THE WORD OF THE LORD: TODAY'S SCRIPTURE READINGS At the Solemn Eucharist at Eleven o'clock THE THIRD SUNDAY IN LENT

Water is the dominant motif of the texts for the Third Sunday in Lent, leading in various ways to reflection upon human need and divine grace. The Old Testament lesson is one of the many accounts of the people of Israel complaining in the wilderness, in this case because of thirst. The Lord's response is to tell Moses how to bring water from the rock. The psalm, one of praise, responds directly to Exodus 17. In the epistle, Paul presents a picture of endurance in suffering that contrasts with that of Israel in the wilderness, and celebrates God's love in Jesus Christ as the foundation for rejoicing. The gospel reading is the account of Jesus at the well in Samaria, offering living water to the Samaritan woman.

FIRST READING: Exodus 17.1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

The word of the Lord *R*/. *Thanks be to God*

PSALM: 95—Venite, exultemus; Tone III,4

- O COME, let us sing **un**-to the Lord : let us heartily rejoice in the strength of our **sal**-va-tion.
- 2 Let us come before his presence **with** thanks-giving : and show ourselves glad **in** him with psalms.
- 3 For the Lord **is** a great God : and a great King a-**bove** all gods.

- In his hand are all the **cor**-ners of the earth: and the strength of the hills is **his** al-so.
- The sea is his, **and** he made it : and his hands prepared **the** dry land.
- 6 O come, let us wor-**ship**, and fall down : and kneel before the Lord **our** Ma-ker.
- For he **is** the Lord our God: and we are the people of his pasture, and the sheep **of** his hand.
- 8 To-day, O that **ye** would hear his voice:

 'Harden not your hearts as in the Provocation, and as in the day of Temptation in **the** wil-der-ness;
- 9 When your **fa**-thers temp-ted me: proved me, **and** saw my works.
- 10 Forty years long was I grieved with that gene-**ra**-tion, and said: "It is a people that do err in their hearts, for they have not **known** my ways";
- 11 Unto whom I sware in my wrath: that they should not enter in-to my rest.'

SECOND READING: Romans 5.1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The word of the Lord *R*/. *Thanks be to God*

SEQUENCE HYMN: 828 (AOH 16) RECTOR POTENS (Mode ii)

Now is the healing time decreed
 For sins of heart, of word or deed,
 When we in humble fear record
 The wrong that we have done the LORD.

- Who, alway merciful and good, Has borne so long our wayward mood, Nor cut us off unsparingly In our so great iniquity.
- 3 Therefore with fasting and with prayer, Our secret sorrow we declare; With all good striving seek his face, And lowly hearted plead for grace.
- 4 Cleanse us, O LORD, from every stain, Help us the meed of praise to gain, Till with the Angels linked in love Joyful we tread thy courts above.
- 5 FATHER and SON and SPIRIT blest,To thee be every prayer addrest,Who art in threefold Name adored,From age to age, the only LORD. Amen

GOSPEL: John 4.5-42

R/. Glory be to thee, O Lord

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, `I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!"

The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

The Gospel of Christ *R*/. *Praise be to thee, O Christ*