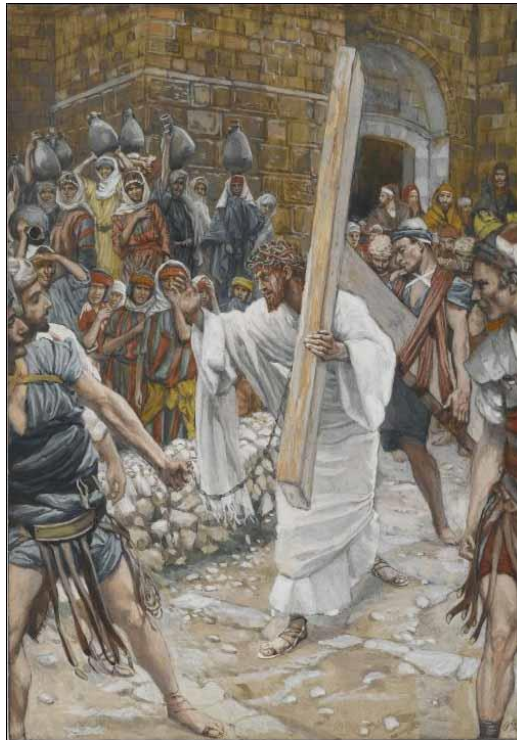


# Saint Thomas's Church

## The Fifth Sunday in Lent

Sunday, March 17, 2024

Evensong & Adoration at 5:00 pm



The Daughters of Jerusalem, James Tissot, c. 1900  
The Brooklyn Museum, New York City

**Saint Thomas's Anglican Church**

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Toronto, Ontario M5S 2G5

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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytoms](http://qrco.de/smokytoms). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Officiant:** Fr. Theo Ipema  
**Organist & Choirmaster:** Elizabeth Anderson  
**Assistant Organist & Choirmaster:** Manuel Piazza


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**VOLUNTARY**


Herzliebster Jesu, Johannes Brahms (1833-1897)

*The People stand at the sound of the bell.*

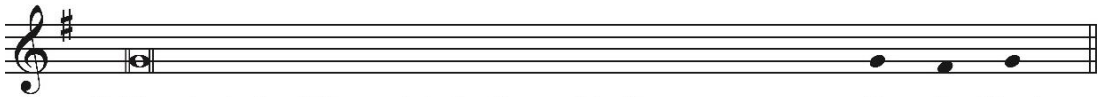
**PRECES**



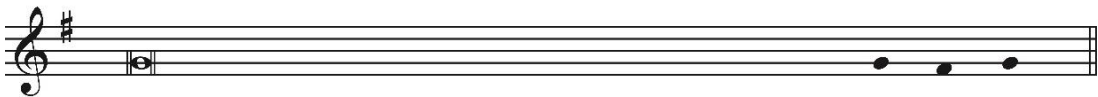
∇. O Lord, open thou our lips;      R̄. And our mouth shall show forth thy praise.



∇. O God, make speed to save us;      R̄. O Lord, make haste to help us.



∇. Glory be to the Father, and to the Son, and to the Ho - ly Ghost.



R̄. As it was in the beginning, is now, and ever shall be, world without end. A - men.



∇. Praise ye — the Lord; —      R̄. The Lord's name — be prais - ed.

The People sit when the Officiant sits.

PSALM 73

Quam bonus Israel!

I. 4.



- Cantor* 1 TRU-LY God is loving unto Is-ra-el :  
*People* even unto such as are of a clean heart.
- 2 Nevertheless, my feet were al-most gone :  
my tread-ings had well-nigh slipt.
- Cantor* 3 And why? I was griev-ed at the wick-ed :  
I do also see the ungodly in such pros-per-i-ty.
- People* 4 For they have no tor-ments : but are lus-ty and strong.
- Cantor* 5 They come in no misfortune like o-ther-folk :  
neither are they plagu-ed like o-ther men.
- People* 6 Therefore pride is as a chain about their neck :  
and violence covereth them as a gar-ment.
- Cantor* 7 Their iniquity cometh forth from the heart :  
and the imaginations of their mind o-ver-flow.
- People* 8 They scoff and speak of e-vil : and talk proudly of op-pres-sion.
- Cantor* 9 They stretch forth their mouth unto the hea-vens :  
and their tongue go-eth through the world.
- People* 10 Therefore turn the people un-to them : and find no fault in them.
- Cantor* 11 'Tush,' say they, 'how should God per-ceive it? :  
is there knowledge in the Most High?'
- People* 12 Lo, these are the un-god-ly :  
they are always at ease, and get riches in pos-ses-sion.
- Cantor* 13 Then surely in vain have I cleans-ed my heart :  
and wash-ed my hands in in-no-cen-cy.
- People* 14 For all the day long have I been pun-ish-ed :  
and chasten-ed ev-ery morn-ing.
- Cantor* 15 If I had said, 'I will speak thus' :  
lo, then I should have condemn-ed the generation of thy child-ren.
- People* 16 Then thought I to under-stand this : but it was too hard for me,
- Cantor* 17 Until I went into the sanctuary of God :  
and consider-ed the end of these men;

