



**The Fourth Sunday After Epiphany  
Sunday, January 30, 2022**

**Sung Mass at 9:30 am**



Faith, Hope, and Charity - Bas relief sculpture of the three theological virtues,  
St. Giles Cathedral, Edinburgh, Scotland

**Saint Thomas's Anglican Church**  
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*The Altar flowers are given to the honour and glory of almighty God:  
Those at the High Altar are in memory of Lilly and Neilson Swan.*

**Celebrant & Homilist:** Fr. Shire  
**Reader:** Nick Saulnier  
**Organist & Director of Music:** Matthew Whitfield

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**MUSIC OF THE MASS** – Community Mass, *Richard Proulx*

*Please stand at the sound of the bell.*

**GREETING**

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People:* **And also with you.**

**COLLECT FOR PURITY**

*Celebrant:* Almighty God,

*People:* **To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

*The Choir sings:*

**GLORIA IN EXCELSIS DEO**

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: Have mercy on us; You are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

**THE COLLECT OF THE DAY**

Let us pray.

Living God, in Christ, you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

**FIRST READING: Jeremiah 1.4-10**

A reading from the book of the prophet Jeremiah:

Now the word of the LORD came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord GOD! Behold, I do not know how to speak, for I am only a youth." But the LORD said to me, "Do not say, 'I am only a youth'; for to all to whom I send you, you shall go, and whatever I command you, you shall speak. Be not afraid of them, for I am with you to deliver you, says the LORD." Then the LORD put forth his hand and touched my mouth; and the LORD said to me, "Behold, I have put my words in your mouth. See, I have set you this day over nations and over kingdoms, to pluck up and to break down, to destroy and to overthrow, to build and to plant."

The word of the Lord.

**Thanks be to God.**

**RESPONSORIAL PSALM 71.1-6**

In you, O Lord, have I taken refuge; let me never be ashamed. In your righteousness, deliver me and set me free; incline your ear to me and save me.

Be my strong rock, a castle to keep me safe; you are my crag and my stronghold. Deliver me, my God, from the hand of the wicked, from the clutches of the evildoer and the oppressor.

For you are my hope, O Lord God, my confidence since I was young. I have been sustained by you ever since I was born; from my mother's womb you have been my strength; my praise shall be always of you.

**SECOND READING: 1 Corinthians 13.1-13**

A reading from the First Epistle to the Corinthians:

If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things.

Love never ends; as for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. For our knowledge is imperfect and our prophecy is imperfect; but when the perfect comes, the imperfect will pass away. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became a man, I gave up childish ways.

For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall understand fully, even as I have been fully understood. So faith, hope, love abide, these three; but the greatest of these is love.

The word of the Lord.

**Thanks be to God.**

*Please stand.*

### GOSPEL ACCLAMATION

Alleluia. Alleluia. The Lord has anointed me to preach good news to the poor and release to the captives. Alleluia.

#### THE HOLY GOSPEL: Luke 4.21-30

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Luke.

**Glory to you, Lord Jesus Christ.**

And Jesus began to say to them, "Today this scripture has been fulfilled in your hearing." And all spoke well of him, and wondered at the gracious words which proceeded out of his mouth; and they said, "Is not this Joseph's son?" And he said to them, "Doubtless you will quote to me this proverb, 'Physician, heal yourself; what we have heard you did at Capernaum, do here also in your own country.'" And he said, "Truly, I say to you, no prophet is acceptable in his own country. But in truth, I tell you, there were many widows in Israel in the days of Elijah, when the heaven was shut up three years and six months, when there came a great famine over all the land; and Elijah was sent to none of them but only to Zarephath, in the land of Sidon, to a woman who was a widow. And there were many lepers in Israel in the time of the prophet Elisha; and none of them was cleansed, but only Naaman the Syrian." When they heard this, all in the synagogue were filled with wrath. And they rose up and put him out of the city, and led him to the brow of the hill on which their city was built, that they might throw him down headlong. But passing through the midst of them he went away.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

### SERMON

*After the Sermon, please remain seated for a period of silent reflection. Please stand when the Celebrant stands.*

### THE NICENE CREED

*Celebrant:* Let us confess our faith, as we say,

***People:* We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)***

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please remain standing.*

### **INTERCESSIONS**

*Celebrant:* Dear friends in Christ, let us pray for the church and for the world.

*Intercessor:* I ask your prayers for the church universal throughout the world; for Andrew our bishop, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan prayer cycle, and for all who serve and minister to God's people.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for the Queen and for all in authority in our nation, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_. [we pray especially for \_\_\_\_\_ on the anniversary of his/her baptism / ordination/ confirmation, etc.] May God's abiding presence be with us always, and may we be a blessing to all people.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for all those in need, for the sick \_\_\_\_\_, and all those suffering from Covid-19, and for an early end to the pandemic, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked \_\_\_\_\_, that they will be comforted by the ever-present love of our Lord.

