

Saint Thomas's Church  
The Fifth Sunday in Lent

**Sunday, March 17, 2024**

**High Mass at 11:00 am**



Salvator Mundi, School of Leonardo da Vinci, c. 1503  
This painting is in a private collection.

**Saint Thomas's Anglican Church**

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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement, though we hope you will avail yourself of **coffee hour in the parish hall** following this service, if possible. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant:** Fr. Nathan Humphrey  
**Deacon:** Fr. Theo Ipema  
**Homilist:** Fr. James Shire  
**Reader:** Maureen Somerville  
**Organist & Choirmaster:** Elizabeth Anderson  
**Assistant Organist & Choirmaster:** Manuel Piazza

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**MUSIC OF THE MASS**

Missa XVII Kyrie salve

**VOLUNTARY**

Herzliebster Jesu, Johannes Brahms (1833-1897)

*At the sound of the bell, all stand for the entrance of the Sacred Ministers and remain standing for the Litany in procession.*

**THE LITANY**



have mer - cy up - on us.

O God the Father, Creator of heaven and earth : have mercy upon us.

**O God the Father, Creator of heaven and earth : have mercy upon us.**

O God the Son, Redeemer of the world : have mercy upon us.

**O God the Son, Redeemer of the world : have mercy upon us.**

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.

**O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.**

O holy, blessed, and glorious Trinity, three Persons and one God : have mercy upon us.

**O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.**

Remember not, Lord, our offences, nor the offences of our forefathers; spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood.



Spare us, good Lord.

From all evil and mischief; from sin, from the crafts and assaults of the devil; from thy wrath, and from everlasting condemnation,



Good Lord, de - liv - er us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice, and all uncharitableness,

**Good Lord, deliver us.**

From all uncleanness in thought, word, and deed; and from all the deceits of the world, the flesh, and the devil,

**Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine; from battle and murder, and from sudden death,

**Good Lord, deliver us.**

From all sedition, conspiracy, and rebellion; from all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and Commandment,

**Good Lord, deliver us.**

By the mystery of thy holy Incarnation; by thy holy Nativity; by thy Baptism, Fasting, and Temptation,

**Good Lord, deliver us.**

By thine Agony and bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial,

**Good Lord, deliver us.**

By thy glorious Resurrection and Ascension; by thy sending of the Holy Spirit; by thy heavenly Intercession; and by thy Coming again in glory,

**Good Lord, deliver us.**

In all times of tribulation; in all times of prosperity; in the hour of death, and in the day of judgement,

**Good Lord, deliver us.**

We sinners do beseech thee to hear us, O Lord God: and that it may please thee to rule and govern thy holy Church universal in the right way.



We be - seech thee, good Lord.

To keep and strengthen in the true worshipping of thee, in holiness of life, and in devotion to his people, thy servant Charles, our most gracious King and Governor,  
**We beseech thee, good Lord.**

To be his defender and keeper, giving him the victory over all his enemies,  
**We beseech thee, good Lord.**

To bless and preserve Queen Camilla, William, Prince of Wales, the Princess of Wales, and all the Royal Family,  
**We beseech thee, good Lord.**

To give to Andrew our bishop, to Kevin and Riscylla his suffragans, and all Bishops, Priests, and Deacons, true knowledge and understanding of thy Word; and that both by their preaching and living they may set it forth and show it accordingly,  
**We beseech thee, good Lord.**

To send forth labourers into thy harvest; to prosper their work by thy Holy Spirit; to make thy saving health known unto all nations; and to hasten thy kingdom,  
**We beseech thee, good Lord.**

To bless the people of our Country and the Commonwealth, and to endue those set in authority with grace, wisdom, and understanding,  
**We beseech thee, good Lord.**

To bless and guide the Judges and Magistrates, giving them grace to execute justice, and to maintain truth,  
**We beseech thee, good Lord.**

To bless and keep the King's forces by sea, and land, and air, and to shield them in all dangers and adversities,  
**We beseech thee, good Lord.**

To give to all nations unity, peace, and concord, that they may serve thee without fear,

**We beseech thee, good Lord.**

To bless and protect all who serve mankind by their labour and learning,

**We beseech thee, good Lord.**

To preserve all that travel, all women labouring of child, all sick persons and young children; and to show thy pity upon all prisoners and captives,

**We beseech thee, good Lord.**

To defend, and provide for, all widows and orphans, and all who are desolate and oppressed,

