



**The First Sunday in Lent**  
**Sunday, March 6, 2022**

**Sung Mass at 9:30 am**



*The Temptations of Christ from a 15<sup>th</sup> century  
French illuminated manuscript*

**Saint Thomas's Anglican Church**  
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**Celebrant & Homilist:** Fr. Shire  
**Reader:** Ronwen Guest  
**Organist & Director of Music:** Matthew Whitfield

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**PROVISOS FOR IN-PERSON ATTENDANCE**

- 1. Masks are required. The mask must be an N95, KN95, or acceptable equivalent. Exemptions are allowed as provided for by law; please inform a sidesperson if an exemption applies to you.*
- 2. The Diocese has approved a return to congregational singing! Please join in heartily, though the mask mandate and distancing restrictions remain in effect.*

**MUSIC OF THE MASS – New Plainsong Mass, David Hurd**

*Please stand at the sound of the bell.*

**GREETING**

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People:* **And also with you.**

**COLLECT FOR PURITY**

*Celebrant:* Almighty God,

*People:* **To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

*The Choir sings:*

**KYRIE ELEISON**

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

**THE COLLECT OF THE DAY**

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

**FIRST READING:** Deuteronomy 26:1-11

A reading from the book Deuteronomy:

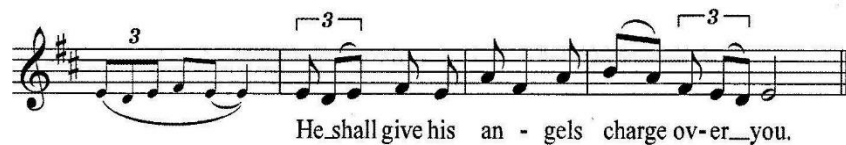
When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You

shall go to the priest who is in office at that time, and say to him, “Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.” When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

The word of the Lord.  
**Thanks be to God.**

*The Choir sings:*

**RESPONSORIAL PSALM: 91.1-2, 9-16**



He who dwells in the shelter of the Most High, abides under the shadow of the Almighty. He shall say to the Lord, “You are my refuge and my stronghold, my God in whom I put my trust.” **R/.**

Because you have made the Lord your refuge, and the Most High your habitation. There shall no evil happen to you, neither shall any plague come near your dwelling. **R/.**

For he shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone. You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet. **R/.**

Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my name. He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honour. With long life will I satisfy him, and show him my salvation. **R/.**

**SECOND READING: Romans 10:8b-13**

A reading from the St Paul’s Epistle to the Romans:

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

The word of the Lord.  
**Thanks be to God.**

*Please stand.*

### **GOSPEL ACCLAMATION**

Praise to you, O Lord, King of eternal glory. We shall not live by bread alone, but by every word that proceeds from the mouth of God. Praise to you, O Lord, King of eternal glory.

**THE HOLY GOSPEL:** Luke 4:1-13

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Luke.

**Glory to you, Lord Jesus Christ.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

### **SERMON**

*After the Sermon, please remain seated for a period of silent reflection. Please stand when the Celebrant stands.*

### **THE NICENE CREED**

*Celebrant:* Let us confess our faith, as we say,

*People:* **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: (Bow.) by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (Rise.)**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Please remain standing.*

#### **INTERCESSIONS**

*Celebrant:* With confidence and trust let us pray to our God asking,

**‘Lord, hear us and have mercy.’**

*Intercessor:* For the holy catholic and apostolic Church, for the Anglican Church of Korea, for our Bishop Andrew, for all who worship and minister here with us; that we, like the Christ, work to promote peace, love, and charity among all people.

**‘Lord, hear us and have mercy.’**

*Intercessor:* For the dying, the sick, the persecuted, and all in need of respect, reconciliation, and safety, those known to us \_\_\_\_\_ and any others you wish to add.

**‘Lord, hear us and have mercy.’**

*Intercessor:* For the dead, those reduced by Covid, those trapped in conflict imposed on them from above, those who have died recently – and those whose years mind is today \_\_\_\_\_.

**‘Lord, hear us and have mercy.’**

*Celebrant:* O God, the giver of life, we turn to you in thanks and praise for the wonderful grace and virtue declared in all your creation. Grant to us, and all who have died in the hope of the resurrection, a share in the victory of our Lord Jesus Christ and the fullness of joy found in the fellowship of your saints.

All this we ask in the name of Jesus Christ our Lord **Amen.**

#### **INVITATION, CONFESSION, ABSOLUTION**

*Celebrant:* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God’s forgiveness.

