

# Saint Thomas's Church

## The Third Sunday After Trinity

Sunday, June 25, 2023

Sung Mass at 9:30 am



*You follow me for the miracles*, James Tissot, c. 1890  
Brooklyn Museum, New York City

**Saint Thomas's Anglican Church**

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Toronto, Ontario M5S 2G5

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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. James Shire

**Reader:** Alex Adams

**Intercessor:** Wei Wang

**Guest Organist:** Peter Tiefenbach

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**MUSIC OF THE MASS**

Trinity Mass, Matthew Larkin (b. 1963)

**VOLUNTARY**

O Gott, du frommer Gott, Op. 122 No. 7,  
Johannes Brahms (1833-1897)

**GREETING**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**COLLECT FOR PURITY**

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Choir and People sing:

## GLORIA IN EXCELSIS DEO

*mf*

(organ) Glo - ry to God in the high - est, and peace

to his peo - ple on earth. Lord God, hea - ven - ly King,

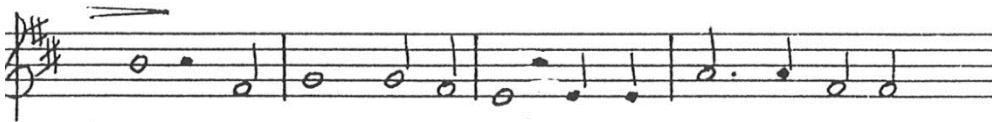
Al - migh - ty God and Fa - ther, we wor - ship you,

we give you thanks, we praise you for your glo - ry.

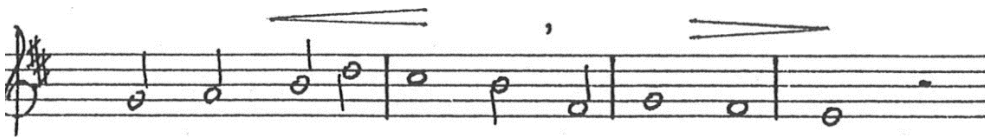
*meno f*

Lord Je - sus Christ, on - ly Son of the Fa - ther,

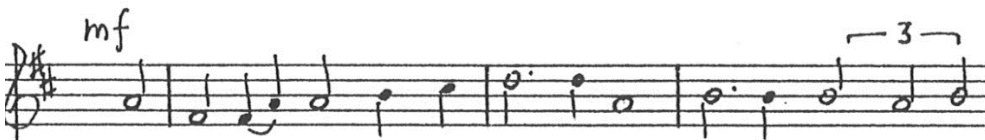
Lord God, Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are seat - ed at the



right hand of the Fa - ther; re - ceive our prayer;



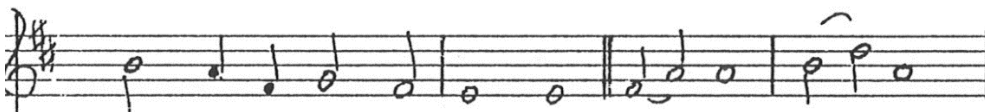
For you a - lone are the Ho - ly One, You a - lone are the



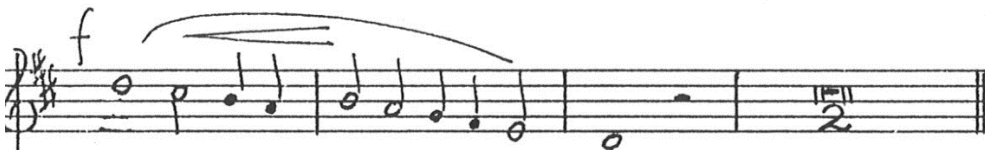
Lord, you a - lone are the Most High, Je - sus



Christ, with the Ho - ly Spi - rit, in the



Glo - ry of God the Fa - ther. A - men. A - men,



A - - - - men.

## THE COLLECT OF THE DAY

Let us pray.

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and ever. **Amen.**

*The People sit.*

## FIRST LESSON Jeremiah 20.7-13

A reading from the book of the prophet Jeremiah.

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.' But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten. O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

The word of the Lord.

**Thanks be to God.**

**PSALM 86.1-10, 16-17**



Give ear, O Lord, to my prayer, and at-tend to the voice of my sup-pli-ca-tion.

**Response: Give ear, O Lord, to my prayer, and attend to the voice of my supplication.**

Bow down your ear, O Lord and answer me, for I am poor and in misery. Keep watch over my life, for I am faithful; save your servant who puts his trust in you.

Be merciful to me, O Lord, for you are my God; I call upon you all the day long. Gladden the soul of your servant, for to you, O Lord, I lift up my soul. For you, O Lord, are good and forgiving, and great is your love toward all who call upon you. **R/.**

In the time of my trouble I will call upon you, for you will answer me. Among the gods there is none like you, O Lord, nor anything like your works.