**We beseech thee, good Lord.**

To bless and keep all thy people,

**We beseech thee, good Lord.**

To give to all thy people increase of grace, to hear meekly thy Word, and to receive it with pure affection, and to bring forth the fruit of the Spirit,

**We beseech thee, good Lord.**

To bring into the way of truth all who have erred and are deceived,

**We beseech thee, good Lord.**

To strengthen such as do stand; to encourage the faint-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

**We beseech thee, good Lord.**

To succour, help, and comfort all that are in danger, necessity, and tribulation,

**We beseech thee, good Lord.**

To have mercy upon all men,

**We beseech thee, good Lord.**

To give and preserve to our use the kindly fruits of the earth, so that in due time we may enjoy them,

**We beseech thee, good Lord.**

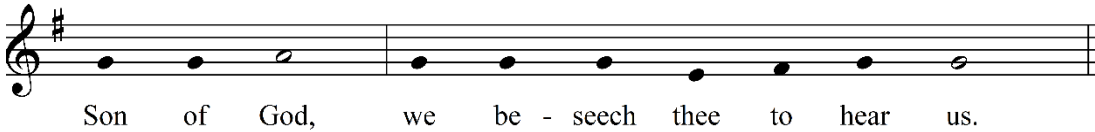
To forgive our enemies, persecutors, and slanderers, and to turn their hearts,

**We beseech thee, good Lord.**

To give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit, to amend our lives according to thy holy Word,

**We beseech thee, good Lord.**

Son of God, we beseech thee to hear us.



*The People kneel. The Choir alone sings the Kyrie.*

### **KYRIE ELEISON**

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

*The People remain kneeling for the Collects.*

### **COLLECT OF THE DAY**

The Lord be with you.  
**And with thy spirit.**  
Let us pray.

We beseech thee, Almighty God, mercifully to look upon thy people; that by thy great goodness they may be governed and preserved evermore, both in body and soul; through Jesus Christ our Lord. **Amen.**

### **COLLECT FOR LENT**

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

*The People sit.*

## FIRST LESSON

Jeremiah 31.31-34

The First Lesson is written in the thirty-first chapter of the book of the prophet Jeremiah, beginning at the thirty-first verse.

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt - a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, 'Know the Lord', for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

## PSALM 51.1-12

*Miserere mei*

II. 1



- Cantor* 1 HAVE MER-cy upon me, O God, after thy great **good**-ness :  
*People* according to the multitude of thy mercies do away mine **of**-fenc-es.  
2 Wash me throughly from my **wick**-ed<sup>2</sup>-ness :  
and cleanse **me** from <sup>^</sup>my sin.
- Cantor* 3 For I acknowledge my **faults** : and my sin is ever **be**-fore me.  
*People* 4 Against thee only have I sin-ned, and done that which  
is evil in thy **sight** :  
that thou mightest be justifi-ed when thou speakest,  
and clear **when** thou <sup>^</sup>dost judge.



- Cantor* 5 Behold, I was brought forth in **wick**-ed<sup>ness</sup> :  
and in sin hath my mother **con**-ceiv<sup>ed</sup> me.
- People* 6 But lo, thou requirest truth in the inward **parts** :  
and shalt make me to understand wis-**dom** se<sup>cret</sup>-ly.
- Cantor* 7 Thou shalt purge me with hyssop, and I shall be **clean** :  
thou shalt wash me, and I shall be whi-**ter** than snow.
- People* 8 Thou shalt make me hear of joy and **glad**-ness :  
that the bones which thou hast bro-**ken** may<sup>re</sup>-joice.
- Cantor* 9 Turn thy face from my **sins** : and put out all **my** mis-deeds.
- People* 10 Make me a clean heart, O **God** : and renew a right spirit **with**-in me.
- Cantor* 11 Cast me not away from thy **pre**-sence :  
and take not thy holy spi-**rit** from me.
- People* 12 O give me the comfort of thy help a-**gain** :  
and stablish me with a **free** spi-rit.

