Saint Thomas's Church

The Sunday Called Sexagesima

Sunday, February 12, 2023 Evensong & Devotions at 5:00 pm



Cain strangling Abel. Ivory panel from Salerno Cathedral, c. 1084 The Louvre, Paris

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar in loving memory of Francis Burk Sutton, by his family.

and

Those on the Lady Altar are in loving memory of Jean and Doug Creighton by Dan and Jeff Josselyn-Creighton.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit *qrco.de/smokytoms*. Scroll to the bottom of the webpage to fill out the online form. We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.

Officiant: Fr. Beyers Interim Director of Music & Organist: Elizabeth Anderson

VOLUNTARY

Chorale Prelude on 'Why does azure deck the sky,'
Charles Villiers Stanford (1852-1924)

PRECES



PSALM 81 Exultate Deo.



- Cantor 1 O SING merrily unto God our **strength**: make a cheerful noise unto the **God** of Ja-cob.
 - 2 Raise the psalm and sound the **tim**-brel: the merry **harp** with the lute.
- Cantor 3 Blow up the trumpet in the **new** moon : at the full moon, for our **so**-lemn feast day.
- People 4 For this was made a statute for **Is**-ra²el: and a law of the **God** of Jacob.
- Cantor 5 This he ordain-ed in Joseph for a testi-**mo**-ny: when he went forth against the **land** of E-gypt.
- *People* 6 I heard the voice of one that I **knew** not : 'I eas-ed his shoulder from the burden, and his hands were **fre**-ed from the load.
- *Cantor* 7 Thou didst call in trouble, and I deliver-ed **thee**: I heard thee in the thunder-cloud; I prov-ed thee also at the **Wa**-ters of Strife.
- People 8 Hear, O my people, and I will testify unto **thee**: O Israel, if thou wouldest **heark**-en un-to^me!
- Cantor 9 There shall no strange god be in **thee**: neither shall thou worship **an**y oth-er^god.
- People 10 I am the Lord thy God, who brought thee out of the land of **E**-gypt : open thy mouth wide, and **I** will fill it.
- Cantor 11 But my people would not hear my **voice**: and Israel would **not** obey me.
- People 12 So I gave them up unto their stubborn **hearts**: and let them follow their own i-ma-gin-a-tions.
- Cantor 13 O that my people would hearken unto **me**: that Israel would **walk** in my ways!
- *People* 14 I should soon put down their **en**-e⁻mies : and turn my hand against their **ad**-ver-sa-ries.
- Cantor 15 The haters of the Lord should feign obedience unto **him**: but their time should en-**dure** for ev-er.

People 16 I would feed them also with the finest **wheat**-flour : and with honey out of the stony rock would I **sa**-tis-fy thee.'

Cantor Glory be to the Father, and to the **Son**: and **to** the Ho-ly^Ghost;

People As it was in the beginning, is now, and ever **shall** be: world without end. A-men.

FIRST LESSON Genesis 4.1-15

The First Lesson is written in the book Genesis, in the fourth chapter, beginning at the first verse.

Now Adam knew Eve his wife, and she conceived and bore Cain, saying, "I have gotten a man with the help of the Lord." And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a tiller of the ground. In the course of time Cain brought to the Lord an offering of the fruit of the ground, and Abel brought of the firstlings of his flock and of their fat portions. And the Lord had regard for Abel and his offering, but for Cain and his offering he had no regard. So Cain was very angry, and his countenance fell. The Lord said to Cain, "Why are you angry, and why has your countenance fallen? If you do well, will you not be accepted? And if you do not do well, sin is couching at the door; its desire is for you, but you must master it." Cain said to Abel his brother, "Let us go out to the field." And when they were in the field, Cain rose up against his brother Abel, and killed him. Then the Lord said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?" And the Lord said, "What have you done? The voice of your brother's blood is crying to me from the ground. And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand. When you till the ground, it shall no longer yield to you its strength; you shall be a fugitive and a wanderer on the earth." Cain said to the Lord, "My punishment is greater than I can bear. Behold, thou hast driven me this day away from the ground; and from thy face I shall be hidden; and I shall be a fugitive and a wanderer on the earth, and whoever finds me will slay me." Then the Lord said to him, "Not so! If any one slays Cain, vengeance shall be taken on him sevenfold." And the Lord put a mark on Cain, lest any who came upon him should kill him.

Here endeth the First Lesson.

THE MAGNIFICAT

My soul doth magnify the Lord, / and my spirit hath rejoiced in God my Saviour. For he hath regarded / the lowliness of his handmaiden.

For behold, from henceforth / all generations shall call me blessed.

For he that is mighty hath magnified me; / and holy is his Name.

And his mercy is on them that fear him / throughout all generations.

