

Saint Thomas's Church
The Second Sunday in Advent
Sunday, December 4, 2022
High Mass at 11 o'clock



St. John the Baptist in the Wilderness, Hieronymus Bosch, c. 1489
Lázaro Galdiano Museum, Madrid, Spain

Saint Thomas's Anglican Church
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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

Celebrant: Fr. Humphrey
Homilist: Fr. Shire
Reader: Maureen Somerville
Interim Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS – *Missa I: Conditor Kyrie omnium*

Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.

ORGAN VOLUNTARY: Nun komm, der Heiden Heiland, BWV 659, *J.S. Bach*

The People stand as the choir enters the church during the prelude, sitting again when the choir sits.

At the sound of the bell, all stand for the entrance of the Sacred Ministers.

ENTRANCE HYMN 548 – Come, thou long-expected Jesus

- 1 Come, thou long-expected Jesus,
Born to set thy people free;
From our fears and sins release us;
Let us find our rest in thee.
- 2 Israel's strength and consolation,
Hope of all the earth thou art;
Dear Desire of every nation,
Joy of every longing heart.
- 3 Born thy people to deliver;
Born a Child and yet a King;
Born to reign in us for ever;
Now thy gracious kingdom bring.
- 4 By thine own eternal Spirit
Rule in all our hearts alone;
By thine all-sufficient merit
Raise us to thy glorious throne.

*Stuttgart
Adapted from a melody in Psalmodia Sacra, Gotha, 1715*

Rev. Charles Wesley, 1744

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

THE DECALOGUE

Responses by Pelham Humfrey (1647-1674)

The People still kneeling, the Decalogue is sung by the Celebrant and Choir.

Celebrant: Hear the Law of God which was given to Israel in old time. God spake these words and said: I am the Lord thy God; Thou shalt have none other gods but me.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them. For I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children unto the third and fourth generation of them that hate me, and show mercy unto thousands in them that love me and keep my commandments.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not take the Name of the Lord thy God in vain: for the Lord will not hold him guiltless, that taketh his Name in vain.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Remember that thou keep holy the Sabbath day. Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and thy son, and thy daughter, thy manservant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the Sabbath day, and hallowed it.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Honour thy father and thy mother; that thy days may be long in the land which the Lord thy God giveth thee.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt do no murder.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not commit adultery.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not steal.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not bear false witness against thy neighbour.

Choir: Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant: Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.

Choir: Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

The Choir alone sings the Kyrie, the People kneeling.

KYRIE ELEISON

Lord, have mercy upon us. Kyrie Eleison.
Christ, have mercy upon us. Christe Eleison.
Lord, have mercy upon us. Kyrie Eleison.

The People remain kneeling for the Collects.

COLLECT OF THE DAY

The Lord be with you.

And with thy spirit.

Let us pray.

Blessed Lord, who hast caused all holy Scriptures to be written for our learning: Grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience and comfort of thy holy Word, we may embrace and ever hold fast the blessed hope of everlasting life, which thou hast given us in our Saviour Jesus Christ. **Amen.**

COLLECT OF ADVENT

Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious Majesty, to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Spirit, now and ever. **Amen.**

The People sit.

FIRST LESSON: Isaiah 11.1-10

The First Lesson is written in the eleventh chapter of the book of the prophet Isaiah, beginning at the first verse.

A shoot shall come out from the stock of Jesse, and a branch shall grow out of his roots. The spirit of the Lord shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord. His delight shall be in the fear of the Lord. He shall not judge by what his eyes see, or decide by what his ears hear; but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. Righteousness shall be the belt around his waist, and faithfulness the belt around his loins. The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. The cow and the bear shall graze, their young shall lie down together; and the lion shall eat straw like the ox. The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder's den. They will

not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the Lord as the waters cover the sea.

The word of the Lord.

