

# Saint Thomas's Church

## The Second Sunday in Lent

Sunday, February 28, 2021

**Sung Eucharist**

**at 11 o'clock**

*livestreamed*



*God's Covenant with Abraham, c. 1400*



**Saint Thomas's Anglican Church**

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*Kyrie Eleison : Lord, have mercy upon us.*  
*Christe Eleison : Christ, have mercy upon us.*  
*Kyrie Eleison : Lord, have mercy upon us.*

## THE COLLECT OF THE DAY

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord; who livest and reignest with the Father and the Holy Spirit, one God, world without end. *Amen.*

## THE COLLECT OF ASH WEDNESDAY

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

*Please be seated*

## OLD TESTAMENT LESSON: Genesis 17.1-7,15-16

When Abram was ninety-nine years old the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will multiply you exceedingly." Then Abram fell on his face; and God said to him, "Behold, my covenant is with you, and you shall be the father of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the father of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come forth from you. And I will establish my covenant between me and you and your descendants after you throughout their generations for an everlasting covenant, to be God to you and to your descendants after you. And God said to Abraham, "As for Sar'ai your wife, you shall not call her name Sar'ai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her; I will bless her, and she shall be a mother of nations; kings of peoples shall come from her."

The word of the Lord

R / *Thanks be to God*

## PSALM 22.23-31, Tone VIII, 3



- 23 O PRAISE / the Lord, ye that **fear** him: magnify him,  
all ye of the seed of Jacob, and stand in awe of him, all ye **seed** of Isra-el.
- 24 For he hath not despised nor abhorred the low estate of the **poor** :  
he hath not hid his face from him; but when he called unto **him** he heard\_ him.
- 25 Of thee cometh my praise in the great congre-**ga**-tion :  
my vows will I perform in the sight of **them** that fear him.
- 26 The poor shall eat and be satisfied; they that seek after the Lord shall **praise** him :  
may your heart **live** for ev-er.
- 27 All the ends of the world shall remember, and be turned unto the **Lord** :  
and all the kindreds of the nations shall wor-**ship** be-fore him.
- 28 For the kingdom is the **Lord's** : and he is the Governor a-**mong** the na-tions.
- 29 Surely to him shall all the proud of the earth bow **down** :  
and before him shall kneel all that go down into the dust, and he that cannot **keep** his soul a-live.
- 30 Their posterity shall **serve** him : it shall be told of the Lord unto a generation **yet** to come.
- 31 And men shall declare his **right**-eous-ness : unto a people that shall be born, that **he** hath done it.

**THE EPISTLE: Romans 4.13-25**

The promise to Abraham and his descendants, that they should inherit the world, did not come through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression. That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants—not only to the adherents of the law but also to those who share the faith of Abraham, for he is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. In hope he believed against hope, that he should become the father of many nations; as he had been told, “So shall your descendants be.” He did not weaken in faith when he considered his own body, which was as good as dead because he was about a hundred years old, or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, fully convinced that God was able to do what he had promised. That is why his faith was “reckoned to him as righteousness.” But the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him that raised from the dead Jesus our Lord, who was put to death for our trespasses and raised for our justification.

The word of the Lord  
R/ *Thanks be to God*

**SEQUENCE HYMN 827 - O kind Creator, bow thine ear**

- 1 O kind Creator, bow thine ear  
To mark the cry, to know the tear  
Before thy throne of mercy spent  
In this thy holy fast of Lent.
- 2 Our hearts are open, Lord, to thee  
Thou knowest our infirmity  
Pour out on all who seek thy face  
Abundance of thy pardoning grace.
- 3 Our sins are many, this we know;  
Spare us, good Lord, thy mercy show;  
And for the honour of thy name  
Our fainting souls to life reclaim.
- 4 Give us the self-control that springs  
From discipline of outward things  
That fasting inward secretly  
The soul may purely dwell with thee.
- 5 We pray thee, Holy Trinity,  
One God, unchanging Unity,  
That we from this our abstinence  
May reap the fruits of penitence. Amen.

**HOLY GOSPEL: Mark 8.31-38**

**R / *Glory be to thee O Lord***

Jesus began to teach them that the Son of man must suffer many things, and be rejected by the elders and the chief priests and the scribes, and be killed, and after three days rise again. And he said this plainly. And Peter took him, and began to rebuke him. But turning and seeing his disciples, he rebuked Peter, and said, "Get behind me, Satan! For you are not on the side of God, but of men." And he called to him the multitude with his disciples, and said to them, "If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels."

