

**Saint Thomas's Church**  
**The Sunday Called Septuagesima**  
**Sunday, February 5, 2023**  
**High Mass at 11 o'clock**



*Lumen Christi*  
Photograph by Eustaquio Santimano, 2010

**Saint Thomas's Anglican Church**  
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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*

*The Altar flowers are given to the honour and glory of Almighty God:  
Those at the High Altar in loving memory of James and Ethel Baskin,  
and John Atkinson, by Betty Anne and family.*

*and*

*Those on the Lady Altar in loving memory of Jean and Joe Josselyn  
by Dan and Jeff Josselyn-Creighton.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant:** Fr. Humphrey  
**Homilist:** Fr. Shire  
**Deacon:** Fr. Ipema  
**Reader:** James Meade  
**Interim Director of Music & Organist:** Elizabeth Anderson

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**MUSIC OF THE MASS**

Missa Osculetur Me, *Orlando Di Lasso (1532-1594)*

*Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.*

**VOLUNTARY**

Herr Gott, nun schleuss den Himmel auf, BWV 617,  
*J.S. Bach (1685-1750)*

*The People stand as the choir enters the church during the prelude, sitting again when the choir sits.*

*At the sound of the bell, all stand for the entrance of the Sacred Ministers.*

**INTROIT** Psalm 95.1-7; Ant. v 6



- Cantor* 6 O COME, let us wor-**ship**, and fall down :
- People* and kneel before the Lord **our** Ma-ker.
- 1 O come, let us sing **un**-to the Lord : let us heartily rejoice in the strength of our **sal**-va-tion.
- Cantor* 2 Let us come before his presence **with** thanks-giv-ing : and show ourselves glad **in** him with^psalms.
- People* 3 For the Lord **is** a great God : and a great King a-**bove** all gods.
- Cantor* 4 In his hand are all the **cor**-ners^of the earth : and the strength of the hills is **his** al-so.
- People* 5 The sea is his, **and** he made it : and his hands prepar-ed **the** dry land.
- Cantor* 6 O come, let us wor-**ship**, and fall down : and kneel before the Lord **our** Ma-ker.
- People* 7 For he **is** the^Lord our God : and we are the people of his pasture, and the sheep **of** his hand.
- Cantor* Glory be to the Father, **and** to the Son : and to **the** Ho-ly^Ghost;
- People* As it was in the beginning, is now, and **ev**-er shall be : world without **end**.  
A-men.
- People* 6 O COME, let us wor-**ship**, and fall down : and kneel before the Lord **our** Ma-ker.

*The People kneel.*

## **COLLECT FOR PURITY**

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Choir alone sings the Kyrie, the People kneeling.*

## **KYRIE ELEISON**

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

*The People kneel for the Collect.*

## **COLLECT OF THE DAY**

The Lord be with you.  
**And with thy spirit.**  
Let us pray.

O Lord, we beseech thee favourably to hear the prayers of thy people; that we, who are justly punished for our offences, may be mercifully delivered by thy goodness, for the glory of thy Name; through Jesus Christ our Saviour, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. **Amen.**

*The People sit.*

## **FIRST LESSON**

Isaiah 58.1-9a

The First Lesson is written in the fifty-eighth chapter of the book of the prophet Isaiah, beginning at the first verse.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike

with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

PSALM 112.1-9

*Beatus vir*  
VII. 5.



