Saint Thomas's Church The Second Sunday After Trinity

Sunday, June 18, 2023

High Mass at 11 o'clock



The Exhortation to the Apostles, James Tissot, c. 1890 Brooklyn Museum, New York City

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323

www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit *qrco.de/smokytoms*. Scroll to the bottom of the webpage to fill out the online form. We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.

Celebrant & Homilist: Fr. James Shire

Reader: Earl Barnsley
Guest Organist: Conrad Gold

MUSIC OF THE MASS

Missa Brevis, Brian Trant

VOLUNTARY

Prelude in E Minor, BWV 548, J.S. Bach (1685-1750)

ENTRANCE HYMN 381 – When all thy mercies, O my God

- When all thy mercies, O my God, My rising soul surveys, Transported with the view, I'm lost In wonder, love, and praise.
- 2 Unnumbered comforts to my soul Thy tender care bestowed, Before my infant heart conceived From whom those comforts flowed.
- 3 Ten thousand thousand precious gifts My daily thanks employ;
 Nor is the least a cheerful heart,
 That tastes those gifts with joy.
- 4 Through every period of my life Thy goodness I'll pursue; And after death, in distant worlds, The glorious theme renew.
- 5 Through all eternity to thee A joyful song I'll raise; For O! eternity's too short To utter all thy praise.

 $S^{T}STEPHEN$

Rev. William Jones, 1789 The People kneel. Joseph Addison, 1712

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir alone sings the Kyrie.

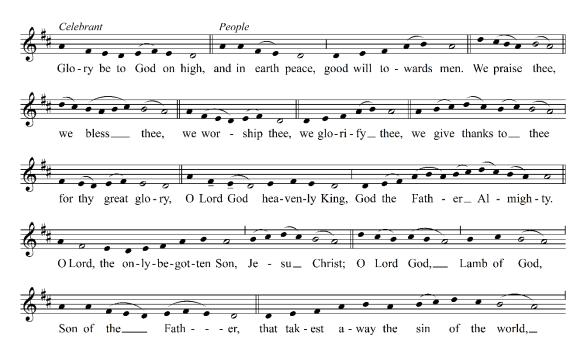
KYRIE ELEISON

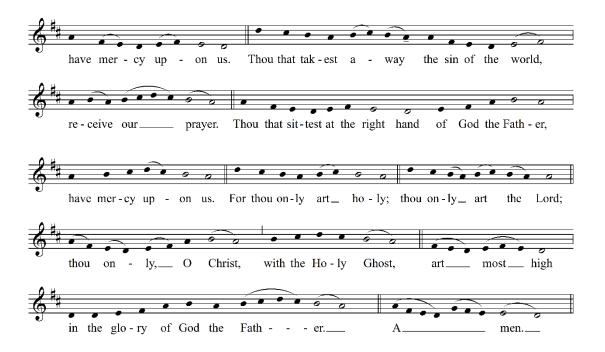
Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us. Kyrie Eleison. Christe Eleison. Kyrie Eleison.

The People stand.

GLORIA IN EXCELSIS DEO

Missa de Angelis





The People remain standing for the Collect.

COLLECT OF THE DAY

The Lord be with you. **And with thy spirit.** Let us pray.

O Lord, who never failest to help and govern them whom thou dost bring up in thy stedfast fear and love: Keep us, we beseech thee, under the protection of thy good providence, and make us to have a perpetual fear and love of thy holy Name; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

The People sit.

FIRST LESSON Exodus 19.2-8a

The First Lesson is written in the nineteenth chapter of the book of the Exodus, beginning at the second verse.

They had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.' So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: 'Everything that the Lord has spoken we will do.'

The word of the Lord.

Thanks be to God.

The People remain seated for the Psalm.

PSALM 116.1-2, 11-18 <i>Dilexi</i> , quoniam II. 1.		
	_	
•) Cantor	1	MY DE-light is in the Lord :
People		because he hath heard the voice of my prayer;
	2	Because he hath inclin-ed his ear unto me :
		therefore will I call upon him as long as I live.
Cantor	11	What reward shall I give unto the Lord :
		for all the benefits that he hath done un -to me?
People	12	I will take the cup of sal-va-tion:
-		and call upon the Name of the Lord.
Cantor	13	I will pay my vows unto the Lord : in the presence of all his peo-ple.
People	14	Right dear in the sight of the Lord : is the death of his saints.

