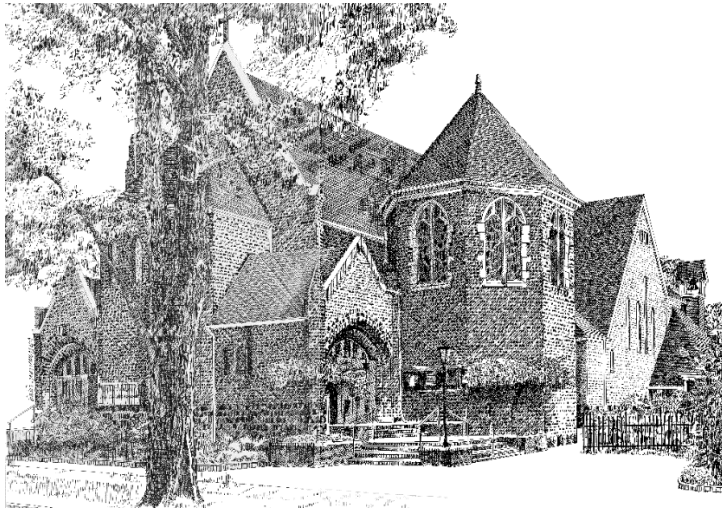




**Saint Benedict of Nursia**  
**Sunday, July 11, 2021**

**Sung Eucharist at 9:30 am**  
*livestreamed*



*The Altar flowers are given to the honour and glory of almighty God:*

*They were given in loving memory of Elizabeth Thoms, by her grateful family;*

*In loving memory of Robert Morley Smith and Francesca Madeline Beehler,  
by Gregory Smith and Elisabeth Burke;*

*In loving memory of Ernest, Vera and Peter Hall, by Dianne Hall;*

*and*

*In memory of deceased members of the Acolytes' Guild.*

**Celebrant & Homilist:** Fr D'Angelo  
**Cantor:** Rigzin Tute  
**Reader:** Rob Rogers  
**Organist & Director of Music:** Matthew Whitfield

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**MUSIC OF THE MASS** – Community Mass, *Richard Proulx*

**PRELUDE:** Couplet Fugue sur la Trompette (Kyrie, Messe pour les Paroisses), *François Couperin*

#### **GREETING**

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: *And also with you.*

#### **COLLECT FOR PURITY**

Celebrant: Almighty God,

People: *To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

#### **GLORIA IN EXCELSIS DEO**

Celebrant: Glory to God in the highest,  
*and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.*

*Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: Have mercy on us; You are seated at the right hand of the Father: receive our prayer.*

*For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.*

#### **THE COLLECT OF THE DAY**

Let us pray.

Eternal God, you endowed your holy servant Benedict with gifts of discernment and power to be a true and faithful guide in the way of Christian perfection. Instill in our hearts the virtues of stability and concord, that our prayers may be fixed on you and our judgements may be formed according to your great commandment of love; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

**FIRST READING: Proverbs 2.1-9**

My child, if you accept my words and treasure up my commandments within you, making your ear attentive to wisdom and inclining your heart to understanding; if you indeed cry out for insight, and raise your voice for understanding; if you seek it like silver, and search for it as for hidden treasures—then you will understand the fear of the Lord and find the knowledge of God. For the Lord gives wisdom; from his mouth come knowledge and understanding; he stores up sound wisdom for the upright; he is a shield to those who walk blamelessly, guarding the paths of justice and preserving the way of his faithful ones. Then you will understand righteousness and justice and equity, every good path.

The word of the Lord  
R / *Thanks be to God*

**PSALM: 34.1-8**

- 1 I will bless the Lord at all times; \* his praise shall ever be in my mouth.
- 2 I will glory in the Lord; \* let the humble hear and rejoice.
- 3 Proclaim with me the greatness of the Lord; \* let us exalt his name together.
- 4 I sought the Lord, and he answered me \* and delivered me out of all my terror.
- 5 Look upon him and be radiant, \* and let not your faces be ashamed.
- 6 I called in my affliction and the Lord heard me \* and saved me from all my troubles.
- 7 The angel of the Lord encompasses those who fear him, \* and he will deliver them.
- 8 Taste and see that the Lord is good; \* happy are they who trust in him!

**SECOND READING: Acts 2.42-47a**

And they devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. And fear came upon every soul; and many wonders and signs were done through the apostles. And all who believed were together and had all things in common; and they sold their possessions and goods and distributed them to all, as any had need. And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts, praising God and having favour with all the people.

The word of the Lord  
R / *Thanks be to God*

**GOSPEL ACCLAMATION**

Alleluia. Alleluia. Pray at all times in the Spirit in every prayer and supplication. Alleluia.

**THE HOLY GOSPEL: John 15.12-17**

V / The Lord be with you.

R / *And also with you.*

V / The Holy Gospel of our Lord Jesus Christ according to Mark

R / *Glory to you, Lord Jesus Christ.*

Jesus said, "This is my commandment, that you love one another as I have loved you. Greater love has no man than this, that a man lay down his life for his friends. You are my friends if you do what I command you. No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide; so that whatever you ask the Father in my name, he may give it to you. This I command you, to love one another.

The Gospel of Christ

R / *Praise to you, Lord Jesus Christ*

**SERMON**

**THE NICENE CREED**

Celebrant: Let us confess our faith, as we say,

All: *We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.*

*For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.*

*We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.*

## INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

*silence*

Lord, in your mercy,  
R / **Hear our prayer.**

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, and for all who serve and minister to God's people. We pray this day especially for Fr Nathan Humphrey as he begins his ministry as rector of this parish, and for Fr David Brinton in thanksgiving for his ministry as interim priest-in-charge.