- Cantor* 1 BLESS-ED is the man that **fear**-eth the Lord :  
*People* that hath great delight in **his** com-mänd-ments.  
 2 His seed shall be **migh**-ty<sup>^</sup>up-on earth : the generation of the faithful **shall**  
 be blëss-ed.  
*Cantor* 3 Riches and plenteousness shall **be** in his house : and his righteousness  
 en-**dur**-eth<sup>^</sup>for ëv-er.  
*People* 4 Unto the upright there ariseth up **light** in<sup>^</sup>the dark-ness : he is merciful,  
**lov**-ing,<sup>^</sup>and rïgh-teous.  
*Cantor* 5 It is well with the man that is merci-**ful** and lend-eth : and ordereth his  
 af-**fairs** with jüs-tice.  
*People* 6 For he shall **nev**-er<sup>^</sup>be mov-ed : and the righteous shall be had in  
 ever-**last**-ing<sup>^</sup>re-mëm-brance,  
*Cantor* 7 He will not be afraid of any **e**-vil tid-ings : for his heart standeth fast and  
 be-**liev**-eth in the<sup>^</sup>Lord.  
*People* 8 His heart is establish-ed **and** will not shrink : until he see his desire up-**on**  
 his ën-e<sup>^</sup>mies.  
*Cantor* 9 He hath dispers-ed abroad and **giv**-en to<sup>^</sup>the poor :  
*People* and his righteousness remaineth for ever; his horn shall be ex-**alt**-ed<sup>^</sup>with  
 hön-our.

The Epistle is written in the second chapter of St Paul's First Epistle to the Corinthians, beginning at the first verse.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him' - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

**GOSPEL ACCLAMATION**

The musical notation consists of two staves. The first staff is a single melodic line in G major (one flat) with a treble clef. It is divided into two parts: the first part is for the Cantor and the second part is for the People. The lyrics are 'Al - le - lu - ia.' for the Cantor and '\* Al - le - lu - ia.' for the People. The second staff is an instrumental accompaniment, also in G major with a treble clef, labeled 'Tone VI'. It features a simple harmonic accompaniment with a repeat sign at the beginning and end.

*Cantor* I AM the light of the world, says **the** Lord : Those who follow me will not walk in darkness, but will have **the** light of life.

*People* \* Alleluia.

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the fifth chapter of the Gospel according to Saint Matthew, beginning at the thirteenth verse.

**Glory be to thee O Lord.**

Jesus said, 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

The Gospel of Christ.

**Praise be to thee, O Christ.**

*The People sit at the invitation of the Preacher.*

**SERMON**



ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,  
 And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry  
 to judge both the quick and the dead: Whose king - dom shall have no end.  
 And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,  
 Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son  
 to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - phets.  
 And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.  
 I ac - know - ledge one Bap - tism for the re - mis - sion of sins. And I look for  
 the Re - sur - rec - tion of \_\_\_ the dead, And the \_\_\_ Life of the world to \_\_\_ come.  
 A - - - - - men.

**OFFERTORY SENTENCE**

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

*The People remain standing for the hymn.*

**OFFERTORY HYMN 401** – Immortal, invisible, God only wise

- 1 Immortal, invisible, God only wise,  
In light inaccessible hid from our eyes,  
Most blessed, most glorious, the Ancient of Days,  
Almighty, victorious, thy great Name we praise.
- 2 Unresting, unchanging, and silent as light,  
Nor wanting, nor wasting, thou rulest in might;  
Thy justice like mountains high soaring above  
Thy clouds which are fountains of goodness and love.
- 3 To all life thou givest—to both great and small;  
In all life thou livest, the true life of all;  
We blossom and flourish as leaves on the tree,  
And wither and perish—but nought changeth thee.
- 4 Great Father of Glory, pure Father of Light,  
Thine Angels adore thee, all veiling their sight;  
All laud we would render: O help us to see  
'Tis only the splendour of light hideth thee.