*People* 18 For surely thou dost set them in slippery **pla**-ces :  
and castest them down, **and** des-troy<sup>est</sup> them.

*Cantor* 19 Oh, how suddenly do they **con**-sume :  
perish, and come **to** a fear<sup>ful</sup> end!

*People* 20 Yea, even like as a dream when one a-**wak**-eth :  
so, O Lord, when thou awakest, thou shalt de-**spise** their i-mage.

*Cantor* 21 Thus my soul was **griev**-ed : and my heart within **me** was strick-en.

*People* 22 So foolish was I, and ig-**no**-rant : even as it were a **beast** be-fore thee.

*Cantor* 23 Nevertheless, I am alway **by** thee :  
for thou hast holden me **by** my right hand.

*People* 24 Thou shalt guide me with thy **coun**-sel :  
and after that receive **me** with glo-ry.

*Cantor* 25 Whom have I in heaven **but** thee? :  
and there is none upon earth that I desire in compa-**ri**-son of thee.

*People* 26 My flesh and my heart **fail**-eth :  
but God is the strength of my heart, and my por-tion for ev-er.

*Cantor* 27 For lo, they that forsake thee shall **per**-ish :  
thou destroyest all them that are un-**faith**-ful un<sup>to</sup> thee.

*People* 28 But it is good for me to hold me fast by God,  
to put my trust in the **Lord** God :  
and to speak of all thy works in the gates of the daugh-**ter** of Si-on.

*Cantor* Glory be to the Father, and to **the** Son : and **to** the Ho<sup>ly</sup> Ghost;  
*People* As it was in the beginning, is now, and ever **shall** be :  
world with-**out** end. A-men.

## FIRST LESSON

Exodus 4.27-6.1

The First Lesson is written in the book Exodus, in the fourth chapter, beginning at the twenty-seventh verse.

The Lord said to Aaron, "Go into the wilderness to meet Moses." So he went; and he met him at the mountain of God and kissed him. Moses told Aaron all the words of the Lord with which he had sent him, and all the signs with which he had charged him. Then Moses and Aaron went and assembled all the elders of the Israelites. Aaron spoke all the words that the Lord had spoken to Moses, and performed the signs in the sight of the people. The people believed; and when they

heard that the Lord had given heed to the Israelites and that he had seen their misery, they bowed down and worshipped.

Afterward Moses and Aaron went to Pharaoh and said, “Thus says the Lord, the God of Israel, ‘Let my people go, so that they may celebrate a festival to me in the wilderness.’” But Pharaoh said, “Who is the Lord, that I should heed him and let Israel go? I do not know the Lord, and I will not let Israel go.” Then they said, “The God of the Hebrews has revealed himself to us; let us go a three days’ journey into the wilderness to sacrifice to the Lord our God, or he will fall upon us with pestilence or sword.” But the king of Egypt said to them, “Moses and Aaron, why are you taking the people away from their work? Get to your labours!” Pharaoh continued, “Now they are more numerous than the people of the land and yet you want them to stop working!” That same day Pharaoh commanded the taskmasters of the people, as well as their supervisors, “You shall no longer give the people straw to make bricks, as before; let them go and gather straw for themselves. But you shall require of them the same quantity of bricks as they have made previously; do not diminish it, for they are lazy; that is why they cry, ‘Let us go and offer sacrifice to our God.’ Let heavier work be laid on them; then they will labour at it and pay no attention to deceptive words.”

So the taskmasters and the supervisors of the people went out and said to the people, “Thus says Pharaoh, ‘I will not give you straw. Go and get straw yourselves, wherever you can find it; but your work will not be lessened in the least.’” So the people scattered throughout the land of Egypt, to gather stubble for straw. The taskmasters were urgent, saying, “Complete your work, the same daily assignment as when you were given straw.” And the supervisors of the Israelites, whom Pharaoh’s taskmasters had set over them, were beaten, and were asked, “Why did you not finish the required quantity of bricks yesterday and today, as you did before?”

