

MARCH 6, 2022
THE FIRST SUNDAY IN LENT
Saint Thomas's Church,
383 Huron Street, Toronto, M5S 2G5
416-979-2323 www.stthomas.on.ca office@stthomas.on.ca
twitter: [@stthomastoronto](https://twitter.com/stthomastoronto)

Mattins at 7:30 am:

Psalm 38; Genesis 29.1-20 & Hebrews 4.14 - 5.10

During Lent, Benedicite, *Pr Bk, page 26*, replaces Te Deum

Proprs for 8:00 am Eucharist:

Pages 140 & 138, Introit: Psalm 91.1-8; Tract: Psalm 91.9-16

EVENTS AT A GLANCE

TODAY

LENT I

7:30 am Mattins (*in-person only*)

8:00 am Said Eucharist (*in-person only*)

9:30 am Sung Mass (*in-person and live streamed*)

11:00 am High Mass (*in-person and live streamed*)

4:00 pm Evensong and Coffee Hour (*on Zoom*)

Wed. Mar 9 7:00-9:00 pm Let Scripture Speak: Praying the Psalms

Thurs. Mar 10 12:00-1:00 pm - Lenten Book Study on Zoom (*see article*)

Sun. Mar 13 **LENT II**

7:30 am Mattins (*please register*)

8:00 am Said Eucharist (*please register*)

9:30 am Sung Mass (*please register*)

11:00 am High Mass (*please register*)

4:00 pm Evensong and Coffee Hour (*on Zoom*)

Wed. Mar 16 7:00-9:00 pm Let Scripture Speak: Praying the Psalms

Thurs. Mar 17 12:00-1:00 pm - Lenten Book Study on Zoom

Sun. Mar 20 **LENT III**

Wed. Mar 23 7:00-9:00 pm Let Scripture Speak: Praying the Psalms

Thurs. Mar 24 12:00-1:00 pm - Lenten Book Study on Zoom

Sun. Mar 27 **LENT IV**
Wed. Mar 30 7:00-9:00 pm Let Scripture Speak: Praying the Psalms
Sun. Apr 3 **LENT V**
Wed. Apr 6 7:00-9:00 pm Let Scripture Speak: Praying the Psalms

CONFESSIONS DURING LENT

The clergy are happy to provide guidance on preparing for confession if desired. The best way to schedule a confession with Fr. Humphrey is by going to rector.youcanbook.me and selecting a day and time that works for you. If none of the available appointments is convenient, email him at frhumphrey@stthomas.on.ca, as he reserves hours on Fridays and weekends to accommodate those who are unavailable during his normal office hours.

To schedule a confession with Fr. D'Angelo, email frdangelo@stthomas.on.ca and Fr. Shire at frshire@stthomas.on.ca. The clergy can also refer you to an honorary assistant or others, if you prefer to make your confession to a member of the clergy outside the parish.

ST THOMAS'S PUBLIC WORSHIP at 8:00, 9:30, and 11:00 am

The 8:00, 9:30 and 11:00 am service schedule has resumed, with all three in-person and the 9:30 and 11:00 am Eucharists also livestreamed on YouTube. The 4:00 pm Evensong and Coffee Hour on Zoom will continue through Lent.

Fr. Humphrey and Fr D'Angelo are available to administer the sacraments in person. Please do not hesitate to be in touch with them. We urge you to get vaccinated, not only for your own safety but for the good of all. Let us know if we can help facilitate that. Pray for all those in our province and city affected by Covid 19, and around the world where vaccines are not readily available.

THE FRIDAY FOOD MINISTRY'S THURSDAY BEE will be meeting again on Thursday, March 10 at 6:00 pm in the parish kitchen to prep for the Friday dinner service. This is a great way to get to know people in the parish and to help with the Friday Food Ministry.

If you wish to join, please contact Fr James Shire at fridayfoodministry@gmail.com.

REINSTATEMENT OF MATTINS ON SUNDAYS

Beginning the First Sunday in Lent, March 6, Morning Prayer will be offered at 7:30 am, prior to Low Mass. Those attending Morning Prayer are asked to sit in the Quire and to recite the psalms antiphonally by whole verse alternating by side, with those sitting on the same side as the Officiant join in at the second half of the first verse.

Those who intend to attend both Morning Prayer and Low Mass may simply register for the Low Mass in advance as usual or sign in upon arrival. Those who arrive early for Low Mass while Morning Prayer is in progress may simply take a seat in the nave after signing in if not already registered.

