

**Saint Thomas's Church**  
**The Sunday called Septuagesima**

**Sunday, January 28, 2024**  
**Evensong & Adoration at 5:00 pm**



Suffer little children to come unto me, Anthony van Dyck, c. 1618  
The National Gallery of Canada

**Saint Thomas's Anglican Church**  
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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself.

Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokythoms](http://qrco.de/smokythoms). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**





*People*            Glory be to the Father, and **to** the Son : **and** to the Ho-ly<sup>^</sup>Ghost;  
*Cantor*            As it was in the beginning, is now, and **ev**-er shall be :  
*People*            world **with**-out end. A-men.

## FIRST LESSON

Genesis 2.4-end

The First Lesson is written in the book Genesis, in the second chapter, beginning at the fourth verse.

These are the generations of the heavens and the earth when they were created. In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up - for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground - then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

A river flows out of Eden to water the garden, and from there it divides and becomes four branches. The name of the first is Pishon; it is the one that flows around the whole land of Havilah, where there is gold; and the gold of that land is good; bdellium and onyx stone are there. The name of the second river is Gihon; it is the one that flows around the whole land of Cush. The name of the third river is Tigris, which flows east of Assyria. And the fourth river is the Euphrates.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Then the Lord God said, "It is not good that the man should be alone; I will make him a helper as his partner." So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept;

then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, "This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken."

Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

Here endeth the First Lesson.

*The People remain seated for a period of quiet reflection, standing when the Choir stands.*

### **THE MAGNIFICAT**

St. Paul's Service, Herbert Howells (1892-1983)

My soul doth magnify the Lord, / and my spirit hath rejoiced in God my Saviour.  
For he hath regarded / the lowliness of his handmaiden.  
For behold, from henceforth / all generations shall call me blessed.  
For he that is mighty hath magnified me; / and holy is his Name.  
And his mercy is on them that fear him / throughout all generations.  
He hath showed strength with his arm; /  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, /  
and hath exalted the humble and meek.  
He hath filled the hungry with good things; /  
and the rich he hath sent empty away.  
He remembering his mercy / hath holpen his servant Israel;  
As he promised to our forefathers, / Abraham and his seed for ever.

Glory be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.

*The People sit.*

## **SECOND LESSON**

Mark 10.1-16

The Second Lesson is written in the Gospel according to Saint Mark, in the tenth chapter, beginning at the first verse.

Jesus left that place and went to the region of Judea and beyond the Jordan. And crowds again gathered around him; and, as was his custom, he again taught them.

Some Pharisees came, and to test him they asked, "Is it lawful for a man to divorce his wife?" He answered them, "What did Moses command you?" They said, "Moses allowed a man to write a certificate of dismissal and to divorce her." But Jesus said to them, "Because of your hardness of heart he wrote this commandment for you. But from the beginning of creation, 'God made them male and female.' 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.' So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate."

Then in the house the disciples asked him again about this matter. He said to them, "Whoever divorces his wife and marries another commits adultery against her; and if she divorces her husband and marries another, she commits adultery."

People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them. But when Jesus saw this, he was indignant and said to them, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. Truly I tell you, whoever does not receive the kingdom of God as a little child will never enter it." And he took them up in his arms, laid his hands on them, and blessed them.

Here endeth the Second Lesson.

*The People remain seated for a period of quiet reflection, standing when the Choir stands.*

## **NUNC DIMITTIS**

St. Paul's Service, Herbert Howells

Lord, now lettest thou thy servant depart in peace, / according to thy word.  
For mine eyes have seen thy salvation, /  
which thou hast prepared before the face of all people;  
To be a light to lighten the Gentiles, / and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.

## **APOSTLES' CREED**

*The Creed is chanted on a monotone, the Officiant beginning,*

I believe in God  
**the Father Almighty,**  
**Maker of heaven and earth:**  
**And in Jesus Christ his only Son our Lord,**  
**Who was conceived by the Holy Ghost,**  
**Born of the Virgin Mary,**  
**Suffered under Pontius Pilate,**  
**Was crucified, dead, and buried:**  
**He descended into hell;**  
**The third day he rose again from the dead;**  
**He ascended into heaven,**  
**And sitteth on the right hand of God the Father Almighty;**  
**From thence he shall come to judge the quick and the dead.**  
I believe in the Holy Ghost;  
The holy Catholic Church;  
The Communion of Saints;  
The Forgiveness of sins;  
The Resurrection of the body,  
And the Life everlasting. Amen.



*The Officiant and Choir sing alone,*

**THE SALUTATION AND LESSER LITANY**

Bernard Rose

☩. The Lord be with you.

☩̄. And with thy spirit.

☩. Let us pray.

*The People kneel.*

☩̄. Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**THE LORD'S PRAYER**

Bernard Rose

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

**THE RESPONSES**

Bernard Rose

☩. O Lord, show thy mercy upon us;

☩̄. And grant us thy salvation.

☩. O Lord, save the King,

☩̄. And mercifully hear us when we call upon thee.

☩. Endue thy ministers with righteousness.

☩̄. And make thy chosen people joyful.

☩. O Lord, save thy people.

☩̄. And bless thine inheritance.

☩. Give peace in our time, O Lord;

☩̄. Because there is none other that fighteth for us, but only thou, O God.

☩. O God, make clean our hearts within us;

☩̄. And take not thy Holy Spirit from us.

## THE COLLECT OF THE DAY

O Lord, we beseech thee favourably to hear the prayers of thy people; that we, who are justly punished for our offences, may be mercifully delivered by thy goodness, for the glory of thy Name; through Jesus Christ our Saviour, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. Amen.

## COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

## COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. Amen.

*The People sit.*

## ANTHEM

Jesus Christ the apple tree, Elizabeth Poston (1905-1987)

The tree of life my soul hath seen, Laden with fruit, and always green: The trees of nature fruitless be Compared with Christ the apple tree. His beauty doth all things excel: By faith I know, but ne'er can tell The glory which I now can see In Jesus Christ the apple tree. For happiness I long have sought, And pleasure dearly I have bought: I missed of all; but now I see 'Tis found in Christ the apple tree. I'm weary with my former toil, Here I will sit and rest awhile: Under the shadow I will be, Of Jesus Christ the apple tree. This fruit doth make my soul to thrive, It keeps my dying faith alive; Which makes my soul in haste to be With Jesus Christ the apple tree.

Anon, 18<sup>th</sup> Century

*The People kneel.*

## CONCLUDING PRAYERS

*The Officiant may say selected prayers, following which all say the General Thanksgiving.*

Almighty God, Father of all mercies,

**We thine unworthy servants do give thee most humble and hearty thanks For all thy goodness and loving-kindness To us and to all men; We bless thee for our creation, preservation, and all the blessings of this life; But above all for thine inestimable love In the redemption of the world by our Lord Jesus Christ; For the means of grace, And for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, That our hearts may be unfeignedly thankful, And that we show forth thy praise, Not only with our lips, but in our lives; By giving up ourselves to thy service, And by walking before thee in holiness and righteousness all our days; Through Jesus Christ our Lord, To whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

## A PRAYER OF SAINT CHRYSOSTOM

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.  
**Amen.**

## THE GRACE

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

*2 Corinthians 13.14*

*The People stand.*

## HYMN 102

Let us with a gladsome mind

- 1 Let us with a gladsome mind  
Praise the Lord, for he is kind:  
*For his mercies aye endure  
Ever faithful, ever sure.*
- 2 He with all-commanding might  
Filled the new-made world with light:  
*For his mercies . . .*
- 3 He the golden-tressèd sun  
Caused all day his course to run:  
*For his mercies . . .*
- 4 All things living he doth feed,  
His full hand supplies their need:  
*For his mercies . . .*
- 5 Let us then with gladsome mind,  
Praise the Lord, for he is kind.  
*For his mercies . . .*

MONKLAND  
*Arranged (1861) by J.B. Wilkes, from tune written 1824*

*John Milton, 1623*

*The People kneel at the sound of the Sanctus bells.*

## ADORATION

### O SALUTARIS HOSTIA

*HEREFORD*

- 5 O Saving Victim, opening wide  
The gate of heaven to man below:  
Our foes press on from every side;  
Thine aid supply, thy strength bestow.
- 6 All praise and thanks to thee ascend  
For evermore, Blest One in Three;  
O grant us life that shall not end  
In our true native land with thee. Amen.

## MOTET

'O sacrum convivium,' Olivier Messiaen (1908-1992)

O sacrum convivium! In quo Christus sumitur: recolitur memoria passionis ejus: mens impletur gratia: et futurae gloriae nobis pignus datur. Alleluia.

O sacred feast, wherein Christ is received, the memory of His Passion is renewed in us, our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluia.

## TANTUM ERGO SACRAMENTUM

GRAFTON

- 5 Therefore we, before him bending,  
this great sacrament revere:  
types and shadows have their ending,  
for the newer rite is here;  
faith, our outward sense befriending,  
makes our inward vision clear.
- 6 Glory let us give and blessing  
to the Father and the Son,  
honour, might, and praise addressing,  
while eternal ages run;  
ever too his love confessing,  
who, from both, with both is One. Amen.

*The People match the pitch of the Minister on the underlined syllable.*

Thou gavest them Bread from hea-ven;  
**Containing in itself all sweet-ness.**

## COLLECT OF CORPUS CHRISTI

O God, who in a wonderful sacrament hast left unto us a memorial of thy passion: Grant us so to reverence the holy mysteries of thy Body and Blood, that we may ever know within ourselves the fruit of thy redemption; who livest and reignest with the Father in the unity of the Holy Ghost, one God, world without end. **Amen.**

PSALM 117—Laudate Dominum; *Tone VI*

*Antiphon:*

*Cantor*

*People*



Let us adore Christ our Lord, in the most Holy Sacrament.

*Tone VI*



O PRAISE the Lord, all ye **na**-tions : laud him, **all** yē peo-ples.

For his merciful kindness is ever more and more to-**wards** us :  
and the truth of the Lord endureth for **ev**-ēr. Praise the<sup>^</sup>Lord.

Glory be to the Father, and to **the** Son : and **to** thē Ho-ly<sup>^</sup>Ghost;

As it was in the beginning, is now, and ever **shall** be :  
world with-**out** ãnd. A-men.

*All repeat the Antiphon from the beginning.*

*The People remain kneeling as the Sacrament is carried to the Lady Altar and reposed.*

*The People rise at the sound of the Sanctus bells.*

*The Altar flowers are given to the honour and glory of Almighty God:*

*Those on the High Altar in memory of Lilly and Neilson Swan;*

*and*

*Those on the Lady Altar in loving memory of Jean and Joe Josselyn  
by Dan and Jeff Josselyn-Creighton.*

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*Copyright Year: 1961 Publisher: Novello & Company Limited*

*Jesus Christ the apple tree Music by: Poston, Elizabeth*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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