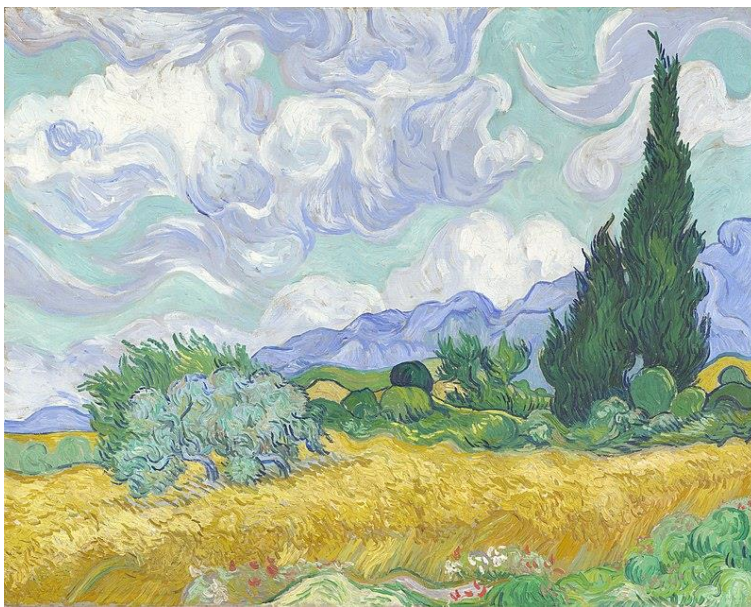


# Saint Thomas's Church

## The Seventh Sunday After Trinity

Sunday, July 23, 2023

**Sung Mass at 10:30 am**



Wheat field with cypresses, Vincent Van Gogh, 1889  
National Gallery, London

**Saint Thomas's Anglican Church**

383 Huron Street,

Toronto, Ontario M5S 2G5

416-979-2323

[www.stthomas.on.ca](http://www.stthomas.on.ca)   [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. James Shire  
**Reader:** James Meade  
**Intercessor:** Ronwen Guest  
**Director of Music:** Elizabeth Anderson  
**Assistant Director of Music:** Manuel Piazza

---

**MUSIC OF THE MASS**      Mass of the Good Shepherd, Matthew Larkin (b. 1963)

**VOLUNTARY**

**GREETING**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**COLLECT FOR PURITY**

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

*The Choir and People sing:*

## GLORIA IN EXCELSIS DEO



Glo - ry to God in the high - est, and peace to his peo - ple on



earth. Lord God, hea - ven - ly king, al - migh - ty God and



fa - ther, we wor - ship you, we give you thanks, we



praise you for your glo - ry. Lord Je - sus Christ, on - ly



Son of the Fa - ther, Lord God, Lamb of God, you



take a - way the sin of the world: have mer - cy on



us; you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. For you a-lone are the Ho-ly One,  
 you a-lone are the Lord, you a-lone are the  
 Most High, Je-sus Christ, with the Ho-ly Spi-rit, in the  
 glo-ry of God the Fa-ther. A-men. A-men.  
*Choir only*  
 A - - - - - men.

## THE COLLECT OF THE DAY

Let us pray.

Almighty God, your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The People sit.*

## FIRST LESSON Isaiah 44.6-8

A reading from the book of the prophet Isaiah.

Thus says the Lord, the King of Israel and his Redeemer, the Lord of hosts: I am the first and I am the last; besides me there is no god. Who is like me? Let them proclaim it, let them declare and set it forth before me. Who has announced from of old the things to come? Let them tell us what is yet to be. Do not fear, or be afraid; have I not told you from of old and declared it? You are my witnesses! Is there any god besides me? There is no other rock; I know not one.

The word of the Lord.

**Thanks be to God.**

## PSALM 139.1-11, 22-23

Dark - ness is not dark to you; the night is as bright as the day;

dark - ness and light to you are both a - like.

***Response:* Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike.**

Lord, you have searched me out and known me; you know my sitting down and my rising up, you discern my thoughts from afar. You trace my journeys and my resting places and are acquainted with all my ways. ***R/.***

Indeed, there is not a word on my lips, but you, O Lord, know it altogether. You press upon me behind and before and lay your hand upon me. ***R/.***

Such knowledge is too wonderful for me; it is so high that I cannot attain to it. Where can I go then from your Spirit? where can I flee from your presence? ***R/.***

If I climb up to heaven, you are there; if I make the grave my bed, you are there also. If I take the wings of the morning and dwell in the uttermost parts of the sea, Even there your hand will lead me and your right hand hold me fast. *R/*.