LET SCRIPTURE SPEAK: PRAYING THE PSALMS - WEDNESDAYS IN LENT

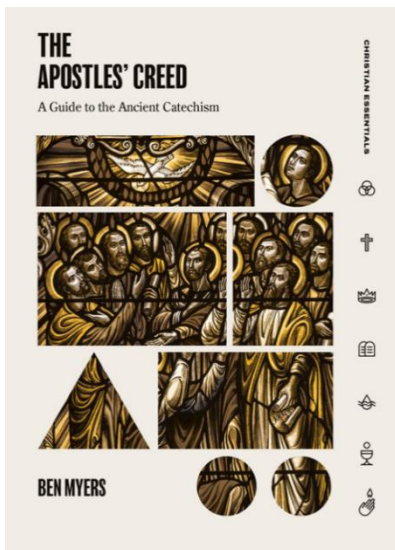
For further details on this study of Psalm 22 and Psalm 51, please see the *Thurible* or visit <https://www.stthomas.on.ca/events-highlights-upcoming>.

UPCOMING LENTEN BOOK STUDY

The Apostles' Creed: A Guide to the Ancient Catechism by Ben Myers

Three Thursdays in March, from 12:00 – 1:00 pm

(March 10th, 17th and 24th) on Zoom



Thursday, March 10th—Article I: “I believe in God the Father Almighty, Maker of Heaven and Earth” (Reading: Pgs. ix-33)

Thursday, March 17th—Article II: “And in Jesus Christ, God’s Only Son our Lord...” (Reading: Pgs. 37-94)

Thursday, March 24th—Article III: “I Believe in the Holy Spirit...” (Reading: Pgs. 99-135)

Series open to everyone including adults preparing for baptism and confirmation. Hard copies/e-versions of the book available through all major book retailers. For further information or to register, please contact Fr D’Angelo.

DAILY MASSES THIS WEEK

(BCP pages 67-86, 140 & 138, Lent I, Yr 2C)

Ordinary Weekday Introit:

Psalm 91.15-16a,1

He shall call upon me, and I will hear him / yea, I am with him in trouble; I will deliver him, and bring him to honour. With long life will I satisfy him. (Ps) Whoso dwelleth under the defence of the Most High shall abide under the shadow of the Almighty. Glory be... [Repeat Antiphon]

MONDAY (7) *Memorial* (White) 12:15 pm

Thomas Aquinas, Doctor and Poet, 1274

Introit: Ps 1.1-4; 1 Cor 13.8-13;

Gradual: Ps 37.31-32; John 17.19-23

TUESDAY (8) *Commem.* (Violet) 5:30 pm

Edward King, Bishop of Lincoln,

Educator and Pastor, 1910

Isaiah 55.10-11; Ps 34.1-8; Matthew 6.7-15

WED. (9) *Ember Day* (Violet) 12:15 pm

Pr Bk Propers, page 210, Collect page 138

Introit: Ps 84.8-13; Tract: Ps 141.1-4

THURSDAY (10) *Commem.* (Violet) 5:30 pm

Robert Machray, First Primate of Canada, 1904

The Additions to Esther 14.1,3-5,12-14;

Ps 138; Matthew 7.7-12

FRIDAY (11) *Ember Day* (Violet) 12:15 pm

Pr Bk Propers, page 142, Collect page 138

Introit: Ps 89.1-4; Tract: Ps 22.22-26

SAT. (12) *Ember Day* (Violet) 10:00 am

Pr Bk Propers, page 100, Collect page 138

Introit: Ps 72.17; Tract: Ps 85.8-13

SAINT THOMAS'S ANGLICAN CHURCH

383 Huron Street, Toronto, ON M5S 2G5

416-979-2323 office@stthomas.on.ca

Website: www.stthomas.on.ca

Rector: Fr. Nathan J.A. Humphrey

647-947-6442; frhumphrey@stthomas.on.ca

Associate Priest:

The Rev'd Christopher D'Angelo

647-461-6703 frdangelo@stthomas.on.ca

Assistant Priest:

The Rev'd Canon Brian D. Freeland

Rector Emeritus: The Rev'd Roy A. Hoult

Honorary Assistant Priests:

The Rev'd Jeffry Kennedy &

The Rev'd Ian D. Nichols

Parish Administrator: Christine Cover

Sexton: Elijah McNeilly

Organist & Director of Music:

Matthew Whitfield

musicdirector@stthomas.on.ca

Associate Organist: Elizabeth Anderson

Outreach Contact: Fr. James Shire

fridayfoodministry@gmail.com

Rector's Warden: Lorne Swan

Deputy Warden: Carroll Guen Hart

People's Warden: Jessica Nee

Deputy Warden: Phil Spencer

E-mail: wardens@stthomas.on.ca

Co-Coordinator of Sidespeople:

Anneli Pekkonen: anneli@sympatico.ca

Wendy Woodworth: wendyw@ica.net

Web and E-Newsletter Editor: Julia Armstrong

communications@stthomas.on.ca

Church and Hall Bookings, plus Pastoral Care:

office@stthomas.on.ca

prayerandcare@stthomas.on.ca