Then the Israelite supervisors came to Pharaoh and cried, “Why do you treat your servants like this? No straw is given to your servants, yet they say to us, ‘Make bricks!’ Look how your servants are beaten! You are unjust to your own people.” He said, “You are lazy, lazy; that is why you say, ‘Let us go and sacrifice to the Lord.’ Go now, and work; for no straw shall be given you, but you shall still deliver the same number of bricks.” The Israelite supervisors saw that they were in trouble when they were told, “You shall not lessen your daily number of bricks.” As they left Pharaoh, they came upon Moses and Aaron who were waiting to meet them. They

said to them, “The Lord look upon you and judge! You have brought us into bad odour with Pharaoh and his officials, and have put a sword in their hand to kill us.”

Then Moses turned again to the Lord and said, “O Lord, why have you mistreated this people? Why did you ever send me? Since I first came to Pharaoh to speak in your name, he has mistreated this people, and you have done nothing at all to deliver your people.”

Then the Lord said to Moses, “Now you shall see what I will do to Pharaoh: Indeed, by a mighty hand he will let them go; by a mighty hand he will drive them out of his land.”

Here endeth the First Lesson.

*The People remain seated for a period of quiet reflection, standing when the Choir stands.*

## **THE MAGNIFICAT**

Fauxbourdons, William Byrd (1543-1623)

My soul doth magnify the Lord, / and my spirit hath rejoiced in God my Saviour.  
For he hath regarded / the lowliness of his handmaiden.  
For behold, from henceforth / all generations shall call me blessed.  
For he that is mighty hath magnified me; / and holy is his Name.  
And his mercy is on them that fear him / throughout all generations.  
He hath showed strength with his arm; /  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, /  
and hath exalted the humble and meek.  
He hath filled the hungry with good things; /  
and the rich he hath sent empty away.  
He remembering his mercy / hath holpen his servant Israel;  
As he promised to our forefathers, / Abraham and his seed for ever.  
Glory be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.

*The People sit.*

## SECOND LESSON

Luke 23.26-49

The Second Lesson is written in the Gospel according to Saint Luke, in the twenty-third chapter, beginning at the twenty-sixth verse.

As they led Jesus away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus. A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For the days are surely coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never nursed.' Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?"

Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said, "Father, forgive them; for they do not know what they are doing." And they cast lots to divide his clothing. And the people stood by, watching; but the leaders scoffed at him, saying, "He saved others; let him save himself if he is the Messiah of God, his chosen one!" The soldiers also mocked him, coming up and offering him sour wine, and saying, "If you are the King of the Jews, save yourself!" There was also an inscription over him, "This is the King of the Jews."

One of the criminals who were hanged there kept deriding him and saying, "Are you not the Messiah? Save yourself and us!" But the other rebuked him, saying, "Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong." Then he said, "Jesus, remember me when you come into your kingdom." He replied, "Truly I tell you, today you will be with me in Paradise."

It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, "Father, into your hands I commend my spirit." Having said this, he breathed his last. When the centurion



saw what had taken place, he praised God and said, “Certainly this man was innocent.” And when all the crowds who had gathered there for this spectacle saw what had taken place, they returned home, beating their breasts. But all his acquaintances, including the women who had followed him from Galilee, stood at a distance, watching these things.

Here endeth the Second Lesson.

*The People remain seated for a period of quiet reflection, standing when the Choir stands.*

**NUNC DIMITTIS**

Fauxbourdons, William Byrd

Lord, now lettest thou thy servant depart in peace, / according to thy word.  
For mine eyes have seen thy salvation, /  
which thou hast prepared before the face of all people;  
To be a light to lighten the Gentiles, / and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.


**APOSTLES' CREED**

*The Creed is chanted on a monotone, the Officiant beginning,*

I believe in God  
**the Father Almighty,**  
**Maker of heaven and earth:**  
**And in Jesus Christ his only Son our Lord,**  
**Who was conceived by the Holy Ghost,**  
**Born of the Virgin Mary,**  
**Suffered under Pontius Pilate,**  
**Was crucified, dead, and buried:**  
**He descended into hell;**  
**The third day he rose again from the dead;**  
**He ascended into heaven,**  
**And sitteth on the right hand of God the Father Almighty;**  
**From thence he shall come to judge the quick and the dead.**  
**I believe in the Holy Ghost;**  
**The holy Catholic Church;**

