Saint Thomas's Church

Trinity XVIII Sunday, October 16, 2022

High Mass at 11 o'clock



Jacob Wrestling with the Angel, Alexander Louis Leloir, 1865 Musée d'Art Roger-Quilliot

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323

www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.



The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar are in loving memory of Hilda and James Short;

and

Those on the Lady Altar in loving memory of friends and relatives by Marlene Fader.

Celebrant: Fr. Ipema

Homilist & Deacon: Fr. Shire

Reader: Maureen Somerville

Interim Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS: Missa Brevis, G. Palestrina

Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.

Prelude: Petit Prélude (Aria), Joseph Jongen

The People stand as the choir enters the church during the prelude, sitting when the Choir sits.

At the sound of the bell, all stand for the entrance of the Sacred Ministers.

INTROIT: Psalm 17.1-8, Ant. v.6;



- Cantor 6 I HAVE called upon thee, O God, for thou shalt **hear** me: People incline thine ear to me, and hearken un-**to** my words.
 - 1 Hear the right, O Lord, consider my com-plaint: and hearken unto my prayer, that goeth not out of feign-ed lips.
- Cantor 2 Let my sentence come forth from thy **pre**-sence : and let thine eyes look upon the thing **that** is right.
- People 3 Thou hast proved and visited mine heart in the night-sea-sŏn; thou hast tried me, and shalt find no wickedness **in** me : for I am utterly purposed that my mouth **shall** not^of-fend.
- Cantor 4 As for the works of men, by the word of thy **lips**: I have kept me from the ways of the **des**-troy-er.
- People 5 My steps have held fast to thy **paths**: and my feet have **not** slip-ped.
- Cantor 6 I have called upon thee, O God, for thou shalt **hear** me: incline thine ear to me, and hearken un-**to** my words.
- People 7 Show thy marvellous loving-kindness, thou that art the Saviour of them that put their trust in **thee**: from such as resist **thy** right hand.
- Cantor 8 Keep me as the apple of an **eye**: hide me under the sha-**dow** of thy wings. People Glory be to the Father, and to the **Son**: and to **the** Ho-ly Ghost;
- Cantor As it was in the beginning, is now, and ever **shall** be: world without **end**. A-men.
- People 6 I HAVE called upon thee, O God, for thou shalt **hear** me: incline thine ear to me and hearken un-to my words.

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

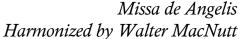
The Choir alone sings the Kyrie.

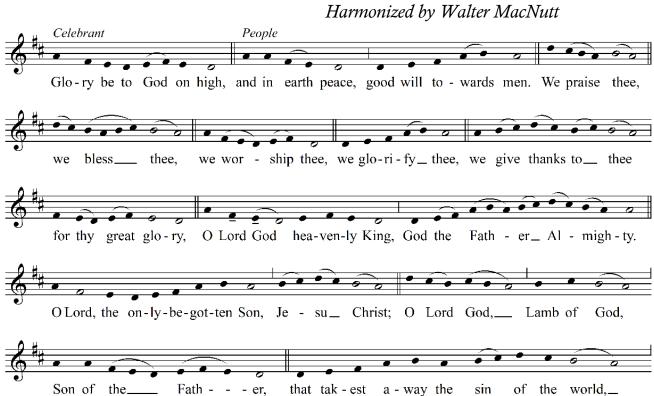
KYRIE ELEISON

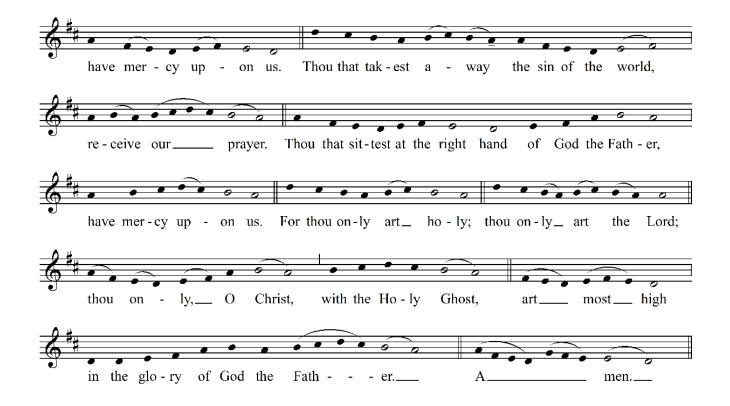
Lord, have mercy upon us. Kyrie Eleison. Christe Eleison. Christ, have mercy upon us. Lord, have mercy upon us. Kyrie Eleison.

The People stand. The People and Choir sing the Gloria.

GLORIA IN EXCELSIS DEO







The People remain standing for the Collect.

COLLECT OF THE DAY

The Lord be with you. **And with thy spirit.** Let us pray.

Lord, we beseech thee, grant thy people grace to withstand the temptations of the world, and flesh, and the devil, and with pure hearts and minds to follow thee the only God; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

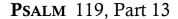
FIRST LESSON: Genesis 32.22-31

The First Lesson is written in the thirty-second chapter of the book of Genesis, beginning at the twenty-second verse.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' So he said to him, 'What is your name?' And he said, 'Jacob.' Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' The sun rose upon him as he passed Penuel, limping because of his hip.

