### Saint Thomas's Church

### The Fourth Sunday in Lent Lætare

Sunday, March 14, 2021

Sung Eucharist at 11 o'clock *livestreamed* 



Leaf from a Book of Hours: The Raising of the Cross c. 1510-1520



Saint Thomas's Anglican Church 383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323 www.stthomas.on.ca office@stthomas.on.ca

### Celebrant: Fr Shire Homilist: Fr Brinton Gospeller: Fr D'Angelo Cantor: Jennifer McCallum Reader: Gabriel del Prado Cruz Organist & Director of Music: Matthew Whitfield

### MUSIC OF THE MASS – Missa IV, Cunctipotens genitor Deus

PRELUDE: Hilf, Gott, daß mir's gelinge, BWV 624, J.S. Bach

### INTROIT: Psalm 122 (ant. v. 6) Tone IV,6

- 1 I was glad when they said **un**-to me : 'We will go unto the house of the **Lord**.'
- 2 Behold, our **feet** now stand : within thy gates, O Jerusa-lem.
- 3 Jerusalem is built **as** as ci-ty : that is unity in it-**self**;
- 4 Whither the tribes go up, even the tribes **of** the Lord : as was decreed for Israel, to give thanks unto the Name of the **Lord**.
- 5 For there were set the **thrones** for judge-ment : even the thrones of the house of Da-**vid**.
- 6 O pray for the peace of Je-ru-sa-lem : may they prosper that love **thee**.
- 7 Peace be with-in thy walls : and plenteousness within thy pala-ces.
- 8 For my brethren and com-**pan**-ion's sakes : I will wish thee prosperi-**ty**.
- 9 Yea, because of the house of the Lord our God : I will seek to do thee good.

# GLORY be to the Father, and to the Son, and to the Holy Ghost; / As it was in the beginning, is now, and ever shall be, world without end. Amen.

O pray for the peace of Je-ru-sa-lem : may they prosper that love **thee**.

### Please kneel

### **COLLECT FOR PURITY**

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.* 

### **KYRIE ELEISON**

Kyrie Eleison : Lord, have mercy upon us. Christe Eleison : Christ, have mercy upon us. Kyrie Eleison : Lord, have mercy upon us.

### THE COLLECT OF THE DAY

Let us pray:

Grant, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ; who liveth and reigneth with the Father and the Holy Spirit, one God, world without end. *Amen.* 

### THE COLLECT OF ASH WEDNESDAY

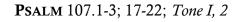
Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.* 

Please be seated

### **OLD TESTAMENT LESSON:** Numbers 21.4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; and the people became impatient on the way. And the people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food." Then the LORD sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses, and said, "We have sinned, for we have spoken against the LORD and against you; pray to the LORD, that he take away the serpents from us." So Moses prayed for the people. And the LORD said to Moses, "Make a fiery serpent, and set it on a pole; and every one who is bitten, when he sees it, shall live." So Moses made a bronze serpent, and set it on a pole; and if a serpent bit any man, he would look at the bronze serpent and live.

The word of the Lord R / *Thanks be to God* 



- 1 O GIVE thanks unto the Lord, for he is **gra**-cious : and his mercy endur-**eth** for ëv-ër.
- 2 Let them give thanks whom the Lord hath re-**deem**-ed : and delivered **from** ad-ver-si tÿ;
- 3 And gathered them out of the lands, from the east and from **the** west : from the **north** and from the south.
- 17 They that are foolish are afflicted for their **of**-fence : and because **of** their wick-ed-nëss.
- 18 Their soul abhorrèd all manner **of** meat : and they were even **hard** at deäth's döor.
- 19 So they crièd unto the Lord in their **trou**-ble : and he deliverèd **them** from thëir dis-trëss.

- 20 He sent his word and heal-ed them : and saved them from their des-trüc-tiön.
- 21 O that men would therefore praise the Lord for his **good**-ness : and declare the wonders that he doeth for the **chil**-dren öf mën!
- 22 That they would offer unto him the sacrifices of thanks-**giv**-ing : and tell out his **works** with gläd-nëss!

### THE EPISTLE: Ephesians 2.1-10

And you he made alive, when you were dead through the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience. Among these we all once lived in the passions of our flesh, following the desires of body and mind, and so we were by nature children of wrath, like the rest of mankind. But God, who is rich in mercy, out of the great love with which he loved us, even when we were dead through our trespasses, made us alive together with Christ (by grace you have been saved), and raised us up with him, and made us sit with him in the heavenly places in Christ Jesus, that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith; and this is not your own doing, it is the gift of God not because of works, lest any man should boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

The word of the Lord R/ *Thanks be to God* 

SEQUENCE HYMN 828 – Now is the healing time

- Now is the healing time decreed For sins of heart, of word or deed, When we in humble fear record The wrong that we have done the Lord:
- 2 Who, alway merciful and good, Has borne so long our wayward mood, Nor cut us off unsparingly In our so great iniquity.
- 3 Therefore with fasting and with prayer, Our secret sorrow we declare; With all good striving seek his face, And lowly hearted plead for grace.
- 4 Cleanse us, O Lord, from every stain, Help us the meed of praise to gain, Till with the Angels linked in love Joyful we tread thy courts above.
- 5 Father and Son and Spirit blest, To thee be every prayer addrest, Who art in threefold Name adored, From age to age, the only Lord. Amen.

RECTOR POTENS (mode ii)

Latin, 6th cent. asc. to St Gregory the Great Tr T.A. Lacey 1853-1931

## **HOLY GOSPEL**: John 3.14-21 R / *Glory be to thee O Lord*

And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life." For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him. He who believes in him is not condemned; he who does not believe is condemned already, because he has not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil. For every one who does what is the light, and does not come to the light, lest his deeds should be exposed. But he who does what is true comes to the light, that it may be clearly seen that his deeds have been wrought in God.