*ST BASIL*  
*Healey Willan (1880-1968), 1918*

*Walter Chalmers Smith (1824-1908), 1867*

*The People remain standing as the thurifer approaches for the censuring.*

**PRAYER OVER THE GIFTS**

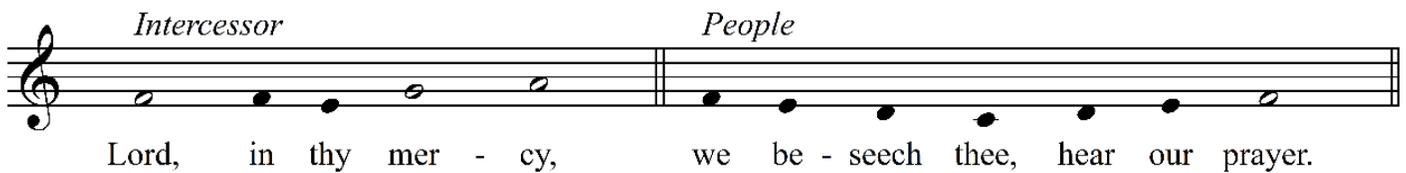
Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*The People kneel.*

## INTERCESSIONS

*Celebrant:* Dear friends in Christ, let us pray for the Church and for the world.

*Intercessor:* I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (*Silence.*)



The image shows a musical staff with a treble clef and a key signature of one flat (B-flat). The staff is divided into two parts by a double bar line. The first part is labeled 'Intercessor' and contains the notes G4, A4, Bb4, C5, and D5. The second part is labeled 'People' and contains the notes E4, F4, G4, A4, Bb4, C5, and D5. Below the staff, the lyrics are written: 'Lord, in thy mer - cy, we be - seech thee, hear our prayer.'

*Intercessor:* I bid your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_ [We give thanks especially for \_\_\_\_\_.] May God's abiding presence be with us always, that we may be a blessing to all people. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all those in need, for the sick \_\_\_\_\_, and all those suffering in mind, body, or estate; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked \_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Celebrant:* Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of thy people, and strengthen us to do thy will; through Jesus Christ our Lord. **Amen.**

### **INVITATION, CONFESSION AND ABSOLUTION**

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People remain kneeling.*

## **EUCCHARISTIC PRAYER**

*Celebrant* *People*  
The Lord be with you; And with thy spirit.

*Celebrant* *People*  
Lift up your hearts; We lift them up unto the Lord.

*Celebrant* *People*  
Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*

## **SANCTUS & BENEDICTUS**

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
† Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
† Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one

oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,

*Celebrant* *People*

O Fa - ther al - might - ty, world with - out \_\_\_ end. A - men. \_\_\_

## THE LORD'S PRAYER

Music by John Merbecke

*Celebrant*



And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:

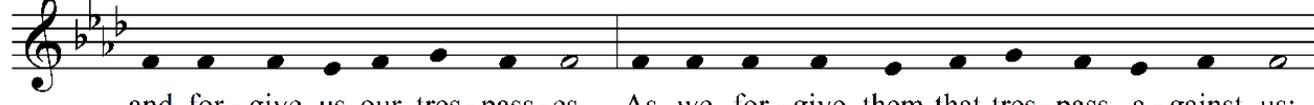
*People*



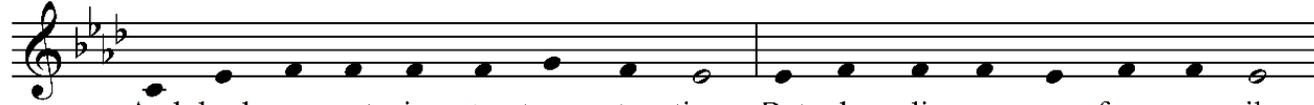
Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,



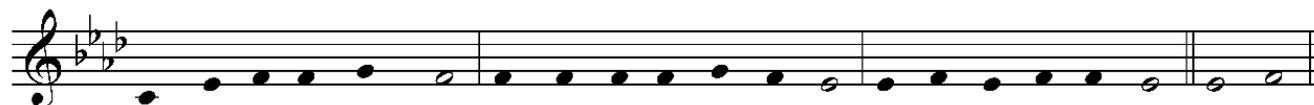
Thy will be done, on earth, as it is in heav'n. Give us this day our dai-ly bread;



and for-give us our tres-pass-es, As we for-give them that tres-pass a-gainst us;



And lead us not in-to temp-ta-tion, But de-li-ver us from ev-il.