All nations you have made will come and worship you, O Lord, and glorify your name. For you are great, you do wondrous things; for you alone are God. **R/.**

Turn to me and have mercy upon me; give your strength to your servant; and save the child of your handmaid.

Show me a sign of your favour, so that those who hate me may see it and be ashamed; because you, O Lord, have helped me and comforted me. **R/.**

**SECOND READING Romans 6.1b-11**

A reading from Saint Paul's Epistle to the Romans.

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with

him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

### **GOSPEL ACCLAMATION**

Alleluia. Alleluia. Alleluia. The Spirit of truth will bear witness to me, says the Lord; and you also are witnesses. Alleluia. Alleluia. Alleluia.

### **THE HOLY GOSPEL Matthew 10.24-39**

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

**Glory to you, Lord Jesus Christ.**

Jesus said, 'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are



all counted. So do not be afraid; you are of more value than many sparrows.

‘Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

‘Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one’s foes will be members of one’s own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.’

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*The People sit.*

## **SERMON**

*After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.*

## **THE NICENE CREED**

Let us confess our faith, as we say,

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: (*Bow.*) by the**

**power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (*Rise.*)**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The People remain standing.*

## **INTERCESSIONS**

*Celebrant:* Dear friends in Christ, let us pray for the church and for the world.

*Intercessor:* Let us ask for prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan cycle of prayer, and for \_\_\_\_\_ according to the Parish cycle of prayer, and for all who serve and minister to God's people. (*Silence.*)

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* Let us ask for prayers for Charles our king; and for all those set in authority under him. May God guide all leaders and people in the ways of peace, that all may honour one another and serve the common good. (*Silence.*)

Lord, in your mercy,  
**Hear our prayer.**

*Intercessor:* Let us ask for prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Ukraine and Sudan. May God grant us a spirit of respect and forbearance for all nations and peoples. *(Silence.)*

Lord, in your mercy,

**Hear our prayer.**

*Intercessor:* Let us ask for prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_. [We give thanks especially for \_\_\_\_\_.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in your mercy,

**Hear our prayer.**

*Intercessor:* Let us ask for prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. *(Silence.)*

Lord, in your mercy,

**Hear our prayer.**

*Intercessor:* Let us ask for prayers for all those in need, for the sick\_\_\_\_\_, and all those suffering in mind, body, or estate; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked\_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in your mercy,

**Hear our prayer.**

*Intercessor:* Let us ask for prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time

\_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. (*Silence.*)

Lord, in your mercy,

**Hear our prayer.**

*Celebrant:* Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your son Jesus Christ our Lord. **Amen.**

### **INVITATION, CONFESSION, & ABSOLUTION**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People bow or kneel. Silence is kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## THE PEACE

*All standing, the Celebrant bids the Peace.*

The peace of the Lord be always with you.

**And also with you.**

*The People remain standing for the hymn during the Offertory.*

## OFFERTORY HYMN 468 – God reveals his presence

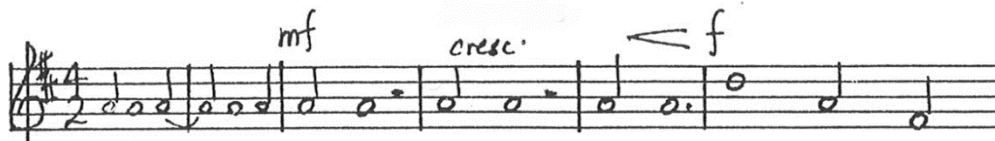
- 1 God reveals his presence –  
Let us now adore him,  
And with awe appear before him.  
God is in his temple –  
All within keep silence,  
Prostrate lie with deepest reverence  
Him alone  
God we own,  
Him our God and Saviour:  
Praise his Name for ever.
  
- 2 God reveals his presence –  
Hear the harps resounding!  
See, the hosts the throne surrounding!  
'Holy, Holy, Holy,'  
Hear the hymn ascending,  
Angels, saints, their voices blending!  
Bow thine ear  
To us here:  
Hear, O Christ, the praises  
That thy Church now raises.



