

Saint Thomas's Church

The Second Sunday After Trinity

Sunday, June 18, 2023

Sung Mass at 9:30 am



Moses and Mount Sinai on a 17th Century Dutch Map
The National Library of Israel

Saint Thomas's Anglican Church

383 Huron Street,

Toronto, Ontario M5S 2G5

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokytops. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant & Homilist: Fr. James Shire

Reader: John Stuart

Intercessor: Evelyn Chau

Guest Organist: Conrad Gold

MUSIC OF THE MASS

Trinity Mass, Matthew Larkin (b. 1963)

VOLUNTARY

Chorale Partita on Freu dich Sehr,
O meine Seele (selected variations), Georg Böhm

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

COLLECT FOR PURITY

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Choir and People sing:

GLORIA IN EXCELSIS DEO

mf

(organ) Glo - ry to God in the high - est, and peace

to his peo - ple on earth. Lord God, hea - ven - ly King,

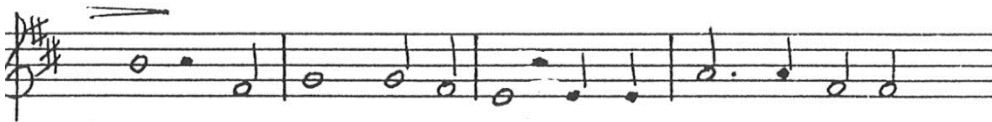
Al - migh - ty God and Fa - ther, we wor - ship you,

we give you thanks, we praise you for your glo - ry.

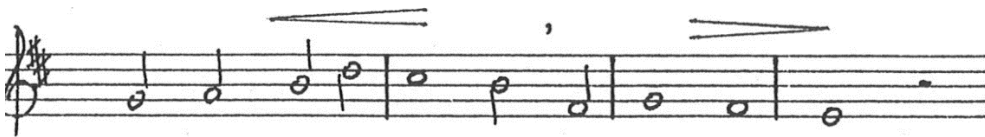
meno f

Lord Je - sus Christ, on - ly Son of the Fa - ther,

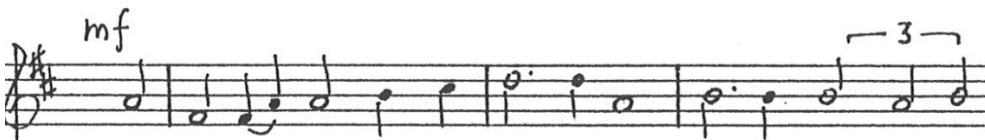
Lord God, Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are seat - ed at the



right hand of the Fa - ther; re - ceive our prayer;



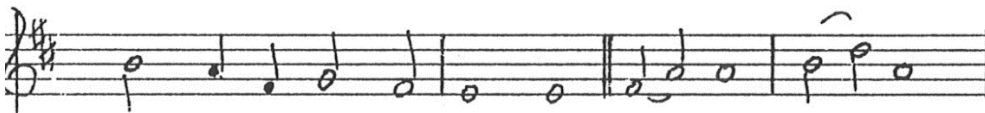
For you a - lone are the Ho - ly One, You a - lone are the



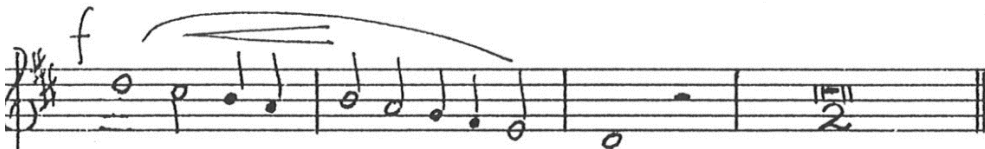
Lord, you a - lone are the Most High, Je - sus



Christ, with the Ho - ly Spi - rit, in the



Glo - ry of God the Fa - ther. A - men. A - men,



A - - - - men.

THE COLLECT OF THE DAY

Let us pray.

Almighty God, without you we are not able to please you. Mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People sit.

FIRST READING Exodus 19.2-8a

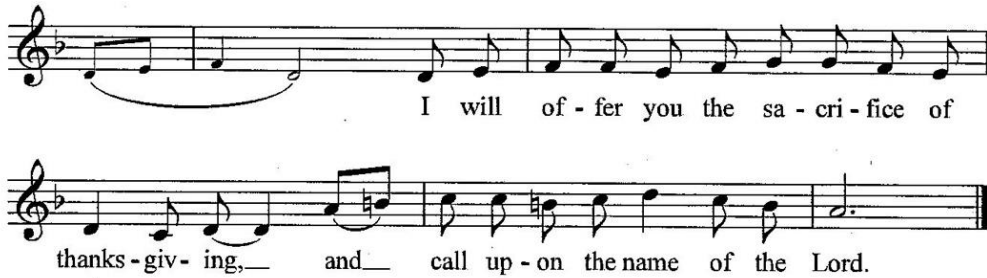
A reading from the book of Exodus.

They had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.' So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: 'Everything that the Lord has spoken we will do.'

The word of the Lord.

Thanks be to God.