*silence*

Lord, in your mercy,  
R / **Hear our prayer.**

Intercessor: I ask your prayers for the Queen and for all in authority in our nation, province, and city. Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

*silence*

Lord, in your mercy,  
R / **Hear our prayer.**

Intercessor: I ask your prayers for all those in need, for the sick\_\_\_\_\_, and all those suffering from the coronavirus, for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all for whom our prayers are asked\_\_\_\_\_. May God give them courage and hope in their troubles and bring them the joy of his salvation.

*silence*

Lord, in your mercy,  
R / **Hear our prayer.**

Intercessor: I ask your prayers for the souls of the departed, especially\_\_\_\_\_ who have died in recent days, and on their year's mind for\_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, Blessed Benedict, and all the saints in God's eternal kingdom.

*silence*

Lord, in your mercy,  
R / **Hear our prayer.**

Celebrant: Gracious and Holy Father, hear the prayers of your people. Give us the wisdom to discover you, the intelligence to understand you, the diligence to seek after you, the patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you. Through the power of the Spirit of Jesus, our Lord. **Amen.**

## INVITATION, CONFESSION, ABSOLUTION

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*A Silence is kept.*

Celebrant: Most merciful God,

*All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.*

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. *Amen.*

## THE PEACE

V / The peace of the Lord be always with you.

R / *And also with you.*

## OFFERTORY HYMN 390 – Stand up, and bless the Lord

- 1 Stand up, and bless the Lord,  
Ye people of his choice;  
Stand up, and bless the Lord your God,  
With heart and soul and voice.
- 2 Though high above all praise,  
Above all blessing high,  
Who would not fear his holy Name,  
And laud, and magnify?
- 3 O for the living flame,  
From his own altar brought,  
To touch our lips, our minds inspire,  
And wing to heaven our thought.
- 4 God is our strength and song,  
And his salvation ours;  
Then be his love in Christ proclaimed  
With all our ransomed powers.
- 5 Stand up, and bless the Lord;  
The Lord your God adore;  
Stand up, and bless his glorious Name,  
Henceforth for evermore.

## PRAYER OVER THE GIFTS

Gracious Lord, by the Rule of your blessed servant Benedict you have taught numberless Christians to rejoice in the holy work of prayer. Let our devotion be joined with these gifts that we may exalt your Name together and taste the abundance of your goodness. We ask this through Jesus Christ our Lord. *Amen.*

## THE GREAT THANKSGIVING

*V* / The Lord be with you.

*R* / *And also with you.*

*V* / Lift up your hearts.

*R* / *We lift them to the Lord.*

*V* / Let us give thanks to the Lord our God.

*R* / *It is right to give our thanks and praise.*

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, because in the fellowship of your saints you have given us a glorious pledge of the hope of our calling. Therefore we join our voices with theirs as earth and heaven unite to proclaim the glory of your name.

## SANCTUS & BENEDICTUS

*Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.*

*Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant:* Therefore, Father, according to his command:

*People:* *We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.*

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.



Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. *Amen.*

### THE LORD'S PRAYER

Celebrant: As our Saviour taught us, let us pray:

*All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.*

### THE BREAKING OF THE BREAD

*Celebrant: "I am the bread of life," says the Lord.  
"Whoever comes to me will never be hungry;  
whoever believes in me will never thirst."  
All: Taste and see that the Lord is good;  
Happy are they who trust in him!*

### HOLY COMMUNION

*Celebrant: The gifts of God for the people of God  
All: Thanks be to God.*

*The Cantor sings:*

### AGNUS DEI

*Lamb of God, you take away the sins of the world; have mercy on us.  
Lamb of God, you take away the sins of the world; have mercy on us.  
Lamb of God, you take away the sins of the world; grant us peace.*

**AN ACT OF SPIRITUAL COMMUNION  
WHICH MAY BE SAID BY THOSE NOT RECEIVING**

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

**ANIMA CHRISTI**

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

**PRAYER AFTER COMMUNION**

**Celebrant:** Let us pray.

**Grant us, O Lord our God, after the example of your holy servant Benedict, to practise with joy the labour of obedience, that we may never cease from the work of prayer nor ever relent in our service to one another. We ask this in the Name of Jesus Christ the Lord. *Amen.***

**BLESSING AND DISMISSAL**

**The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. *Amen***

*Celebrant:* Go in peace to love and serve the Lord.

People: *Thanks be to God.*

**CONCLUDING HYMN 215** – Give me the wings of faith, to rise

- 1 Give me the wings of faith, to rise  
Within the veil, and see  
The saints above, how great their joys  
How bright their glories be.
- 2 Once they were mourning here below,  
And wet their couch with tears:  
They wrestled hard, as we do now,  
With sins, and doubts, and fears.
- 3 I ask them whence their victory came;  
They with united breath  
Ascribe their conquest to the Lamb,  
Their triumph to his death.
- 4 They marked the footsteps that he trod;  
His zeal inspired their breast;  
And, following their incarnate God,  
Possess the promised rest.
- 5 Our glorious Leader claims our praise,  
For his own pattern given;  
While the long cloud of witnesses  
Show the same path to heaven.

*WESTMINSTER*  
*Rev. Isaac Watts, 1709*

*James Turle, 1835*

**POSTLUDE:** Récit de Chromhorne (Kyrie, Messe pour les Paroisses), *François Couperin*