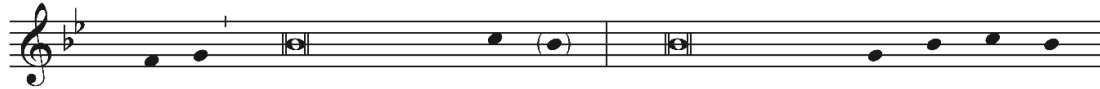
Thanks be to God.

The people remain seated as the Choir sings the psalm.

PSALM 72.1-7,20-21

Deus, iudicium

VIII. 2.



- Cantor* 1 GIVE THE king thy judgements, O **God** :
People and thy righteousness un-to the king's son.
- 2 Then shall he judge thy people according unto **right** : and thy **poor** with jus-tice.
- Cantor* 3 The mountains also shall bring **peace** : and the little hills righteousness un-to the peo-ple.
- People* 4 He shall keep the simple folk by their **right** : save the children of the poor, and punish **the** wrong do-er.
- Cantor* 5 He shall live as long as the **sun** : and while the moon endureth, from one generation to an-o-ther.
- People* 6 He shall come down like the rain upon the **mown** grass : even as the showers that wa-ter the earth.
- Cantor* 7 In his time shall righteousness **flour-ish** : yea, and abundance of peace, so long as the **moon** en-dur-eth.
- People* 20 Bless-ed be the Lord, the God of **Is-ra-el** : who only **do**-eth won-drous^things;
- Cantor* 21 And bless-ed be the Name of his majesty for **ev**-er :
People and let all the earth be fill-ed with his majesty. **A-men** and A-men.

THE EPISTLE: Romans 15.4-13

The Epistle is written in the fifteenth chapter of St Paul's epistle to the Romans, beginning at the fourth verse.

For whatever was written in former days was written for our instruction, so that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ.

Welcome one another, therefore, just as Christ has welcomed you, for the glory of God. For I tell you that Christ has become a servant of the circumcised on behalf of the truth of God in order that he might confirm the promises given to the patriarchs, and in order that the Gentiles might glorify God for his mercy. As it is written, 'Therefore I will confess you among the Gentiles, and sing praises to your name'; and again he says, 'Rejoice, O Gentiles, with his people'; and again, 'Praise the Lord, all you Gentiles, and let all the peoples praise him'; and again Isaiah says, 'The root of Jesse shall come, the one who rises to rule the Gentiles; in him the Gentiles shall hope.' May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

The word of the Lord.

Thanks be to God.

The People stand.

SEQUENCE HYMN 66 – Creator of the starry height

- 1 Creator of the starry height,
Thy people's everlasting Light,
Jesu, Redeemer of us all,
Hear thou thy servants when they call.
- 2 Thou, sorrowing at the helpless cry
Of all creation doomed to die,
Didst save our lost and guilty race
By healing gifts of heavenly grace.
- 3 Thou cam'st, the Bridegroom of the bride,
As drew the world to eventide;
Proceeding from a virgin-shrine,
The spotless Victim all divine.
- 4 At thy great Name, exalted now,
All knees in lowly homage bow;
All things in heaven and earth adore,
And own thee King for evermore.
- 5 To thee, O Holy One, we pray,
Our Judge in that tremendous day,
Ward off, while yet we dwell below,
The weapons of our crafty foe.

6 To God the Father, God the Son,
And God the Spirit, Three in One,
Praise, honour, might, and glory be
From age to age eternally. Alleluia.

*CONDITOR ALME SIDERUM,
Sarum Plainsong, 7th cent.*

*From the Latin (c 6th cent.),
Tr J.M. Neale 1818-66*

HOLY GOSPEL: Matthew 3.1-12

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the third chapter of the Gospel according to Saint Matthew, beginning at the first verse.

Glory be to thee O Lord.

In those days John the Baptist appeared in the wilderness of Judea, proclaiming, 'Repent, for the kingdom of heaven has come near.' This is the one of whom the prophet Isaiah spoke when he said, 'The voice of one crying out in the wilderness: "Prepare the way of the Lord, make his paths straight."' "

Now John wore clothing of camel's hair with a leather belt around his waist, and his food was locusts and wild honey. Then the people of Jerusalem and all Judea were going out to him, and all the region along the Jordan, and they were baptized by him in the river Jordan, confessing their sins.

