

# Saint Thomas's Church

## The Sixteenth Sunday After Trinity

Sunday, September 24, 2023

Sung Mass at 9:30 am



The red vineyard, Vincent Van Gogh, 1888  
Pushkin State Museum of Fine Arts, Moscow

**Saint Thomas's Anglican Church**  
383 Huron Street,  
Toronto, Ontario M5S 2G5  
416-979-2323  
[www.stthomas.on.ca](http://www.stthomas.on.ca)   [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement, though we hope you will avail yourself of **coffee hour in the parish hall** following this service, if possible. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. James Shire  
**Reader:** Michael Rowland  
**Intercessor:** Evelyn Chau  
**Director of Music:** Elizabeth Anderson  
**Assistant Director of Music:** Manuel Piazza

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**MUSIC OF THE MASS**                      Communion Service, William Mathias (1934-1992)

**VOLUNTARY**                              Largo, from Trio Sonata No. 5 in A Minor, BWV 529,  
J.S. Bach (1685-1750)

**GREETING**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**COLLECT FOR PURITY**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

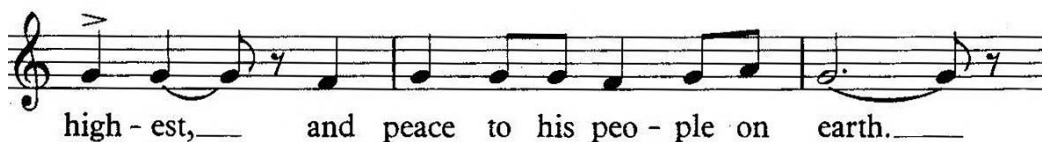
The Choir and People sing:

## GLORIA IN EXCELSIS DEO

Quick and lively (♩ = c. 120)



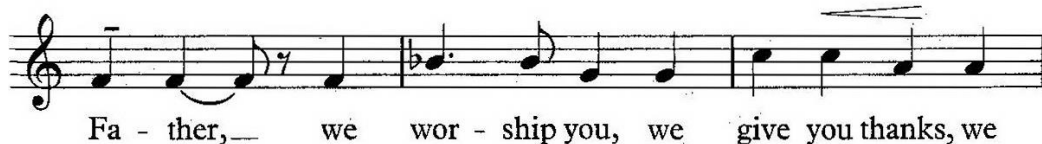
Organ *f* > Glo - ry to God in the



high - est, and peace to his peo - ple on earth.



Lord God, heav'n - ly King, al - migh - ty God and



Fa - ther, we wor - ship you, we give you thanks, we



*ff* praise you for your glo - ry. *mp* Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God,



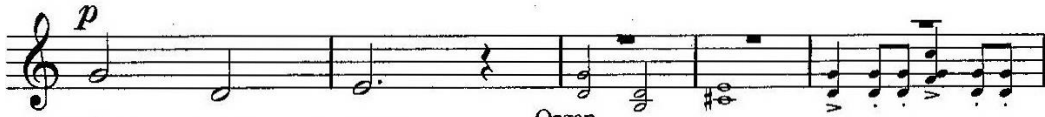
Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are



seat - ed at the right hand of the Fa - ther: re -

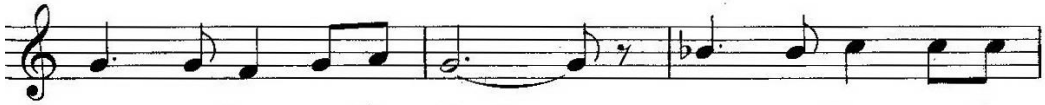


- ceive our prayer.

Organ



For you a - lone are the Ho - ly One,



you a - lone are the Lord, you a - lone are the



Most High, Je - sus Christ, with the Ho - ly

*mp*

Spi - rit, in the glo - ry of  
 God the Fa - ther. A - - men.

### THE COLLECT OF THE DAY

Let us pray.

Almighty God, you have created the heavens and the earth, and ourselves in your image. Teach us to discern your hand in all your works and to serve you with reverence and thanksgiving; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The People sit.*

### FIRST LESSON Jonah 3.10-4.11

The First Lesson is written in the book of Jonah.

When God saw what the people of Nineveh did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it. But this was very displeasing to Jonah, and he became angry. He prayed to the Lord and said, ‘O Lord! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing. And now, O Lord, please take my life from me, for it is better for me to die than to live.’ And the Lord said, ‘Is it right for you to be angry?’

