

**Saint Thomas's Church**  
**The Third Sunday After the Epiphany**  
**Sunday, January 21, 2024**  
**High Mass at 11:00 am**



Jonah preaches in Nineveh, Andrea Vaccaro, 17<sup>th</sup> Century  
Museum of Fine Arts of Seville

**Saint Thomas's Anglican Church**  
383 Huron Street,  
Toronto, Ontario M5S 2G5  
416-979-2323  
[www.stthomas.on.ca](http://www.stthomas.on.ca) [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement, though we hope you will avail yourself of **coffee hour in the parish hall** following this service, if possible. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant:** Fr. Nathan Humphrey  
**Deacon & Homilist:** Fr. Theo Ipema  
**Reader:** Maureen Somerville  
**Organist & Choirmaster:** Elizabeth Anderson  
**Assistant Organist & Choirmaster:** Manuel Piazza

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**MUSIC OF THE MASS**      Missa super Osculetur Me, Orlando di Lasso (1532-1594)

**VOLUNTARY**

*Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.*

*At the sound of the bell, all stand for the entrance of the Choir and Sacred Ministers.*

**INTROIT HYMN 186**

Jesus calls us!

- 1 Jesus calls us! O'er the tumult  
Of our life's wild restless sea  
Day by day his sweet voice soundeth,  
Saying, 'Christian, follow me':
- 2 As of old Saint Andrew heard it  
By the Galilean lake,  
Turned from home, and toil, and kindred,  
Leaving all for his dear sake.
- 3 Jesus calls us from the worship  
Of the vain world's golden store,  
From each idol that would keep us,  
Saying, "Christian, love me more.'
- 4 In our joys and in our sorrows,  
Days of toil and hours of ease,  
Still he calls, in cares and pleasures,  
'Christian, love me more than these.'

5 Jesus calls us! By thy mercies,  
Saviour, may we hear thy call,  
Give our hearts to thine obedience,  
Serve and love thee best of all.

*St Oswald*  
*Rev. J.B. Dykes, 1857*

*Cecil Frances Alexander, 1852*

*The People kneel.*

### COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Choir alone sings the Kyrie, the People kneeling.*

### KYRIE ELEISON

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

*The People stand.*

### GLORIA IN EXCELSIS DEO

*Missa de Angelis*

*Celebrant* *People*

Glo-ry be to God on high, and in earth peace, good will to - wards men. We praise thee,  
we bless\_\_\_ thee, we wor - ship thee, we glo-ri - fy\_ thee, we give thanks to\_\_\_ thee  
for thy great glo-ry, O Lord God hea-ven-ly King, God the Fath - er\_ Al - migh - ty.

O Lord, the on-ly-be-got-ten Son, Je - su\_ Christ; O Lord God,\_\_\_ Lamb of God,  
 Son of the\_\_\_ Fath - - - er, that tak - est a - way the sin of the world,\_\_\_  
 have mer - cy up - on us. Thou that tak - est a - way the sin of the world,  
 re - ceive our\_\_\_\_\_ prayer. Thou that sit - test at the right hand of God the Fath - er,  
 have mer - cy up - on us. For thou on - ly art\_ ho - ly; thou on - ly\_ art the Lord;  
 thou on - ly,\_\_\_ O Christ, with the Ho - ly Ghost, art\_\_\_ most\_\_\_ high  
 in the glo - ry of God the Fath - - - er. A\_\_\_\_\_ men.\_\_\_\_\_

*The People remain standing for the Collect.*

## COLLECT OF THE DAY

The Lord be with you.

**And with thy spirit.**

Let us pray.

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities stretch forth thy right hand to help and defend us; through Jesus Christ our Lord. **Amen.**

*The People sit.*

## FIRST LESSON

Jonah 3.1-5,10

The First Lesson is written in the third chapter of the book of Jonah, beginning at the first verse.

The word of the Lord came to Jonah a second time, saying, 'Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.' So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, 'Forty days more, and Nineveh shall be overthrown!' And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

## PSALM 62.5-12

IV. 6.



- Cantor* 5 Nevertheless my soul, wait thou in silence **up-on** God :  
*People* for my hope is in **him**.  
6 He truly is my strength and **my** sal-va-tion :  
he is my defence, so that I shall not **fall**.  
*Cantor* 7 In God is my health **and** my glo-ry :  
the rock of my might, and in God is my **trust**.  
*People* 8 O put your trust in him al-**way**, ye peo-ple :  
pour out your hearts before him, for God is our **hope**.  
*Cantor* 9 As for the sons of men, they are but vani-ty;  
yea, the sons of men are a de-**ceit** :  
upon the scales they are altogether lighter than vanity it-**self**.

