

# Saint Thomas's Church

## The Twenty-First Sunday After Trinity

Sunday, October 29, 2023

Sung Mass at 9:30 am



The Pharisees Question Jesus, James Tissot, c. 1892  
The Brooklyn Museum

**Saint Thomas's Anglican Church**  
383 Huron Street,  
Toronto, Ontario M5S 2G5  
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[www.stthomas.on.ca](http://www.stthomas.on.ca)   [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement, though we hope you will avail yourself of **coffee hour in the parish hall** following this service, if possible. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytoms](http://qrco.de/smokytoms). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. James Shire  
**Reader:** John Stuart  
**Intercessor:** Ronwen Guest  
**Organist & Choirmaster:** Elizabeth Anderson  
**Assistant Organist & Choirmaster:** Manuel Piazza

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**MUSIC OF THE MASS**

Communion Service, William Mathias (1934-1992)

**GREETING**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**COLLECT FOR PURITY**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**GLORIA IN EXCELSIS DEO**

Communion Service, William Mathias (1934-1992)



Glo-ry to God in the high- est, and peace to his peo-ple on



earth. Lord God, heav'n-ly King, al- might - y God and Fa-ther, we wor-ship you, we



give you thanks, we praise— you for— your glo - ry. Lord, Je- sus Christ,

18



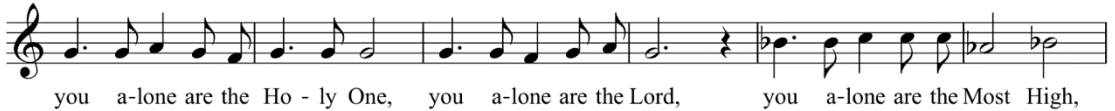
24



30



37



43



49



## THE COLLECT OF THE DAY

Let us pray.

Lord God our redeemer, who heard the cry of your people and sent your servant Moses to lead them out of slavery, free us from the tyranny of sin and death, and by the leading of your Spirit bring us to our promised land; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The People sit.*

## FIRST LESSON

Leviticus 19.1-2, 15-18

A reading from the book of Leviticus.

The Lord spoke to Moses, saying: Speak to all the congregation of the people of Israel and say to them: You shall be holy, for I the Lord your God am holy. You shall not render an unjust judgement; you shall not be partial to the poor or defer to the great: with justice you shall judge your neighbour. You shall not go around as a slanderer among your people, and you shall not profit by the blood of your neighbour: I am the Lord. You shall not hate in your heart anyone of your kin; you shall reprove your neighbour, or you will incur guilt yourself. You shall not take vengeance or bear a grudge against any of your people, but you shall love your neighbour as yourself: I am the Lord.

The word of the Lord.

**Thanks be to God.**

## RESPONSORIAL PSALM

90.1-6, 13-17

*The Choir sings the Refrain, which is repeated by the People. The Choir then sings the verses, and all repeat the Refrain where indicated.*

Lord, you have been our  
re - fuge, from one ge - ne - ra - tion to a - noth - er.

Before the mountains were brought forth, or the land and the earth were born, from age to age you are God. You turn us back to the dust and say, "Go back, O child of earth." *Refrain.*

For a thousand years in your sight are like yesterday when it is past and like a watch in the night. You sweep us away like a dream; we fade away suddenly like the grass. In the morning it is green and flourishes; in the evening it is dried up and withered. *Refrain.*

Return, O Lord; how long will you tarry? Be gracious unto your servants. Satisfy us by your loving-kindness in the morning; so shall we rejoice and be glad all the days of our life. *Refrain.*

Make us glad by the measure of the days that you afflicted us and the years in which we suffered adversity. Show your servants your works and your splendour to their children. May the graciousness of the Lord our God be upon us; prosper the work of our hands; prosper our handiwork. *Refrain.*

## **THE EPISTLE**

1 Thessalonians 2.1-8

A reading from Saint Paul's first Epistle to the Thessalonians.

You yourselves know, brothers and sisters, that our coming to you was not in vain, but though we had already suffered and been shamefully maltreated at Philippi, as you know, we had courage in our God to declare to you the gospel of God in spite of great opposition. For our appeal does not spring from deceit or impure motives or trickery, but just as we have been approved by God to be entrusted with the message of the gospel, even so we speak, not to please mortals, but to please God who tests our hearts. As you know and as God is our witness, we never came with words of flattery or with a pretext for greed; nor did we seek praise from mortals, whether from you or from others, though we might have made demands as apostles of Christ. But we were gentle among you, like a nurse tenderly caring for her own children. So deeply do we care for you that we are determined to share with you not only the gospel of God but also our own selves, because you have become very dear to us.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

## GOSPEL ACCLAMATION

*The Cantor sings the Alleluias, which are repeated by the People. The Cantor then sings the verse, and all repeat the Alleluias.*



*Verse:* If you love me, you will keep my word, and my Father will love you, and we will come to you. *Repeat Alleluias.*

## THE HOLY GOSPEL

Matthew 22.34-46

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

**Glory to you, Lord Jesus Christ.**

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one of them, a lawyer, asked him a question to test him. ‘Teacher, which commandment in the law is the greatest?’ Jesus said to him, “‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is like it: ‘‘You shall love your neighbour as yourself.’’ On these two commandments hang all the law and the prophets.’

