

Saint Thomas's Anglican Church
Huron Street, Toronto



*New York: Morgan Library, M. 933, fol. 57r of a Gradual;
initial M beginning Introit of Mass for Ash Wednesday (Perugia?, c. 1260-1270).*

Ash Wednesday

High Mass

6:30 pm

Celebrant & Homilist: Fr. Humphrey
Deacon: Fr. Shire
Organist & Director of Music: Matthew Whitfield

MUSIC OF THE MASS: Missa Brevis XIII, *Healey Willan*

PRELUDE: Erbarm dich mein, o Herre Gott, BWV 721, *J.S. Bach*

INTROIT: Psalm 57.17, ant. Ps 51.17

The sacrifice of God is a troubled spirit / a broken and contrite heart, O God, shalt thou not despise.
(Ps) Be merciful unto me, O God, be merciful unto me; for my soul trusteth in thee.

Glory be to the Father, and to the Son: and to the Holy Ghost. As it was in the beginning, is now
and ever shall be: world without end, Amen.

The sacrifice of God is a troubled spirit a broken and contrite heart, O God, shalt thou not despise.

Please kneel

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love
thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

SUMMARY OF THE LAW

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the
Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy
strength. This is the first and great commandment. And the second is like unto it: Thou shalt love
thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

**Lord, have mercy upon us,
and write both these thy laws in our hearts, we beseech thee.**

The choir sings

Kyrie Eleison : Lord have mercy
Christi Eleison : Christ have mercy
Kyrie Eleison : Lord have mercy

The Lord be with you
And with thy spirit.

THE COLLECT OF THE DAY

Let us pray. Almighty and everlasting God, who hatest nothing that thou hast made, and dost
forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we
worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of
all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth
with thee and the Holy Spirit, one God, world without end. **Amen.**

SECOND READING: 2 Corinthians 5.20b—6.10

The Epistle is written in in the fifth chapter of St Paul's second epistle to the Corinthians, beginning at the twentieth verse.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see - we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The word of the Lord
Thanks be to God

Please stand

SEQUENCE HYMN 827 - O kind Creator, bow thine ear

- 1 O kind Creator, bow thine ear
To mark the cry, to know the tear
Before thy throne of mercy spent
In this thy holy fast of Lent.
- 2 Our hearts are open, Lord, to thee
Thou knowest our infirmity;
Pour out on all who seek thy face
Abundance of thy pardoning grace.
- 3 Our sins are many, this we know;
Spare us, good Lord, thy mercy show
And for the honour of thy name
Our fainting souls to life reclaim.
- 4 Give us the self-control that springs
From discipline of outward things
That fasting inward secretly
The soul may purely dwell with thee.
- 5 We pray thee, Holy Trinity,
One God, unchanging Unity,
That we from this our abstinence
May reap the fruits of penitence. Amen.

RECTOR POTENS (mode ii)

*Latin ascribed to S^t Gregory 540-604
Tr T.A. Lacey 1853-1931*

GOSPEL: Matthew 6.1-6,16-21

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the sixth chapter of the Gospel according to Saint Matthew, beginning at the first verse.

Glory be to thee O Lord.

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

The Gospel of Christ
Praise be to thee, O Christ

Please be seated

SERMON

THE BLESSING & IMPOSITION OF THE ASHES

The Celebrant then addresses the people, saying:

THE LENTEN EXHORTATION

Brothers and sisters in Christ, every year at the time of the Christian Passover, we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in the paschal mystery. I invite you therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting, and almsgiving, and by reading and meditating on the word of God.

Please kneel

LITANY OF PENITENCE

All: **Most holy and merciful Father, we confess to thee, to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

We have not loved thee with our whole heart, and mind, and strength. We have not loved our neighbours as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to thy call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved thy Holy Spirit.

Have mercy on us, Lord.

We confess to thee, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives.

We confess to thee, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people.

We confess to thee, Lord.

Our anger at our own frustration and our envy of those more fortunate than ourselves.

We confess to thee, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work.

We confess to thee, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us.

We confess to thee, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty.

Accept our repentance, Lord.

For all false judgements, for uncharitable thoughts toward our neighbours and for our prejudice and contempt toward those who differ from us.

Accept our repentance, Lord.

For our waste and pollution of thy creation, and our lack of concern for those who come after us.

Accept our repentance, Lord.

Restore us, good Lord, and let thine anger depart from us;

Hear us, Lord, for thy mercy is great.

The priest blesses the ashes, saying:

Almighty God, who hast created us out of the dust of the earth: Bl(+)ess and sanc(+)tify these ashes, that they may be to us a sign of our mortality and our penitence, that we may remember that it is only by thy gracious gift that we are given eternal life; through Christ our Lord. **Amen.**

The priest imposes ashes on the head of each person present, saying:

Remember that dust thou art,
and unto dust shalt thou return.

Remain kneeling, throughout the imposition of ashes.

