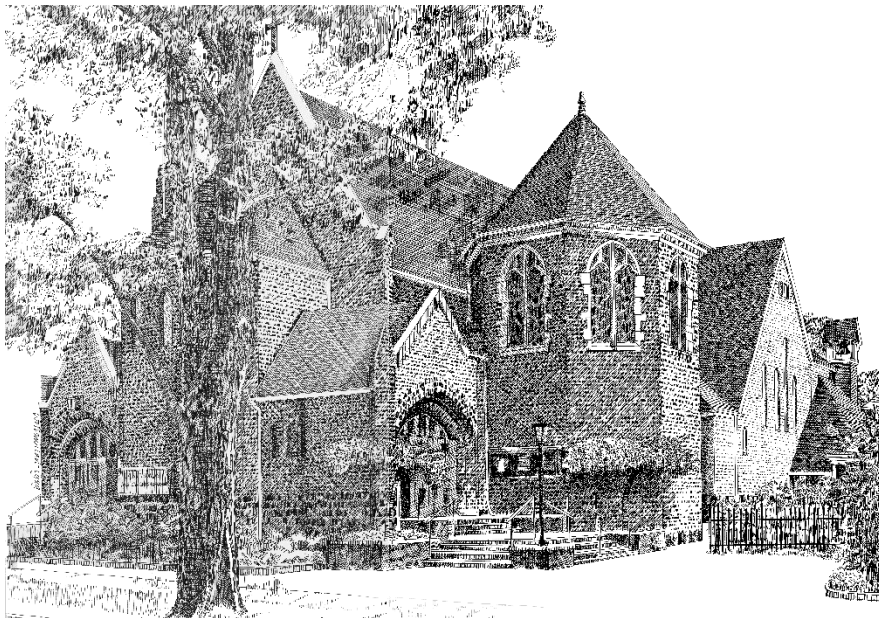




**The First Sunday in Lent**  
**Sunday, February 21, 2021**

**Sung Eucharist at 9:30 am**  
*livestreamed*



**Celebrant & Homilist:** Fr Brinton  
**Cantor:** Rigzin Tute  
**Reader:** Bruce McEachern  
**Organist & Director of Music:** Matthew Whitfield

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**MUSIC OF THE MASS** – New Plainchant, *David Hurd*

**PRELUDE:** An Wasserflüssen Babylon, BWV 653, *J.S. Bach*

**GREETING**

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: *And also with you.*

**COLLECT FOR PURITY**

Celebrant: Almighty God,

People: *To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

**KYRIE ELEISON**

*Lord, have mercy.*

*Christ, have mercy.*

*Lord, have mercy.*

**THE COLLECT OF THE DAY**

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

**FIRST READING:** Genesis 2.15-17, 3.1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, saying, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more subtle than any other wild creature that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat of any tree of the garden?'" And the woman said to the serpent, "We may eat of the fruit of the trees of the garden; but God said, 'You shall not eat of the fruit of the tree which is in the midst of the garden, neither shall you touch it,

lest you die.” But the serpent said to the woman, “You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves aprons.

The word of the Lord  
R / *Thanks be to God*

PSALM 25.1-9



- 1 To yöu, /OLord, I lift up my soul; my God, I **put** my trust in you; \*  
let me not be humiliated, nor let my enemies **tri**-umph öv-er më.
- 2 Let none who look to **you** be put to shame; \*  
let the treacherous be disap-**point**-ed in their schëmes.
- 3 Show **me** your ways, O Lord, \*  
and **teach** me yöur päths.
- 4 Lead me in your **truth** and teach me, \*  
for you are the God of my salvation;  
in you have I trusted **all** the däy löng.
- 5 Remember, O Lord, your com-**pas**-sion and love, \*  
for they are from **ev**-er-läst-ing.
- 6 Remember not the sins of my youth and **my** trans-gres-sions; \*  
remember me according to your love, and for the sake of your **good**-ness, Ö Lörd.
- 7 Gracious and **up**-right is the Lord; \*  
therefore he teaches **sin**-ners in his wäy.
- 8 He guides the **hum**-ble in do-ing right \*  
and teaches his way **to** the löw-ly.
- 9 All the paths of the Lord are **love** and faith-ful-ness \*  
to those who keep his covenant and his **tes**-ti-mö-niës.

**SECOND READING: 1 Peter 3.18-22**

For Christ also died for sins once for all, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit; in which he went and preached to the spirits in prison, who formerly did not obey, when God's patience waited in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

The word of the Lord  
R / *Thanks be to God*

**GOSPEL ACCLAMATION**

Praise to you, Lord, king of eternal glory. We shall not live by bread alone, but by every word that proceeds from the mouth of God. Praise to you, Lord, king of eternal glory.

**THE HOLY GOSPEL: Mark 1.9-15**

V / The Lord be with you.  
R / *And also with you.*

V / The Holy Gospel of our Lord Jesus Christ according to Mark  
R / *Glory to you, Lord Jesus Christ.*

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And when he came up out of the water, immediately he saw the heavens opened and the Spirit descending upon him like a dove; and a voice came from heaven, "Thou art my beloved Son; with thee I am well pleased." The Spirit immediately drove him out into the wilderness. And he was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels ministered to him. Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying, "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel."

