, be obedient to your will. We ask this in the name of Jesus Christ the Lord. **Amen.**

BLESSING AND DISMISSAL

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Celebrant: Go in peace to love and serve the Lord. *People:* Thanks be to God.

CONCLUDING HYMN 807 – Sing of Mary, pure and lowly

- Sing of Mary, pure and lowly Virgin-Mother undefiled.
 Sing of God's own Son most holy, Who became her little child.
 Fairest child of fairest Mother, God the Lord who came to earth, Word made Flesh, our very Brother, Takes our nature by his birth.
- 2 Sing of Jesus, Son of Mary, In the home at Nazareth. Toil and labour cannot weary Love enduring unto death. Constant was the love he gave her, Though it drove him from her side, Forth to preach, and heal, and suffer, Till on Calvary he died.
- 3 Sing of Mary, sing of Jesus, Holy Mother's holier Son.
 From his throne in heaven he sees us, Thither calls us every one,
 Where he welcomes home his Mother To a place at his right hand, There his faithful servants gather, There the crownèd victors stand.

- 4 Joyful Mother, full of gladness, In thine arms thy Lord was borne. Mournful Mother, full of sadness, All thy heart with pain was torn. Glorious Mother, now rewarded With a crown at Jesus' hand, Age to age thy name recorded Shall be blest in every land.
- 5 Glory be to God the Father; Glory be to God the Son; Glory be to God the Spirit; Glory to the Three in One.
 From the heart of blessèd Mary, From all saints the song ascends, And the Church the strain re-echoes Unto earth's remotest ends.

HERMON Bp C. Venn Pilcher, 1935 Anon. c. 1914