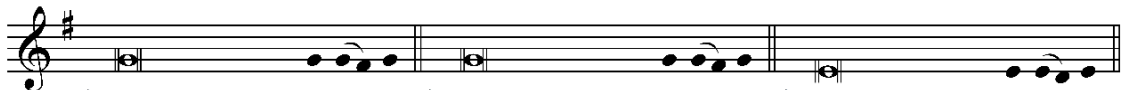
**The Communion of Saints;  
 The Forgiveness of sins;  
 The Resurrection of the body,  
 And the Life everlasting. Amen.**

**THE SALUTATION AND LESSER LITANY**



V̄. The Lord be \_\_\_ with \_\_\_ you; R̄. And with thy \_\_\_ spi - rit. V̄. Let us pray.

*The People kneel.*



V̄. Lord, have mercy up-on us. R̄. Christ, have mercy up-on us. V̄. Lord, have mercy up-on us.

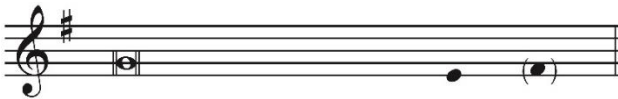
**THE LORD'S PRAYER**

*The Lord's Prayer is chanted on a monotone, the Officiant beginning,*

Our Father

**who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

**THE RESPONSES**



V̄. O Lord, show thy mercy up-on us;

R̄. And grant us thy salva-tion.

V̄. O Lord, save **the** King,

R̄. And mercifully hear us when we call up-on thee.

V̄. Endue thy ministers with righ-**teous**-ness.

R̄. And make thy chosen people joy-ful.

Ÿ. O Lord, save thy peo-**ple**.  
R̄. And bless thine inhe-**ri-tance**.

Ÿ. Give peace in our time, **O** Lord;  
R̄. And evermore mightily defend **us**.

Ÿ. O God, make clean our hearts with-**in** us;  
R̄. And take not thy Holy Spirit **from** us.

### **THE COLLECT OF THE DAY**

We beseech thee, Almighty God, mercifully to look upon thy people; that by thy great goodness they may be governed and preserved evermore, both in body and soul; through Jesus Christ our Lord. **Amen.**

### **COLLECT FOR LENT**

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

### **COLLECT FOR PEACE**

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.**

### **COLLECT FOR AID AGAINST ALL PERILS**

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. **Amen.**

*The People sit.*

**ANTHEM**                    ‘Lord, let me know mine end,’ Maurice Greene (1695-1755)

Lord, let me know mine end, and the number of my days: that I may be certified how long I have to live. Behold, thou hast made my days, as it were a span long: and mine age is even as nothing in respect of thee; And verily every man living is altogether vanity. For man walketh in a vain shadow, And disquieteth himself in vain; he heapeth up riches, and cannot tell who shall gather them. And now, Lord, what is my hope? truly my hope is even in thee. Hear my prayer, O Lord, and with thine ears consider my calling. Hold not thy peace at my tears. O spare me a little, that I may recover my strength: before I go hence, and be no more seen.

(Psalm 39.5-8,13,15)

*The People kneel.*

### **CONCLUDING PRAYERS**

*The Officiant may say selected prayers, following which all say the General Thanksgiving.*

Almighty God, Father of all mercies,

**We thine unworthy servants do give thee most humble and hearty thanks For all thy goodness and loving-kindness To us and to all men; We bless thee for our creation, preservation, and all the blessings of this life; But above all for thine inestimable love In the redemption of the world by our Lord Jesus Christ; For the means of grace, And for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, That our hearts may be unfeignedly thankful, And that we show forth thy praise, Not only with our lips, but in our lives; By giving up ourselves to thy service, And by walking before thee in holiness and righteousness all our days; Through Jesus Christ our Lord, To whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

## A PRAYER OF SAINT CHRYSOSTOM

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

**Amen.**

## THE GRACE

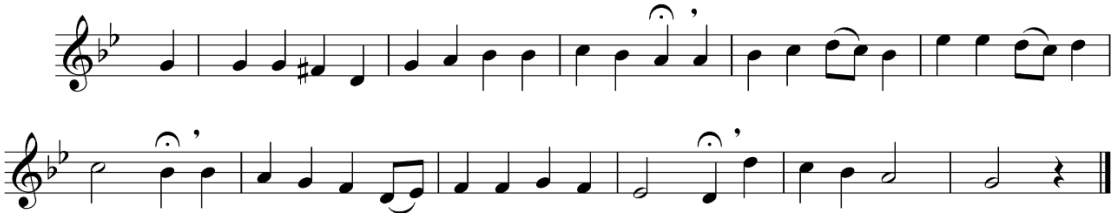
The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