*People* 10 O trust not in wrong and robbery, give not yourselves **un**-to van-i<sup>2</sup>ty :  
if riches increase, set not your heart upon **them**.

*Cantor* 11 God spake once, and twice I have also **heard** the same :  
that power belongeth unto **God**;

*People* 12 And that thou, **Lord**, art mer-ci<sup>2</sup>ful :  
for thou renderest unto every man according to his **work**.

## SECOND LESSON

1 Corinthians 7.29-31

The Epistle is written in in the seventh chapter of St Paul's first epistle to the Corinthians, beginning at the twenty-ninth verse.

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The word of the Lord.  
**Thanks be to God.**

## GOSPEL ACCLAMATION

*Cantor* *People*

Al - le - lu - ia. \* Al - le - lu - ia.

*Tone VI*

*Cantor* THE TIME is fulfill-ed, and the kingdom of God is **at** hand : repent, and believe **in** thë gos-pel.

*The People repeat the Alleluia from the asterisk.*

## THE HOLY GOSPEL

Mark 1.14-20

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the first chapter of the Gospel according to Saint Mark, beginning at the fourteenth verse.

**Glory be to thee, O Lord.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.' As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you fish for people.' And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of Christ.

**Praise be to thee, O Christ.**

*The People sit at the invitation of the Preacher.*

**SERMON**



*The People stand to sing the Creed. All who are able to kneel, please do so at “and was incarnate,” rising after “and was made man.”*

**THE NICENE CREED**

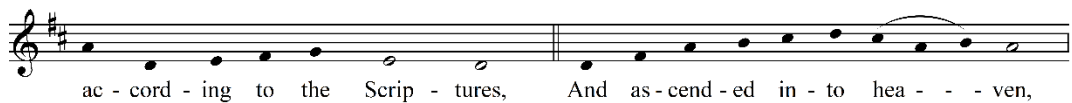
*Missa de Angelis*

*Celebrant* *People*

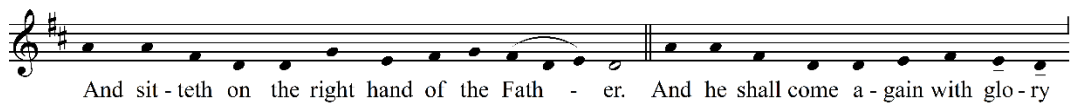
I be-lieve in one\_\_\_ God the Fath-er Al-migh-ty, Mak-er of hea-ven and earth,  
And of all things vis - - - i - ble and in - vis - - - i - ble;  
And in one Lord Je - sus Christ, the on - ly - be - got - ten Son of God,  
Be - got - ten of the Fath - - er be - fore all worlds; God, of God; Light, of Light;  
Ve - ry God, of Ve - ry God; Be - got - ten not\_\_\_ made; Be - ing of one sub - stance  
with the Fath - er; Through whom all\_\_\_ things were made: Who for us men  
and for our sal - va - tion came down from hea - ven, And was in - car - nate by  
the\_\_\_ Ho - ly Ghost of the Vir - gin Ma - ry, And was made man,  
And was cru - - ci - fi - ed al - so for\_\_\_ us un - der Pon - tius Pi - late.



He suf - fer - ed and was bu - - - ri - ed, And the third day he rose a - gain



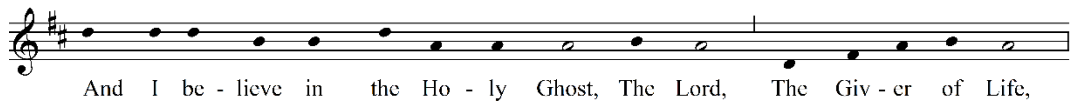
ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,



And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry



to judge both the quick and the dead: Whose king - dom shall have no end.



And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,



Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son



to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - - phets.



And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.



I ac - know - ledge one Bap - tism for the re - mis - sion of sins. And I look for



the Re - sur - rec - tion of the dead, And the Life of the world to come.



A - - - - - men.