PSALM 116.1, 10-17



I will of - fer you the sa - cri - fice of
thanks - giv - ing, — and — call up - on the name of the Lord.

Response: I will offer you the sacrifice of thanksgiving and call upon the name of the Lord.

I love the Lord, because he has heard the voice of my supplication, because he has inclined his ear to me whenever I called upon him. How shall I repay the Lord for all the good things he has done for me? I will lift up the cup of salvation and call upon the name of the Lord. **R/.**

I will fulfil my vows to the Lord in the presence of all his people. Precious in the sight of the Lord is the death of his servants. **R/.**

O Lord, I am your servant, I am your servant and the child of your handmaid, you have freed me from my bonds. I will offer you the sacrifice of thanksgiving and call upon the name of the Lord. **R/.**

I will fulfil my vows to the Lord in the presence of all his people. In the courts of the Lord's house, in the midst of you, O Jerusalem, Hallelujah! **R/.**

SECOND READING Romans 5.1-8

A reading from Saint Paul's Epistle to the Romans.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and

hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

The word of the Lord.
Thanks be to God.

The People stand.

GOSPEL ACCLAMATION

Alleluia. Alleluia. Alleluia. The kingdom of God is at hand; repent, and believe in the gospel. Alleluia. Alleluia. Alleluia.

THE HOLY GOSPEL Matthew 9.35-10.8

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

Glory to you, Lord Jesus Christ.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.' Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with

the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, “The kingdom of heaven has come near.” Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: Let us pray in faith to God our Father, his Son the Christ, and the Holy Spirit asking, Lord, hear and have mercy.

Intercessor: For the Church, this week for _____, for these in our parish _____, let us ask the riches of his grace.

Lord, hear and have mercy.

Intercessor: For all who proclaim the word of truth, Andrew, Riscylla, and Kevin our bishops, and for those who worship and minister in this place, let us ask the infinite wisdom of Christ.

Lord, hear and have mercy.

Intercessor: For all who have consecrated their lives to the kingdom of God, those with anniversaries of baptism or ordination this week _____, for all struggling to follow the way of Christ and for whom we are asked to pray _____ let us ask the gifts of the Spirit.

Lord, hear and have mercy.

Intercessor: For Charles our king, for all those aspiring or holding office under him, that they may strive for justice, equity, and peace, let us ask the strength of God.

Lord, hear and have mercy.

Intercessor: For scholars and researchers, for medical care-givers, that their work may benefit humanity and comfort the sick named today _____ let us ask the light and love of the Lord.

Lord, hear and have mercy.

Intercessor: For all who have passed from this life in faith and obedience, particularly _____ let us ask the peace of Christ.

Lord, hear and have mercy.

Celebrant: Heavenly Father, in you we live and move and have our being. Guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.

And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 588 – In the Cross of Christ I glory

- 1 In the Cross of Christ I glory,
Towering o'er the wrecks of time;
All the light of sacred story
Gathers round its head sublime.
- 2 When the woes of life o'ertake me,
Hopes deceive, and fears annoy,
Never shall the Cross forsake me;
Lo! it glows with peace and joy.
- 3 When the sun of bliss is beaming
Light and love upon my way,
From the Cross the radiance streaming
Adds more lustre to the day.
- 4 Bane and blessing, pain and pleasure,
By the Cross are sanctified;
Peace is there that knows no measure,
Joys that through all time abide.
- 5 In the Cross of Christ I glory,
Towering o'er the wrecks of time;
All the light of sacred story
Gathers round its head sublime.

The Choir and People sing:

SANCTUS & BENEDICTUS

mf *cresc.* *f*

(organ) Ho - ly Ho - ly Ho - ly Lord God of

poco allargando

pow'r and might: Hea - ven and earth are full of your

glo - ry: Ho - san - - - na in the high - est!

Bles - sed is he who comes in the Name of the Lord:

Ho - san - - - na in the high - est!