*Please bow or kneel. Silence is kept.*

*Celebrant:* Most merciful God,

*People:* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

*All standing, the Celebrant bids the Peace.*

**THE PEACE**

The peace of the Lord be always with you.  
**And also with you.**

*Please remain standing for the hymn during the Offertory.*

**OFFERTORY HYMN 475 – O Love, how deep!**

- 1 O Love, how deep! how broad! how high!  
It fills the heart with ecstasy,  
The God, the Son of God, should take  
Our mortal form for mortals' sake.
- 2 He sent no angel to our race  
Of higher or of lower place,  
But wore the robe of human frame  
Himself, and to this lost world came.
- 3 For us, he was baptized, and bore  
His holy fast, and hungered sore;  
For us temptations sharp he knew;  
For us the tempter overthrew.
- 4 For us he prayed, for us he taught,  
For us his daily works he wrought,  
By words, and signs, and actions, thus  
Still seeking not himself but us.
- 5 For us to wicked men betrayed,  
Scourged, mocked, in purple robe arrayed,  
He bore the shameful Cross and death;  
For us at length gave up his breath.
- 6 For us he rose from death again,  
For us he went on high to reign,  
For us he sent his Spirit here  
To guide, to strengthen, and to cheer.
- 7 To him whose boundless love has won  
Salvation for us through his Son,  
To God the Father, glory be  
Both now and through eternity.

*PUER NOBIS NASCITUR*

*Composed or adapted by M. Praetorius, 1571-1621*

*Harmonized by Rev. G.R. Woodward*

*Tr. (1854) from the Latin by Canon Benjamin Webb*

**PRAYER OVER THE GIFTS**

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

## THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

*The Choir sings:*

### SANCTUS & BENEDICTUS

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

*Please remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant:* Therefore, Father, according to his command:

*People:* **We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

#### THE LORD'S PRAYER

*Celebrant:* As our Saviour taught us, let us pray:

*People:* **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread; Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

#### THE BREAKING OF THE BREAD

*Celebrant:* We break this bread,

*People:* **Communion in Christ's body once broken.**

*Celebrant:* Let your Church be the wheat which bears fruit in dying.

*People:* **If we have died with him,  
we shall live with him;  
if we hold firm,  
we shall reign with him;**

#### HOLY COMMUNION

*Celebrant:* The gifts of God for the people of God.

*People:* **Thanks be to God.**

*The Choir sings:*

#### AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; grant us peace.

*All baptized Christians are invited to come forward to receive Holy Communion as directed by the Sidespeople.*

#### MOTET

Call to remembrance, *Richard Farrant*

Call to remembrance, O Lord, thy tender mercy and thy loving kindness which hath been ever of old. O remember not the sins and offences of my youth: but according to thy mercy think thou on me, O Lord, for thy goodness. (Psalm 25.5-6)



**AN ACT OF SPIRITUAL COMMUNION  
WHICH MAY BE SAID BY THOSE NOT RECEIVING**

**My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.**

**ANIMA CHRISTI**

**Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.**

*Please stand.*

**PRAYER AFTER COMMUNION**

*Celebrant:* Let us pray.

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

**PRAYER OVER THE PEOPLE AND DISMISSAL**

*Celebrant:* Bow down before the Lord.

*The People bow.*

Grant, Almighty God, that thy people may recognize their weakness and put their whole trust in thy strength, so that they may rejoice for ever in the protection of thy loving providence; through Christ our Lord. **Amen.**

*Celebrant:* Let us bless the Lord.

*People:* **Thanks be to God.**

**CONCLUDING HYMN 116 – Giver of the perfect gift**

- 1 Giver of the perfect gift,  
Only Hope of human race,  
Hear the prayer our hearts uplift  
Trembling at thy throne of grace.
- 2 Though the accusing voice within  
Speaks of many a wrong to thee,  
Thou canst cleanse from every sin,  
Thou canst set the conscience free.
- 3 Who can save us, Lord, but thou?  
Let thy mercy show thy power;  
Lo, we plead thy promise now,  
Now, in this the accepted hour.
- 4 Oh! may these our Lenten days,  
Blest by thee, with thee be passed,  
That with purer, nobler praise  
May we keep thy Feast at last.
- 5 God the Holy Trinity,  
Grant the mercy we implore;  
God the One, all praise to thee  
Through the ages evermore.

*SONG 13*  
*Orlando Gibbons, 1623*

*Tr (1871) from the Latin (c. 11<sup>th</sup> Cent.) by Rev. J. Ellerton*