The word of the Lord.

Thanks be to God.



Quomodo dilexi! IV. 4.



- Cantor 97 LORD, WHAT love have I un-to thy law!: People all the day long is my stu-dy in it.
 - 98 Thy commandment maketh me wiser **than** mine en-e⁻mies: for it **is** ev-er with me.
- Cantor 99 I have more understanding than **all** my teach-ers: for thy testimo-**nies** are my stu-dy.
- People 100 I have more discernment than the a-ged: because I keep thy pre-cepts.
- Cantor 101 I have refrained my feet from ev-ery e-vil way: that I may keep thy word.
- People 102 I have not shrunk from thy judge-ments: for thou teach-est^me.
- Cantor 103 O how sweet are thy words un-to my throat : yea, sweeter than hon-ey unto my mouth!
- People 104 Through thy precepts I get **un**-der-stand-ing: therefore **I** hate all evil^ways.

THE EPISTLE: 2 Timothy 3.14 - 4.5

The Epistle is written in the third chapter of St Paul's second Epistle to Timothy, beginning at the fourteenth verse.

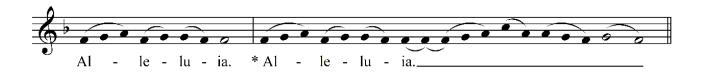
But as for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work. In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favourable or unfavourable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

The word of the Lord.

Thanks be to God.

The People stand. The Choir sings the Gospel Acclamation, the People repeating the Alleluias.

GOSPEL ACCLAMATION



Alleluia. Alleluia. The word of God is living and active; it sifts the thoughts and intentions of the heart. Alleluia.

GOSPEL: Luke 18.1-8

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the eighteenth chapter of the Gospel according to Saint Luke, beginning at the first <u>verse</u>.

Glory be to thee, O Lord.

Then Jesus told them a parable about their need to pray always and not to lose heart. He said, 'In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, "Grant me justice against my opponent." For a while he refused; but later he said to himself, "Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming." 'And the Lord said, 'Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?'

The Gospel of Christ.

Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

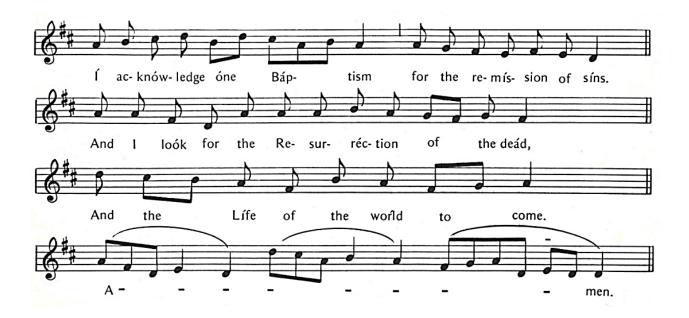
SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED







OFFERTORY SENTENCE

Remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

The People remain standing for the hymn.

OFFERTORY HYMN 495 – Father of mercies, in thy Word

- 1 Father of mercies, in thy Word What endless glory shines!
 For ever be thy Name adored For these celestial lines.
- Here springs of consolation rise
 To cheer the fainting mind,
 And thirsting souls receive supplies,
 And sweet refreshment find.
- 3 Here the Redeemer's welcome voice Spreads heavenly peace around, And life and everlasting joys Attend the blissful sound.
- 4 O may these heavenly pages be My ever dear delight, And still new beauties may I see, And still increasing light.

Divine Instructor, gracious Lord,
 Be thou for ever near;
 Teach me to love thy sacred Word,
 And view my Saviour there.

Caithness
Melody in Scottish Psalter, 1635

Anne Steele, 1760

The People remain standing as the thurifer approaches for the censing.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, we pray for_____ according to the Anglican cycle of prayer, for____ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (Silence.)

Lord, in thy mercy,

We beseech thee, hear our prayer.

I bid your prayers for the King and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good. (*Silence*.)

Lord, in thy mercy

We beseech thee, hear our prayer.

I bid your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud [We give thanks especially for] May God's abiding presence be with us always, that we may be a blessing to all people. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
I bid your prayers for all those in need, for the sick, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked May God grant that they will be comforted by the ever-present love of our Lord. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.
I bid your prayers for the souls of the departed, especially who have died in recent days, and on their year's mind for, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (Silence.)
Lord, in thy mercy, We beseech thee, hear our prayer.

Celebrant: Hear our prayers O God, that we may love thee with our whole being and willingly share the concerns of our neighbors, through Jesus Christ our Lord. Amen.

Invitation, Confession, & Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

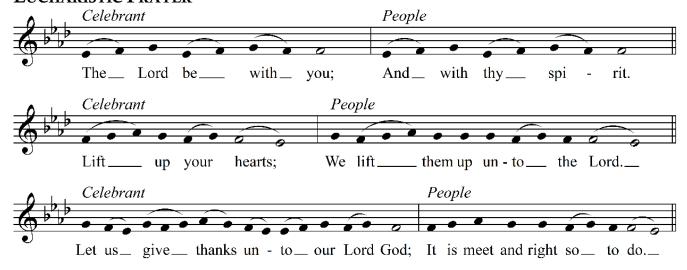
Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.