Then Jonah went out of the city and sat down east of the city, and made a booth for himself there. He sat under it in the shade, waiting to see what would become of the city. The Lord God appointed a bush, and made it come up over Jonah, to give shade over his head, to save him from his discomfort; so Jonah was very happy about the bush. But when dawn came up the next day, God appointed a worm that attacked the bush, so that it withered. When the sun rose, God prepared a sultry east wind, and the sun beat down on the head of Jonah so that he was faint and asked that he might die. He said, 'It is better for me to die than to live.' But God said to Jonah, 'Is it right for you to be angry about the bush?' And he said, 'Yes, angry enough to die.' Then the Lord said, 'You are concerned about the bush, for which you did not labour and which you did not grow; it came into being in a night and perished in a night. And should I not be concerned about Nineveh, that great city, in which there are more than a hundred and twenty thousand people who do not know their right hand from their left, and also many animals?'

The word of the Lord.  
**Thanks be to God.**

**PSALM 105.1-6, 37-45**



The Lord led forth his peo - ple with shouts of Joy.

Give thanks to the Lord and call upon his name; make known his deeds among the peoples. Sing to him, sing praises to him, and speak of all his marvellous works. **R/.**

Glory in his holy name; let the hearts of those who seek the Lord rejoice. Search for the Lord and his strength; continually seek his face. **R/.**

Remember the marvels he has done. his wonders and the judgements of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen. **R/.**

He led out his people with silver and gold; in all their tribes there was not one who stumbled. Egypt was glad of their going, because they were afraid of them. **R/.**

He spread out a cloud for a covering and a fire to give light in the night-season. They asked, and quails appeared, and he satisfied them with bread from heaven. He opened the rock, and water flowed, so the river ran in dry places. For God remembered his holy word and Abraham his servant. *R/.*

So he led for his people with gladness, his chosen with shouts of joy. He gave his people the land of the nations, and they took the fruit of other's toil, that they might keep his statutes and observe his laws. Hallelujah. *R/.*

### **THE EPISTLE** Philippians 1.21-30

A reading from Saint Paul's Epistle to the Philippians.

For to me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labour for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again. Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well—since you are having the same struggle that you saw I had and now hear that I still have.

The word of the Lord.

**Thanks be to God.**



*The People stand.*

## **GOSPEL ACCLAMATION**

Alleluia. Alleluia. Alleluia. Open our hearts, O Lord, to give heed to what is said by your Son. Alleluia. Alleluia. Alleluia.

## **THE HOLY GOSPEL Matthew 10.1-16**

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

**Glory to you, Lord Jesus Christ.**

Jesus said, 'For the kingdom of heaven is like a landowner who went out early in the morning to hire labourers for his vineyard. After agreeing with the labourers for the usual daily wage, he sent them into his vineyard. When he went out about nine o'clock, he saw others standing idle in the market-place; and he said to them, "You also go into the vineyard, and I will pay you whatever is right." So they went. When he went out again about noon and about three o'clock, he did the same. And about five o'clock he went out and found others standing around; and he said to them, "Why are you standing here idle all day?" They said to him, "Because no one has hired us." He said to them, "You also go into the vineyard."

When evening came, the owner of the vineyard said to his manager, "Call the labourers and give them their pay, beginning with the last and then going to the first." When those hired about five o'clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the landowner, saying, "These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat."

But he replied to one of them, "Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I

choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?" So the last will be first, and the first will be last.'

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*The People sit.*

## **SERMON**

*After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.*

## **THE NICENE CREED**

Let us confess our faith, as we say,

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)***

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The People remain standing.*

## **INTERCESSIONS**

*Celebrant:* Friends in Christ, let us bring our thoughts, prayers and supplications to our Lord God, knowing that he is hearing us better than we are speaking.

For the Church in the world, \_\_\_\_\_ in the Anglican Cycle of Prayer, \_\_\_\_\_ in the Diocesan Cycle, for all who proclaim the word of truth, Andrew, Riscylla, and Kevin our bishops, and for those who worship, volunteer and minister in our church, let us ask the infinite wisdom of Christ. *(Silence.)*

Lord, in your mercy,  
**Hear our prayer.**

For all who have consecrated their lives to the kingdom of God, those with anniversaries of baptism or ordination this week \_\_\_\_\_, for all struggling to follow the way of Christ and for whom we are asked to pray \_\_\_\_\_ let us ask the gifts of the Spirit. *(Silence)*

