

Saint Thomas's Church

The Fourth Sunday in Lent

Sunday, March 10, 2024

Sung Mass at 9:30 am



Moses and the brazen serpent, William Blake, c. 1800
Published in 'Warrior of Light'

Saint Thomas's Anglican Church

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokytoms. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant & Homilist: Fr. Nathan Humphrey
Reader: Michael Rowland
Intercessor: Ronwen Guest
Organist & Choirmaster: Elizabeth Anderson
Assistant Organist & Choirmaster: Manuel Piazza

MUSIC OF THE MASS

New Plainsong Mass, David Hurd (b. 1950)

GREETING

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Bless the Lord who forgives all our sins.

His mercy endures for ever.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Choir and People sing:

KYRIE ELEISON

The musical notation consists of three staves, each with two measures. The first staff is labeled 'Cantor' and 'All'. The second staff is also labeled 'Cantor' and 'All'. The third staff is labeled 'Cantor' and 'All'. The lyrics are: Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Chri - ste e - le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

THE COLLECT OF THE DAY

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came from heaven to be the true bread which gives life to the world, evermore give us this bread, that he may live in us, and we in him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People sit.

FIRST LESSON

Numbers 21.4-9

A reading from the book of Numbers.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The word of the Lord.

Thanks be to God.

For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

The Cantor sings the Acclamation, which is repeated by the People. The Cantor then sings the verse, and all repeat the Acclamation.



Verse: God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. *Repeat Acclamation.*

THE HOLY GOSPEL

John 3.14-21

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint John.

Glory to you, Lord Jesus Christ.

And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who

do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.'

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: (*Bow.*) by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (*Rise.*)

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Our God, rich in mercy, extends his grace to all. Some choose darkness rather than light. But those who do what is true come into the light, showing their deeds are done in God.

God, rich in mercy,
Renew in us the light of faith.

For the Church, in the Anglican Cycle of Prayer the Episcopal Church, in our Diocese for the Anglican Church Women; Enid Corbett, Diocesan President, for our Bishops, all clergy, and those who worship and minister in this parish, particularly Linda A. Russell, Sue Russell, Fr. Geoffrey Sangwine, Crystal Saylor, Thomas Sheridan, & Fr. James Shire, that as God sent his Son in love, for a light, so our faith may be seen in our loving-kindness to all creation.

God, rich in mercy,
Renew in us the light of faith.

For the sick _____, that while some, because of iniquity, endure affliction when they cry to the Lord, he saves them, as he sent forth his Word to heal them.

God, rich in mercy,
Renew in us the light of faith.

For the others for whom we are asked to pray _____, that, offering up the serpents in their souls, they lay them before the cross, joining their agony to his, and receiving renewal in return.

God, rich in mercy,
Renew in us the light of faith.

For the dead _____, that, even while they sink into oblivion, grace, the gift of God, renews them, lifting them in Christ's light.

God, rich in mercy,
Renew in us the light of faith.

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 118

Come, let us to the Lord our God



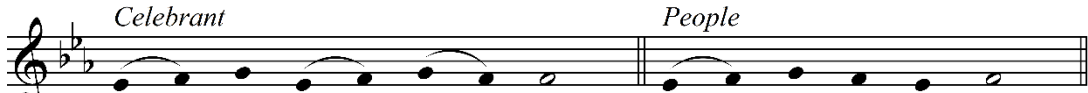
- 1 Come, let us to the Lord our God
With contrite hearts return;
Our God is gracious, nor will leave
The desolate to mourn.
- 2 His voice commands the tempest forth
And stills the stormy wave;
And though his arm be strong to smite,
'Tis also strong to save.
- 3 Long hath the night of sorrow reigned;
The dawn shall bring us light;
God shall appear, and we shall rise
With gladness in his sight.
- 4 Our hearts, if God we seek to know,
Shall know him, and rejoice;
His coming like the morn shall be,
Like morning songs his voice.
- 5 As dew upon the tender herb,
Diffusing fragrance round;
As showers that usher in the spring,
And cheer the thirsty ground:
- 6 So shall his presence bless our souls,
And shed a joyful light;
That hallowed morn shall chase away
The sorrows of the night.

PRAYER OVER THE GIFTS

God of mercy and compassion, your Word calls us home to faith and love. Accept all we offer you this day, in the name of Jesus Christ the Lord. **Amen.**

THE GREAT THANKSGIVING

Celebrant *People*



The__ Lord be__ with__ you. And__ al - so with you.