EUCHARISTIC PRAYER



It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who by water and the Holy Spirit hast made us a holy people in Jesus Christ our Lord; thou dost renew that mystery in bread and wine and nourish us, to show forth thy glory in all the world.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

Holy, Holy, Holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. ♣ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest.

Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth:
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.

♣ Benedictus qui venit in nomine Domini.
Hosanna in excelsis.

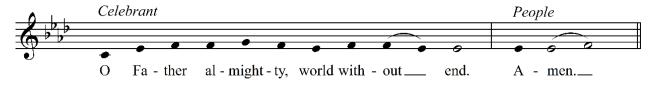
The Celebrant continues,

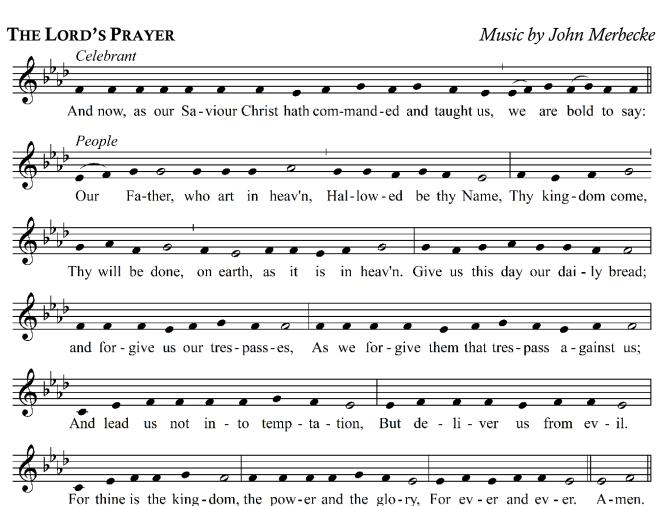
Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

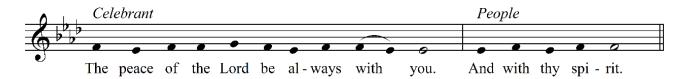
Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,





FRACTION & PEACE

The consecrated Bread is broken.



HOLY COMMUNION

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

MOTET

Psalm 121, 'I will lift up mine eyes', Zoltán Kodály

I will lift up mine eyes unto the hills; whence cometh my help? My help cometh from the Lord who made the heaven and the earth. He will protect thy footsteps, and he that keeps thee will not sleep. He that keepeth Israel shall not slumber, nor shall he sleep. He is thy guard, and thy shade on thy right hand. Burning sun shall harm thee not, nor shall the moon by night. He shall preserve thee safe from harm. The Lord of hosts shall guard thee, preserve thee from every ill. Lo, he shall preserve thee from all ill. Lo, He shall preserve thy soul. He shall preserve thy going out and coming in from this day forth for evermore.

COMMUNION HYMN 568 – Be thou my Vision

- 1 Be thou my Vision,
 O Lord of my heart;
 Naught be all else to me,
 Save that thou art,
 Thou my best thought,
 By day or by night,
 Waking or sleeping,
 Thy presence my light.
- 2 Be thou my Wisdom,
 Thou my true Word;
 I ever with thee,
 Thou with me, Lord;
 Thou my great Father,
 I thy true son;
 Thou in me dwelling,
 And I with thee one.
- 3 Be thou my battleshield, Sword for the fight; Be thou my dignity, Thou my delight, Thou my soul's shelter, Thou my high tower: Raise thou me heavenward, O Power of my power.

- 4 Riches I heed not,
 Nor man's empty praise,
 Thou mine inheritance,
 Now and always:
 Thou and thou only,
 First in my heart,
 High King of heaven,
 My treasure thou art.
- 5 High King of heaven,
 After victory won,
 May I reach heaven's joys,
 O bright heav'n's Sun!
 Heart of my own heart,
 Whatever befall,
 Still be my Vision,
 O Ruler of all.

SLANE Adapted from a traditional Irish Melody Ancient Irish, Tr by Mary Byrne

PRAYER AFTER COMMUNION

Let us pray. Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

The People stand.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 498 – Lord, thy Word abideth

- 1 Lord, thy Word abideth, And our footsteps guideth; Who its truth believeth Light and joy receiveth.
- When our foes are near us,Then thy Word doth cheer us,Word of consolation,Message of salvation.

- When the storms are o'er us, And dark clouds before us, Then its light directeth, And our way protecteth.
- 4 Who can tell the pleasure, Who recount the treasure By thy Word imparted To the simple-hearted?

5 Word of mercy, giving Succour to the living; Word of life, supplying Comfort to the dying!

6 O that we discerning
Its most holy learning,
Lord, may love and fear thee,
Evermore be near thee.

RAVENSHAW Melody abridged by W.H. Monk Rev. Sir. H.W. Baker, 1861

POSTLUDE: Kyrie, Gott heiliger Geist, BWV 671, J.S. Bach

The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.