He hath showed strength with his arm; /

he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat, /

and hath exalted the humble and meek.

He hath filled the hungry with good things; /

and the rich he hath sent empty away.

He remembering his mercy / hath holpen his servant Israel;

As he promised to our forefathers, / Abraham and his seed for ever.

Glory be to the Father, and to the Son, / and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, / world without end. Amen.

SECOND LESSON 1 John 3.1-15

The Second Lesson is written in the first epistle of St John, in the third chapter, beginning at the first verse.

See what love the Father has given us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. Beloved, we are God's children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. And every one who thus hopes in him purifies himself as he is pure. Every one who commits sin is guilty of lawlessness; sin is lawlessness. You know that he appeared to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. He who does right is righteous, as he is righteous. He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God,

nor he who does not love his brother. For this is the message which you have heard from the beginning, that we should love one another, and not be like Cain who was of the evil one and murdered his brother. And why did he murder him? Because his own deeds were evil and his brother's righteous. Do not wonder, brethren, that the world hates you. We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death. Any one who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him.

Here endeth the Second Lesson

NUNC DIMITTIS

The Evening Service, Thomas Caustun (d. 1563)

Lord, now lettest thou thy servant depart in peace, / according to thy word. For mine eyes have seen thy salvation, / which thou hast prepared before the face of all people; To be a light to lighten the Gentiles, / and to be the glory of thy people Israel. Glory be to the Father, and to the Son, / and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, / world without end. Amen.

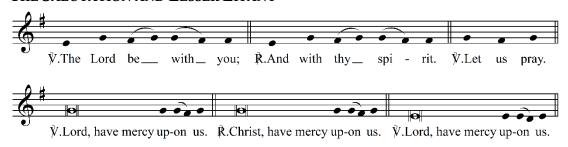
APOSTLES' CREED

The Creed is chanted on a monotone, the Officiant beginning,

I believe in God
the Father Almighty,
Maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
Who was conceived by the Holy Ghost,
Born of the Virgin Mary,
Suffered under Pontius Pilate,
Was crucified, dead, and buried:
He descended into hell;
The third day he rose again from the dead;
He ascended into heaven,
And sitteth on the right hand of God the Father Almighty;
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.

THE SALUTATION AND LESSER LITANY



THE LORD'S PRAYER

The Lord's Prayer is chanted on a monotone, the Officiant beginning,

Our Father

who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

THE RESPONSES



- \hat{V} . O Lord, show thy mercy up-**on** us;
- R. And grant us thy salva-tion.
- \hat{V} . O Lord, save **the** King,
- \mathbb{R} . And mercifully hear us when we call up-on thee.

- V. Endue thy ministers with righ-teous-ness.
- R. And make thy chosen people joy-ful.
- \dot{V} . O Lord, save thy peo-**ple.**
- R. And bless thine inhe-ri-tance.
- V. Give peace in our time, O Lord;
- R. And evermore mightily defend **us**.
- V. O God, make clean our hearts with-in us;
- R. And take not thy Holy Spirit from us.

THE COLLECT OF THE DAY

O Lord God, who seest that we put not our trust in any thing that we do: Mercifully grant that by thy power we may be defended against all adversity; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. **Amen.**

COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.**

COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. **Amen.**

Christe, qui lux es et dies, Noctis tenebras detegis, Lucisque lumen crederis, Lumen beatum praedicans. Precamur, sancte Domine, Defende nos in hac nocte; Sit nobis in te requies, Quietam noctem tribue. Ne gravis somnus inruat, Nec hostis nos subripiat, Nec caro illi consentiens, Nos tibi reos statuat. Oculi somnum capiant, Cor ad te semper vigilet, Dextera tua protegat Famulos qui te diligunt. Defensor noster aspice, Insidiantem reprime; Guberna tuos famulos, Quos sanguine mercatus est. Memento nostri, Domine, In gravi isto corpore; Qui es defensor animae, Adesto nobis, Domine. Deo Patri sit gloria, Eiusque soli Filio, Sancto simul cum Spiritu Nunc et per omne saeculum. Amen.

O Christ, who art the light and day, Thou drivest night and gloom away; O Light of light, whose word doth show The light of heaven to us below. All-holy Lord, in humble prayer, We ask tonight thy watchful care; O grant us calm repose in thee, A quiet night from perils free. Our sleep be pure from sinful stain; Let not the tempter vantage gain, Or our unguarded flesh surprise, And make us guilty in thine eyes. Asleep though wearied eyes may be, Still keep the heart awake to thee; Let thy right hand outstretched above Guard those who serve the Lord they love. Behold, O God our shield, and quell The crafts and subtleties of hell; Direct thy servants in all good, Whom thou hast purchased with thy blood. O Lord, remember us, who bear The burden of the flesh we wear; Thou, who dost e'er our souls defend, Be with us even to the end. All praise to God the Father be, All praise, eternal Son, to thee, Whom with the Spirit we adore, For ever and for evermore. Amen.