The Gospel of Christ  
R / *Praise to you, Lord Jesus Christ*

**SERMON**

## THE NICENE CREED

Celebrant: Let us confess our faith, as we say,

All: *We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.*

*For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.*

*We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.*

## INTERCESSIONS

Celebrant: Brothers and sisters in Christ, let us pray for the Church and for the world.

*silence*

Lord, in your mercy

R / *Hear our prayer.*

Intercessor: I ask your prayers for the whole church of God, especially Andrew our bishop and for Bishop Jenny as she prepares to take up her new ministry at St Paul's Bloor Street; for the clergy and people of this parish. May God give us all grace to keep a holy Lent.

*silence*

Lord, in your mercy

R / *Hear our prayer.*

Intercessor: I ask your prayers for the Queen and for all in authority in our country, province, and city, for all who promote and protect our health, safety, and peace, that God may observe our civil life and judge it good.

*silence*

Lord, in your mercy

R / *Hear our prayer.*

Intercessor: I ask your prayers for all those in need, for the sick.....for elders in isolation, for prisoners, for those who mourn, and all for whom our prayers are asked.....trusting that God will not forget the afflicted.

*silence*

Lord, in your mercy

R / *Hear our prayer.*

Intercessor: I ask your prayers for the dead, for those who have died recently....and for those whose year's mind is today.....that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in your mercy

R / *Hear our prayer.*

Celebrant: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Saviour Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. *Amen.*

### INVITATION, CONFESSION, ABSOLUTION

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*A Silence is kept.*

Celebrant: Most merciful God,

*All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.*

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. *Amen.*

### THE PEACE

V / The peace of the Lord be always with you.

R / *And also with you.*

### OFFERTORY HYMN 105 – Forty days and forty nights

- 1 Forty days and forty nights  
Thou wast fasting in the wild;  
Forty days and forty nights  
Tempted, and yet undefiled.
- 2 Sunbeams scorching all the day;  
Chilly dew-drops nightly shed;  
Prowling beasts about thy way;  
Stones thy pillow; earth thy bed.

- 3 Shall not we thy trial share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Strong with thee to suffer pain?
- 4 And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.
- 5 So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to thee.
- 6 Keep, O keep us, SAVIOUR dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide.

*HEINLEIN (AUS DER TIEFE)  
'M.H.' in Nürnbergisches Gesangbuch Martin Herbst 1654-81*

*G.H. Smyttan 1822-70  
Francis Pott 1832-1901*

#### **PRAYER OVER THE GIFTS**

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. *Amen.*

#### **THE GREAT THANKSGIVING**

*V / The Lord be with you.*

*R / And also with you.*

*V / Lift up your hearts.*

*R / We lift them to the Lord.*

*V / Let us give thanks to the Lord our God.*

*R / It is right to give our thanks and praise.*

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

## SANCTUS & BENEDICTUS

*Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.*

*Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant:* Therefore, Father, according to his command:

*People:* ***We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.***

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. ***Amen.***

## THE LORD'S PRAYER

Celebrant: As our Saviour taught us, let us pray:

***All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.***



## THE BREAKING OF THE BREAD

*Celebrant:* We break this bread  
*All:* **Communion in Christ's body once broken.**  
*Celebrant:* Let your Church be the wheat which bears its fruit in dying.  
*All:* **If we have died with him, we shall live with him;  
if we hold firm, we shall reign with him.**  
*Celebrant:* The gifts of God for the People of God.  
*People:* ***Thanks be to God.***

## AGNUS DEI

*Lamb of God, you take away the sins of the world; have mercy on us.*  
*Lamb of God, you take away the sins of the world; have mercy on us.*  
*Lamb of God, you take away the sins of the world; grant us peace.*

## AN ACT OF SPIRITUAL COMMUNION WHICH MAY BE SAID BY THOSE NOT RECEIVING

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

## ANIMA CHRISTI

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

## PRAYER AFTER COMMUNION

*Celebrant:* Let us pray.  
Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. ***Amen.***

## BLESSING AND DISMISSAL

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. *Amen*

*Celebrant:* Go in peace to love and serve the Lord.

People: *Thanks be to God.*

## CONCLUDING HYMN – The glory of these forty days

- 1 The glory of these forty days  
We celebrate with songs of praise;  
For Christ, by whom all things were made,  
Himself has fasted and has prayed.
- 2 Alone and fasting Moses saw  
The loving God who gave the Law;  
And to Elijah, fasting, came  
The steeds and chariots of flame.
- 3 So Daniel trained his mystic sight,  
Delivered from the lions' might;  
And John, the Bridegroom's friend, became  
The herald of Messiah's name.
- 4 Then grant us, Lord, like them to be  
Full oft in fast and pray'r with thee;  
Our spirits strengthen with thy grace,  
And give us joy to see thy face.
- 5 Father and Son and Spirit blest,  
To thee be eve'ry pray'r addressed,  
Who art in three-fold Name adored,  
From age to age, the only Lord.

*ERHALT' UNS HERR*  
*Ascribed to St Gregory the Great*

*Geistliche Lieder, 1547*  
*harmonized by J.S. Bach*

**POSTLUDE:** Litanies, *Jehan Alain*