## OFFERTORY SENTENCE

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

*The People remain standing for the hymn.*

## OFFERTORY HYMN 572

O Jesus, I have promised

*All* 1 O Jesus, I have promised  
To serve thee to the end;  
Be thou for ever near me,  
My Master and my Friend;  
I shall not fear the battle  
If thou art by my side,  
Nor wander from the pathway  
If thou wilt be my Guide.

*Upper* 2 O let me feel thee near me:  
*Voices* The world is ever near;  
I see the sights that dazzle,  
The tempting sounds I hear;  
My foes are ever near me,  
Around me and within;  
But, Jesus, draw thou nearer,  
And shield my soul from sin.

*Lower* 3 O Jesus, thou hast promised  
*Voices* To all who follow thee,  
That where thou art in glory  
There shall thy servant be;  
And, Jesus, I have promised  
To serve thee to the end!  
O give me grace to follow,  
My Master and my Friend.

*All* 4 O let me see thy footmarks,  
And in them plant mine own:  
My hope to follow duly  
Is in thy strength alone.  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my Friend.

*WOLVERCOTE*  
*William Harold Ferguson (1874-1950)*

*Rev. J.E. Bode, 1868*

*The People sit if the Choir also sits, standing again as the thurifer approaches for the censuring.*

### **PRAYER OVER THE GIFTS**

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*The People kneel.*

### **INTERCESSIONS**

*Celebrant:* Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

*Intercessor:* I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan cycle of prayer, and for \_\_\_\_\_ according to the Parish cycle of prayer, and for all who serve and minister to God's people. (*Silence.*)

The musical notation consists of two staves. The first staff is labeled 'Intercessor' and contains the melody for 'Lord, in thy mer - cy,'. The second staff is labeled 'People' and contains the melody for 'we be - seech thee, hear our prayer.'.

Intercessor: Lord, in thy mer - cy,

People: we be - seech thee, hear our prayer.

*Intercessor:* I bid your prayers for Charles, King of Canada, and for all in civil authority under him in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Israel, Palestine, Ukraine and Sudan, and all other places we now name, silently or aloud. May God grant us the spirit of respect and forbearance for all nations and peoples. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream, and for newcomers and visitors this morning, both near and far. [We give thanks especially on this day for \_\_\_\_\_.] And for all other thanksgivings we now name, silently or aloud \_\_\_\_\_. May God's abiding presence be with us always, that we may be a blessing to all people. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all those in need, for the sick\_\_\_\_\_, and for all those suffering in mind, body, or estate; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked\_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the souls of the departed, especially\_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. *(Silence.)*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Celebrant:* Hasten, O Father, the coming of thy kingdom; and grant that we thy servants, who now live by faith, may with joy behold thy Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

## **INVITATION, CONFESSION AND ABSOLUTION**

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People remain kneeling.*

## **EUCCHARISTIC PRAYER**

The musical notation consists of three staves, each with a treble clef and a key signature of three flats (B-flat, E-flat, A-flat). The first staff is divided into two parts: 'Celebrant' on the left and 'People' on the right. The lyrics are: 'The\_\_ Lord be\_\_ with\_\_ you; And\_\_ with thy\_\_ spi - rit.' The second staff also has two parts: 'Celebrant' and 'People'. The lyrics are: 'Lift \_\_\_ up your hearts; We lift \_\_\_ them up un - to \_\_\_ the Lord.\_\_' The third staff has two parts: 'Celebrant' and 'People'. The lyrics are: 'Let us\_\_ give\_\_ thanks un - to\_\_ our Lord God; It is meet and right so\_\_ to do.\_\_'

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

For thou art the fountain of light and life for all thy creation: thou hast made us in thine own image, and dost raise us to new life in Jesus Christ our Saviour.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*

**SANCTUS & BENEDICTUS**

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
✠ Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death



of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,

*Celebrant* *People*

O Fa - ther al - might - ty, world with - out \_\_\_ end. A - men. \_\_\_

### THE LORD'S PRAYER

*Music by John Merbecke*

*Celebrant*

And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:

*People*

Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,

Thy will be done, on earth, as it is in heav'n. Give us this day our dai - ly bread;

and for - give us our tres-pass-es, As we for - give them that tres-pass a - gainst us;

And lead us not in - to temp - ta - tion, But de - li - ver us from ev - il.

For thine is the king-dom, the pow-er and the glo-ry, For ev - er and ev - er. A-men.