The Gospel of Christ R / *Praise be to thee, O Christ* 

### THE NICENE CREED Merbecke

Celebrant: I believe in one God

All: the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

SERMON

OFFERTORY

OFFERTORY HYMN 580 - Thy life was given for me

- Thy life was given for me, Thy blood, O Lord, was shed, That I might ransomed be, And quickened from the dead; Thy life was given for me; What have I given for thee?
- Long years were spent for me In weariness and woe, That through eternity Thy glory I might know; Long years were spent for me; Have I spent one for thee?
- Thy Father's home of light, Thy rainbow-circled throne, Were left for earthly night, For wanderings sad and lone; Yea, all was left for me; Have I left aught for thee?
- 4 Thou, Lord hast borne for me More than my tongue can tell Of bitterest agony, To rescue me from hell; Thou sufferedst all for me; What have I borne for thee?
- 5 And thou hast brought to me Down from thy home above Salvation full and free, Thy pardon and thy love; Great gifts thou broughtest me; What have I brought to thee?
- 6 O let my life be given, My years for thee be spent; World-fetters all be riven, And joy with suffering blent, Thou gavest thyself for me, I give myself to thee.

Healey Willan, 1927

PRESENTATION Frances Ridley Havergal, 1858

### **PRAYER OVER THE GIFTS**

Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. *Amen*.

### INTERCESSIONS

Celebrant: Brothers and sisters in Christ, let us pray for the Church and for the world.

### silence

### Lord, in thy mercy R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the Church and for all who minister and serve God's people throughout the world, especially Andrew our bishop and for the clergy and people of this parish. May God give us all grace to keep a holy Lent.

#### silence

### Lord, in thy mercy R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for the Queen and for all in authority in our country, province, and city, for all who promote and protect our health, safety, and peace, that God may observe our civil life and judge it good.

#### silence

# Lord, in thy mercy R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for all those in need, for the sick\_\_\_\_\_\_for elders in isolation, for prisoners, for those who mourn, and all for whom our prayers are asked\_\_\_\_\_\_trusting that God will not forget the afflicted.

#### silence

### Lord, in thy mercy R / *We beseech thee, hear our prayer.*

Intercessor: I bid your prayers for those all those who have fallen ill from the coronavirus, for all communities that have been disrupted and impacted by the pandemic, for those working for the public health of all and the stability of our society, for those who are lonely from isolation; that the Lord's healing and comforting presence may strengthen us all.

silence

Lord, in thy mercy

### R / We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the departed, especially\_\_\_\_\_ who have died in recent days, and on their year's mind for\_\_\_\_\_. We pray especially for all those who have died from the coronavirus this past year, and all those who have died isolated from their loved ones. That they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom.

silence

### Lord, in thy mercy R / *We beseech thee, hear our prayer.*

Celebrant: Heavenly Father, thou hast promised to hear what we ask in the Name of thy Son: Accept and fulfill our petitions. we pray thee, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as thou knowest and lovest us in thy Son Jesus Christ our Lord. *Amen.* 

#### INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. *Amen*.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen*.

### **EUCHARISTIC PRAYER**

V / The Lord be with you; R / And with thy spirit.
V / Lift up your hearts; R / We lift them up unto the Lord.
V / Let us give thanks unto our Lord God; R / It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Cantor sings:

Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most High. Blessèd is he that cometh in the Name of the Lord: Hosanna in the highest.

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave

it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.* 

### THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant: As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. *Amen*.

The consecrated Bread is broken.

V / The peace of the Lord be always with you; R / *And with thy spirit.* 

### HOLY COMMUNION

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Cantor sings:

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, grant us thy peace.

Silence before Act of Spiritual Communion

### AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

### ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesu, hear me. Within thy wounds hide me. Suffer me not to be separated from thee. From the malicious enemy defend me. In the hour of my death call me. And bid me come to thee, That with thy saints I may praise thee, For ever and ever. Amen.

### MOTET: Meinem Hirten bleib ich treu, BWV 92, J.S. Bach

I remain faithful to my Shepherd. If He fills the cup of suffering for me, I rest completely in His will; He will be with me in sorrow. For later, after weeping, Jesus will shine again. I remain faithful to my Shepherd. I live for Jesus, He will govern; rejoice, heart, you shall grow cold, Jesus has done enough. Amen: Father, take me up!

### Please kneel

### **PRAYER AFTER COMMUNION**

Celebrant: Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with the and the Holy Ghost, be all honour and glory, world without end. *Amen*.

### BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.* 

CONCLUDING HYMN 579 – Rock of ages, cleft for me

- Rock of ages, cleft for me, Let me hide myself in thee; Let the water and the Blood From thy riven side which flowed, Be of sin the double cure, Cleanse me from its guilt and power.
- 2 Not the labours of my hands Can fulfil thy law's demands; Could my zeal no respite know, Could my tears for ever flow, All for sin could not atone, Thou must save, and thou alone.
- Nothing in my hand I bring;
  Simply to thy Cross I cling;
  Naked, come to thee for dress;
  Helpless, look to thee for grace;
  Foul, I to the fountain fly;
  Wash me, Saviour, or I die.
- 4 While I draw this fleeting breath, When mine eyelids close in death, When I soar through tracts unknown, See thee on thy judgement throne, Rock of ages, cleft for me, Let me hide myself in thee.

REDHEAD NO. 76 R. Redhead, 1853 Rev. A.M. Toplady, 1715

POSTLUDE: Kyrie, Gott heiliger Geist, BWV 671, J.S. Bach