Now while the Pharisees were gathered together, Jesus asked them this question: ‘What do you think of the Messiah? Whose son is he?’ They said to him, ‘The son of David.’ He said to them, ‘How is it then that David by the Spirit calls him Lord, saying, “‘The Lord said to my Lord, ‘Sit at my right hand, until I put your enemies under your feet?’” If David thus calls him Lord, how can he be his son?’

No one was able to give him an answer, nor from that day did anyone dare to ask him any more questions.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*The People sit.*

## **SERMON**

*After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.*

## **THE NICENE CREED**

Let us confess our faith, as we say,

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)***

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**



**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The People remain standing.*

## **INTERCESSIONS**

To the Lord, the One who says “I am,” guide us towards unity among all peoples, all our neighbours, and challenge us to care for all with the love demonstrated by your Son.

For the Church and indeed all peoples of your Book, but in the Anglican Cycle of prayer \_\_\_\_\_, in the Diocesan Cycle of Prayer \_\_\_\_\_, in the Parish Cycle of Prayer \_\_\_\_\_, our Bishops, and all who worship and minister in this parish that we remember that we are bidden to not benefit from the blood of our neighbour but love them as ourselves.

**Lord, have mercy when we fall short.**

For those for whom we give thanks \_\_\_\_\_, that they believe they shall be holy, for their Lord is holy and as He is their God, his gifts are available to them.

**Lord, have mercy when we fall short.**

For the sick \_\_\_\_\_, that they learn that as they love the Lord, He will comfort them and offer healing and wholeness.

**Lord, have mercy when we fall short.**

For the others for whom we are asked to pray \_\_\_\_\_, that as Paul saw himself gentle, as a nurse caring for her own children, they see themselves cared for by God. For the spirit of God is a steadfast lovingkindness.

**Lord, have mercy when we fall short.**

For the dead \_\_\_\_\_, that we follow their examples as we make our own journey into the City of God. Loving even those who have damaged us.

**Lord, have mercy when we fall short.**

May our Lord, the One God, find us trying to follow his great law. May we teach his law to all we meet by the example we provide. May we allow others to offer love to us as their gifts decree. We pray this through your Christ, your Son our Lord. **Amen.**

### **INVITATION, CONFESSION, & ABSOLUTION**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People bow or kneel. Silence is kept.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

### **THE PEACE**

*All standing, the Celebrant bids the Peace.*

The peace of the Lord be always with you.  
**And also with you.**

*The People remain standing for the hymn during the Offertory.*

## OFFERTORY HYMN 379

O God, our help in ages past

ST ANNE



1. O God, our help in a - ges past, our hope for years to come,
2. Be - neath the sha - dow of thy throne, thy saints have dwelt se - cure;
3. Be - fore the hills in or - der stood, or earth re - ceived her frame,
4. A thou - sand a - ges in thy sight are like an eve - ning gone;
5. O God, our help in a - ges past, our hope for years to come:



Our shel - ter from the storm - y blast, and our e - ter - nal home!  
Suf - fi - cient is thine arm a - lone, And our de - fence is sure.  
From e - ver - last - ing thou art God, to end - less years the same.  
Short as the watch that ends the night be - fore the ri - sing sun.  
Be thou our guard while trou - bles last, and our e - ter - nal home!

## PRAYER OVER THE GIFTS

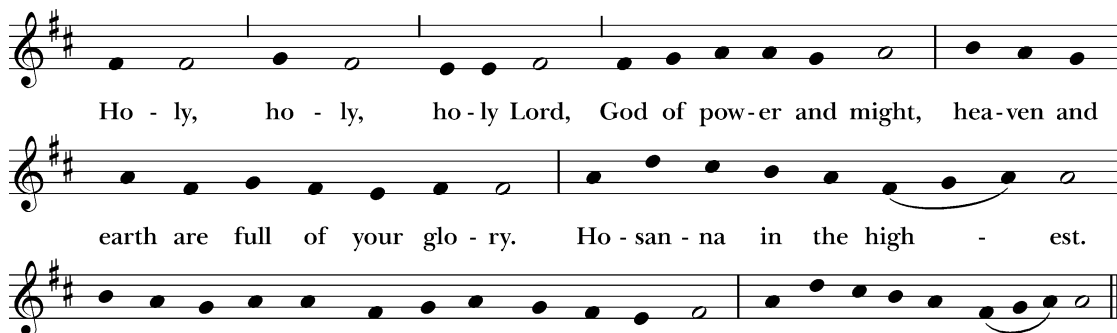
God of constant love, in this eucharist you renew the covenant made once with us in baptism. As you are faithful in all things may we, in our offering, be faithful to our calling. We ask this in the name of Jesus Christ our Lord. **Amen.**



*The Choir and People sing:*

## SANCTUS & BENEDICTUS

New Plainsong Mass, David Hurd (b. 1950)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The People remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**

And we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

*Music by McNeil Robinson*

The musical score is written on four staves of music. The first staff is divided into two parts: 'Celebrant' on the left and 'People' on the right. The music is in G major (one sharp) and 4/4 time. The lyrics are: 'As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en, hal - lowed be your name, your king - dom come, your will be done, on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins as we for - give those who sin a - gainst us. Save us from the time of trial,'



and de - liv - er us from e - vil. For the king - dom, the pow - er,  
and the glo - ry are\_\_ yours, now and for ev - er. A - men.