But when he saw many Pharisees and Sadducees coming for baptism, he said to them, 'You brood of vipers! Who warned you to flee from the wrath to come? Bear fruit worthy of repentance. Do not presume to say to yourselves, "We have Abraham as our ancestor"; for I tell you, God is able from these stones to raise up children to Abraham. Even now the axe is lying at the root of the trees; every tree therefore that does not bear good fruit is cut down and thrown into the fire.

'I baptize you with water for repentance, but one who is more powerful than I is coming after me; I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire. His winnowing-fork is in his hand, and he will clear his threshing-floor and will gather his wheat into the granary; but the chaff he will burn with unquenchable fire.'

The Gospel of Christ.

Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

SERMON


The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED


Merbecke




I be-lieve in one God: The Fa-ther Al-migh-ty, Ma-ker of hea-ven and earth,
and of all things vi - si - ble and in - vi - si - ble:
And in one Lord Je - sus Christ, the on - ly be - got - ten Son of God,
Be - got - ten of the Fa - ther be - fore all worlds;
God of God, Light of Light, Ve - ry God of ve - ry God;
Be - got - ten, not made; Be - ing of one sub - stance with the Fa - ther;
Through whom all things were made. Who for us men and for our sal - va - tion
came down from Heaven,
And was in - car - nate by the Ho - ly Ghost of the Vir - gin Ma - ry, And was made man.
And was cru - ci - fi - ed al - so for us un - der Pon - tius Pi - late.
He suf - fer - red and was bu - ri - ed, And the third day he rose a - gain



ac - cord - ing to the Scrip - tures, And as - cend - ed in - to heaven,



And sit - teth on the right hand of the Fa - ther,



And he shall come a - gain with glo - ry to judge both the quick and the dead:



Whose king - dom shall have no end. And I be - lieve in the Ho - ly Ghost, the Lord,




the Giv - er of life, Who pro - ceed - eth from the Fa - ther and the Son,




Who with the Fa - ther and the Son to - geth - er is wor - ship - ped and glo - ri - fied,




Who spake by the Pro - phets. And I be - lieve One, Ho - ly, Ca - tho - lic, and A - pos - to - lic Church.



I ac - know - ledge one Bap - tism for the re - mis - sion of sins.



And I look for the Re - sur - rec - tion of the dead, And the Life of the world to come.



A - men.

OFFERTORY SENTENCE

As we have the opportunity, let us do good unto all men; and especially unto them that are of the household of faith.

The People remain standing for the hymn.

OFFERTORY HYMN 67 – On Jordan's bank, the Baptist's cry

- 1 On Jordan's bank, the Baptist's cry
Announces that the Lord is nigh;
Awake, and hearken, for he brings
Glad tidings of the King of kings.
- 2 Then cleansed be every breast from sin;
Make straight the way for God within;
Prepare we in our hearts a home,
Where such a mighty Guest may come.
- 3 For thou art our Salvation, Lord,
Our Refuge, and our great Reward;
Without thy grace we waste away,
Like flowers that wither and decay.
- 4 To heal the sick stretch out thine hand,
And bid the fallen sinner stand;
Shine forth, and let thy light restore
Earth's own true loveliness once more.
- 5 All praise, Eternal Son, to thee
Whose Advent doth thy people free,
Whom with the Father we adore
And Holy Ghost for evermore.

WINCHESTER NEW
Musicalisch Handbuch, Hamburg, 1690

Tr. (1837) from C. Coffin (1736)
by Rev. John Chandler

The People remain standing as the thurifer approaches for the censuring.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the Church and for the world.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, according to the Anglican cycle of prayer for _____, according to the Diocesan prayer cycle for _____, and for all who serve and minister to God's people. *(Silence.)*

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. *(Silence.)*

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____ [We give thanks especially for _____.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all those in need, for the sick _____, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked _____. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially _____ who have died in recent days, and those whose year's mind is at this time _____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (*Silence.*)

Lord, in thy mercy,
We beseech thee, hear our prayer.