CONCLUDING PRAYERS

The Officiant says selected prayers, following which all say the General Thanksgiving.

Almighty God, Father of all mercies,

We thine unworthy servants do give thee most humble and hearty thanks For all thy goodness and loving-kindness To us and to all men; We bless thee for our creation, preservation, and all the blessings of this life; But above all for thine inestimable love In the redemption of the world by our Lord Jesus Christ; For the means of grace, And for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, That our hearts may be unfeignedly thankful, And that we show forth thy praise, Not only with our lips, but in our

lives; By giving up ourselves to thy service, And by walking before thee in holiness and righteousness all our days; Through Jesus Christ our Lord, To whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

A Prayer of Saint Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

THE GRACE

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

2 Corinthians 13.14

HYMN 103 – Almighty God, thy word is cast

- Almighty God, thy word is cast
 Like seed into the ground:
 Now let the dew of heaven descend
 And righteous fruits abound.
- Let not the foe of Christ and man This holy seed remove:But give it root in every heart, And bring forth fruits of love.
- 3 Let not the world's deceitful cares The rising plant destroy; But let it yield a hundredfold The fruits of peace and joy.

4 Oft as the precious seed is sown, Thy quickening grace bestow; That all whose souls the truth receive Its saving power may know.

ALBANO
Vincent Novello, 1868
The People kneel at the sound of the Sanctus bells.

Rev. John Cawood, 1815

DEVOTIONS

O Salutaris Hostia (Hymn 237, Part 2)

HEREFORD

- 5 O Saving Victim, opening wide The gate of heaven to man below: Our foes press on from every side; Thine aid supply, thy strength bestow.
- 6 All praise and thanks to thee ascend For evermore, Blest One in Three; O grant us life that shall not end In our true native land with thee. Amen.

MOTET

'O sweet Jesu,' Richard Graves (1926-2002)

Lord Jesu, thou art sweetness to my soul: I to myself am bitterness: Regard my fainting struggle toward the goal, Regard my manifold distress, O sweet Jesu. Thou art thyself my goal, O Lord, my King; Stretch forth thy hand to save my soul: What matters more or less of journeying? While I touch thee I touch my goal, O sweet Jesu.

(Christina Rossetti)

- 5 Therefore we, before him bending, this great sacrament revere: types and shadows have their ending, for the newer rite is here; faith, our outward sense befriending, makes our inward vision clear.
- 6 Glory let us give and blessing to the Father and the Son, honour, might, and praise addressing, while eternal ages run; ever too his love confessing, who, from both, with both is One. Amen.

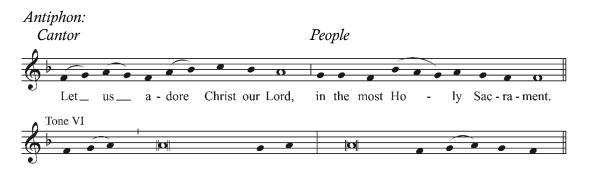
The People match the pitch of the Minister on the underlined syllable.

Thou gavest them Bread from hea-ven; Containing in itself all sweet-ness.

COLLECT OF CORPUS CHRISTI

O God, who in a wonderful sacrament hast left unto us a memorial of thy passion: Grant us so to reverence the holy mysteries of thy Body and Blood, that we may ever know within ourselves the fruit of thy redemption; who livest and reignest with the Father in the unity of the Holy Ghost, one God, world without end. **Amen.**

PSALM 117—Laudate Dominum; Tone VI



O PRÄISE the Lord, all ye na-tions: laud him, all yë peo-ples.

For his merciful kindness is ever more and more to-wards us : and the truth of the Lord endureth for ev-ër. Praise the Lord.

Glory be to the Father, and to the Son : and to the Ho-ly Ghost;

As it was in the beginning, is now, and ever **shall** be: world with-**out** ënd. A-men.

All repeat the Antiphon from the beginning.

The People rise at the sound of the Sanctus bells.

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DAILY OFFICE SCHEDULE

Morning Prayer and Evening Prayer services generally last 15-25 minutes and are a great way to begin and/or end the day!

MORNING PRAYER

8:30 am, Monday-Friday 9:30 am, Saturday 7:30 am, Sunday

EVENING PRAYER

5:00 pm, Monday-Friday 5:00 pm Sunday (Choral Evensong)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

SUNDAY

Low Mass 8:00 am Sung Mass 9:30 am High Mass 11:00 am

WEEKDAY LOW MASS

12:15 pm, Monday, Wednesday, Friday 5:30 pm Tuesday, Thursday 10:00 am Saturday

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