### THE BREAKING OF THE BREAD

“I am the bread of life,” says the Lord.

“Whoever comes to me will never be hungry;  
whoever believes in me will never thirst.”

**Taste and see that the Lord is good; happy are they who trust in him!**

### HOLY COMMUNION

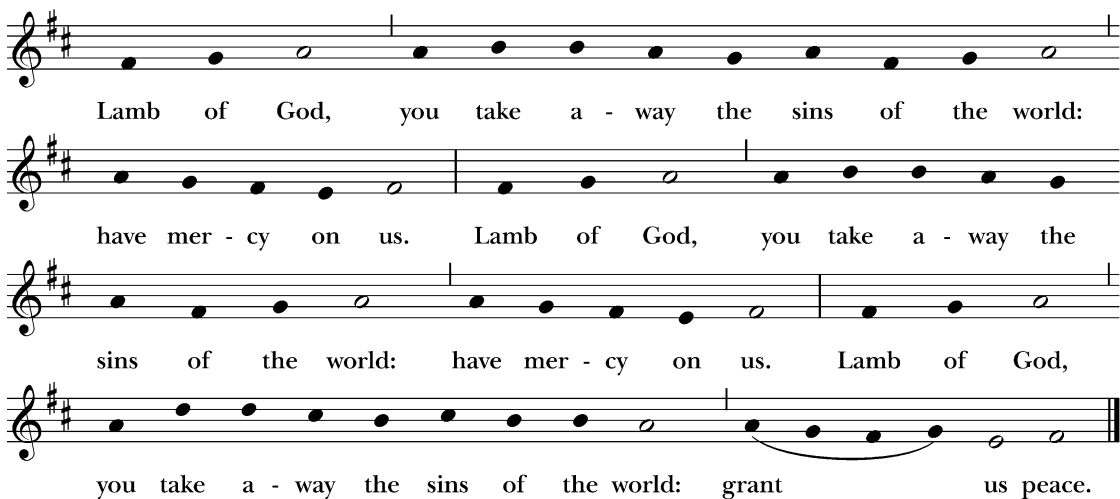
The gifts of God for the people of God.

**Thanks be to God.**

*The Choir and People sing:*

### AGNUS DEI

New Plainsong Mass, David Hurd



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## MOTET

‘O mysterium ineffabile,’

Jean Baptiste François Lalouette (1651-1728)

O mysterium ineffabile, O caritatis sacramentum admirabile, O bonitatis prodigium, O pietatis miraculum. O amor, O pietas, O epularum jucunditas, O convivarum felicitas.

O ineffable mystery, O wonderful sacrament of charity, O wonder of goodness, O miracle of mercy. O love, O mercy, O the delight of feasts, O the happiness of the guests.

## COMMUNION DEVOTIONS

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.



## ANIMA CHRISTI

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

*The People stand.*

## PRAYER AFTER COMMUNION

Let us pray.

God our guide, you have fed us with bread from heaven as you fed the people of Israel. May we who have been inwardly nourished be ready to follow you all our days; we ask this in the name of Jesus Christ our Lord. **Amen.**

## DOXOLOGY

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the ☩ Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

## DISMISSAL

Go in peace to love and serve the Lord.

**Thanks be to God.**

## CONCLUDING HYMN 7

Forth in thy Name

SONG 34



1. Forth in thy name, O Lord, I go, My dai-ly la - bour to pur - sue;
2. The task thy wis - dom hath as - signed O let me cheer - ful - ly ful - fil;
3. Thee may I set at my right hand, Whose eyes my in - most sub - stance see,
4. Give me to bear thy ea - sy yoke, And ev - ery mo - ment watch and pray,



- Thee, on - ly thee, re - solved to know, In all I think, or speak, or do.  
In all my works thy pre - sence find, And prove thy good and per - fect will.  
And la - bour on at thy command, And of - fer all my works to thee.  
And still to things e - ter - nal look, And hast - en to thy glo - rious day.

## VOLUNTARY

Fugue in E<sup>b</sup> Major, BWV 552, J.S. Bach (1685-1750)

*The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.*

*Coffee Hour follows this service in the Parish Hall.*

*The Altar flowers are given to the honour and glory of Almighty God.  
Those at the High Altar are in loving memory of Jorma Johannes, Hildur Pekkonen,  
and Paul Pekkonen, from Anneli Pekkonen, Timothy Wright, and Alicia.*

*and*

*Those on the Lady Altar in loving memory of Pauline Porter, by her family.*

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*Communion Service Music by: Mathias, William*

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*New Plainsong Mass Music by: David Hurd*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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