## THE EPISTLE

Hebrews 5.5-10

The Epistle is written in the fifth chapter of the epistle to the Hebrews, beginning at the fifth verse.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, 'You are my Son, today I have begotten you'; as he says also in another place, 'You are a priest for ever, according to the order of Melchizedek.' In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

**SEQUENCE HYMN**

The royal banners forward go

VEXILLA REGIS

*Sarum Plainsong*  
7th century

The roy - al ban - ners for - ward go, \_\_\_

The Cross shines forth \_\_\_ in mys - tic \_\_\_ glow; \_\_\_

Where he in flesh, \_\_\_ our flesh \_\_\_ who made, \_\_\_

Our sen - - - tence bore, \_\_\_ our ran - som paid. \_\_\_

- 2 There whilst he hung, his sacred side  
By soldier's spear was opened wide,  
To cleanse us in the precious flood  
Of water mingled with his Blood.
- 3 Fulfilled is now what David told  
In true prophetic song of old,  
How God the heathen's King should be;  
For God is reigning from the Tree.
- 4 O Tree of glory, Tree most fair,  
Ordained those holy limbs to bear,  
How bright in purple robe it stood,  
The purple of a Saviour's Blood!

- 5 Upon its arms, like balance true,  
He weighed the price for sinners due,  
The price which none but he could pay,  
And spoiled the spoiler of his prey.
- 6 To thee, Eternal Three in One,  
Let homage meet by all be done:  
As by the Cross thou dost restore,  
So rule and guide us evermore.



*Vexilla Regis*  
*Venantius Fortunatus, 530-609*

*Tr. J.M. Neale, 1818-66*

## THE HOLY GOSPEL

John 12.20-33

The Lord be with you.

### **And with thy spirit.**

The Holy Gospel is written in the twelfth chapter of the Gospel according to Saint John, beginning at the twentieth verse.

### **Glory be to thee, O Lord.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, ‘Sir, we wish to see Jesus.’ Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, ‘The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

‘Now my soul is troubled. And what should I say - “Father, save me from this hour”? No, it is for this reason that I have come to this hour. Father, glorify your name.’ Then a voice came from heaven, ‘I have glorified it, and I will glorify it again.’ The crowd standing there heard it and said that it was thunder. Others

said, 'An angel has spoken to him.' Jesus answered, 'This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.' He said this to indicate the kind of death he was to die.

The gospel of Christ.

**Praise be to thee, O Christ.**

*The People sit at the invitation of the Preacher.*

**SERMON**

**INSTITUTION OF ACOLYTES**

*Celebrant:* The Candidates for Institution as Acolytes will now be presented.

*The Candidates and Guild Secretary come forward to the Altar Rail.*

*Guild Secretary:* Reverend Father, I present to you these persons to be admitted to the ministry of Instituted Acolyte in this congregation.

*Celebrant:* Will you faithfully undertake the duties of Acolyte in this parish church and be diligent in prayer, attentive in training, and reverent in worship?

*Candidates:* I will, with God's help.

*Celebrant:* Do not be negligent, for the Lord has chosen you to stand in his presence, to minister to God, and to be God's minister to others.

*Candidates:* Amen.

*Celebrant:* I will go unto the altar of God.

*Candidates:* Even unto the God of my joy and gladness.

Let us pray: O God, bless the acolytes of thy Church, that they may so serve before thy earthly altar in reverence and holiness, that they may attain, with all thy saints and angels, to the joy of serving and worshipping thee before thy Heavenly Altar; through Jesus Christ our Lord. **Amen.**

*The Candidates kneel and are vested in surplice by the Secretary as the Celebrant says to each in turn,*

*Celebrant: In the Name of God and of this congregation, I institute thee, N., as an Acolyte in this Church, and give thee this surplice as a token of your ministry.*

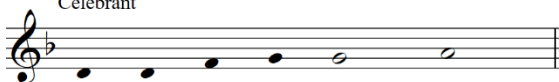
*In silence, the Acolytes return to their assigned places. The Liturgy continues with the Creed.*

*The People stand to sing the Creed. All who are able to kneel, please do so at “and was incarnate,” rising after “and was made man.”*

## THE NICENE CREED

John Merbecke (1505-1585)

Celebrant



I be - lieve in one God

People



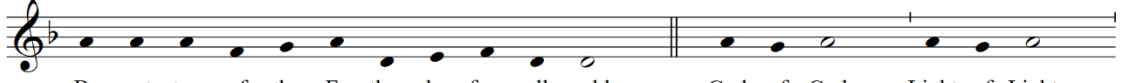
the Fa - ther Al - mighty, Ma - ker of hea - ven and earth,



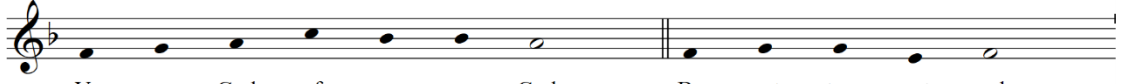
And of all things vi - si - ble, and in - vi - si - ble:



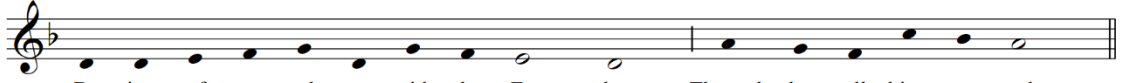
And in one Lord Je - sus Christ, the on - ly be - got - ten Son of God,



Be - got - ten of the Fa - ther be - fore all worlds: God of God, Light of Light,



Ve - ry God of ve - ry God; Be - got - ten, not made:



Be - ing of one sub - stance with the Fa - ther; Through whom all things were made.