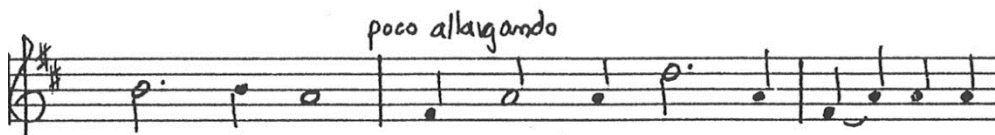
Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

*The Choir and People sing:*

### SANCTUS & BENEDICTUS



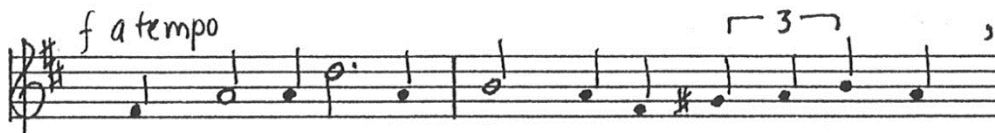
(organ) Ho - ly Ho - ly Ho - ly Lord God of



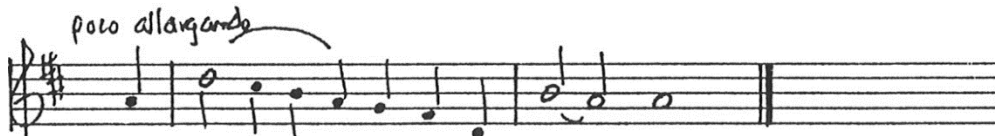
pow'r and might: Hea - ven and earth are full of your



glo - ry: Ho - san - - - na in the high - est!



Bles - sed is he who comes in the Name of the Lord:



Ho - san - - - na in the high - est!

*The People remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**



## THE LORD'S PRAYER

*Music by McNeil Robinson*

*Celebrant* *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,  
hal - lowed be your name, your king - dom come, your will be done,  
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins  
as we for - give those who sin a - gainst us. Save us from the time of trial,  
and de - liv - er us from e - vil. For the king - dom, the pow - er,  
and the glo - ry are\_\_ yours, now and for ev - er. A - men.

## THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

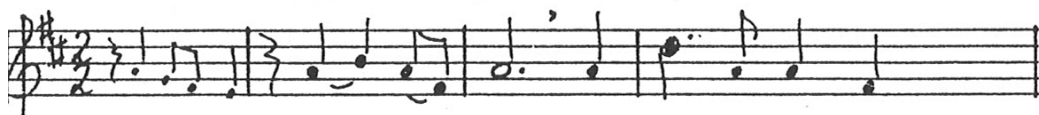
## HOLY COMMUNION

The gifts of God for the people of God.

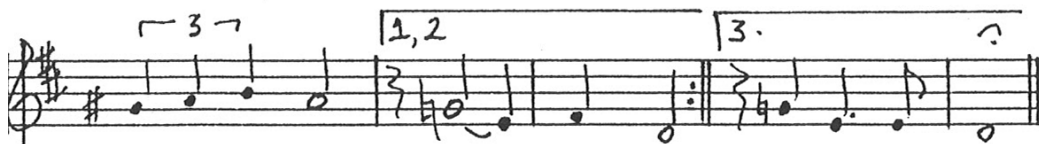
**Thanks be to God.**

*The Choir and People sing:*

## AGNUS DEI



(organ) Lamb of God, you take a - way the



sin of the world; have mer - cy give us your peace.

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

**MOTET** 'O taste and see,' Ralph Vaughan Williams (1872-1958)

O taste and see how gracious the Lord is: blest is the man that trusteth in him.

*(Ps 34.8)*

## COMMUNION DEVOTIONS

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

## ANIMA CHRISTI

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

*The People stand.*

## PRAYER AFTER COMMUNION

Let us pray.

Almighty God, guide and protect your people who share in this sacred mystery, and keep us always in your love; through Jesus Christ our Lord. **Amen.**

## DOXOLOGY

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

## DISMISSAL

Go in peace to love and serve the Lord.  
**Thanks be to God.**

**CONCLUDING HYMN 589** – Take up thy cross, the Saviour said

- 1 Take up thy cross, the Saviour said,  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.
- 2 Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.
- 3 Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
Thy Lord for thee the Cross endured,  
To save thy soul from death and hell.

- 4 Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.
- 5 Take up thy cross and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.
- 6 To thee, great Lord, the One in Three,  
All praise for evermore ascend;  
O grant us in our home to see  
The heavenly life that knows no end.

*BRESLAU*  
*As hymnodus sacer, Leipzig, 1625*

*Rev. C.W. Everest, 1833*

## **VOLUNTARY**

Toccata, Eugène Gigout (1844-1925)

*The Altar flowers are given to the honour and glory of Almighty God:  
Those at the High Altar are in loving memory of Peggy and Gilbert Lewis,  
and of Patricia Gilpin-Brown, by their family*

and

*Those at the Lady Altar are in loving memory of John Bulicz,  
donated by Robin Kingsburgh and Justin & Adam Bulicz.*

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