The choir sings:

Wash me thoroughly, *Samuel Sebastian Wesley*

Wash me thoroughly from my wickedness, and forgive me all my sin. For I acknowledge my faults, and my sin is ever before me. (Psalm 51.2–3)

God so loved the world, *John Stainer*

God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life. For God sent not His Son into the world to condemn the world, but that the world through Him might be saved. (From The Crucifixion)

Accomplish in us, O God, the work of thy salvation,
That we may show forth thy glory in the world.

By the cross and passion of thy Son, our Lord,
Bring us, with all thy saints to the joy of his resurrection.

The priest then pronounces the absolution;

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

OFFERTORY

Please stand

OFFERTORY HYMN 510 - JESU, lover of my soul

- 1 JESU, lover of my soul,
Let me to thy bosom fly,
While the nearer waters roll,
While the tempest still is high;
Hide me, O my SAVIOUR, hide,
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last.
- 2 Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah! leave me not alone,
Still support and comfort me:
All my trust on thee is stayed;
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.
- 3 Thou, O CHRIST, art all I want;
More than all in thee I find:
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is thy Name;
I am all unrighteousness:
False and full of sin I am;
Thou art full of truth and grace.
- 4 Plenteous grace with thee is found
Grace to cover all my sin;
Let the healing streams abound,
Make and keep me pure within:
Thou of life the fountain art,
Freely let me take of thee:
Spring thou up within my heart,
Rise to all eternity.

ABERYSTWYTH
Joseph Parry 1841-1903

Charles Wesley 1707-88

PRAYER OVER THE GIFTS

Merciful Father, aided by our Lenten discipline, turn us from sin to faithfulness, accept our offering, and prepare us to celebrate the death and resurrection of Christ our Saviour, who liveth and reigneth with thee and the Holy Spirit, now and ever. **Amen.**

EUCCHARISTIC PRAYER

The Lord be with you; **And with thy spirit.**

Lift up your hearts; **We lift them up unto the Lord.**

Let us give thanks unto our Lord God; **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Please kneel as the Choir sings:

Holy, Holy, Holy, Lord God of hosts,

Heaven and earth are full of thy glory.

Glory be to thee, O Lord most High.

Blessèd is he that cometh in the Name of the Lord:

Hosanna in the highest.

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

THE LORD'S PRAYER, FRACTION AND PEACE

Celebrant: As our Saviour Christ hath commanded and taught us we are bold to say:

Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The Consecrated Bread is broken. After a silence the Celebrant says:

The peace of the Lord be always with you;
And with thy spirit.

HOLY COMMUNION

All who intend to receive Communion then say together this prayer of humble access:

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. **Amen.**

The choir sings

O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

Silence before Act of Spiritual Communion

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

COMMUNION HYMN 514 - Lord Jesus, think on me

- 1 Lord Jesus, think on me
And purge away my sin:
From earthborn passions set me free,
And make me pure within.
- 2 Lord Jesus, think on me,
With many a care oppressed;
Let me thy loving servant be,
And taste thy promised rest.
- 3 Lord Jesus, think on me,
Nor let me go astray;
Through darkness and perplexity
Point thou the heavenly way.
- 4 Lord Jesus, think on me,
That when the flood is past,
I may the eternal brightness see,
And share thy joy at last.
- 5 Lord Jesus, think on me,
That I may sing above
To Father, Holy Ghost, and thee
The songs of praise and love.

SOUTHWELL
Damon's Psalmes, 1579

Tr by the Rev'd A.W. Chatfield, 1875
from the Greek of Synesius of Cyrene (5th c)

Please kneel for the Post-Communion Prayer and Blessing.

PRAYER AFTER COMMUNION

Let us pray. O Lord our God, strengthened by these holy mysteries and following thy Son's example of prayer and fasting, may we obey thee with willing hearts and serve one another in holy love; through Christ our Lord. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Please stand.

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

CONCLUDING HYMN 105 – Forty days and forty nights

- 1 FORTY DAYS and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled.
- 2 Sunbeams scorching all the day;
Chilly dew-drops nightly shed;
Prowling beasts about thy way;
Stones thy pillow; earth thy bed.
- 3 Shall not we thy trial share,
And from earthly joys abstain,
Fasting with unceasing prayer,
Strong with thee to suffer pain?
- 4 And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.
- 5 So shall we have peace divine;
Holier gladness ours shall be;
Round us too shall angels shine,
Such as ministered to thee.
- 6 Keep, O keep us, SAVIOUR dear,
Ever constant by thy side;
That with thee we may appear
At the eternal Eastertide.

HEINLEIN (AUS DER TIEFE)
G.H. Smyttan 1822-70
Francis Pott 1832-1901

'M.H.' in Nürnbergisches Gesangbuch Martin Herbst 1654-81

POSTLUDE: O Lamm Gottes, unschuldig, BWV 1095, *J.S. Bach*