Be - ing of one sub - stance with the Fa - ther; Through whom all things were made.

Who for us men and for our sal - va - tion came down from heaven,

*\*And was in - car - nate by the Ho - ly Ghost of the Vir - gin Ma - ry,*

*And was made man,\** And was cru - ci - fi - ed al - so for us un - der Pon - tius Pi - late.

He suf - er - ed and was bu - ri - ed, And the third day he rose a - gain

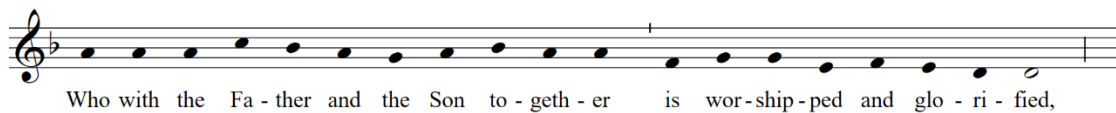
ac - cord - ing to the Scrip - tures, And as - cen - ded in - to heaven,

And sit - teth on the right hand of the Fa - ther.

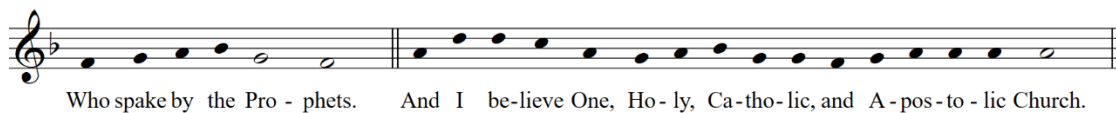
And he shall come a - gain with glo - ry to judge both the quick and the dead:

Whose king - dom shall have no end. And I be - lieve in the Ho - ly Ghost, The Lord,

The Giv - er of life, Who pro - ceed - eth from the Fa - ther and the Son,



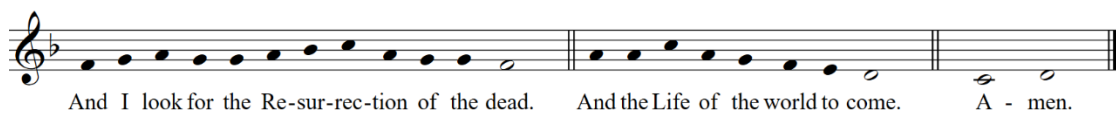
Who with the Fa - ther and the Son to - geth - er is wor - ship - ped and glo - ri - fied,



Who spake by the Pro - phets. And I be - lieve One, Ho - ly, Ca - tho - lic, and A - pos - to - lic Church.



I ac - know - ledge one Bap - tism for the re - mis - sion of sins.



And I look for the Re - sur - rec - tion of the dead. And the Life of the world to come. A - men.

### OFFERTORY SENTENCE

Walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God.

*The People remain standing for the hymn.*

**OFFERTORY HYMN 129**

Sing, my tongue, the glorious battle

Sing, my tongue, the glo - rious bat - - tle,  
Sing the end - ding of the fray;  
Now a - bove the Cross, the tro - phy,  
Sound the loud tri - um - phant lay:  
Tell how Christ, the world's re - deem - er,  
As a Vic - tim won the day.

*Lower* 2 God in pity saw man fallen,  
*Voices* Shamed and sunk in misery,  
When he fell on death by tasting,  
Fruit of the forbidden tree;  
Then another tree was chosen  
Which the world from death should free.

*Upper* 3 Therefore, when th'appointed fulness,  
*Voices* Of the holy time was come,  
He was sent, who maketh all things,  
Forth from God's eternal home;  
Thus he came to earth incarnate,  
Offspring of the maiden's womb.



