



**The Third Sunday After Epiphany  
Sunday, January 23, 2022**

**Sung Mass at 9:30 am**



*Starry Night*, Vincent van Gogh, 1889  
Museum of Modern Art, New York City

**Saint Thomas's Anglican Church**  
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*The Altar flowers are given to the honour and glory of almighty God:  
Those at the High Altar are in loving memory of Margaret and Benjamin Stitt,  
and Madeline Graham, by Gail Fox.*

**Celebrant & Homilist:** Fr. Humphrey  
**Reader:** Nicholas Sauliner  
**Organist & Director of Music:** Matthew Whitfield

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**MUSIC OF THE MASS** – Communion Service, *William Mathias*

*Please stand at the sound of the bell.*

**GREETING**

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People:* **And also with you.**

**COLLECT FOR PURITY**

*Celebrant:* Almighty God,

*People:* **To you all hearts are open, all desires known, and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

*The Choir sings:*

**GLORIA IN EXCELSIS DEO**

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: Have mercy on us; You are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

**THE COLLECT OF THE DAY**

Let us pray.

Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

**FIRST READING:** Nehemiah 8.1-4a, 5-6, 8-10

A reading from the book of the prophet Nehemiah:

And all the people gathered as one man into the square before the Water Gate; and they told Ezra the scribe to bring the book of the law of Moses which the LORD had given to Israel. And Ezra the priest brought the law before the assembly, both men and women and all who could hear with understanding, on the first day of the seventh month. And he read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra the scribe stood on a wooden pulpit which they had made for the purpose. And Ezra opened the book in the sight of all the people, for he was above all the people; and when he opened it all the people stood. And Ezra blessed the LORD, the great God; and all the people answered, "Amen, Amen," lifting up their hands; and they bowed their heads and worshipped the LORD with their faces to the ground. And they read from the book, from the law of God, clearly; and they gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the LORD your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions to him for whom nothing is prepared; for this day is holy to our Lord; and do not be grieved, for the joy of the LORD is your strength."

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM 19**



The law of the Lord is per- fect, and re - vives\_ the soul.

The heavens declare the glory of God, and the firmament shows his handiwork. One day tells its tale to another, and one night imparts knowledge to another. **R/.**

Although they have no words or language, and their voices are not heard, Their sound has gone out into all lands, and their message to the ends of the world. **R/.**

In the deep has he set a pavilion for the sun; it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course. It goes forth from the uttermost edge of the heavens and runs about to the end of it again; nothing is hidden from its burning heat. **R/.**

The law of the Lord is perfect and revives the soul; the testimony of the Lord is sure and gives wisdom to the innocent. The statutes of the Lord are just and rejoice the heart; the commandment of the Lord is clear and gives light to the eyes. The fear of the Lord is clean and endures for ever; the judgements of the Lord are true and righteous altogether. More to be desired are they than gold, more than much fine gold, sweeter far than honey, than honey in the comb. **R/.**

By them also is your servant enlightened, and in keeping them there is great reward. Who can tell how often he offends? Cleanse me from my secret faults. **R/.**

Above all, keep your servant from presumptuous sins; let them not get dominion over me; then shall I be whole and sound, and innocent of a great offense. Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. **R/.**

**SECOND READING: 1 Corinthians 12.12-31a**

A reading from the first epistle to the Corinthians:

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For by one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit. For the body does not consist of one member but of many. If the foot should say, “Because I am not a hand, I do not belong to the body,” that would not make it any less a part of the body. And if the ear should say, “Because I am not an eye, I do not belong to the body,” that would not make it any less a part of the body. If the whole body were an eye, where would be the hearing? If the whole body were an ear, where would be the sense of smell? But as it is, God arranged the organs in the body, each one of them, as he chose. If all were a single organ, where would the body be? As it is, there are many parts, yet one body. The eye cannot say to the hand, “I have no need of you,” nor again the head to the feet, “I have no need of you.” On the contrary, the parts of the body which seem to be weaker are indispensable, and those parts of the body which we think less honourable we invest with the greater honour, and our unpresentable parts are treated with greater modesty, which our more presentable parts do not require. But God has so composed the body, giving the greater honour to the inferior part, that there may be no discord in the body, but that the members may have the same care for one another. If one member suffers, all suffer together; if one member is honoured, all rejoice together. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts.

The word of the Lord.

**Thanks be to God.**

*Please stand.*

**GOSPEL ACCLAMATION**

Alleluia. Alleluia. The Lord has anointed me to preach good news to the poor and release to the captives. Alleluia.

**THE HOLY GOSPEL: Luke 4.14-21**

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Luke.

**Glory to you, Lord Jesus Christ.**

And Jesus returned in the power of the Spirit into Galilee, and a report concerning him went out through all the surrounding country. And he taught in their synagogues, being glorified by all. And he came to Nazareth, where he had been brought up; and he went to the synagogue, as his custom was, on the sabbath day. And he stood up to read; and there was given to him the book of the prophet Isaiah. He opened the book and found the place where it was written, "The Spirit of the Lord is upon me, because he has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord." And he closed the book, and gave it back to the attendant, and sat down; and the eyes of all in the synagogue were fixed on him. And he began to say to them, "Today this scripture has been fulfilled in your hearing."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

**SERMON**

*After the Sermon, please remain seated for a period of silent reflection. Please stand when the Celebrant stands.*

**THE NICENE CREED**

*Celebrant:* Let us confess our faith, as we say,

*People:* **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)***

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please remain standing.*

### INTERCESSIONS

*Celebrant:* Dear friends in Christ, let us pray for the church and for the world.