If I say, “Surely the darkness will cover me, and the light around me turn to night,” Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike. *R/*.

Search me out, O God, and know my heart; try me and know my restless thoughts; Look well whether there be any wickedness in me and lead me in the way that is everlasting. *R/*.

## **SECOND READING** Romans 8.1-11

A reading from Saint Paul’s Epistle to the Romans.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh — for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, ‘Abba! Father!’ it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ — if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

## **GOSPEL ACCLAMATION**

Alleluia. Alleluia. Alleluia. My word shall accomplish that which I purpose, and prosper in the thing for which I sent it. Alleluia. Alleluia. Alleluia.

**THE HOLY GOSPEL** Matthew 13.24-30, 36-43

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

**Glory to you, Lord Jesus Christ.**

Jesus put before them another parable: ‘The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, “Master, did you not sow good seed in your field? Where, then, did these weeds come from?” He answered, “An enemy has done this.” The slaves said to him, “Then do you want us to go and gather them?” But he replied, “No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.”’

Then he left the crowds and went into the house. And his disciples approached him, saying, ‘Explain to us the parable of the weeds of the field.’ He answered, ‘The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they



will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*The People sit.*

### **SERMON**

*After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.*

### **THE NICENE CREED**

Let us confess our faith, as we say,

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)***

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The People remain standing.*

## **INTERCESSIONS**

O God, from whom there is no escape, you perceive all things, for you darkness and light are alike! See our needs and hear our plea - Lord, let our cry come to you.

For the Church; in the Anglican Cycle of Prayer the Church of the Province of Central Africa, in the Diocesan Prayer Cycle, the Huronia Deanery; for Andrew, Ryscilla, and Kevin of your bishops, for all who claim membership in the family of God. Trace our journeys, watch over our resting places, and catch the tears of weakness and persecution.

**Lord, let our cry come to you.**

For the thanks given here \_\_\_\_ discern the thoughts of gratitude, the songs of joy.

**Lord, let our cry come to you.**

For the sick \_\_\_\_\_ that pressed `round, crowded by the Spirit, they feel the hand of God held over them in protection.

**Lord, let our cry come to you.**

For the others for whom we are asked to pray \_\_\_\_ that anywhere, anytime, any state of mind, the Lord will lead them and hold them fast in his care.

**Lord, let our cry come to you.**

For those in this parish, particularly \_\_\_\_ that all said, all done is created in awareness of there status as family, as heirs of God.

**Lord, let our cry come to you.**

For the dead \_\_\_\_, that searched out and known by God their restless thoughts examined, they enter into the city of God, into new life everlasting.

Lord, **let our cry come to you.**

Lord, for whom all creation is home. Grant that all may find a place where safety and freedom are available to them as they are. Where food, healthcare, recognition and acceptance are affordable. Where a roof and utilities do not mean cardboard to insulate the street, food and water are not found in dumpsters and washrooms. Free us from our fears and guide our leaders to solutions. We ask this through your Spirit and your Son, with you One God without end. **Amen.**

### **INVITATION, CONFESSION, & ABSOLUTION**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People bow or kneel. Silence is kept.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