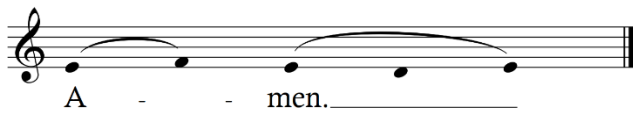
*Lower* 4 Thirty years among us dwelling,  
*Voices* Now at length his hour fulfilled,  
Born for this, he met his Passion,  
For that this he freely willed.  
On the Cross the Lamb is lifted,  
Where his life-blood shall be spilled.

*Upper* 5 Bend thy boughs, O tree of glory:  
*Voices* Thy too rigid sinews bend,  
For a while the ancient rigour  
That thy birth bestowed, suspend;  
And the King of heav'nly beauty,  
On thy bosom gently tend!.

*Lower* 6 Thou alone wast counted worthy  
*Voices* This world's Ransom to sustain,  
That a ship-wrecked race might ever  
Thus a port of refuge gain,  
With the sacred blood anointed  
From the Lamb for sinners slain.

*Upper* 7 He endured the nails, the spitting,  
*Voices* Vinegar and spear and reed;  
From that holy Body pierced  
Blood and water forth proceed:  
Earth, and stars and sky, and ocean  
By that flood from stain are freed.

*All* 8 To the Trinity be glory  
To the Father and the Son,  
With the co-eternal Spirit,  
Ever Three and ever One.  
One in love and one in splendour,  
While unending ages run.



*The People sit if the Choir also sits, standing again as the thurifer approaches for the censuring.*

### **PRAYER OVER THE GIFTS**

O God who art our refuge and our strength, receive thou these gifts, and through the death and resurrection of thy Son, Jesus Christ, change us unto his likeness, through the same Christ our Lord. **Amen.**

### **INTENTIONS OF THE MASS**

*The Subdeacon reads the Intentions and bids the People's additions, silently or aloud.*

### **INVITATION, CONFESSION AND ABSOLUTION**

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People remain kneeling.*

## **EUCCHARISTIC PRAYER**

*Celebrant* *People*

The Lord be with you; And with thy spirit.

*Celebrant* *People*

Lift up your hearts; We lift them up unto the Lord.

*Celebrant* *People*

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer, and more generous in works of love.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*

## **SANCTUS & BENEDICTUS**

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
✠ Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

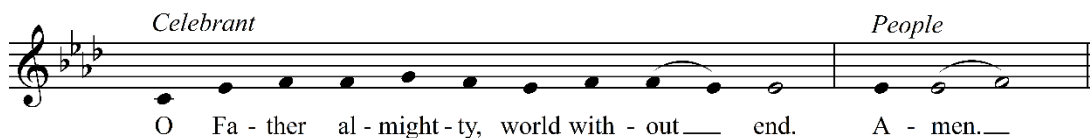
*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,



The musical notation is on a single staff with a treble clef and a key signature of two flats (B-flat and E-flat). The tempo is marked 'Celebrant' and the lyrics are 'O Fa - ther al - might - ty, world with - out \_\_\_ end.' The melody consists of quarter notes for 'O Fa - ther' and eighth notes for 'al - might - ty, world with - out \_\_\_ end.' The tempo is marked 'People' and the lyrics are 'A - men. \_\_\_'. The melody consists of quarter notes for 'A - men. \_\_\_'.

# THE LORD'S PRAYER

John Merbecke

*Celebrant*

And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:

*People*

Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,

Thy will be done, on earth, as it is in heav'n. Give us this day our dai-ly bread;

and for-give us our tres-pass-es, As we for-give them that tres-pass a-gainst us;

And lead us not in-to temp-ta-tion, But de-li-ver us from ev-il.

For thine is the king-dom, the pow-er and the glo-ry, For ev-er and ev-er. A-men.

# FRACTION & PEACE

*The consecrated Bread is broken. A substantial period of silence is kept.*

*Celebrant*

The peace of the Lord be al-ways with you.

*People*

And with thy spi-rit.

## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume  
to come to this thy Table, O merciful Lord, Trusting in our own righteousness,  
But in thy manifold and great mercies. We are not worthy So much as to gather  
up the crumbs under thy Table. But thou art the same Lord, Whose property is  
always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of  
thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may  
be made clean by his Body, And our souls washed through his most precious  
Blood, And that we may evermore dwell in him, And he in us. Amen.