Celebrant: Hear our humble prayer that we may serve thee in holiness and faith and give voice to thy presence amongst us until the day of the coming of thy Son, Jesus Christ, who liveth and reigneth with thee, for ever and ever. **Amen.**

INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

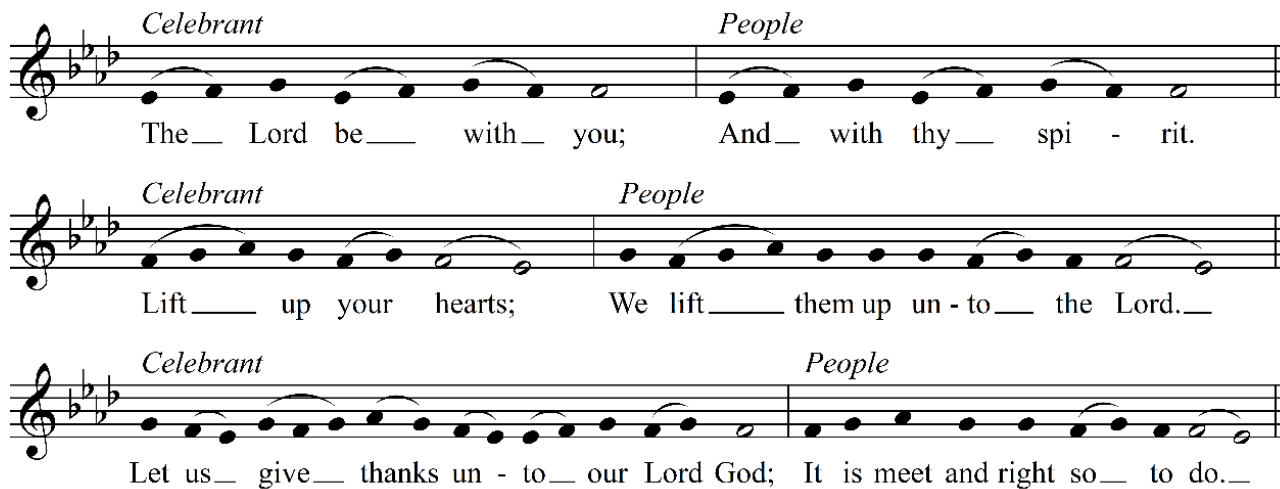
Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.

EUCCHARISTIC PRAYER



Celebrant *People*
The__ Lord be__ with__ you; And__ with thy__ spi - rit.

Celebrant *People*
Lift__ up your hearts; We lift__ them up un - to__ the Lord.__

Celebrant *People*
Let us__ give__ thanks un - to__ our Lord God; It is meet and right so__ to do.__

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things; through Jesus Christ our Lord, who in the fullness of time came among us in our flesh and opened to us the way of salvation. Now we watch for the day when he will come again in power and great triumph to judge this world; that we, without shame or fear, may rejoice to behold his appearing.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

SANCTUS & BENEDICTUS

Holy, Holy, Holy,
Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
✠ Blessed is he that cometh
in the Name of the Lord.
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,
Dominus Deus Sabaoth:
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.
✠ Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

The Celebrant continues,

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.


Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,

The musical notation is written on a single staff with a treble clef and a key signature of two flats (B-flat and E-flat). The melody is a simple, solemn line. The lyrics are: 'O Fa - ther al - might - ty, world with - out ___ end. A - men. ___'. The 'Celebrant' part covers the first 11 notes, and the 'People' part covers the last 2 notes. There are rests at the end of both parts.

THE LORD'S PRAYER


Music by John Merbecke

Celebrant




And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:


People




Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,




Thy will be done, on earth, as it is in heav'n. Give us this day our dai-ly bread;



and for-give us our tres-pass-es, As we for-give them that tres-pass a-gainst us;



And lead us not in-to temp-ta-tion, But de-li-ver us from ev-il.