### **THE PEACE**

*All standing, the Celebrant bids the Peace.*

The peace of the Lord be always with you.  
**And also with you.**

*The People remain standing for the hymn during the Offertory.*

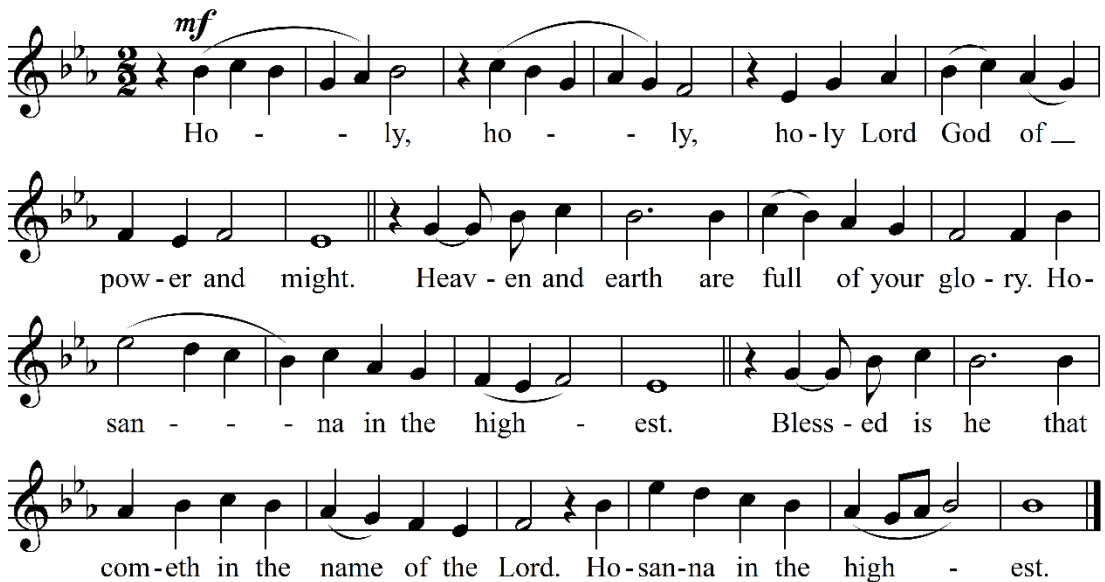
**OFFERTORY HYMN 468** – God reveals his presence

- 1 God reveals his presence –  
Let us now adore him,  
And with awe appear before him.  
God is in his temple –  
All within keep silence,  
Prostrate lie with deepest reverence.  
Him alone  
God we own,  
Him our God and Saviour:  
Praise his Name for ever.
- 2 God reveals his presence –  
Hear the harps resounding!  
See the hosts the throne surrounding!  
'Holy, Holy, Holy,'  
Hear the hymn ascending,  
Angels, saints, their voices blending!  
Bow thine ear  
To us here:  
Hear, O Christ, the praises  
That thy Church now raises.
- 3 O thou Fount of blessing,  
Purify my spirit,  
Trusting only in thy merit.  
Like the holy angels  
Who behold thy glory,  
May I ceaselessly adore thee.  
Let thy will  
Ever still  
Rule thy Church terrestrial,  
As the hosts celestial.



*The Choir and People sing:*

### SANCTUS & BENEDICTUS



*mf*

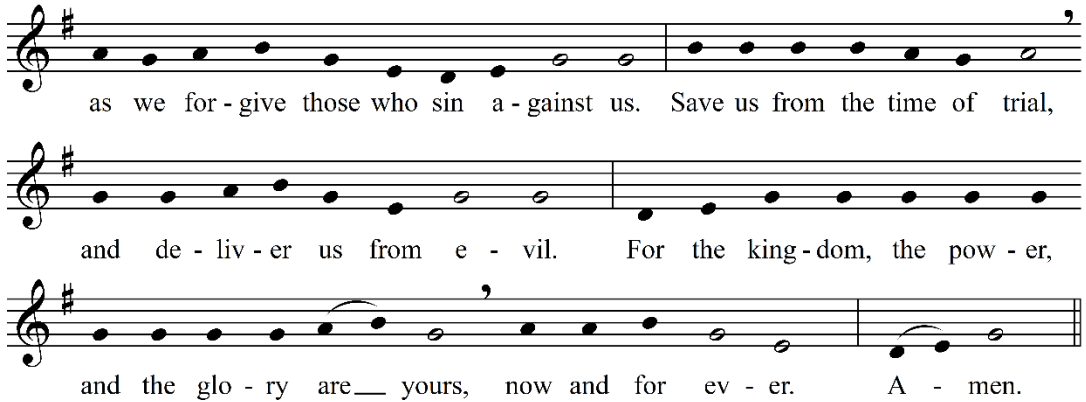
Ho - - - ly, ho - - - ly, ho - ly Lord God of -  
pow - er and might. Heav - en and earth are full of your glo - ry. Ho -  
san - - - na in the high - est. Bless - ed is he that  
com - eth in the name of the Lord. Ho - san - na in the high - est.

*The People remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."





as we for-give those who sin a-gainst us. Save us from the time of trial,  
and de-liv-er us from e-vil. For the king-dom, the pow-er,  
and the glo-ry are\_\_ yours, now and for ev-er. A - men.

### THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

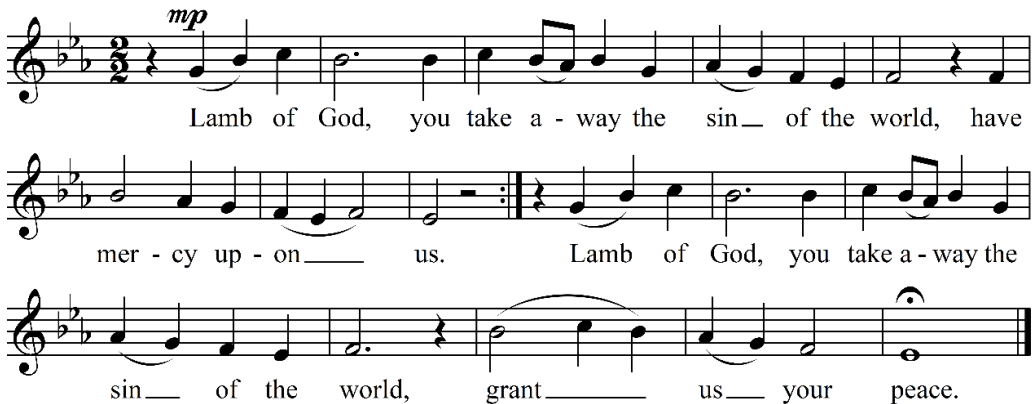
### HOLY COMMUNION

The gifts of God for the people of God.

**Thanks be to God.**

*The Choir and People sing:*

### AGNUS DEI



*mp*  
Lamb of God, you take a-way the sin\_\_ of the world, have  
mer-cy up-on\_\_ us. Lamb of God, you take a-way the  
sin\_\_ of the world, grant\_\_ us\_\_ your peace.



## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## MOTET

‘O sacrum convivium,’ Olivier Messiaen (1908-1992)

O sacrum convivium! In quo Christus sumitur: recolitur memoria passionis ejus: mens impletur gratia: et futurae gloriae nobis pignus datur. Alleluia.

O sacred feast, wherein Christ is received, the memory of His Passion is renewed in us, our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluia.

## COMMUNION HYMN 103 – Almighty God, thy word is cast

- 1 Almighty God, thy word is cast  
Like seed into the ground:  
Now let the dew of heaven descend  
And righteous fruits abound.
- 2 Let not the foe of Christ and man  
This holy seed remove:  
But give it root in every heart,  
To bring forth fruits of love.

- 3 Let not the world's deceitful cares  
The rising plant destroy;  
But let it yield a hundredfold  
The fruits of peace and joy.
- 4 Oft as the precious seed is sown,  
Thy quickening grace bestow;  
That all whose souls the truth receive  
Its saving power may know.

*ALBANO*  
*Vincent Novello, 1868*

*Rev. John Cawood, 1815*

## **COMMUNION DEVOTIONS**

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

## **ANIMA CHRISTI**

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

*The People stand.*

## **PRAYER AFTER COMMUNION**

Let us pray.

O God, as we are strengthened in these holy mysteries, may our lives be a continual offering, holy and acceptable in your sight; through Jesus Christ our Lord. **Amen.**

## **DOXOLOGY**

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## **BLESSING**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

## **DISMISSAL**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

**CONCLUDING HYMN 429** – O God of Bethel, by whose hand

- 1 O God of Bethel, by whose hand  
Thy people still are fed;  
Who through this weary pilgrimage  
Hast all our fathers led:

- 2 Our vows, our prayers, we now present  
Before thy throne of grace:  
God of our fathers, be the God  
Of their succeeding race.
- 3 Through each perplexing path of life  
Our wandering footsteps guide;  
Give us each day our daily bread,  
And raiment fit provide.
- 4 O spread thy covering wings around,  
Till all our wanderings cease,  
And at our Father's loved abode  
Our souls arrive in peace.

*MARTYRDOM*  
Hugh Wilson, 1825

*Rev. P. Doddridge, 1736*

## **VOLUNTARY**

*The Altar flowers are given to the honour and glory of Almighty God:  
Those at the High Altar are in fond memory of my parents the Reverend Klaas  
and Mrs. Wilhelmina Hart, and my brother Henk, by Willem;  
and  
Those on the Lady Altar in loving memory of Symon Francis Beckwith  
by his brother, Larry.*

Copyright Information:

*Mass for the Good Shepherd* Music by: Matthew Larkin

Copyright Year: 2016 Publisher: Matthew Larkin – used with permission

*O Sacrum Convivium* Music by: Messiaen, Olivier

Copyright Year: 1937 Publisher: Durand & Co.

One License Licensing Permission: Reprinted /Streamed with Permission Under One License #A-700000  
All Rights Reserved.

Unless otherwise noted above, all images, music graphics, and lyrics are either in the public domain or proprietary to Saint Thomas's Anglican Church.