*Intercessor:* I ask your prayers for the church universal throughout the world; for Andrew our bishop, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan prayer cycle, and for all who serve and minister to God's people.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for the Queen and for all in authority in our nation, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_. [we pray especially for \_\_\_\_\_ on the anniversary of his/her baptism / ordination / confirmation, etc.] May God's abiding presence be with us always, and may we be a blessing to all people.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for all those in need, for the sick \_\_\_\_\_, and all those suffering from Covid-19, and for an early end to the pandemic, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked \_\_\_\_\_, that they will be comforted by the ever-present love of our Lord.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and on their year's mind for \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Celebrant:* God of every land and nation, you have created all people and you dwell among us in Jesus Christ. Listen to the petitions of those who pray to you, and grant that, as we proclaim the greatness of your name, all people will know the power of your love at work in the world. We ask this through Christ our Lord. **Amen.**

## INVITATION, CONFESSION, ABSOLUTION

*Celebrant:* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People may bow or kneel for the Confession. Silence is kept.*

*Celebrant:* Most merciful God,

***People: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.***

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

*All standing, the Celebrant bids the Peace.*

### THE PEACE

The peace of the Lord be always with you.

**And also with you.**

*Please stand for the hymn during the Offertory.*

### OFFERTORY HYMN 460 – Lo, God is here: let us adore

- 1 Lo, God is here: let us adore,  
And own how sacred is this place:  
Let all within us feel his power,  
And silent bow before his face:  
Who know his power, his grace who prove,  
Serve him with awe, with reverence love.
- 2 Lo, God is here: him day and night  
United choirs of angels sing:  
To him, enthroned above all height,  
Heaven's host their noblest praises bring.  
Disdain not, Lord, our meaner song,  
Who praise thee with a stammering tongue.
- 3 Almighty Lord, may this our praise  
Thy courts with grateful fragrance fill  
Still may we stand before thy face,  
Still hear and do thy sovereign will:  
To thee may all our thoughts arise,  
Ceaseless, accepted sacrifice.

VATER UNSER  
Geistliche Lieder, Leipzig, 1539  
Harmonized by J.S. Bach

*Tr. (1739) from the German of G. Tersteegen (1729) by Rev. John Wesley*



*Please stand.*

### PRAYER OVER THE GIFTS

Loving God, before the world began you called us. Make holy all we offer you this day, and strengthen us in that calling. We ask this in the name of Jesus Christ the Lord. **Amen.**

### THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

*The Choir sings:*

### SANCTUS & BENEDICTUS

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

*Please remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant:* Therefore, Father, according to his command:

*People:* **We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

#### THE LORD'S PRAYER

*Celebrant:* As our Saviour taught us, let us pray:

*People:* **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

#### THE BREAKING OF THE BREAD

*Celebrant:* "I am the bread of life," says the Lord.  
"Whoever comes to me will never be hungry;  
whoever believes in me will never thirst."

*People:* **Taste and see that the Lord is good;  
Happy are they who trust in him!**

#### HOLY COMMUNION

*Celebrant:* The gifts of God for the people of God.

*People:* **Thanks be to God.**

*The Choir sings:*

#### AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us.  
Lamb of God, you take away the sins of the world; have mercy on us.  
Lamb of God, you take away the sins of the world; grant us peace.

*All baptized Christians are invited to come forward to receive Holy Communion as directed by the Sidespeople.*

### MOTET

'Listen, sweet dove,'

Grayston Ives

Listen sweet dove unto my song, And spread thy golden wings in me; Hatching my tender heart so long, Till it get wing and flie away with thee. Such glorious gifts thou didst bestow that The earth did like a heav'n appeare, The starres were coming down to know If they might mend their wages and serve here. The sunne which once did shine alone, Hung down his head and wisht for night, When he beheld twelve sunnes for one Going about the world and giving light. Lord though we change thou art the same, The same sweet God of love and light: Restore this day for thy great name, Unto his ancient and miraculous right. (George Herbert, 1593–1633)

### AN ACT OF SPIRITUAL COMMUNION WHICH MAY BE SAID BY THOSE NOT RECEIVING

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

### ANIMA CHRISTI

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

*Please stand.*

### PRAYER AFTER COMMUNION

*Celebrant:* Let us pray.

Gracious God, our hands have taken holy things; our lives have been nourished by the body of your Son. May we who have eaten at this holy table be strengthened for service in your world. We ask this in the name of Jesus Christ the Lord. **Amen.**

## BLESSING AND DISMISSAL

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

*Celebrant:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

## CONCLUDING HYMN 487 – Come down, O Love divine

- 1 Come down, O Love divine,  
Seek thou this soul of mine,  
And visit it with thine own ardour glowing;  
O Comforter, draw near,  
Within my heart appear,  
And kindle it, thy holy flame bestowing.
- 2 O let it freely burn,  
Till earthly passions turn  
To dust and ashes in its heat consuming;  
And let thy glorious light  
Shine ever on my sight,  
And clothe me round, the while my path illuming.
- 3 Let holy charity  
Mine outward vesture be,  
And lowliness become mine inner clothing;  
True lowliness of heart,  
Which takes the humbler part,  
And o'er its own shortcomings weeps with loathing.
- 4 And so the yearning strong,  
With which the soul will long,  
Shall far outpass the power of human telling;  
For none can guess its grace,  
Till he become the place  
Wherein the Holy Spirit makes his dwelling.

*DOWN AMPNEY*  
*Ralph Vaughan Williams, 1906*

*Bianco da Siena, d. 1434, Tr. Richard Frederick Littledale, Jr., 1867*