*silence*

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* I ask your prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and on their year's mind for \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

*silence*

Lord, in your mercy,

## Hear our prayer.

*Celebrant:* Holy God, you gather the whole creation into your radiant presence and continually reveal your Son as our Saviour. Bring healing to all wounds, make whole all that is broken, speak truth to all division, and shed light in every darkness, that all will see your glory and know your Son, Jesus Christ, our Lord. **Amen.**

## INVITATION, CONFESSION, ABSOLUTION

*Celebrant:* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People may bow or kneel for the Confession. Silence is kept.*

*Celebrant:* Most merciful God,

*People:* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

*All standing, the Celebrant bids the Peace.*

## THE PEACE

The peace of the Lord be always with you.

**And also with you.**

*Please stand for the hymn during the Offertory.*

## OFFERTORY HYMN 576 - Take my life, and let it be

- 1 Take my life, and let it be  
Consecrated, LORD, to thee;  
Take my moments and my days,  
Let them flow in ceaseless praise.
- 2 Take my hands, and let them move  
At the impulse of thy love;  
Take my feet, and let them be  
Swift and beautiful for thee.
- 3 Take my voice, and let me sing  
Always, only, for my King;  
Take my lips, and let them be  
Filled with messages from thee.

- 4 Take my silver and my gold,  
Not a mite would I withhold;  
Take my intellect, and use  
Every power as thou shalt choose.
- 5 Take my will and make it thine;  
It shall be no longer mine;  
Take my heart, it is thine own;  
It shall be thy royal throne.
- 6 Take my love; my LORD, I pour  
At thy feet its treasure store:  
Take myself, and I will be,  
Ever, only, all, for thee.

*MOZART*

*Frances Ridley Havergal, 1874*

*Please stand.*

#### **PRAYER OVER THE GIFTS**

God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord. **Amen.**

#### **THE GREAT THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour.

Therefore we praise you, joining our voices to proclaim the glory of your name.

*The Choir sings:*

#### **SANCTUS & BENEDICTUS**

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.



*Please remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant:* Therefore, Father, according to his command:

*People:*     **We remember his death,  
                  we proclaim his resurrection,  
                  we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

#### THE LORD'S PRAYER

*Celebrant:* As our Saviour taught us, let us pray:

*People:* **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

#### THE BREAKING OF THE BREAD

*Celebrant:* "I am the bread of life," says the Lord.  
"Whoever comes to me will never be hungry;  
whoever believes in me will never thirst."

*People:*     **Taste and see that the Lord is good;  
                  Happy are they who trust in him!**

## HOLY COMMUNION

*Celebrant:* The gifts of God for the people of God.

*People:* **Thanks be to God.**

*The Choir sings:*

### AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; grant us peace.

*All baptized Christians are invited to come forward to receive Holy Communion as directed by the Sidespeople.*

### MOTET

'I sat down under his shadow,' *Edward C. Bairstow*

I sat down under his shadow with great delight, and His fruit was sweet to my taste. He brought me to the banqueting house, and His banner over me was love. (Song of Solomon 2.3-4)

### AN ACT OF SPIRITUAL COMMUNION WHICH MAY BE SAID BY THOSE NOT RECEIVING

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

### ANIMA CHRISTI

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

*Please stand.*

### **PRAYER AFTER COMMUNION**

*Celebrant:* Let us pray.

Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord. **Amen.**

### **BLESSING AND DISMISSAL**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

*Celebrant:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

### **CONCLUDING HYMN 494 – O Jesu, King most wonderful**

- 1 O Jesu, King most wonderful,  
Thou Conqueror renowned,  
Thou sweetness most ineffable,  
In whom all joys are found.
- 2 When once thou visitest the heart,  
Then truth begins to shine,  
Then earthly vanities depart,  
Then kindles love divine.
- 3 O Jesu, Light of all below,  
Thou Fount of living fire,  
Surpassing all the joys we know  
And all we can desire;
- 4 Jesu, may all confess thy Name,  
Thy wondrous love adore,  
And seeking thee, their hearts inflame  
To seek thee more and more.
- 5 Thee, Jesu, may our voices bless,  
Thee may we love alone,  
And ever in our lives express  
The image of thine own.

*METZLER'S REDHEAD*  
*R. Redhead, 1858*

*Tr (1849) from the Latin of St Bernard of Clairvaux (12<sup>th</sup> cent.) by Rev. E. Caswall*