*The Choir alone sings:*

### AGNUS DEI

O Lamb of God, that takest away the sin of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sin of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sin of the world, grant us thy peace.	Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*The Celebrant turns to face the People and says,*

### INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world.  
**Lord, I am not worthy that thou shouldst come under my roof, but speak the  
word only, and my soul shall be healed.**

### COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the  
Sidespeople. Please receive the host (bread) on the right palm of the hand (supported  
underneath by the left palm). To receive the cup, gently guide with your hand the base of the  
chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does  
not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## **COMMUNION DEVOTIONS**

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## **ANIMA CHRISTI**

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.

In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

**MOTET**

‘It is a thing most wonderful,’ Philip Moore (b. 1943)

It is a thing most wonderful, almost too wonderful to be that God’s own Son should come from heav’n, and die to save a child like me. And yet I know that it is true; he chose a poor and humble lot, and wept and mourned and toiled and died, for the love of those who loved him not. I sometimes think about the Cross, and shut my eyes and try to see the cruel nails and crown of thorns and Jesus crucified for me. But even could I see him die, I could but see a little part of that great love which like a fire, is always burning in his heart. And yet I want to love thee Lord; O light the flame within my heart, that I may love thee more and more, until I see thee as thou art. It is a thing most wonderful.

*The People may sit or kneel for the hymn.*

**COMMUNION HYMN 493**

Jesu, the very thought of thee

- 1 Jesu, the very thought of thee  
With sweetness fills the breast;  
But sweeter far thy face to see,  
And in thy presence rest.
- 2 No voice can sing, no heart can frame,  
Nor can the memory find  
A sweeter sound than Jesus’ Name,  
The Saviour of mankind.
- 3 O hope of every contrite heart,  
O joy of all the meek,  
To those who ask how kind thou art,  
How good to those who seek!
- 4 But what to those who find? Ah! this  
Nor tongue nor pen can show;  
The love of Jesus, what it is  
None but his loved ones know.
- 5 Jesu, our only joy be thou,  
As thou our prize wilt be;  
In thee be all our glory now,  
And through eternity.



*The People kneel.*

## **PRAYER AFTER COMMUNION**

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

## **LENTEN BENEDICTION**

The Lord bless us and keep us. The Lord make his face to shine upon us, and be gracious unto us. The Lord lift up his countenance upon us, and give us peace, both now and evermore. **Amen.**

*The People stand.*

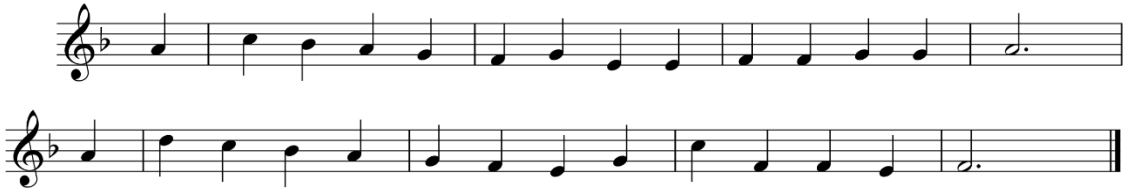
## **DISMISSAL**

Let us bless the Lord.

**Thanks be to God.**

**CONCLUDING HYMN 241**

Once, only once, and once for all



- |   |  |
|---|--|
| 1 Once, only once, and once for all<br>His precious life he gave;<br>Before the Cross our spirits fall,<br>And own it strong to save.             | 5 His Manhood pleads where now it<br>lives<br>On heaven's eternal throne,<br>And where in mystic rite he gives<br>Its presence to his own. |
| 2 'One offering single and complete,'<br>With lips and heart we say;<br>But what he never can repeat<br>He shows forth day by day.                | 6 And so we show thy death, O Lord,<br>Till thou again appear;<br>And feel, when we approach thy<br>board,<br>We have an altar here.       |
| 3 For, as the priest of Aaron's line<br>Within the holiest stood,<br>And sprinkled all the mercy-shrine<br>With sacrificial blood;                | 7 All glory to the Father be,<br>All glory to the Son,<br>All glory, Holy Ghost, to thee,<br>While endless ages run.                       |
| 4 So he, who once atonement<br>wrought,<br>Our Priest of endless power,<br>Presents himself for those he<br>bought<br>In that dark noontide hour. |  |

*ALBANO*  
*Vincent Novello, 1868*

*Canon William Bright, 1866*

*The People may be seated. Please maintain an atmosphere of reverent silence during and after the Voluntary.*

**VOLUNTARY**

*Grave and Adagio from Organ Sonata Op. 65 No. 2,  
Felix Mendelssohn (1809-1847)*

*Coffee Hour follows this service in the Parish Hall.*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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