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

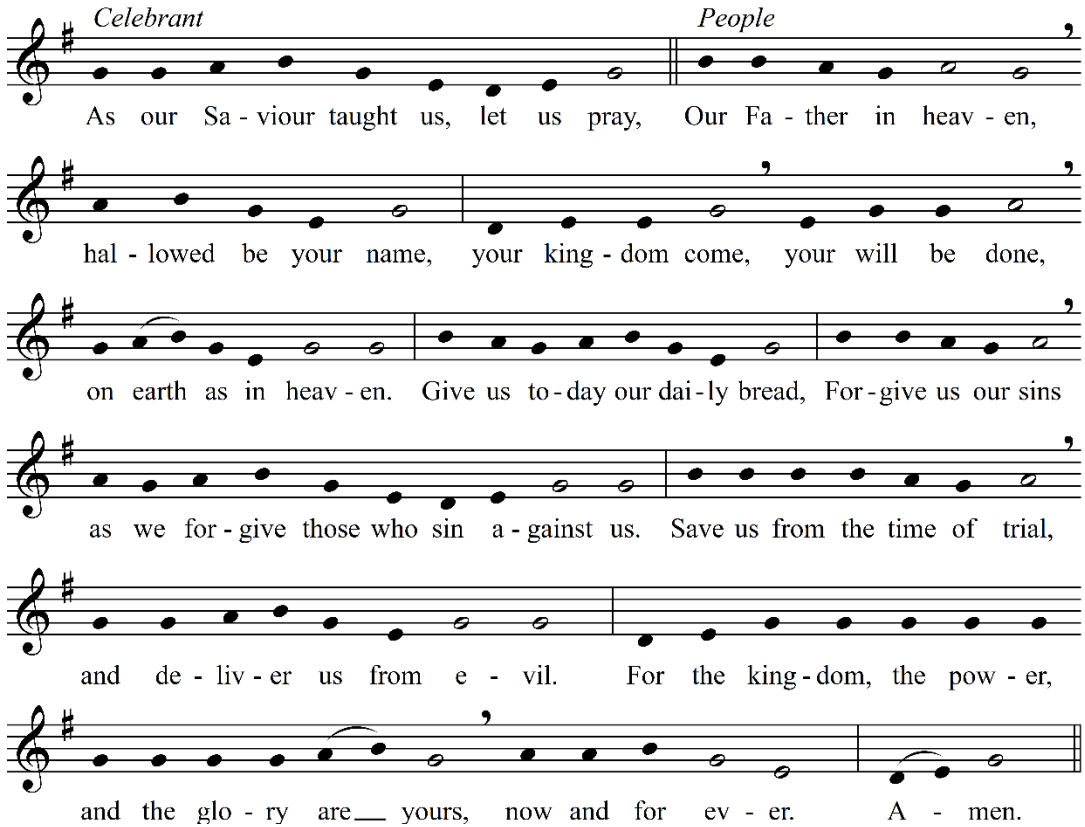
**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

Music by McNeil Robinson



Celebrant *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,
hal - lowed be your name, your king - dom come, your will be done,
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins
as we for - give those who sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom, the pow - er,
and the glo - ry are ___ yours, now and for ev - er. A - men.

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

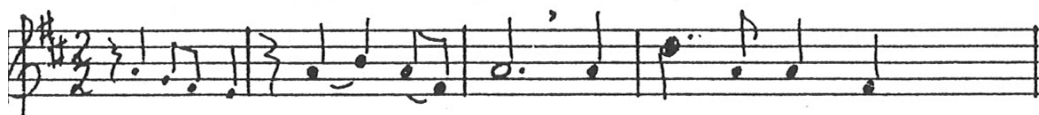
HOLY COMMUNION

The gifts of God for the people of God.

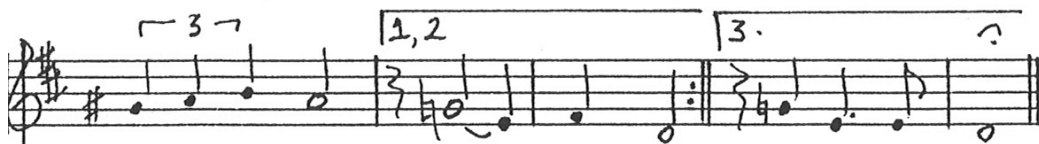
Thanks be to God.

The Choir and People sing:

AGNUS DEI



(organ) Lamb of God, you take a - way the



sin of the world; have mer - cy give us your peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

'Ego sum panis vivus,' William Byrd (1543-1623)

Ego sum panis vivus, qui de caelo descendi: si quis manducaverit ex hoc pane, vivet in aeternum. Alleluia.

I am the bread of life, says the Lord: he who eats my flesh and drinks my blood will have eternal life. Alleluia.

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

The People stand.

PRAYER AFTER COMMUNION

Let us pray.

Holy and blessed God, as you give us the body and blood of your Son, guide us with your Holy Spirit, that we may honour you not only with our lips but also in our lives. This we ask in the name of Jesus Christ our Lord. **Amen.**

DOXOLOGY

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

CONCLUDING HYMN 401 – Immortal, invisible, God only wise

- 1 Immortal, invisible, God only wise,
In light inaccessible hid from our eyes,
Most blessed, most glorious, the Ancient of Days,
Almighty, victorious, thy great Name we praise.

2 Unresting, unhasting, and silent as light,
Nor wanting, nor wasting, thou rulest in might;
Thy justice like mountains high soaring above
Thy clouds which are fountains of goodness and love.

3 To all life thou givest—to both great and small;
In all life thou livest, the true life of all;
We blossom and flourish as leaves on the tree,
And wither and perish—but nought changeth thee.

4 Great Father of Glory, pure Father of Light,
Thine Angels adore thee, all veiling their sight;
All laud we would render: O help us to see
'Tis only the splendour of light hideth thee.

ST BASIL
Healey Willan (1880-1968), 1918

Walter Chalmers Smith (1824-1908), 1867

VOLUNTARY

Chorale Partita on Freu dich Sehr,
O meine Seele (selected variations), Georg Böhm

The Altar flowers are given to the honour and glory of Almighty God:

*Those at the High Altar are to mark the wedding anniversary
of Grace and Clair Kelso, given by their family.*

and

*Those on the Lady Altar are in fond memory of Alan Powell,
by Lynn McDonald.*

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