

CHRISTIAN MEDITATION

Be still and know that I am God



There are two weekly meditation groups meeting at St Thomas's, and they run separately:

- Tuesdays at 7:00 to 8:30 pm in St Agnes's Chapel below the Church.
- Wednesdays at Noon to 1:00 pm in the Fr Freeland Room at the back of the Parish Hall. Bring a brown bag lunch if you wish.

Inquirers are always welcome to audit one or more sessions. No prior experience in meditation is necessary to join a group. Both sessions use the same focus and material each week. You are welcome to attend either, as your timetable permits.

For more information please contact Fr Brian Bartley .



THE MANDARIN MINISTRY AT SAINT THOMAS'S

We welcome you to the family of Saint Thomas's Church. Our Mandarin fellowship starts at 5:00 pm every Monday. We hope that the Chinese community can be a harbour of love for you, and a place where we can experience God's presence and grace together.

Contact person: Michael Liu.

衷心欢迎您来到圣多马堂。我们的中文团契每周一下午五点开始在教堂晚祷，接着一起晚餐和学习圣经。

盼望圣多马堂可以成为一个爱的港湾，在这里我们一起寻求真理，一起经历上帝的同在，一起领受上帝的恩典。

FEBRUARY 23, 2020

QUINQUAGESIMA / VESTRY SUNDAY

Saint Thomas's Church, 383 Huron Street, Toronto, ON M5S 2G5

416-979-2323 www.stthomas.on.ca saintthomas@rogers.com

twitter: @stthomastoronto

www.calendarwiz.com/stthomas383huronstreet

Nursery Care is available during the 11:00 am Service.

Church School is held during the 11:00 am Service. Please speak to Siobhán Dungan for more information.

Coffee Hour: After each of the 9:30 and 11:00 am Eucharists, there is a time for fellowship in the parish hall. Enjoy light refreshments while getting to know members of the congregation and learning more about St Thomas's.

Need Assistance? The sidespeople are pleased to offer assistance. Please speak to them if you need Communion brought to you, or would like a booklet to guide you through our Liturgy.

Please keep this leaflet as a reminder of upcoming events, or visit our website.

EVENTS AT A GLANCE

TODAY	QUINQUAGESIMA/VESTRY SUNDAY -Service at 10:30 am 12:30 pm Lunch followed by Vestry Meeting Evensong Prelude - 6:30 pm
Wed. Feb 26	ASH WEDNESDAY - 7:30 am, 12:15 & 6:15 pm
Sun. Mar 1	LENT I Lent education event following 11 am Mass (<i>see article</i>)
Sat. Mar 7	Lenten Quiet Day at St Bart's (<i>see article</i>)
Sun. Mar 8	LENT II - daylight savings time begins Lent education event following 11 am Mass
Wed. Mar 11	Society of Mary - 6:15 to 8:30 pm
Thurs. Mar 12	Mid-Week Lenten Bible Study (<i>see article</i>)
Sun. Mar 15	LENT III Lent education event following 11 am Mass
Thurs. Mar 19	Mid-Week Lenten Bible Study at 11 am (<i>see article</i>)

TODAY—EVENSONG PRELUDE at 6:30 pm

Evensong Preludes showcase the many talented musicians in our parish and extended parish family while offering a time of quiet reflection before the service. Thank you to all the artists for their volunteer musical offerings.

Matthew Whitfield will present organ works from the 20th Century, including: John Cage's *As Slowly As Possible*; Alfred Schnittke's *Short Piece for Organ*; and Philip Glass's *Mad Rush*. A period of immensely creative writing for the organ, these modern pieces provide a span of instrumental technique and sound unmatched by any other era.



After a lengthy break, the **FRIDAY FOOD MINISTRY** will be meeting once again this Friday, February 28 from 3:00-7:30 pm. We will be making a wonderful meal of spaghetti and meatballs for our guests and we need help to shop, prepare, serve, and clean-up. Lent is a wonderful time to join us in serving our neighbours in need.

If you are able to assist, or have any questions, please contact Deacon James Shire at fridayfoodministry@gmail.com.



AN OPPORTUNITY TO GO DEEPER THIS LENT

This Lent, a course will be offered for anyone interested in renewing or deepening their practice of the Christian faith, including those who are preparing for adult confirmation. The text for the course will be *Life in Christ: Practicing Christian Spirituality* by Julia Gatta. The proposed meeting dates will be the following Sundays after the 11:00 am service: **March 1, March 8, March 15 and March 22** with the potential to continue meeting for a second session after Easter. Contact Fr D'Angelo for further information or to sign up.



“HOLY FOOLS AND THE KINGDOM OF HEAVEN”

A Lenten Quiet Day at Saint Bartholomew's Regent Park
(509 Dundas Street East, just east of Parliament)

Saturday, March 7, 2020

Speaker: Fr Gary Thorne

Chaplain, Huron University College

Please register by emailing stbartsanglican@gmail.com.

FROM THE PARISH SELECTION COMMITTEE:

The Committee thanks everyone for their time, and very thoughtful and generous input into the consultation process. It was an honour and humbling for all of us to hear the rich, varied and faithful perspectives of many of our parish family and to be reminded of our common deep devotion to this place and its traditions. We are now analyzing the survey responses and other input, and actively drafting the Parish Profile, which we anticipate publishing in mid-March. We also look forward to sharing the parish consultation results at that time.

We ask for your prayers for the parish in this time of transition, and for the members of the PSC - Alice, Andrew, Anna, Bob, Jessica, Lorne, Michael and Pat.

MID-DAY LENTEN BIBLE STUDY ON THREE EPISTLES OF ST PAUL

A Bible Study will be offered this Lent on the following Thursdays:

March 12th (on Galatians) **March 19th** (on Ephesians) and **March 26th** (on Philippians).

On March 12 and 26, a light lunch will be served followed by the Bible Study in the Fr Freeland Room after the 12:15 mass (approx. 1:00 pm). On March 19, due to a conflict in the parish hall, the Bible Study will be held in the narthex of the church at 11:00 am prior to the 12:15 pm Mass, and there will be no lunch served that day.

For more information, please speak to Fr D'Angelo.



SOCIETY OF ST JOHN THE EVANGELIST LENT PROGRAM:

Signs of Life: Why Church Matters

Join us this coming Lent as we explore the riches of our worship traditions, liturgy and sacraments, and the art and architecture of our worship spaces, revealing the full meaning of these signs, deepening our experience of Christian vocation and guiding us toward ongoing conversion.

Go to SSJE.org to find out more about this online Lent program for individuals and groups.