## FRACTION & PEACE

*A period of silence is kept. The consecrated Bread is broken.*



*Celebrant* *People*

The peace of the Lord be al-ways with you. And with thy spi - rit.

## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume  
to come to this thy Table, O merciful Lord, Trusting in our own righteousness,  
But in thy manifold and great mercies. We are not worthy So much as to gather  
up the crumbs under thy Table. But thou art the same Lord, Whose property is  
always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of  
thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may  
be made clean by his Body, And our souls washed through his most precious  
Blood, And that we may evermore dwell in him, And he in us. Amen.

*The Choir alone sings:*

## AGNUS DEI

O Lamb of God, that takest away the sin of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sin of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sin of the world, grant us thy peace.	Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*The Celebrant turns to face the People and says,*

## INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world.  
**Lord, I am not worthy that thou shouldst come under my roof, but speak the  
word only, and my soul shall be healed.**

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## COMMUNION DEVOTIONS

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## ANIMA CHRISTI

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.

And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

**MOTET**

'The Call,' Paynter (1931-2010)

Come, my Way, my truth, my life: Such a way, as gives us breath: Such a truth, as ends all strife: Such a life, as killeth death. Come, my light, my feast, my strength: Such a light, as shows a feast: such a feast, as mends in length: Such a strength, as makes his guest. Come, my joy, my love, my heart: such a joy, as none can move: Such a love, as none can part: Such a heart, as joys in love.

George Herbert (1593-1633)

*The People may sit or kneel for the hymn.*

**COMMUNION HYMN 93**

The people that in darkness sat



1. The peo - ple that in dark-ness sat A glo - rious light have seen;  
2. To hail thee, Sun of right-cous-ness, The gath-ering na - tions come;  
3. For thou their bur - den dost re - move, And break the ty - rant's rod,  
4. For un - to us a Child is born, To us a Son is giv'n,  
5. His Name shall be the Prince of Peace, The E - ver - last - ing Lord,  
6. Lord Je - sus, reign in us we pray, And make us thine a - lone,



The Light has shined on them who long In shades of death have been.  
Their joy as when the rea - pers bear Their har - vest trea - sures home.  
As in the day when Mi - dian fell Be - fore the sword of God.  
And on his shoul - der e - ver rests All pow'r in earth and heav'n.  
The won - der - ful, the coun - sel - lor, The God by all a - dored.  
Who with the Fa - ther e - ver art And Ho - ly Spi - rit One.

DUNDEE  
The cl Palmes, Edinburgh, 1615

Rev. John Morison, 1781

*The People kneel.*

## **PRAYER AFTER COMMUNION**

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

## **BLESSING**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the ✠ Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*The People stand.*

## **DISMISSAL**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

## CONCLUDING HYMN 355

Through all the changing scenes of life

- 1 Through all the changing scenes  
of life,  
In trouble and in joy,  
The praises of my God shall still  
My heart and tongue employ.
- 2 O magnify the Lord with me,  
With me exalt in his Name;  
When in distress to him I called,  
He to my rescue came.
- 3 The hosts of God encamp around  
The dwellings of the just;  
Deliverance he affords to all  
Who on his succour trust.
- 4 O make but trial of his love,  
Experience will decide  
How blest are they, and only they  
Who in his truth confide.
- 5 Fear him, ye saints, and you  
will then  
Have nothing else to fear;  
Make you his service your delight,  
Your wants shall be his care.
- 6 To Father, Son, and Holy Ghost,  
The God whom we adore,  
Be glory, as it was, is now,  
And shall be evermore.

*WILTSHIRE*  
*Sir George Smart, 1795*

*Tate and Brady, 1696*

## VOLUNTARY

*The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.*

*Coffee Hour follows this service in the Parish Hall.*

*The Altar flowers are given to the honour and glory of Almighty God:*

*Those at the High Altar in loving memory of Margaret and Benjamin Stitt,  
and Madeline Graham by Gail Fox;*

*and*

*Those on the Lady Altar are in loving remembrance of Janice Elizabeth Fortner.  
Once a bright light in my life, now forever a memory in my heart.  
Given by her mother, Nancy Fortner.*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

### **Saint Thomas's Anglican Church**

383 Huron Street,

Toronto, Ontario M5S 2G5

416-979-2323

[www.stthomas.on.ca](http://www.stthomas.on.ca)   [office@stthomas.on.ca](mailto:office@stthomas.on.ca)