**The Gospel of Christ**

**R / *Praise be to thee, O Christ***

**THE NICENE CREED**

*Merbecke*

Celebrant: I believe in one God

**All: the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

**SERMON**

**OFFERTORY**

**OFFERTORY HYMN 589 – Take up thy cross, the Saviour said**

- 1 Take up thy cross, the Saviour said,  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.

- 2 Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.
- 3 Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
Thy Lord for thee the Cross endured,  
To save thy soul from death and hell.
- 4 Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.
- 5 Take up thy cross and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.
- 6 To thee, great Lord, the One in Three,  
All praise for evermore ascend;  
O grant us in our home to see  
The heavenly life that knows no end.

BRESLAU  
Rev. C.W. Everest, 1833

*As hymnodus sacer, Leipzig, 1625*

#### PRAYER OVER THE GIFTS

Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*Please kneel*

#### INTERCESSIONS

Celebrant: Brothers and sisters in Christ, let us pray for the Church and for the world.

*silence*

Lord, in thy mercy

R / ***We beseech thee, hear our prayer.***

Intercessor: I bid your prayers for the Church and for all who minister and serve God's people throughout the world, especially Andrew our bishop and for the clergy and people of this parish. May God give us all grace to keep a holy Lent.

*silence*

Lord, in thy mercy

R / ***We beseech thee, hear our prayer.***

Intercessor: I bid your prayers for the Queen and for all in authority in our country, province, and city, for all who promote and protect our health, safety, and peace, that God may observe our civil life and judge it good.

*silence*

Lord, in thy mercy  
R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for all those in need, for the sick\_\_\_\_\_for elders in isolation, for prisoners, for those who mourn, and all for whom our prayers are asked\_\_\_\_\_trusting that God will not forget the afflicted.

*silence*

Lord, in thy mercy  
R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the departed, especially\_\_\_\_\_ who have died in recent days, and on their year's mind for\_\_\_\_\_; that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in thy mercy  
R / *We beseech thee, hear our prayer.*

Celebrant: O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

#### INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, **Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen.***

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

## EUCCHARISTIC PRAYER

V / The Lord be with you; R / *And with thy spirit.*

V / Lift up your hearts; R / *We lift them up unto the Lord.*

V / Let us give thanks unto our Lord God; R / *It is meet and right so to do.*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Cantor sings:*

*Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory.*

*Glory be to thee, O Lord most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*



## THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant: As our Saviour Christ hath commanded and taught us we are bold to say:

**Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

*The consecrated Bread is broken.*

V / The peace of the Lord be always with you;  
R / *And with thy spirit.*

## HOLY COMMUNION

*All who intend to receive Holy Communion pray together:*

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Cantor sings:*

*O Lamb of God, that takest away the sin of the world, have mercy upon us.*

*O Lamb of God, that takest away the sin of the world, have mercy upon us.*

*O Lamb of God, that takest away the sin of the world, grant us thy peace.*

*Silence before Act of Spiritual Communion*

## AN ACT OF SPIRITUAL COMMUNION

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

## ANIMA CHRISTI

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.**

**From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

**MOTET:** Wer Sünde tut, der ist vom Teufel, BWV 54, *J.S. Bach*

*Whoever sins is of the devil, since he has brought it forth. Yet if one is able, with virtuous devotion, to withstand its contemptible bonds, it is already done away with.*

#### **PRAYER AFTER COMMUNION**

*Please kneel*

Celebrant: Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

#### **BLESSING**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

#### **CONCLUDING HYMN 586 – Must Jesus bear the Cross alone**

- 1 Must Jesus bear the Cross alone  
And all the world go free?  
No, there's a cross for every one,  
And there's a cross for me.
- 2 How happy now the saints of God,  
Who once went sorrowing here;  
They rest in joy, life's crown is theirs,  
They know no pain or tear.
- 3 They trod the path the Saviour trod,  
They bore the cross he bore;  
And none may look to wear the crown  
Without the cross before.

4 Then help me, Lord, my cross to bear,  
Till death shall set me free,  
And so at last obtain my crown,  
For there's a crown for me.

*S<sup>t</sup> AGNES*

*v 1, Rev T Shepherd, 1692; vv. 2-4 Archbishop David Williams, 1908.*

*Rev. John B. Dykes, 1866*

**POSTLUDE:** Toccata in D Minor, *Max Reger*