Detailed description: This block contains the first line of musical notation. It features two staves. The first staff is labeled 'Celebrant' and contains the melody for 'The__ Lord be__ with__ you.'. The second staff is labeled 'People' and contains the melody for 'And__ al - so with you.'. Both staves are in a treble clef with a key signature of two flats (B-flat and E-flat) and a common time signature. The notes are quarter notes with a half note at the end of each phrase.


Celebrant *People*



Lift____ up your hearts. We lift____ them to__ the Lord.__

Detailed description: This block contains the second line of musical notation. It features two staves. The first staff is labeled 'Celebrant' and contains the melody for 'Lift____ up your hearts.'. The second staff is labeled 'People' and contains the melody for 'We lift____ them to__ the Lord.__'. Both staves are in a treble clef with a key signature of two flats and a common time signature. The notes are quarter notes with a half note at the end of each phrase.


Celebrant



Let us give thanks_____ to the Lord__ our God.

Detailed description: This block contains the third line of musical notation. It features a single staff labeled 'Celebrant' with the melody for 'Let us give thanks_____ to the Lord__ our God.'. The staff is in a treble clef with a key signature of two flats and a common time signature. The notes are quarter notes with a half note at the end of the phrase.

People



It is right_____ to give our thanks and praise.__

Detailed description: This block contains the fourth line of musical notation. It features a single staff labeled 'People' with the melody for 'It is right_____ to give our thanks and praise.__'. The staff is in a treble clef with a key signature of two flats and a common time signature. The notes are quarter notes with a half note at the end of the phrase.

Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore we raise our voices to you in praise to proclaim the glory of your name.

The People and Choir sing,

SANCTUS & BENEDICTUS

Plainsong Mass, David Hurd

The musical notation consists of three staves of plainsong in G major (one sharp). The first staff contains the lyrics: "Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and". The second staff continues: "earth are full of your glo - ry. Ho - san - na in the high - est." The third staff concludes with: "Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est." The melody is simple and rhythmic, typical of plainsong.

Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

And we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

McNeil Robinson (1943-2015)

Celebrant *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,
hal - lowed be your name, your king - dom come, your will be done,
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins
as we for - give those who sin a - gainst us. Save us from the time of trial,

and de - liv - er us from e - vil. For the king - dom, the pow - er,
and the glo - ry are__ yours, now and for ev - er. A - men.

THE BREAKING OF THE BREAD

Celebrant: We break this bread,

People: **Communion in Christ's body once broken.**

Celebrant: Let your Church be the wheat which bears fruit in dying.

People: **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

HOLY COMMUNION

The gifts of God for the people of God.

Thanks be to God.

The People and Choir sing:

AGNUS DEI

Plainsong Mass, David Hurd

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

‘God so loved the world,’ John Stainer (1840-1901)

God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

(John 3.16)

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

The People stand.

PRAYER AFTER COMMUNION

Let us pray.

Giver of life, you enlighten all who come into the world. Fill our hearts with the splendour of your grace, that we may perfectly love you and worthily praise your holy name, through Jesus Christ the Lord. **Amen.**

DOXOLOGY

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

PRAYER OVER THE PEOPLE

Bow down before the Lord.

The People bow.

Look down in mercy, Lord, on the people who kneel before you, and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. **Amen.**

DISMISSAL

Let us bless the Lord.
Thanks be to God.

CONCLUDING HYMN 503

I heard the voice of Jesus say

- 1 I heard the voice of Jesus say,
‘Come unto me and rest;
Lay down, thou weary one, lay down
Thy head upon my breast’:
I came to Jesus as I was,
Weary, and worn, and sad;
I found in him a resting-place,
And he has made me glad.

- 2 I heard the voice of Jesus say,
‘Behold, I freely give
The living water, thirsty one,
Stoop down, and drink, and live’:
I came to Jesus, and I drank
Of that life-giving stream;
My thirst was quenched, my soul revived,
And now I live in him.

- 3 I heard the voice of Jesus say,
‘I am this dark world’s Light;
Look unto me, thy morn shall rise,
And all thy day be bright’:
I looked to Jesus, and I found
In him my Star, my Sun;
And in that light of life I’ll walk
Till travelling days are done.

KINGSFOLD

Arr. from an English Traditional Melody, R. V. Williams

Jessie Adams, 1908

Copyright Information:

New Plainsong Mass Music by: David Hurd

Copyright Year: 1981 Publisher: G.I.A. Publications, Inc.

God so Loved the World Music by: Stainer, John

Copyright Year: 1960 Publisher: G. Schirmer's Octavio Church Music

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DAILY OFFICE SCHEDULE

*Morning Prayer and Evening Prayer services generally last 15-25 minutes
and are a great way to begin and/or end the day!*

MORNING PRAYER

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

EVENING PRAYER

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

SUNDAY

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

WEEKDAY LOW MASS

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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