For thine is the king-dom, the pow-er and the glo-ry, For ev-er and ev-er. A-men.

## FRACTION & PEACE

*The consecrated Bread is broken.*

*Celebrant*



The peace of the Lord be al-ways with you.

*People*



And with thy spi-rit.

## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume  
to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in  
thy manifold and great mercies. We are not worthy So much as to gather up the  
crumbs under thy Table. But thou art the same Lord, Whose property is always to  
have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son

**Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Choir alone sings:*

## **AGNUS DEI**

O Lamb of God, that takest away the sins  
of the world, have mercy upon us.

O Lamb of God, that takest away the sins  
of the world, have mercy upon us.

O Lamb of God, that takest away the sins  
of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi,  
miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
dona nobis pacem.

*The Celebrant turns to face the People and says,*

## **INVITATION TO COMMUNION**

Behold the Lamb of God; behold him that taketh away the sins of the world.

**Lord, I am not worthy that thou shouldst come under my roof, but speak the word only, and my soul shall be healed.**

## **COMMUNION INSTRUCTIONS**

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## COMMUNION DEVOTIONS

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## ANIMA CHRISTI

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

**MOTET**                                    ‘Surge, illuminare,’ *Giovanni Pierluigi da Palestrina (c. 1525-1594)*

Surge, illuminare, Jerusalem, quia venit lumen tuum, et gloria Domini super te orta est.  
Quia ecce tenebrae operient terram et caligo populos: super te autem orietur Dominus et gloria ejus in te videbitur.

Arise, shine, Jerusalem, for your light has come, and the glory of the Lord has risen in you. For darkness shall cover the earth, and a mist envelop the people, but the Lord shall rise within you, and the glory of the Lord shall be seen in you.

(Isaiah 60.1-3)

*The People may sit or kneel for the hymn.*

## COMMUNION HYMN 224 – My God, and is thy table spread

- 1 My God, and is thy table spread,  
And doth thy cup with love o'erflow?  
Thither be all thy children led,  
And let them all thy sweetness know.
- 2 Hail, sacred feast, which Jesus makes,  
Rich banquet of his Flesh and Blood!  
Thrice happy he who here partakes  
That sacred Stream, that heavenly Food.
- 3 Why are its bounties all in vain  
Before unwilling hearts displayed?  
Was not for them the Victim slain?  
Are they forbid the children's bread?
- 4 O let thy table honoured be,  
And furnished well with joyful guests;  
And may each soul salvation see  
That here its sacred pledges tastes.

*ROCKINGHAM*  
*Adapted by Edward Miller, 1790*

*Rev. P. Doddridge, 1755*

*The People kneel.*

## PRAYER AFTER COMMUNION

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.  
**Amen.**

## BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*The People stand.*

## DISMISSAL

Go in peace to love and serve the Lord.

**Thanks be to God.**

## CONCLUDING HYMN 487 – Come down, O Love divine

- 1 Come down, O Love divine,  
Seek thou this soul of mine,  
And visit it with thine own ardour glowing;  
O Comforter, draw near,  
Within my heart appear,  
And kindle it, thy holy flame bestowing.
- 2 O let it freely burn,  
Till earthly passions turn  
To dust and ashes in its heat consuming;  
And let thy glorious light  
Shine ever on my sight,  
And clothe me round, the while my path illuming.
- 3 And so the yearning strong,  
With which the soul will long,  
Shall far outpass the power of human telling;  
For none can guess its grace,  
Till he become the place  
Wherein the Holy Spirit makes his dwelling.

*DOWN AMPNEY*  
*Ralph Vaughan Williams, 1906*

*Bianco da Siena, d. 1434*  
*Tr. Richard Frederick Littledale, Jr., 1867*

*The people may be seated. Please maintain an atmosphere of reverent silence during and after the Voluntary.*

**VOLUNTARY** Herr Christ der ein'ge Gottes Sohn, BWV 601 *J.S. Bach (1685-1750)*