Lord, in your mercy,  
**Hear our prayer.**

For all the troubled places in the world, especially Ukraine and Sudan; for our country, province, city; for those suffering from floods, wildfires, hurricanes and other weather-related disasters, and for those who make fighting climate-change a primary goal, let us ask the strength of God. Help us Lord that we may honour one another and place the common good before personal gains. *(Silence)*

Lord, in your mercy,  
**Hear our prayer.**

For scholars and researchers, for medical care-givers, and all care-givers, that their work may benefit humanity and comfort the sick named today, especially \_\_\_\_\_, let us ask the light and love of the Lord. *(Silence)*

Lord, in your mercy,  
**Hear our prayer.**

I ask your prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and on their year's mind for \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. *(Silence)*

Lord, in your mercy,  
**Hear our prayer.**

*Celebrant:* Lord, help us be mindful of the blessings already present in our lives, and look with hope and gratitude towards the grace that awaits us in the eternal kingdom. **Amen.**

## **INVITATION, CONFESSION, & ABSOLUTION**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*The People bow or kneel. Silence is kept.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## **THE PEACE**

*All standing, the Celebrant bids the Peace.*

The peace of the Lord be always with you.  
**And also with you.**

*The People remain standing for the hymn during the Offertory.*

## **OFFERTORY HYMN 235 – Lord, enthroned in heavenly splendour**

*All*     1    Lord, enthroned in heavenly splendour  
              First begotten from the dead,  
              Thou alone, our strong Defender,  
              Liftest up thy people's head.  
              Alleluia, alleluia,  
              Jesu, true and living bread!

*Upper* 2    Here our humblest homage pay we,  
*Voices*    Here in loving reverence bow;  
              Here for faith's discernment pray we,  
              Lest we fail to know thee now.  
              Alleluia,  
              Thou art here, we ask not how.

*Lower* 3 Though the lowliest form doth veil thee  
*Voices* As of old in Bethlehem,  
Here as there thine angels hail thee,  
Branch and Flower of Jesse's stem.  
Alleluia,  
We in worship join with them.

*All* 4 Paschal Lamb, thine offering, finished  
Once for all when thou wast slain,  
In its fullness undiminished  
Shall for evermore remain,  
Alleluia,  
Cleansing souls from every stain.

*All* 5 Life-imparting heavenly Manna,  
Stricken rock with streaming side,  
Heaven and earth with loud Hosanna  
Worship thee, the Lamb who died,  
Alleluia,  
Risen, ascended, glorified!

*St OSMUND*  
*Healey Willan, 1927*

*Canon G.H. Bourne, 1874*

## **PRAYER OVER THE GIFTS**

God of power, the glory of your works fills us with wonder and awe. Accept our offering this day, and help us to live in peace and harmony with all your creation, for the sake of Jesus Christ our Lord. **Amen.**



*The Choir and People sing:*

## SANCTUS & BENEDICTUS

**Flowing** (♩ = c. 80) *mp*

Organ Ho - ly, ho - ly, ho - ly Lord.

*mf*  
God of power and might, Heav'n and earth are

*rit. f*  
full of your glo - ry. Ho-san-na in the high-est.

(♩ = c. 72) *mp*

Organ Bless-ed is he who comes in the name of the

*f*  
Lord. Ho - san - na in the high - est.

*The People remain standing.*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the



Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

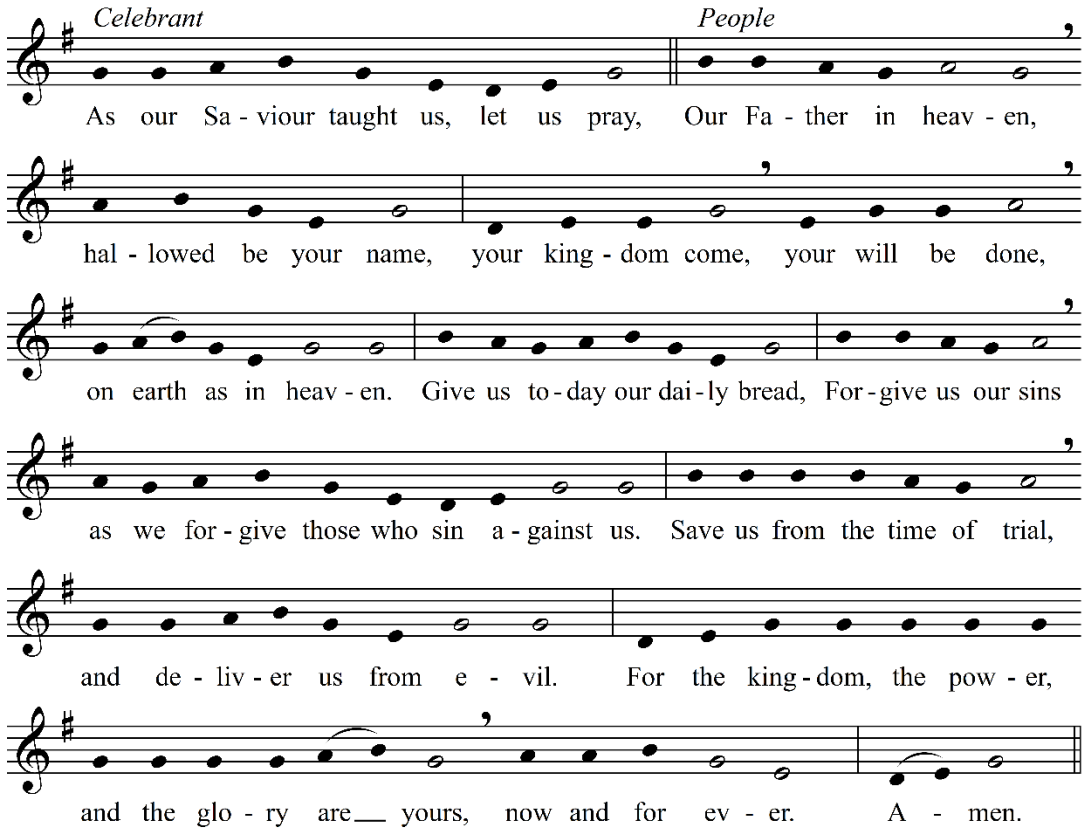
**We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

*Music by McNeil Robinson*



*Celebrant* *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,  
hal - lowed be your name, your king - dom come, your will be done,  
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins  
as we for - give those who sin a - gainst us. Save us from the time of trial,  
and de - liv - er us from e - vil. For the king - dom, the pow - er,  
and the glo - ry are yours, now and for ev - er. A - men.

## THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

## HOLY COMMUNION

The gifts of God for the people of God.

**Thanks be to God.**

*The Choir and People sing:*

## AGNUS DEI

**Slow and expressive** (♩ = c. 60)

Organ

*p* Je - sus, Lamb of God: have

*p* mer - cy on us. Je - sus, bear - er of our

*mp* sins: have mer - cy on us.

*p* *rit.* *pp* Je - sus, re - deem - er of the world: give us your peace.

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## **MOTET**

‘Rejoice in the Lord always,’ Anon (16<sup>th</sup> c)

Rejoice in the Lord always, and again I say, rejoice. Let your softness be known unto all men: the Lord is e’en at hand. Be careful for nothing: but in all prayer and supplication, let your petitions be manifest unto God with giving of thanks. And the peace of God, which passeth all understanding, keep your hearts and minds through Christ Jesu. Amen.

(Phil 4.4-7)

## **COMMUNION DEVOTIONS**

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

## **ANIMA CHRISTI**

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

*The People stand.*

#### **PRAYER AFTER COMMUNION**

Let us pray.

Ruler of the universe, all creation yearns for its fulfilment in your Son. May we who have shared in holy things grow into maturity in him. This we ask in the name of the same Jesus Christ our Lord. **Amen.**

#### **DOXOLOGY**

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

#### **BLESSING**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

#### **DISMISSAL**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

**CONCLUDING HYMN 102** – Let us with a gladsome mind

- 1 Let us with a gladsome mind  
Praise the Lord, for he is kind:  
For his mercies aye endure  
Ever faithful, ever sure.
- 2 He with all-commanding might  
Filled the new-made world with light:  
For his mercies aye endure  
Ever faithful, ever sure.
- 3 He the golden-tressèd sun  
Caused all day his course to run:  
For his mercies aye endure  
Ever faithful, ever sure.
- 4 All things living he doth feed,  
His full hand supplies their need:  
For his mercies aye endure  
Ever faithful, ever sure.
- 5 Let us then with gladsome mind,  
Praise the Lord, for he is kind.  
For his mercies aye endure  
Ever faithful, ever sure.

*MONKLAND*  
*Arranged (1861) by J.B. Wilkes, from tune written 1824*

*John Milton, 1623*

**VOLUNTARY**

Praeludium in E Minor, Nicolaus Bruhns (1665-1697)

*Coffee Hour follows this service in the Parish Hall.*

*The Altar flowers are given to the honour and glory of Almighty God.  
Those at the High Altar in loving memory of George C. Hitchman,  
by his daughter Barbara, and family*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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