Cantor 15 Behold, O Lord, how that I am thy ser-vant:

I am thy servant and the son of thy handmaid;
thou hast broken my bonds in sun-der.
People 16 I will offer to thee the sacrifice of thanks-giv-ing:
and will call upon the Name of the Lord.
Cantor 17 I will pay my vows unto the Lord: in the presence of all his peo-ple;
People 18 Even in the courts of the Lord's house:

and in the midst of thee, O Jerusa-lem. Praise the Lord.

THE EPISTLE Romans 5.1-8

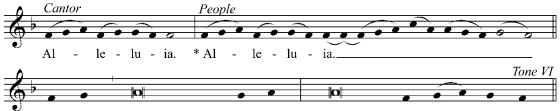
The Epistle is written in the fifth chapter of St Paul's Epistle to the Romans, beginning at the first verse.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

The word of the Lord.

Thanks be to God.





Cantor THE KING-dom of God is **at** hand : repent, and believe **in** the gospel. * Alleluia.

THE HOLY GOSPEL Matthew 9.35-10.8

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the ninth chapter of the Gospel according to Saint Matthew, beginning at the thirty fifth <u>verse</u>.

Glory be to thee, O Lord.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd.

Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.' Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

The Gospel of Christ.

Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED

Missa de Angelis





OFFERTORY SENTENCE

Offer unto God the sacrifice of thanksgiving, and pay thy vows unto the Most High.

The People remain standing for the hymn.

OFFERTORY HYMN 370 – My God, how wonderful thou art

- 1 My God, how wonderful thou art,Thy majesty how bright!How beautiful thy mercy-seat,In depths of burning light!
- How dread are thine eternal years,O everlasting Lord!By prostrate spirits day and night Incessantly adored.
- 3 How wonderful, how beautiful, The sight of thee must be, Thine endless wisdom, boundless power, And aweful purity.
- 4 O how I fear thee, living God, With deepest, tenderest fears! And worship thee with trembling hope And penitential tears.
- 5 Yet I may love thee, too, O Lord, Almighty as thou art, For thou hast stooped to ask of me The love of my poor heart.
- 6 No earthly father loves like thee, No mother, e'er so mild, Bears and forbears as thou hast done With me, thy sinful child.

7 Father of Jesus, love's reward, What rapture will it be, Prostrate before thy throne to lie, And gaze and gaze on thee!

WESTMINSTER James Turle, 1835 Rev. F.W. Faber, 1849

The People remain standing as the thurifer approaches for the censing.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

Intercessions

Celebrant: Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for_____ according to the Anglican cycle of prayer, for _____ according to the Diocesan cycle of prayer, and for ____ according to the Parish cycle of prayer, and for all who serve and minister to God's people. (Silence.)



Intercessor: I bid your prayers for Charles, King of Canada, and for all in civil authority under him in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence*.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Ukraine and Sudan, and all other places we now name, silently or aloud. May God grant us the spirit of respect and forbearance for all nations and peoples. *Silence*.

Lord, in thy mercy,

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. (*Silence.*)

Lord, in thy mercy,

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____. [We give thanks especially for _____.] May God's abiding presence be with us always, that we may be a blessing to all people. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all those in need, for the sick______, and for all those suffering in mind, body, or estate; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked______. May God grant that they will be comforted by the everpresent love of our Lord. (*Silence*.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially _____ who have died in recent days, and those whose year's mind is at this time _____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. **Amen.**

Invitation, Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past;

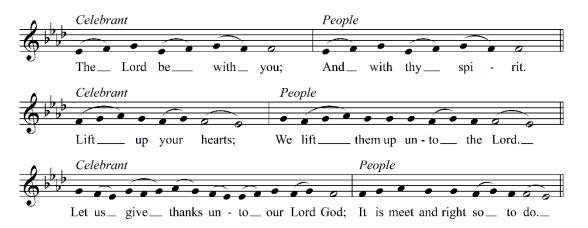
And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.

EUCHARISTIC PRAYER



It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Who by water and the Holy Spirit hast made us a holy people in Jesus Christ our Lord; thou dost renew that mystery in bread and wine and nourish us, to show forth thy glory in all the world.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

SANCTUS & BENEDICTUS

Holy, Holy, Holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. ♣ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest. Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth:
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.