*2 Corinthians 13.14*

*The People stand.*

## HYMN 108

Ah, holy Jesu, how hast thou offended



- 1 Ah, holy Jesu, how hast thou offended,  
That man to judge thee hath in hate pretended?  
By foes derided, by thine own rejected,  
O most afflicted.
- 2 Who was the guilty? Who brought this upon thee?  
Alas, my treason, Jesu, hath undone thee,  
'Twas I, Lord Jesu, I it was denied thee:  
I crucified thee.
- 3 Lo, the good Shepherd for the sheep is offered;  
The slave hath sinnèd, and the Son hath suffered;  
For man's atonement, while he nothing heedeth,  
God intercedeth.

4 For me, kind Jesu, was thy incarnation,  
 Thy mortal sorrow, and thy life's oblation;  
 Thy death of anguish and thy bitter passion,  
 For my salvation.

5 Therefore, kind Jesu, since I cannot pay thee,  
 I do adore thee, and will ever pray thee,  
 Think on thy pity and thy love unswerving  
 Not my deserving.

*HERZLIEBSTER JESU*  
 Melody by J. Crüger, 1640, adapted by J.S. Bach

*From the German of J. Heermann (1630)*  
 Tr (1899) by Robert Bridges in the 'Yattendon Hymnal'

*The People kneel at the sound of the Sanctus bells.*

**ADORATION**

**O SALUTARIS HOSTIA**

*VERBUM SUPERNUM*

O Sa - ving Vic - tim, op' - ning wide  
 All praise - and thanks - to thee as - cend  
 the gate of heav'n to man be - low,  
 for ev - er more, blest One in Three;  
 our foes press on from ev - 'ry side.  
 O grant us life that shall not end  
 Thine aid sup - ply, thy strength be - stow.  
 in our true na - tive land with thee.  
 A - men.

**MOTET**

‘Adoramus te, Christe,’ Giuseppe Corsi (1631-1691)

Adoramus te, Christe, et benedicimus tibi, quia per sanctam crucem et passionem tuam redemisti mundum. Domine, miserere nobis.

We adore thee, O Christ, and we bless thee, who, by thy holy cross hast redeemed the world. O Lord, have mercy upon us.

**TANTUM ERGO SACRAMENTUM***PANGE LINGUA*

There - fore we, be - fore him bend - ing,  
Glo - ry let us give and bless - ing

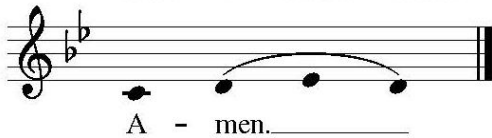
this - - - great Sa - cra - ment - - - re - vere;  
to - - the Fa - ther and - - - the Son,

types and sha - dows have their end - ing,  
hon - our, might, and praise ad - dress - ing,

for - - - the new - er rite - - - is here;  
while - - e - ter - nal a - ges run;

faith, our out - ward sense be - friend - ing,  
ev - er too his love con - fess - ing,

makes - - our in - ward vi - sion clear.  
who - - from Both - - with Both - - is One.



*The People match the pitch of the Minister on the underlined syllable.*

Thou gavest them Bread from hea-ven;  
**Containing in itself all sweet-ness.**

### COLLECT OF CORPUS CHRISTI

O God, who in a wonderful sacrament hast left unto us a memorial of thy passion: Grant us so to reverence the holy mysteries of thy Body and Blood, that we may ever know within ourselves the fruit of thy redemption; who livest and reignest with the Father in the unity of the Holy Ghost, one God, world without end. **Amen.**

### PSALM 117—Laudate Dominum; *Tone VI*

*Antiphon:*

*Cantor*

*People*



*Tone VI*



O PRAISE the Lord, all ye **na**-tions : laud him, **all** yē peo-ples.

For his merciful kindness is ever more and more to-**wards** us :  
 and the truth of the Lord endureth for **ev**-ēr. Praise the Lord.

Glory be to the Father, and to **the** Son : and **to** thē Ho-ly Ghost;

As it was in the beginning, is now, and ever **shall** be : world with-**out** end. A-men.

*All repeat the Antiphon from the beginning.*

*The People remain kneeling as the Sacrament is carried to the Lady Altar and reposed.*

*The People rise at the sound of the Sanctus bells.*