For thine is the king-dom, the pow-er and the glo-ry, For ev-er and ev-er. A-men.

FRACTION & PEACE

The consecrated Bread is broken.

Celebrant



The peace of the Lord be al-ways with you.

People



And with thy spi-rit.

PRAYER OF HUMBLE ACCESS

All who intend to receive Holy Communion pray together:

We do not presume
to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in
thy manifold and great mercies. We are not worthy So much as to gather up the
crumbs under thy Table. But thou art the same Lord, Whose property is always to
have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son
Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his
Body, And our souls washed through his most precious Blood, And that we may
evermore dwell in him, And he in us. Amen.

The Choir alone sings:

AGNUS DEI

O Lamb of God, that takest away the sins of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sins of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sins of the world, grant us thy peace.	Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

The Celebrant turns to face the People and says,

INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sins of the world.
Lord, I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

MOTET

‘This is the Record of John,’ *Orlando Gibbons (1583-1625)*

This is the record of John, when the Jews sent priests and Levites from Jerusalem, to ask him, Who art thou? And he confessed, and denied not; and said plainly, I am not the Christ. And they asked him, What art thou then? Art thou Elias? And he said, I am not. Art thou the prophet? And he answered, No. Then said they unto him, What art thou? that we may give an answer unto them that sent us. What sayest thou of thyself? And he said, I am the voice of him that crieth in the wilderness, Make straight the way of the Lord.

(John.1.19-23)

The People may sit or kneel for the hymn.

HYMN 328 – Behold! the mountain of the Lord

- 1 Behold! the mountain of the Lord
In latter days shall rise
On mountain tops above the hills,
And draw the wondering eyes.
- 2 To this the joyful nations round,
All tribes and tongues, shall flow;
Up to the hill of God, they'll say,
And to his house we'll go.

- 3 The beam that shines from Zion hill
Shall lighten every land;
The King who reigns in Salem's towers
Shall all the world command.
- 4 Among the nations he shall judge;
His judgements truth shall guide;
The sceptre shall protect the just,
And quell the sinner's pride.
- 5 No strife shall rage, nor hostile feuds
Disturb those peaceful years;
To ploughshares men shall beat their swords,
To pruning-hooks their spears.
- 6 Come then, O house of Jacob! come
To worship at his shrine;
And, walking in the light of God,
With holy beauties shine.

BISHOP THORPE
Jeremiah Clarke, 1670-1707
Arr. by Edward Miller, 1790

Scottish Paraphrases, 1781

The People kneel.

PRAYER AFTER COMMUNION

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

Amen.

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Please stand.

DISMISSAL

Go in peace to love and serve the Lord
Thanks be to God.

CONCLUDING HYMN 293 – There's a voice in the wilderness crying

- 1 There's a voice in the wilderness crying,
A call from the ways untrod:
Prepare in the desert a highway,
A highway for our God!
The valleys shall be exalted,
The lofty hills brought low;
Make straight all the crooked places,
Where the Lord our God may go!
- 2 O Zion, that bringest good tidings,
Get thee up to the heights and sing!
Proclaim to a desolate people
The coming of their King:
Like the flowers of the field they perish,
The works of men decay,
The power and pomp of nations
Shall pass like a dream away.
- 3 But the word of our God endureth,
The arm of the Lord is strong;
He stands in the midst of nations,
And he will right the wrong:
He shall feed his flock like a shepherd,
And fold the lambs to his breast;
In pastures of peace he'll lead them,
And give to the weary rest.

4 There's a voice in the wilderness crying,
A call from the ways untrod:
Prepare in the desert a highway,
A highway for our God!
The valleys shall be exalted,
The lofty hills brought low;
Make straight all the crooked places,
Where the Lord our God may go!

ASCENSION
H. Hugh Bancroft, 1938

James Lewis Milligan, 1930

The people may be seated. Please maintain an atmosphere of reverent silence during and after the Postlude.

VOLUNTARY: Herr Christ, der ein'ge Gottes-Sohn, BWV 601, *J. S. Bach*