♣ Benedictus qui venit in nomine Domini.
Hosanna in excelsis.

The Celebrant continues,

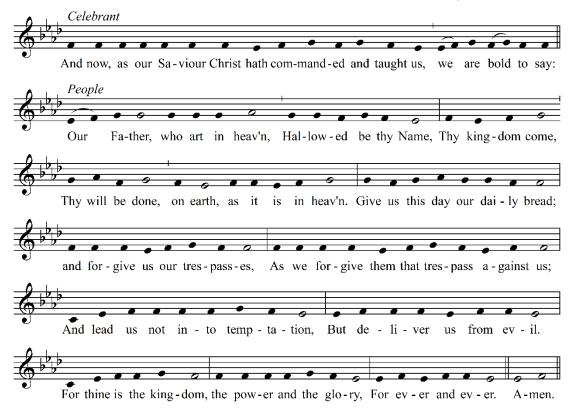
Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,





FRACTION & PEACE

A period of silence is kept. The consecrated Bread is broken.



PRAYER OF HUMBLE ACCESS

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

AGNUS DEL

- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

The Celebrant turns to face the People and says,

INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world. Lord, I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death call me.

And bid me come to thee,

That with thy saints I may praise thee,

For ever and ever. Amen.

Ego sum panis vivus, qui de caelo descendi: si quis manducaverit ex hoc pane, vivet in aeternum. Alleluia.

I am the bread of life, says the Lord: he who eats my flesh and drinks my blood will have eternal life. Alleluia.

The People may sit or kneel for the hymn.

COMMUNION HYMN 588 – In the Cross of Christ I glory

- 1 In the Cross of Christ I glory, Towering o'er the wrecks of time; All the light of sacred story Gathers round its head sublime.
- When the woes of life o'ertake me, Hopes deceive, and fears annoy, Never shall the Cross forsake me; Lo! it glows with peace and joy.
- 3 When the sun of bliss is beaming Light and love upon my way, From the Cross the radiance streaming Adds more lustre to the day.
- 4 Bane and blessing, pain and pleasure, By the Cross are sanctified; Peace is there that knows no measure, Joys that through all time abide.
- 5 In the Cross of Christ I glory, Towering o'er the wrecks of time; All the light of sacred story Gathers round its head sublime.

PRAYER AFTER COMMUNION

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the ♣ Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Please stand.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 401 – Immortal, invisible, God only wise

Immortal, invisible, God only wise,
 In light inaccessible hid from our eyes,
 Most blessèd, most glorious, the Ancient of Days,
 Almighty, victorious, thy great Name we praise.

- Unresting, unhasting, and silent as light,
 Nor wanting, nor wasting, thou rulest in might;
 Thy justice like mountains high soaring above
 Thy clouds which are fountains of goodness and love.
- 3 To all life thou givest—to both great and small; In all life thou livest, the true life of all; We blossom and flourish as leaves on the tree, And wither and perish—but nought changeth thee.
- 4 Great Father of Glory, pure Father of Light, Thine Angels adore thee, all veiling their sight; All laud we would render: O help us to see 'Tis only the splendour of light hideth thee.

ST BASIL Healey Willan (1880-1968), 1918 Walter Chalmers Smith (1824-1908), 1867

VOLUNTARY

Fugue in E Minor, BWV 548, J.S. Bach

The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar are to mark the wedding anniversary of Grace and Clair Kelso, given by their family.

and

Those on the Lady Altar are in fond memory of Alan Powell, by Lynn McDonald.

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Missa Brevis Music by: Trant, Brian

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DAILY OFFICE SCHEDULE

Morning Prayer and Evening Prayer services generally last 15-25 minutes and are a great way to begin and/or end the day!

MORNING PRAYER

8:30 am, Monday-Friday 9:30 am, Saturday 7:30 am, Sunday

EVENING PRAYER

5:00 pm, Monday-Friday 5:00 pm Sunday (choral Evensong)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

SUNDAY

Low Mass 8:00 am Sung Mass 9:30 am High Mass 11:00 am

WEEKDAY LOW MASS

12:15 pm, Monday, Wednesday, Friday 5:30 pm Tuesday, Thursday 10:00 am Saturday

Saint Thomas's Anglican Church

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